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Intercultural Attitudes, Skills, and Knowledge Q2 Reflection Handbook

Margaret Sass

Boise State University, margaret.sass@hotmail.com

Charles A. Calahan

Purdue University, calahanc@purdue.edu

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INTERCULTURAL ATTITUDES, SKILLS, AND KNOWLEDGE Q2 REFLECTION HANDBOOK

**By Margaret Shu-Mei Sass, EdD, JD
and Charles A. Calahan, PhD**

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INTRODUCTION

Interested in the diverse world around you? Ready to engage in the cultural community?

Your cultural diversity adventure begins through a process of self-assessments and reflections that help you become more knowledgeable about the concept and the importance of being interculturally aware.

This handbook provides an opportunity for you to understand your own personal, academic, and meaning making experiences with different cultures and communities. It can positively impact your academic and employment success. This handbook can be used for a one-time event or a project that lasts a few days or multiple weeks.

You have now entered a new world of global opportunities.

**Be the Change.
Make a Difference.**

Items the Handbook provides:

- ☐ Assignment A
- ☐ Optional Individual Assignments
- ☐ Multicultural Teamwork Activity
- ☐ Team Peer Evaluation
- ☐ Plan of Action for Cultural Competence
- ☐ Daily/Weekly journal
- ☐ Final Reflection Paper

ASSIGNMENT A

1. What does cultural diversity mean to you?

2. How would you define cultural differences?

3. What does openness to diverse cultures mean to you?

4. What does a cultural worldview mean to you?

5. What are some basic differences in nonverbal and verbal communication in other cultures?

6. How do you see your role in this world?

7. Describe how a person can be supportive to the feelings of another cultural group.

8. Discuss your own experiences about your personal rules and/or biases when you encounter someone culturally different from you.

OPTIONAL ASSIGNMENTS

- **Video Case Studies**
- **Brainstorming Activities**
- **Mind mapping**
- **Peer Teaching**
- **Video Games**
- **Lab Work**
- **Interview Subject Matter Experts**
- **Data Gathering**
- **Modeling**
- **Blogging**
- **Storytelling**
- **Podcasts**
- **Roleplaying**
- **Creating Symbolic Artwork**
- **Guest Speakers**
- **Narrative Video**

MULTICULTURAL TEAMWORK ACTIVITY

Listed below are suggested teamwork activities to create a more collaborative and interpersonal environment as a group. Seek out a cross-cultural setting or experience the activity with others who are culturally diverse from you.

1. Complete a community service project together at a food bank, a community center, a school, etc. that represents a population you are unfamiliar with. Think about what you want to accomplish for the organization and for the group.
2. Go to a restaurant serving diverse foods from a different country.
3. Watch a movie with coworkers that may share what a different culture is like.
4. Volunteer at a cultural center that represents a country you are interested in.
5. Invite a speaker that is an expert of a particular country. Be prepared to ask many questions.
6. Prepare a document as if you were to present it to college students.
7. Create a blog system and/or create an email dialogue with professionals currently working in a different country than United States. Invite peers to participate or create a "team" page to blog.
8. Attend a special event as a concert, food festival, etc. that may expose you to that culture or other different cultures with your group. Discuss your experience with the group.
9. Do a search on YouTube and find videos and/or articles and share them with your peers as homework assignments. Send it out prior to the meeting for them to read, and then discuss it at the next meeting.

What cross-cultural activity did you do or did you do the activity with diverse others?

Explain the experience with intercultural diversity. What did you learn?

TEAM PEER EVALUATION

Please provide a score from (1 = great to 6 = poor) for each team member on your team. Below is an opportunity to provide more explanation and comments for the scores.

GROUP MEMBER NAME	QUALITY OF INTERACTION WITH GROUP	TIMELINESS	ATTENDANCE	INVOLVEMENT	LEADERSHIP	OVERALL

Comments:

PLAN OF ACTION FOR CULTURAL COMPETENCE

In order to be more culturally competent, reflect on how you can become more knowledgeable about different cultures. You may want to focus on one specific cultural group that you have significant or will have significant interaction with.

AREA OF KNOWLEDGE TO WORK ON	CURRENT KNOWLEDGE	ACTIONS TO INCREASE KNOWLEDGE
Traditions		
Business etiquette		

Religion		
Nonverbal communication		
Particular gestures		
Political activity		

Eating etiquette		
Forms of respect		
Forms of disrespect		
Education System		

Gender Differences		
Family Structure		

Intercultural Attitude Journal (1)

Date: _____

**On a scale of 1 – 6, circle the number that best fits your thoughts from
1 = strongly disagree to 6 = strongly agree**

I am interacting with culturally different people.	1	2	3	4	5	6
I ask questions about other cultural differences.	1	2	3	4	5	6
I understand cultural differences in verbal and nonverbal communication.	1	2	3	4	5	6
I recognize the feelings of different cultural groups.	1	2	3	4	5	6
I aim to improve my understanding of complicated differences between cultures.	1	2	3	4	5	6

How do you feel after the experience?

What happened?

What did you learn?

How does the experience relate to the real world?

What factors would change or improve the experienced event?

What's next? Any new goals?

Instructor: Comment on student's level of cultural awareness for today/this week.	
Peer: Comment on your peer's level of cultural awareness for today/this week. How can you relate?	
Cultural Group Member/Organization (if applicable): Comment on this student's attitude and actions towards your culture or other cultures.	

Intercultural Attitude Journal (2)

Date: _____

**On a scale of 1 – 6, circle the number that best fits your thoughts from
1 = strongly disagree to 6 = strongly agree**

I am interacting with culturally different people.	1	2	3	4	5	6
I ask questions about other cultural differences.	1	2	3	4	5	6
I understand cultural differences in verbal and nonverbal communication.	1	2	3	4	5	6
I recognize the feelings of different cultural groups.	1	2	3	4	5	6
I aim to improve my understanding of complicated differences between cultures.	1	2	3	4	5	6

How do you feel after the experience?

What happened?

What did you learn?

How does the experience relate to the real world?

What factors would change or improve the experienced event?

What's next? Any new goals?

Instructor: Comment on student's level of cultural awareness for today/this week.	
Peer: Comment on your peer's level of cultural awareness for today/this week. How can you relate?	
Cultural Group Member/Organization (if applicable): Comment on this student's attitude and actions towards your culture or other cultures.	

Intercultural Attitude Journal (3)

Date: _____

**On a scale of 1 – 6, circle the number that best fits your thoughts from
1 = strongly disagree to 6 = strongly agree**

I am interacting with culturally different people.	1	2	3	4	5	6
I ask questions about other cultural differences.	1	2	3	4	5	6
I understand cultural differences in verbal and nonverbal communication.	1	2	3	4	5	6
I recognize the feelings of different cultural groups.	1	2	3	4	5	6
I aim to improve my understanding of complicated differences between cultures.	1	2	3	4	5	6

How do you feel after the experience?

What happened?

What did you learn?

How does the experience relate to the real world?

What factors would change or improve the experienced event?

What's next? Any new goals?

Instructor: Comment on student's level of cultural awareness for today/this week.	
Peer: Comment on your peer's level of cultural awareness for today/this week. How can you relate?	
Cultural Group Member/Organization (if applicable): Comment on this student's attitude and actions towards your culture or other cultures.	

Intercultural Attitude Journal (4)

Date: _____

**On a scale of 1 – 6, circle the number that best fits your thoughts from
1 = strongly disagree to 6 = strongly agree**

I am interacting with culturally different people.	1	2	3	4	5	6
I ask questions about other cultural differences.	1	2	3	4	5	6
I understand cultural differences in verbal and nonverbal communication.	1	2	3	4	5	6
I recognize the feelings of different cultural groups.	1	2	3	4	5	6
I aim to improve my understanding of complicated differences between cultures.	1	2	3	4	5	6

How do you feel after the experience?

What happened?

What did you learn?

How does the experience relate to the real world?

What factors would or improve change the experienced event?

What's next? Any new goals?

Instructor: Comment on student's level of cultural awareness for today/this week.	
Peer: Comment on your peer's level of cultural awareness for today/this week. How can you relate?	
Cultural Group Member/Organization (if applicable): Comment on this student's attitude and actions towards your culture or other cultures.	

Intercultural Attitude Journal (5)

Date: _____

**On a scale of 1 – 6, circle the number that best fits your thoughts from
1 = strongly disagree to 6 = strongly agree**

I am interacting with culturally different people.	1	2	3	4	5	6
I ask questions about other cultural differences.	1	2	3	4	5	6
I understand cultural differences in verbal and nonverbal communication.	1	2	3	4	5	6
I recognize the feelings of different cultural groups.	1	2	3	4	5	6
I aim to improve my understanding of complicated differences between cultures.	1	2	3	4	5	6

How do you feel after the experience?

What happened?

What did you learn?

How does the experience relate to the real world?

What factors would change or improve the experienced event?

What's next? Any new goals?

Instructor: Comment on student's level of cultural awareness for today/this week.	
Peer: Comment on your peer's level of cultural awareness for today/this week. How can you relate?	
Cultural Group Member/Organization (if applicable): Comment on this student's attitude and actions towards your culture or other cultures.	

Intercultural Attitude Journal (6)

Date: _____

**On a scale of 1 – 6, circle the number that best fits your thoughts from
1 = strongly disagree to 6 = strongly agree**

I am interacting with culturally different people.	1	2	3	4	5	6
I ask questions about other cultural differences.	1	2	3	4	5	6
I understand cultural differences in verbal and nonverbal communication.	1	2	3	4	5	6
I recognize the feelings of different cultural groups.	1	2	3	4	5	6
I aim to improve my understanding of complicated differences between cultures.	1	2	3	4	5	6

How do you feel after the experience?

What happened?

What did you learn?

How does the experience relate to the real world?

What factors would change or improve the experienced event?

What's next? Any new goals?

Instructor: Comment on student's level of cultural awareness for today/this week.	
Peer: Comment on your peer's level of cultural awareness for today/this week. How can you relate?	
Cultural Group Member/Organization (if applicable): Comment on this student's attitude and actions towards your culture or other cultures.	

Intercultural Attitude Journal (7)

Date: _____

**On a scale of 1 – 6, circle the number that best fits your thoughts from
1 = strongly disagree to 6 = strongly agree**

I am interacting with culturally different people.	1	2	3	4	5	6
I ask questions about other cultural differences.	1	2	3	4	5	6
I understand cultural differences in verbal and nonverbal communication.	1	2	3	4	5	6
I recognize the feelings of different cultural groups.	1	2	3	4	5	6
I aim to improve my understanding of complicated differences between cultures.	1	2	3	4	5	6

How do you feel after the experience?

What happened?

What did you learn?

How does the experience relate to the real world?

What factors would change or improve the experienced event?

What's next? Any new goals?

Instructor: Comment on student's level of cultural awareness for today/this week.	
Peer: Comment on your peer's level of cultural awareness for today/this week. How can you relate?	
Cultural Group Member/Organization (if applicable): Comment on this student's attitude and actions towards your culture or other cultures.	

Intercultural Attitude Journal (8)

Date: _____

**On a scale of 1 – 6, circle the number that best fits your thoughts from
1 = strongly disagree to 6 = strongly agree**

I am interacting with culturally different people.	1	2	3	4	5	6
I ask questions about other cultural differences.	1	2	3	4	5	6
I understand cultural differences in verbal and nonverbal communication.	1	2	3	4	5	6
I recognize the feelings of different cultural groups.	1	2	3	4	5	6
I aim to improve my understanding of complicated differences between cultures.	1	2	3	4	5	6

How do you feel after the experience?

What happened?

What did you learn?

How does the experience relate to the real world?

What factors would change or improve the experienced event?

What's next? Any new goals?

Instructor: Comment on student's level of cultural awareness for today/this week.	
Peer: Comment on your peer's level of cultural awareness for today/this week. How can you relate?	
Cultural Group Member/Organization (if applicable): Comment on this student's attitude and actions towards your culture or other cultures.	

FINAL REFLECTION PAPER

PURPOSE:

- To reflect on and connect your experiences with your class objectives
- To demonstrate your understanding of intercultural attitude, skills, and knowledge
- To demonstrate how being interculturally aware impacts your academia and/or work experience and environment

QUESTIONS/THOUGHTS TO PONDER:

- What are the reasons why intercultural awareness and openness are important?
- What are the reasons why a person should be engaged with different cultures?
- What are the reasons why a person should be concerned about their intercultural knowledge?
- What are the reasons why a person should be concerned about intercultural skills?
- How have you demonstrated that you are more interculturally aware?
- How will you continue to be interculturally aware and open?
- What future activities do you plan on participating in different cultural activities, organizations, and/or groups?
- What advice would you give to a peer and/or younger adult about becoming more interculturally knowledgeable?

For Additional Resources for Intercultural Awareness, go to:

Pre and Post Test for the Intercultural Attitude, Skills, and Knowledge Short (A.S.K.S.²)

https://shelbycearley.files.wordpress.com/2010/06/using-blooms-taxonomy-to-assess-intercultural-values_awareness_empathy-handout-2.pdf and

<http://www.purdue.edu/cie/learning/global/index.html>

Margaret Shu-Mei Sass
Charles A. Calahan
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