How Can We Help Physical Child Abuse

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IPS 495
Professor Margaret Sass
Fall 2022
12/04/2022

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Abstract

The objective of this capstone project is to educate the community and school staff on how we can help child abuse. Child abuse refers to psychological abuse, physical abuse, sexual abuse, and any form of neglect by a caregiver. It concerns behavior by a parent or carer that causes harm to a young person. My dissertation addresses the topic of child abuse, considering the various forms in which it exists, and the causes and effects associated with it. It also highlights various aspects of the topic on assignments and general overviews. The subject is considered one of the challenges facing the current generation and is preventing children from fully developing into fully functioning individuals in society. Child abuse has a variety of factors that contribute to it; some of them come from parents, other circumstances, and environments. This article discusses the topic comprehensively and provides insights into understanding child abuse as a challenge, and a major societal issue to build a well-functioning and stable community.

*Keywords: child abuse, sexual abuse, physical abuse, verbal abuse, abuser, trauma, parent, guardian*
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Introduction to your Capstone Project

My capstone is about providing needs to have awareness as a school staff and community of our kids who are being abused. Considering that child abuse has become one of the major problems in recent years highlights the importance of the country. Several organizations have been formed to help address such issues. In the current context, there are two main forms of child abuse, including psychological and physical abuse (Loseke, 2017). This article discusses the causes and effects of child abuse, especially in modern society. Digging deeper into the topic, there are different types of child abuse. The four are as follows sexual abuse, physical abuse, emotional abuse, abandonment, or neglect.

The most common form of abuse right now is neglect, according to new research. In this situation, caregivers are unable to provide the young child with the adequate care and attention they need. This has been found in children with dirty clothes, poor hygiene, frequent absences from school, and the use of old items (Stoltenborgh et al., 2015). This abuse is first detected in people close to the child, such as family members, teachers, neighbors, and doctors. Negligence includes three branches: emotional oversight, physical negligence, and emotional negligence. Physical neglect results from irresponsible parenting, with caregivers failing to provide clothing, medical care, adequate food, and shelter. Emotional neglect refers to the lack of a caregiver's ability to provide psychological support, communication, medical care, and love when the child needs it (Sampson, R. J., 2017). During certain stages of early childhood development, young people seek parental attention, which is critical to how they build certain perspectives in life. When caregivers fail to provide support at such times, a situation of
emotional neglect can result. Educational neglect, on the other hand, is when a caregiver refuses to provide necessities to support a child's learning. Absentee records and failure to enroll for exams are noticed by staff among school children. My capstone project was a huge success. In doing these studies, I was able to get the staff more involved and learn more about the issues we face as educators and mentors, and the community and the parents of athletes have followed suit.

**Section 1: Innovative Approach**

Children are considered an important part of society, yet they are still abused and not many are willing to stress the importance of this problem and provide effective solutions to it. Child abuse is now very common. It happens every day, almost everywhere in the world. I've chosen the topic of child abuse because it is an important subject I think everyone needs to know about. Child abuse needs to stop and is very unhealthy, but I'm hoping that bringing this topic up and ways to try and stop it will bring some awareness to everyone. It's a topic that also hits close to home for some of us. In my research, you will find out how child abuse affects our children. It will explain how depression plays a big factor in the child's life. Evidence in the current study linking maltreatment to long-term development in children becomes crucial as it can begin to show the mechanisms by which child abuse affects adult health.

Today, child abuse is the biggest social problem facing the world. This abuse can be physical or emotional. Among my colleagues, in my workplace, I would like to conduct an assessment intervention, which consists of a 14-question survey and a Likert point system, followed by a data comparison.
The Comparison of data is a feeling of psychological distress before and after the pandemic. Because of the bad consequences of child abuse, trying to get kids to share and open up about the abuse and get help right away will be my top priority. The first thing I want to do is to create a relaxed, conducive environment for our discussions. Therefore, I would choose a place within the school compound that the students or children are familiar with. This will ensure that they can converse comfortably and not be under any environmental pressure.

I use academic research resources such as Google Books, Websites, Google Search, and Libraries. Talking to a high school social worker also helped me with my research for the Capstone project. Gather information from the counseling department with students who have dealt with the issues I talk about in my work. Yes, they are contemporary and cutting-edge sources/ideas.

Section 2: Emotional Intelligence

Physical abuse is when a child is physically harmed and punished for doing something wrong. At present, there are many cases of child abuse that have been filed or not filed in society. Most of the time, it is done without a proper reason and the teacher or doctor will notice it during the physical examination (Widom et al. 2014). It’s all about helping prevent physical abuse of children by providing students and staff along with myself conduct screenings, abuse investigations, teaching children’s rights, educating themselves and staff, support programs, and volunteering. These things have helped us assess and be aware of the signs of
abuse since I made the recommendation. I feel physical abuse is wrong and no one deserves to be treated this way, not even adults.

Working with a group of people can sometimes be difficult because it involves the agreement and disagreement of the team, which can create problems, weak interactions, and sharing of ideas and resources between staff. These issues tend to make problems for the team's effectiveness. By doing this, I ask the staff to be mindful of whom we are doing this for, and that we all help each other point out the things and signs that can help us. The feedback session here is also huge and it's very interesting to see how other people think about the business at hand. The staff was very excited about what I had thought about and come up with because not only would it help in class but it would be beneficial to what the principal’s commitment statement is about that's teamwork and our priority is the kids.

Voices and support can help children and communities through parent-involved educational programs, after-school activities, physical care, and mentoring programs, all of which are some of the many ways to protect children from harm. I wanted to hear from everyone on how they thought it was going to work and if they had any ideas to make it better. I think getting the parents in the community involved with other parents and staff will help the vulnerable children and their families. A good idea is to create a weekly playgroup in a community center.
Section 3: Creative Thinking

To understand the issues of child abuse fully, it is essential to discuss the causes before any other related content. Understanding the goals and associated risks will help develop mitigation strategies and preventive measures to help eliminate risks. There are three major causes of child abuse videlicet maternal causes, child issues, and environmental causes ( Loseke, 2017). To begin, I had to gather information on children at the school I work for from the school's social worker. These are kids who have come in for help or have been in the system for child abuse. Identify, which staff members the kids are most comfortable with to discuss their problems and ways we can develop some type of solution that can help this initial problem of child abuse the students are dealing with in their homes. We want to use this information during the solution stage to put it into action. After-school programs or Activities can help the kids build trust and have a good rapport with them, sometimes, this person helps the children feel as if they can talk to you about anything. A relaxing setting always helps for opening up the mind to thinking and being able to feel free. We also have to consider as staff the past experiences of the children’s points of contact and be an expert in our field of being school staff and someone kids can come to in a time of need.

Education and life skills help families cope with support services as well as income and financial distress. This supports the growth of parents who need the care and support of the school and school staff to keep the environment safe. Norms and values help law enforcement. Everyone has to do their part so we can succeed, which will halve the number of child abusers.
My approach is unique because it gives everyone a job and place in this project and it won't work unless everyone buys in. It’s not going to be easy, but it is possible to complete.

Section: 4 Your Innovative Solution

The outcome we want to achieve and the result are key. My project is about ways to help kids who have been affected by child abuse. The process is coming up with ways to help and reduce numbers. Potential to help children and parents as school staff and programs in this context. To demonstrate the result and realize the potential outcome of the event at hand. By us doing this, we will have a visual outline of the potential outcomes, costs, and consequences of a complex decision. That is to give the kids an out and help parents deal with stress in another way than abuse at home.

Our solution is innovative because rather than using the school's resources or relying on its services, we are focused on creating a solution internally / within the student body and staff. Because I think if we educate the community and school staff about how we can help. Identifying child abuse and using the 14-question questionnaire to see how we can control it or lower the numbers is a great way to start something new and effective. We believe in our approach.

By keeping things fun and the team engaged in the solution to the problem so we can have the best outcome. No matter how smart, creative, or innovative a person is, if they are under
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stress, there is little chance that their mind will work at an optimal level. It is for this reason that people who feel stressed or under stress are not very good at solving complex problems. If there was more time and I was allowed to I would have started an Enrichment program to provide more engagement between staff and the kids. Also, the Enrichment program is to bring more learning experiences that can be used outside of the classroom such as daily living skills, strengthening gross/fine motor skills, and teaching new opportunities to the kids. This would be another way of keeping the kids motivated and their minds at ease while away from their homes.

Section 5: Results

As the first educators of their children, parents play a crucial and vital role in their children's educational journey. Parents and families have the first direct contact followed by school staff and a lasting impact on children’s learning and development. As a staff, we were able to almost identify through educating ourselves and fellow peers at my workplace assisted me with the completion of the questionnaire survey to help. What we are here for is Communication is someone you can talk to and open up to. Our benefit is to help the kids through their hard times and give them the support they need even if it's a shoulder to cry on. But if they're hungry and don't have clothes or school supplies, we’re here to help them out. The kids were able to benefit from this because it gave them a more comfortable feeling and made them open up to us with no judgment.

Sometimes it's hard trying to get stakeholders to buy into a project because everyone has their idea of how things should work or in what order they should be done. So, At this point,
there are several ways to elicit, gather and validate stakeholder requirements. A few ways our organization identifies stakeholders is by conducting interviews or sending out questionnaires asking questions like who should we talk to about what we're trying to do and who's connected to certain kids. After talking with the school’s social worker, she said she liked what I was trying to do and we should try it out. First, we tried just trying to talk about the problem but that didn’t work. Then, we said let’s get together and have an after-school program but the times were a problem for some staff. Then I brought up the survey and who would be interested in assisting with doing this that’s when it all started to fall into place. For the first time trying something like this, it had a couple of negative issues in the beginning because people were saying the questionnaire part wasn't going to work because children and parents wouldn't talk about their issues at home. But after a couple of after-school activities and the picking of the right staff, the kids involved started to trust the process and started feeling comfortable about the program and answering the questions on the questionnaire. The questionnaire was for adults and children to answer the questions and test their knowledge of what to do if faced with abuse. The community was a big help because parents of athletes were spreading the word. It started as a successful program.

The success of a project depends on the identification of key stakeholders, and understanding the needs and expectations of the project is important to success. So, in the beginning, I told everyone involved I needed them to buy in if it was going to work and be successful. Also, this activity is important to help children who have been physically abused. Find out how we, as staff and the community, can work to help reduce the amount of child abuse in schools. So, At this point, there are several ways to elicit, gather and validate stakeholder requirements.
Section 6: Conclusion

Child abuse has long been a persistent social problem. I chose to try the questionnaire method because it is more informational and personal than people speaking out in groups, and it helps build trust. Despite the formation of organizations, and institutions to combat the subject, it is still eminent in society and should be eliminated. The Covid-19 pandemic has further increased the number of children who will suffer from the various types of child abuse described above. With budget cuts and fewer police, hospital, and school staff available to help, child abuse has become almost unrecognizable. I’ve learned that it is essential to address the issue of child abuse to ensure the future generation will be brought up in an excellent environment.

This will protect and support their nurture and development rather than becoming a threat through abuse. By informing yourself of the possible solutions in which we can help reduce child abuse, we can limit the number of children that could potentially grow up to suffer from long-term effects such as mental health issues, and substance abuse, and finally, end the cycle of abuse in some households. I feel we all benefited in some kind of way whether it is finding out something we didn’t know or understand to learning about kids we never knew who had been abused. The skills acquired were motivation and leadership skills to stand up for what I believe was wrong and present something I felt would change the community and help the kids who were being abused and harmed.
Section 7: Appendix

https://docs.google.com/document/d/17VZq0By57OpPEv1RNcOMHRVbddDO8bUIV9ekJ-6_wXc/edit?usp=sharing
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