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Theoretical Discussions and Pathways of Including Physical Education in the College Entrance Examination

Abstract

Under the background of the integration of sports and education, the study explored the feasibility and path of including physical education in the College Entrance Examination. Comprehensive literature and expert interviews and other methods were used to analyze the needs of including physical education in the College Entrance Examination. The specific theories are as follows: (a) "including physical education in the College Entrance Examination" can be an important entry point to promote the integration of sports and education and plays a key role of the test baton; (b) Policies that satisfy most stakeholders and conform to public interests at the national level are those that can be implemented; (c) There is no absolute fairness, and the minimum fairness is the prerequisite for policy formulation. On the basis of this, this study proposes some concrete ways: (1) implement the comprehensive physical education score strategy of sports theory examination score (10%) and sports competition score (90%) to eliminate the sole physical and quantitative aspects of examination; (2) Build a youth sports competition system in line with the requirements of "including physical education in the College Entrance Examination", which is to meet the needs of students of different sports levels and to reflect the fairness of education; (3) Use online platforms and technological means such as big data and artificial intelligence to remove the technological barriers of "including physical education in the College Entrance Examination"; (4) Improve the treatment and expectations of people involved in sports competitions related to the College Entrance Examination; (5) Carry out the "self-acceptance of risk" and improve the school sports accidental injury insurance system to untie the school sports safety and responsibility.

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Keywords: college entrance examination, integration of sports and education, physical education