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Projects

Student Research

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Encouraging Healthier Habits in Children

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Introduction

- How might I encourage children to partake in healthier habits?
 - A children's book.
- The results were conclusive.



Innovative Approach

- Creating and publishing a children's book.
- Interviewing mainly children and a few parents.



Emotional Intelligence

- Increase children's interest in healthier habits.



Creative Thinking

- Children's level of thinking
- Multiple drafts
- Peerreviews
- Interviewing mainly children



Innovative Solution

- Educational resource for children
- Bonding time
- Parents listening
- Different approach option



Results

- Positive impact on my stakeholder
- All of the children and parents wanted to pick healthier behaviors after reading my book.



Conclusion

- Influence children to pick healthy habits
- Children's books require creativity and innovation
- Results were positive
- New skills acquired

Sources

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