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Research Progress and Future Prospect of Dance Movement Therapy in China Based on a Citespace Visual Analysis

Haohui Liu
East China Normal University

Zhihua Yin
East China Normal University

Xue Wan
East China Normal University

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The purpose of this study was to (1) explore the research progress of dance movement therapy in China and (2) reveal future development trend of dance movement therapy. With the methods of literature review, logical induction and scientific knowledge mapping, the research results of dance movement therapy in China were analyzed visually. The co-occurrence chart of key words and timeline analysis chart of key words of dance movement therapy in China were created based on the data. The co-occurrence chart of key words showed that the research hotspots centered on "dance therapy", "psychotherapy", "Parkinson's disease", "autism", "special children", "teenagers", "college students" and "college students". The subjects of dance therapy were mainly special children, teenagers and college students. The diseases of dance therapy focused on "Parkinson's disease", "schizophrenia", "autism", "social anxiety". Timeline analysis chart of key words showed that research subjects experienced trended from "psychotherapy", "autism" to "Parkinson's disease" and "dance decompression". The patients in the study expanded from "college students" and "autistic children" to "teenagers" and "college students". The auxiliary elements of dance therapy experienced the expansion from "dance" to "music" and "art". On the basis of summarizing the experience gained from clinical practice, we should further clarify the operational definition and effect evaluation of dance therapy, and establish a complete and systematic dance analysis system. We should explore how to combine drug therapy with dance therapy, and study the best proportion of the two in the treatment. Under the background of the combination of medicine and sports, we should think about how to promote dance therapy, integrate dance therapy into disease prevention and treatment, and accelerate the advancement of the dance therapy industry.

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^aEast China Normal University

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