

Boise State University

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2022 Undergraduate Research Showcase

Undergraduate Research and Scholarship
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4-22-2022

From Statistics to Solutions: Putting Hope within Reach

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INTRODUCTION

With more than 200 residential centers within the US and Canada, Adult & Teen Challenge (ATC) is a faith-based non-profit headquartered in Ozark, Missouri. Its mission is to provide adults & teens freedom from addiction and other life-controlling issues through Christ-centered solutions. Through effective discipleship, mentoring, and life-skills training, ATC and its affiliates have seen positive outcomes and radical life-transformation throughout its sixty-year history.

How Adult & Teen Challenge Approaches Recovery

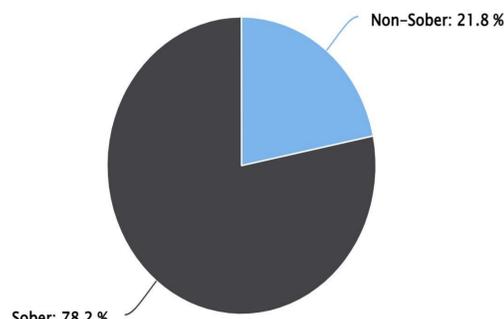
The curriculum and community of ATC addiction recovery centers are based on God's Word—the Bible. Addiction recovery centers that offer practical, appropriate, and accessible Bible-based courses facilitate the transition from alcoholism and substance abuse to a life of freedom in Christ. At Adult and Teen Challenge USA, participants are offered a chance to start over, become a new person, live a godly life, and find freedom through a restored purpose and an eternal hope. This is accomplished through classes, individual study, personal mentoring, work ethics training, and involvement in the Christian community.

Sustainability

As an organization, ATC must practice both wise stewardship and intentional development of financial resources available for ministry. Diversification of income streams is a key factor in ensuring this organization operates from a position of financial stability. Many of the Adult & Teen Challenge centers particularly encourage development of social enterprises such as thrift shops, coffee houses, and cottage industries as a means to generate revenue and also reach those in need.

FROM STATISTICS TO SOLUTIONS: PUTTING HOPE WITHIN REACH

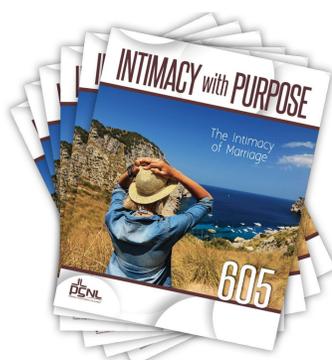
Data



Curriculum Optimization

Teen Challenge uses curriculum as a foundation of the discipleship portion of their residential program. This curriculum includes group studies for new Christians and includes courses consistent with the following topics:

- How to develop a personal relationship with Jesus
- General introduction to the Bible
- Developing New Attitudes
- Addressing Temptation
- Successful Christian Living
- Growing Through Failure
- Anger and Personal Rights
- Christian Practices
- Obedience to Man
- Personal Relationships With Others
- Loving and Accepting Myself
- Spiritual Power and the Supernatural



Nationwide study confirms Adult & Teen Challenge program success

Survey Information

A recent study conducted by the Center for Compassion at Evangel University confirms that an astonishing 78% of graduates from Adult & Teen Challenge addiction recovery centers remain sober and substance free post-graduation! Respondents to the survey were between 8 and 20 months post completion from an ATC program. Seventy-four centers participated in the study, and their staff contacted 968 former graduates. After eliminating responses that were either incomplete or did not meet the inclusion criteria, 340 participants were retained in the study, resulting in a response rate of 35%.

Data Analysis Results

- 92.9% reported NO new legal problems post-graduation
- 25.9% have enrolled in new education or training
- 91% reported improved quality of relationships with family members
- Respondents who met ATC's definition of sobriety reported a greater connection with God as compared to those who were categorized as non-sober.

Data

The following table illustrates the frequency of substance use since graduating from ATC reported by survey respondents.

Frequency Since Leaving ATC Program	Alcohol Use	Marijuana Use	Street Drug Use	Prescription Medication Use	Other Substance Use
None	285 (83.8%)	314 (92.4%)	328 (96.5%)	331 (97.4%)	331 (97.4%)
Rarely	35	10	8	5	5
Monthly	3	1	0	0	1
Weekly	11	4	1	1	1
Daily	6	11	3	3	2

Adult & Teen Challenge USA Locations

There are over 250 Adult & Teen Challenge USA residential programs throughout the United States. These Christian recovery centers offer a variety of programs that include drug addiction help, alcohol recovery, and services for youth, adults and families. Admission requirements, fees, and tuition costs vary from program to program. Teen Challenge USA (a 501(3)(c)) is diligent to provide cost-effective programs, however, the significant resources required to provide training, lodging, meals, supervision, and other expenses necessitate the generous support of our friends, faith communities, and society.

CONCLUSION

Addiction destroys more than just the body, so it should be no surprise that Adult & Teen Challenge USA's addiction recovery centers consider all aspects of their students' lives. Because addiction starts as a way to fulfill a void that only God can fill, a strong relationship with the Lord is foundational to the program. By placing students in an environment where they can bond with other growing disciples, and taught the Word of God, a stable foundation can be built within their hearts creating a lasting change.

27 MILLION PEOPLE SELF-REPORTED MISUSE OF PRESCRIPTION AND ILLEGAL DRUGS

1,380,814 PEOPLE WERE CONTACTED IN OUTREACH SETTINGS BY TEEN CHALLENGE STAFF AND STUDENTS IN 2016

ON AVERAGE **5,826** STUDENTS IN RESIDENCE DAILY IN USA CENTERS

\$442 BILLION SPENT ANNUALLY DEALING WITH DRUG AND ALCOHOL ABUSE

APPROXIMATELY **174** DEATHS DAILY IN THE U.S. DUE TO DRUGS

67% OF ALL U.S. FAMILIES ARE STRUGGLING WITH ACTIVE ADDICTION