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Student Newspapers (UP 4.15)

University Documents

8-28-2006



Students of Boise State University

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roite THE INDEPENDENT STUDENT VOICE OF BOISE STATE SINCE 1933 **VOLUME 19** www.arbiteronline.com

Students access free textbooks

FIRST ISSUE FREE MONDAY August 28 2006

NEWS

PAGE 2

Check out the What The's! And be aware, Idaho has a high percentage of drunk driving.

OPINION

PAGE 3

The Arbiter editorial board exposes another costly blunder of ASBSU student government.

CULTURE

PAGE 4

Mark Wahlberg protrays football legend, teens are still upset over weight and The Arbiter reviews the latest groups just in time to lose your hearing.

SPORTS

PAGE 7

Get your first look at new offensive and defensive coordinators.

ONLINE

Post your comments online at: WWW.ARBITERONLINE.COM

ON CAMPUS

MONDAY, AUG. 28 Faculty/Student Grill and Chill at the Quad. 11:00am - 2:00pm. FREE! What a fun way to start the semester! Grab some great food, enjoy the company of Boise State's fabulous faculty and meet new friends.

TUESDAY, AUG. 29

Nutrition Q & A at The Student **Recreation Center** Location: Fitness Testing and Wellness Room, Recreation Center. Tuesdays at 4:15pm-5:15pm (Excluding scheduled school breaks and summers)

BY JESSICA CHRISTENSEN Asst. News Editor

The Associated Students of Boise State University opened up the first-ever "textbook library" on campus this semester. Housed at Albertsons Library, it has been created as a resource for students who cannot afford to pay for their own textbooks. The textbook library will house two copies of each book, and will be available for students to check out for two hours at a time.

According to a 2005 Government Accountability Office report, it showed textbook prices almost tripled between 1986 and 2004 - rising by 186 percent.

Several states have introduced legislation this year to encourage professors to consider cost when deciding on required texts and choose fewer bundled materials, which include extra pieces such as CDs.

However, will these measure make a difference in policy, or will students continue to either pay full price or find books from alternate sources?

The textbook library project is not meant as a substitute for students who do not want to pay for their textbooks, but rather offer students who might find themselves in unfortunate circumstances a way to still succeed. Coordinating and leading the project is Taylor Newbold, ASBSU's secretary of public relations.

"The growth of the textbook library cannot continue without the help of all instructors who want to ensure the success of their students, and without the pressure of students to ensure that their instructors provide them with available textbooks when possible," Newbold said.

According to Businessweek.com, publishing companies determine wholesale prices, college bookstores decide on final retail prices and then faculty members choose materials for individual classes, textbook costs can be expensive. On average, bookstores markup textbooks 33 percent on new books and 50 percent on used books. New editions, which come out about every four years, also add to

textbook costs.

Some professors say they take book price into consideration when deciding on requirements. Sheila M. Puffer, an international business professor at Northeastern University's College of Business Administration, knows about the subject directly. Her son goes to MIT, and at the end of the spring semester, she went to the college bookstore, tried to sell back five books, and only got money for one, receiving \$25 for a \$109 psychology book. The leftover books were either outdated editions or not being used the next semester.

Alternatives for textbooks are available. BSU Adjunct faculty member Carment McClish said in her class she has put all class materials on reserve at Albertsons Library.

"Printing or copying all these materials will still be cheaper than making you buy a book," McClish said.

According to Newbold, BSU houses the first-ever textbook library for a four year college/university in the nation.

"The growth of the textbook library cannot continue without the help of all instructors who want to ensure the success of their students, and without the pressure of students to ensure that their instructors provide them with available textbooks when possible," Newbold said.

Albertsons Library Dean Marilyn Moody said she has been looking for ways to really support to help students at BSU. Newbold said the cooperation from the library has been great, considering without its help and support the textbook library would be located at the ASBSU offices.

"I think it's been a great idea. We wanted to see what we can do to expand. It's a great way to work with ASBSU," Moody said.

Faculty may donate new or old editions of textbooks at any time of the school year, and there is no limit on donations. The books will be placed on reserve at the library and there will be a two-hour time limit on each.

A book may be donated by giving it to the reserve section of the library, by bringing the textbook to ASBSU's office in the Student Union or by arranging for a pick up.

Mapping drunk driving fatalities

Percentage of total U.S. fatal crashes that involved legally drunk

To donate books or ask questions, contact Taylor Newbold at 426-1440 or media@boisestate.edu.

MASERNALLS

ISSUE 04

National Guard provides students with aid for college

WEATHER



MONDAY High: 95F / Low 67F



TUESDAY High: 92F / Low 54F



WEDNESDAY High: 75F / Low 47F

CONTACT

NEWS (208) 345-8204 x 102 news@arbiteronline.com

OPINION

(208) 345-8204 x 112 letters@arbiteronline.com

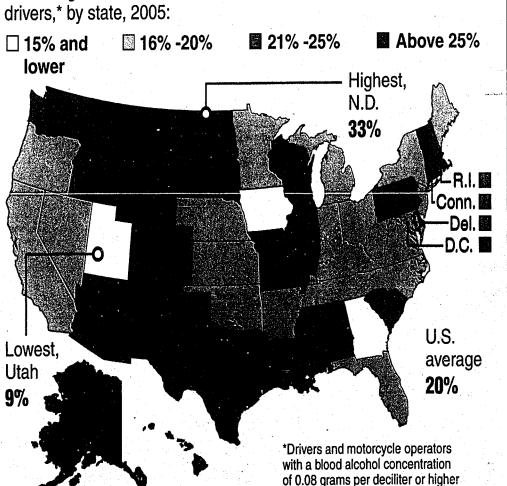
CULTURE

(208) 345-8204 x 104 culture@arbiteronline.com

SPORTS (208) 345-8204 x 103 sports@arbiteronline.com

ADVERTISING (208) 345-8204 x 118

business@arbiteronline.com



Source: U.S. National Highway Traffic Safety Administration Graphic: Pat Carr, Angela Smith

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Ad campaigns by the National Highway Traffic Safety Administration are seeking to reduce drunk driving between now and Labor Day. Officers in Boise are aggressively looking for drunk drivers and those violating alcohol and drug laws. According to Boise Police Department officials, crime trends involving drug and alcohol violations have been on the rise from Jan. 1 to June 30: DUI arrests are up 22 percent, liquor law violations are up 27 percent and drug paraphernalia violations are up 13 percent. Turn to page two for the full story.

BY CEAN SIEGEL **News Writer**

For students looking to cut back on the cost of college, the Idaho National Guard could provide the solution.

To be eligible, you must be between the ages of 17 and 42, pass a physical examination, take and pass the Armed Services Vocational Aptitude Battery Test and have obtained a high school diploma.

There are three basic responsibilities that go along with this opportunity, in addition to the monthly drills that must be attended.

"[The first responsibility is] to support and defend the United States of America against all enemies," Staff Sergeant Gary Neal said,

"Second, to support and defend the State of Idaho and provide emergency relief in all cases where help is needed and third, they have the responsibility to be a good citizen within their own communities."

Students can earn both financial aid and a paycheck in return for their commitment.

"The Army National Guard can provide a path for your education that is hard to find anywhere else," Neal said. "We offer 100 percent tuition assistance, which means we will pay 100 percent of your tuition at Boise State. There is also the Montgomery GI Bill and The GI Bill Kicker which pay full-time student soldiers \$650 per month."

Several students at Boise State are currently taking advantage of these benefits, and have been for years. Sergeant Patricia Howerton has been serving in the National Guard

for six years. During her time she has been in the 25th Army Band as a flute and piccolo player, been a part of the Honor/Color Guard and has helped to organize paperwork for soldiers being deployed. She said the experience has helped her grow as a person.

"I wanted something I could feel active in while going through school. [Since I have joined] I have learned and applied good work skills, self-discipline and knowing how to give people respect at any level." Howerton said.

She also likes the fact that she can balance her work and school with this job.

"It's a part-time job, pays well and you still can get your school work done," Howerton said.

Specialist Justin Black is also a member of the 25th Army Band. Being a Guard member fit his plans perfectly.

"I have always wanted to be in an Army Band, but I wanted to go to college first, so this gave me the opportunity to do so at the same time," Black said.

"If the military appeals to you and you want to go to college, joining the National Guard is one of the best choices you can make."

Anyone interested in more information can contact Neal at 989-9285.

"We train soldiers in many different career fields and give them the knowledge and confidence to be leaders. There are many jobs in the Idaho Guard that transfer smoothly into civilian jobs, and the training you receive from the Idaho Guard also transfers into college credits at Bolse State," Neal said.

THE HEADLINES

world

Fox News journalists kidnapped in Gaza

When two Fox television journalists were kidnapped in the Gaza Strip last week, it was widely assumed that the pair would be quickly released like two dozen other Westerners briefly abducted by Palestinian groups over the past two years.

On Wednesday Aug, 23, though, it became clear that the case may signal the beginning of a more perilous trend when a previously unknown group released a video of the journalists and issued demands not to Israel or to the Palestinian Authority, but to the United States.

In a two-page statement, the Holy Jihad Brigades gave the United States 72 hours to release all Muslim prisoners in American jails in exchange for the journalists' freedom.

"This is the chance we give you," the statement said. "God knows how often this kind of chance will be given."

The demand was accompanied by a 90-second video featuring Fox reporter Steve Centanni. 60. and cameraman Olaf Wiig, 36, who were sitting in tracksuits on the floor in front of a plain black backdrop. "We are alive and well, in fairly

good health," Centanni said in a subdued voice. "Our captors are treating us well."

The undated video was the first news of the journalists' condition since armed gunmen kidnapped them on Aug. 14 in Gaza City near the Palestinian security services offices.

While such videos have become routine in Iraq, this is the first time that militants have used the tactic in Gaza.

In many respects, this case represents a significant departure from past kidnappings.

Until now, virtually all of the abductions were motivated by personal, not political, aims. Some kidnappers, such as those who held a McClatchy Newspapers reporter and freelance photographer for eight hours last fall, sought jobs with the Palestinian security services. Others demanded freedom for relatives held in Palestinian jails.

The Holy Jihad Brigades is the first group to make this type of political demand.

'The trend you have so far is people are taken on impulse to meet purely opportunistic, local, apolitical demands that are then easily resolved because the kidnappers

are known," said Mouin Rabbani, Jordan-based Middle East senior analyst with the International Crisis Group, "This is a more worrisome set of coincidences."

In the past, most kidnapped Westerners were released within a few hours. A British aid worker and her parents were freed after twoand-a-half-days in captivity last December, and a French journalist was released almost exactly a year ago after being held for nine days.

The statement itself was also unusual for Gaza. It repeatedly cited the Ouran and denounced Western and Arab governments for their policies toward the Palestinians.

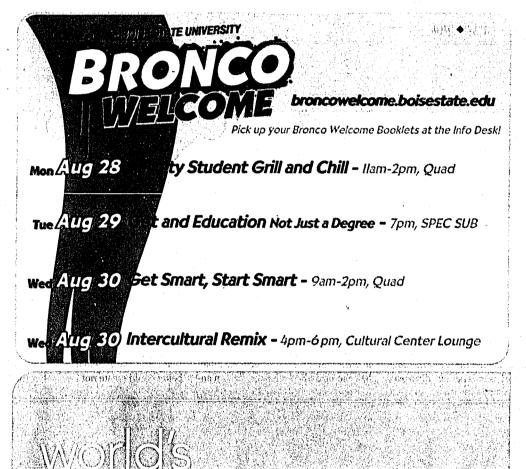
The video's release came amid new warnings that militant groups in the Gaza Strip were planning to kidnap Western journalists.

Earlier this week, the BBC temporarily pulled its Gaza City-based reporter, Alan Johnston, out of the area after receiving what it believed to be reliable information that militants were targeting British journalists.

The American Consulate and Foreign Press Association both urged American journalists to avoid Gaza for the time being.

There are also significant differences in this case from those in Iraq.

No masked gunmen appeared in _ the video with Centanni and Wiig,



calmera illip phone

World/National/What the? stories courtesy of MCT Campus Wire Services unless otherwise credited. Local/BSU stories are courtesy of the Boise State Web site at www.boisestate.edu. All stories are compiled by News Writers.

threaten to kill its captives.

and the group didn't explicitly

national

Pluto established as part of a variety of **Kuiper Belt objects**

Much of the mourning surrounding Pluto's so-called demotion Thursday reflects the outdated notion that it is a lonely outcast.

But Pluto will be fine. Thursday's decision to reclassify the former ninth planet signals a newly emerging picture of the solar system in which Pluto is anything but lonely. Until recently astronomers had no idea it was part of a frontier region full of icy leftovers from our solar system's formation.

"They are worlds," said astronomer Hal Levison of the Southwest Research Institute in Colorado. "Each one has a personality and some really weird things." Some are big and round, some football shaped, some icy and bright, some rockier.

And these denizens of what is called the Kuiper Belt hold a kind of fossil evidence for a major reshuffling of the solar system millions of years ago.

Pluto originally appeared as a misfit - tiny, distant and moving in a wildly oblong and tilted orbit. But ever more powerful telescopes revealed this planetary rebel was part of a whole disorderly gang. Three years ago the International Astronomical Union assembled a panel to figure out how to classify all this.

In 2005 astronomers announced a new body, UB313, nicknamed Xena, which is slightly bigger than Pluto, creating an even more awkward situation.

Last week, the panel finally made a decision, it proposed opening up the definition of planet so that Xena along with many others could be planets too.

This more lax standard of planethood was quickly shot down by many of the hundreds of astronomers who'd gathered in Prague to settle the issue.

So the panel had to rewrite its proposal, and on its second pass narrowed the term planet to three major elements: the celestial body must orbit the sun, it must be large enough to take on a nearly round or spheroid shape, and it must sweep up its orbit of other objects. Pluto, whose elliptical orbit overlaps with that of Neptune, was thus disqualified.

The new definition brings the total to eight "classical" planets and excludes all the bits and pieces orbiting in the asteroid belt (between Mars and Jupiter) and the Kuiper Belt (beyond Neptune).

Some of those pieces large enough for gravity to shape into spheres are now defined as dwarf

Nason said.

Alcohol-caused car crash deaths were down in 23 states and up in 27 states last year, according to statistics released Wednesday. The biggest successes were in Utah (down 50 percent), Maryland (down 34 percent), Rhode Island (down 24 percent), Massachusetts (down 21 percent) and Oregon (down 19 percent).

Drunk-driving deaths increased most in Hawaii (up 21 percent), the District of Columbia (up 31 percent), North Dakota (up 33 percent), Delaware (up 36 percent) and Vermont (up 40 percent).

"It's time for this country to stop just saying, `Oh, that's old Joe down at the bar, he had one too many gins." said Lt. Col. Jim Champagne, Chairman of the Governors Highway Safety Association, a nonprofit group focused on promoting safety programs.

Champagne, a lieutenant colonel in the Louisiana State Police, promised that the upcoming crackdown would involve the "highest concentration of law enforcement officers focused on this problem ever."

The ad campaign will help, too. said Pennsylvania State Trooper Dave Andrascik, who was on hand for Nason's announcement at a police training facility in suburban Washington, D.C. "It's kind of like a rejuvenation, not just for the police officers, but for the community," he said. "There gets to be a complacency" when the public hears old messages.

Nason said that her agency will decide whether to continue the campaign once the first results are in. "We'll see how successful we were and take it from there," she said.

Nason's agency had hoped to see big gains from a tougher intoxication standard adopted in recent years in many states, but it hasn't happened.

In 1995, 13,564 motorists were killed in accidents in which at least one driver had a blood alcohol concentration of at least .10 percent, NHTSA revealed Wednesday. In 2005, 12,945 motorists died in accidents in which one driver had a blood alcohol concentration of at least .08.

local/bsu

Fifty-one new faculty members join BSU

Fifty-one new faces will join the ranks of the Boise State faculty as the university prepares to start the 2006-07 academic year next week. They include 18 from the College of Arts and Sciences; eight from the College of Education; six from the College of Health Sciences; five each from the College of Applied Technology, the College of Engineering and the College of Business and Economics; and three from the College of Social

Pilots will spray roughly 82,000 acres in Canyon County, primarily along the Boise River corridor, including the cities of Middleton, Caldwell, Notus and Parma. Cities that are not on the Boise River but are also proposed for spraying are Nampa, Greenleaf, Melba and Wilder.

Weather permitting, spraying will start Monday night and continue evenings through Thursday.

Risch met with Canvon County Commissioner David Ferdinand late Friday afternoon and reviewed the county's plan. "The county has put together a plan to combat the mosquito populations that cause the West Nile virus," Risch said. "The state will provide funding to assist them in their efforts to combat this serious problem."

Ferdinand applauded the governor's effort to review and approve the plan on the same day that lawmakers were considering his property tax relief bill. "This will allow tis to implement our plan and provide the public with 48 hours notice before any spraying begins," Ferdinand said. "We also appreciate the willingness of the state to assist the citizens of Canyon County in our fight against the West Nile virus."

As of Friday, 440 Idaho residents have been diagnosed with the West Nile virus this year — the most of any state in the nation. Canyon County has the most human cases in Idaho at 112.

what the?

Knock, knock; who's there? Police... I mean, pizza guy

The girlfriend of a fugitive from justice in La Vista, Neb., called in an order for pizza, but mistakenly dialed 911, the police emergency number, instead of the pizza joint's number which begins with 991.

She hung up when she realized her error, but the cops investigate all hang-ups. They converged on their apartment and nabbed the boyfriend.

I just can't get women to like me; I don't know why

After a woman rejected his sexual advances, a 54-year-old Scottsdale, Ariz., man responded by destroying her mailbox and leaving behind a naked picture of himself.

A police investigation revealed that he had done the same thing to 16 other women in the past five vears.

We sensed that a pattern was emerging

CTHAN AND DERIGIN

عبغه والأربطي



PANTECH C300 VGA CAMERA WITH FLASH DOWNLOADABLE MUSIC TONE RINGTONES ON ALLOVER," the network with the fewes

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planets. The new proposal went to a vote Thursday and was accepted.

Ad campaign seeks to curb drunk driving

If you're used to having a few beers and getting behind the wheel, the next three weeks will be especially dangerous for you.

Automobile safety leaders announced Wednesday that they're starting a double-barreled police and advertising campaign between now and Labor Day to combat drunk driving.

The move follows new numbers that show almost no decline in the number of highway deaths involving alcohol last year - in fact, almost none in a decade - despite a toughening of the legal definition of intoxication and some increased policing.

Nicole Nason, administrator of the National Highway Traffic Safety Administration, said she thinks that's because drunk driving still is seen as "a social crime" rather than "a deadly crime."

This new campaign will emphasize that drinking and driving can get you arrested, Nason said. That's in contrast to previous campaigns that focused on responsible drinking and designated drivers.

Over 11,000 state and local police forces across the country have agreed to increase patrols and sobriety checkpoints between now and Labor Day, according to Nason. In addition, NHTSA will air \$11 million in television and radio ads targeting males ages 21 to 34, the likeliest to drink and drive.

The combination of a big ad campaign and increased enforcement makes this "the largest ever national crackdown on drunk driving,"

Sciences and Public Affairs.

Some are adjunct instructors promoted to full-time status.

A few enter academia from successful careers in the private sector.

Several are younger scholars fresh out of Ph.D. programs.

Some are veteran educators and researchers, joining the university from prestigious institutions.

"These newcomers are an impressive group who will play a vital role in Boise State University's growth into a metropolitan research university of distinction," said Sona Andrews, provost and vice president for academic affairs.

"Along with the excellent faculty and staff who already work here, our newest cohort of faculty members will undoubtedly help the university move forward. The effective teaching and innovative research of our faculty members are part of the foundation on which Boise State University is built. Our new professors will expand the university's capacity to help our students gain the knowledge and skills they need for 21st century jobs and provide expertise in expanded academic offerings across the curriculum."

Risch OKs West Nile funding for county

Jim Risch has agreed to a plan that will allow Canyon County to move forward with a mosquito-control campaign to combat the mounting spread of West Nile virus among local residents.

The proposed plan will cost \$323,530, with the state paying \$250,000 of the total cost and the county bearing the remainder.

A vending machine supplier was robbed at a drop-off location in Huntsville, Ala. A few weeks later, he was robbed there again by the same man. And then again.

And yet again. Suspecting that the robber would try a fifth time, police finally staked out the location and waited. Sure enough, he robbed the guy one more time. He was arrested after a high-speed chase.

I might have been at the station, why?

A man waiting at the police station in Arlington, Va., to retrieve his impounded vehicle, stealthily reached into the purse of a woman standing next to him and stole her keys and some cash. But she caught him, so he gave the stuff back and fled. Police had no trouble locating him since he had already given his name to the desk sergeant.

Oh, come on honey, just try it ... please

A company in Japan claims to have invented a new gum that increases the size of women's breasts. Business is said to be brisk.

Is there a problem bartender?

An "extraordinarily intoxicated" young man found a checkbook at the bar he was drinking at Dingus Magee's in Statesboro, Ga. then proceeded to forge one of the checks to pay his bar tab.

His little plot failed because the checkbook belonged to the bartender.

The way we see it ...

ASBSU is putting up a smoke screen on the flat-screens

What happens when you mix youthful incompetence with liquid cash of plenty? Disaster, of course. Prepare yourself for another tale of gross mismanagement at the hands of government.

Last year, the Associated Students of Boise State University—our duly elected representatives—drafted an ambitious plan to install a network of large LCD screens throughout campus. The project was designed to keep the community informed about important happenings here at Boise State. The beta-program called for the purchase and installation of about a dozen screens at major thoroughfares on campus, such as the Business, Student Union and Multi-Purpose buildings.

The flat-screen network would have been available-free of charge-to most student organizations and departments on campus, enabling them to reach a large, mobile audience with relative ease.

It seemed like a great idea—so much so that everyone threw in copious amounts of cash to fund the experiment. The executive director of the Student Union and the vice-president for student affairs both contributed \$2,500; the provost chipped in \$10,000; and ASBSU scraped up another \$5,000-bringing the total flat-screen fund to \$20,000. Not only that, but the vice-president for finance generously agreed to pay for installation and the cost of maintenance on the new system—an offer worth at least \$20,000 over the lifetime of the flat screens.

With more than \$40,000 in cash and services in hand, the executive branch of ASBSU took the reigns and charged reck-

lessly down a road of damning blunders. First, the executors of the plan hurriedly purchased flat screens without considering how the network would function. After the screens arrived, and it came time for installation, engineers were left scratching their heads at a minor, though significant problem: the LCD units were not compatible with the University's IT network. This would have been a good thing to verify before cutting a non-refundable check for \$20,000.

Instead of taking the initiative to solve the problem, former ASBSU President Joe Holladay and his staff retired the flat screens to a dingy basement in the Student Union and resumed more important tasks, presumably updating their MySpace accounts. To his credit, Holladay hired a new IT director several months after discovering the compatibility problem, though neither seemed bothered by the stalemat-ed project. After considering an option to purchase adapters-which would have cost an additional \$5,000—the beta-pro-gram lost momentum, ultimately drifting off radar into the scrap heap of abandoned ASBSU projects (other expensive failures include: the "walk of fame," the "hall of flags," and "toilet talk," among others.)

Meanwhile, the expensive flat-screens sat unused in a storage facility, gathering dust and depreciating in value.

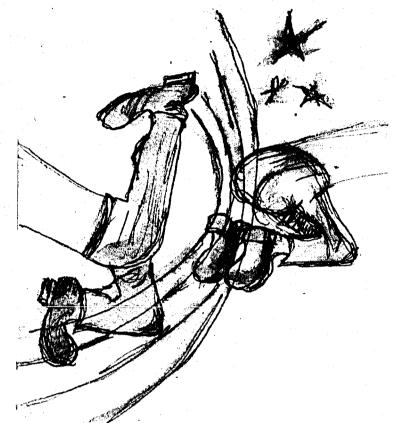
Adjunct professors get the boot

BY ERIN ANCHUSTEGUI, PH.D. **Guest Opinion**

To the Administration:

As you know, the University recently made a decision to reward Special Lecturer status to certain adjuncts who had taught a 4-3 load for many years. It was said to "reward them for years of service." That the BSU administration

suddenly recognized the importance of underpaid adjunct faculty after decades is



truly ridiculous. Instead, the more likely reason is that Boise State University is trying to avoid a class action lawsuit by "temporary employees" such as that suffered recently by the Microsoft Corporation. The cost to Microsoft was \$97 million. How much would it have cost BSU given this precedent?

Other adjuncts who do not fall within the class-action parameter by not having taught the maximum load for many years (and yet who may have even higher qualifications) will be given lower hiring priority. Will the administration show its appreciation of these adjuncts in future rounds of hiring?

The BSU administration has been exploiting adjunct faculty for decades and to this point has not demonstrated a genuine concern for their well-being.

If they did, they'd develop a hiring process by which all adjuncts could, on the basis of merit, be promoted to permanent status. It isn't enough to characterize merit as it was to me; if they've been with us all these years, they must have been doing a good job, which is like saying "if they are still alive, they must be healthy.

Adjuncts don't even have the status of a custodian. A custodian who makes \$11.18 per hour may have benefits whereas the teacher of your history or math class receives none and will receive none regardless of excellent teaching evaluations, publications or other academic merits.

Part-time non-classified positions at BSU often include competitive benefit packages and such people may have no more than a bachelors degree. While their contribution is significant, teaching students-the overarching purpose of the University—is equally if not more important.

BSU administrators need to stop the doubletalk and a show real appreciation for their part-time teaching faculty. Obviously they haven't yet. Expand the criteria for hiring Special Lecturers to include more than teaching longevity and course load. Develop and implement a hiring process by which all adjuncts can apply for and receive full-time status dependent upon generally recognized principles of merit as implemented in hiring all other faculty.

> Erin Anchustegui is an adjunct professor in the Boise State University Philosophy department

C The BSU administration has been exploiting adjunct faculty for decades and to this point has not demonstrated a genuine concern for their well-being. "

Small step for man, giant leap backward for mankind

BY JACOB GOOD **Opinion Writer**

I was supremely happy earlier this month to hear that conservative Republicans who brought the illogical idiocy of intelligent design to Kansas schools lost control of the State Board of Education.

Hopefully this ensures that students in the state will not be subjected to thinly-veiled religious machinations in the classrooms. And with any luck the children will grow up to be intelligent adults focused on objective thinking, even if they are perpetually stuck in a bad horror movie about corn and killer

religious kids.

It amazes me that the hypocrisy of intelligent design could be introduced to American children in the 21st century, especially since the theory of theological "science" was long ago disproved by the likes of John Stuart Mill and Bertrand Russell. If you don't know who they are, start using your library card more often. They basically refuted the view of Saint Thomas Aquinas that every effect has a cause, and if you trace this back there must be a First Cause. which we call God. They did this by simply asking "Who made God?" and if God doesn't need a creator, then the universe doesn't either.

State Basketball Arena mysterious-

ly has its birthright sold to Taco Bell

(hence it's not ours now, but the "Taco

Bell Arena") and now another sneak at-

tack by the "metropolitan university of

distinction" metronoids in the Kustra

What's next, the "Hooters Football

Stadium?" I have to admit not all was

upsetting; I did develop a desire for a

multi-flavored snow cone when view-

Administration!

It's an interesting argument made through logic and reasoning, traits which many Republicans lack. Not that I'm generalizing all Republicans, but it is difficult to listen to certain Biblebelt rhetoric when science offers an entire universe of evidence as its guiding light.

As college students, we are offered a cornucopia of liberal ideas which open our subjective minds to more objective possibilities such as evolution, relativity and the ability to ignore Fox News, but what about the younger students in corn-fed states such as Kansas? Should they be indoctrinated with fallacious arguments in support of creationism,

subjective morality and Bill O'Reilly simply because they are surrounded by loud-mouthed preachers who espouse the glory of God's mysteries as proof that some omniscient and omnipotent being could create nothing better than a world full of racists, misogynists, fundamental religious zealots and oil companies?

I think it's highly admirable that the residents of Kansas removed the conservatives who introduced intelligent design to their state. Now if we could work on ridding the Midwest of country music and trailer parks I think America would be headed forward instead of backward

After nearly a year, the flat screens mysteriously disappeared. In what must have been an inside-job, thieves gained access to a secure storage facility in the basement of the SUB and marched inconspicuously from the building with 15 LCD screens. In fact, the screens may not have been inventoried, making their theft easier for the burglars.

The exact details of the crime are elusive-nobody at ASBSU wants to talk to The Arbiter. In fact, we didn't hear about the theft until five weeks after the fact, and that was through the university's crime report. With or without their comment, the facts are clear: ASBSU failed us big-time on the flat screen initiative.

The way we see it is based on the majority opinions of The Arbiter editorial board. Members of the board are Drew Mayes, editor-in-chief; Marcus Hackler, business manager; Heather English, production manager; Dustin Lapray, managing editor; Brandon Stoker, opinion editor; and Hadley Rush, multimedia producer

should

BY MIKE AREHART **Guest Opinion**

I opened a parking garage glass door the other day and noticed something about the Boise State logo decal on the door. It didn't register immediately just what was different. Then I was struck with a visual epiphany; the "BSU" letters were now engulfed in a rainbow. My initial thought was that this must have something to do with little kids and maybe Boise State was going into the daycare for students big-time (a good thing).

Wrong! No mention of this was to be found.

It then came upon me like a sign in the sky after a rain that this was for "Official." The Boise State logo had secretly been altered! First the Boise

Guest opinions of no more than 500 words may be submitted for publication on any topic. Letters to the editor must not exceed 300 words and must include the writer's full name, city, state, and major (if applicable). All submissions are subject to editing. Both

ing this design interloper. The neural flux this discovery created in the space (not gap) between my ears was due to trying to figure out the 'why' of this tampering with the sacred. Have the metronoids sold a piece of the logo to the University of Hawaii to get discounted hotel rates and we're now Rainbow Warriors? Has the Reverend Jesse Jackson discovered us and shaken down Boise State to advertise his

guest opinions and letters to the editor may

be sent via e-mail to letters@arbiteronline.

com. The Arbiter cannot verify the accu-

racy of statements made in letters to the

editor; they reflect the opinion of the writ-

ers. Opinions expressed by guest and staff

"Rainbow Coalition?" Has a deal been made with Oregon State on a research partnership and their pound of flesh is to embarrass the football team by making our logo look silly?

I can't afford a Hawaiian Spring Break even if the hotel was free; I am not ever going to be a member of Jesse Jackson's 'first church of divine economics' and the OSU beavers suck.

Seriously, I am very disappointed that the metronoids apparently have seen fit to plant such a symbol on our logo.

This is tyranny!

No one ever asked my opinion about dumping Boise State into this sticky mess of symbolism by adding that multi-hued nonsense to our logo.

Metronoids; don't give me any sophistry (crap) that imitating arrogant west-coast mega-schools is a required goal of excellent higher education.

Idaho, the Treasure Valley and Boise State are by no means perfect, but we must be closer than many others as the west-coast refugees are moving here in such numbers that they are raising the property taxes!

In my humble opinion, the foundational mission of Boise State University is to provide any qualified student with the opportunity for an excellent University education (at reasonable cost) that will further their intellectual development, help them achieve their personal goals and contribute an atmosphere of optimism and joy of life to the community (metronoids: please remember, the community was here first). Metronoids, forget Texas; don't mess with Idaho! Get rid of the rainbow!

> Mike Arehart is a student at Boise State University

columnists reflect the diversity of opinion in the academic community, and often will be controversial, but they do not represent the institutional opinion of the Arbiter or any organization the author may be affiliated with unless it is labeled as such.

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WHAT'S HOT WHAT'S NOT IN ENTERTAINMENT



BY DANIEL KEDISH Culture Editor

Globally

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A new breed in reality TV Reality TV: people complain about it all the time, while secretely enjoying it behind closed doors. We all do it no matter what we say to cover up the fact and it's no surprise why the newest season of "Laguna Beach" is making the latest craze in reality television programming.

It started out as a simple-minded escape to a new culture of the rich and spoiled, with a case of drama here and there. Now entering its third season with a completely new cast of teen socialites, it's become an addiction, featuring intense catfights, backstabbing bitches and promiscuous high-school students.

While referencing our favorite members of the past show, it's still hot and continues to make waves in the entertainment world, even if you continue to deny your addiction.

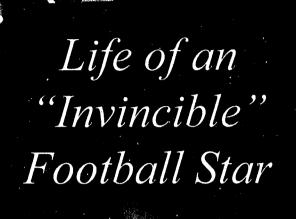
NOT

We lost you at "Milkshake"

After years of nothing, Kelis makes her come back with the latest album in her career: "Kelis Was Here," which leaves me wondering why she ever came back, especially after ruining the way in which the public views milkshakes. I still have trouble keeping my chocolate shakes down, and I'm not even lactose intolerant.

Her latest single off the album comes in the form of "Bossy," which rides the sound waves much similar to the audio of a movie made in the low-end of the Red Light District.

Countless times I wonder where the class is in her lyrics, the more I hear about the different ways she



Mark Wahlberg captures the true-life story of a neighborhood man reaching for the stars at a time when they seem light years away. Director Ericson Core delivers a movie that is sure to uplift and inspire audiences all over.

BY KATRINA L. SAVITZ Assistant Culture Editor

The release of Disney's "Invincible" (starring Mark Wahlberg and Greg Kinnear) has perfect timing. With the football season just weeks away, this film puts the audience in the spirit of the game.

Every NFL and college football team experiences a stint of bad luck every now and then. Consecutive losses and upset fans are what the Philadelphia Eagles were up against in 1975. As if that wasn't enough, communities all over Philadelphia were in the midst of several union worker strikes. The images from the strike lines reveal the emotional strain felt by the union workers. The director's representation of industrial south Philly set the film's tone and shows the audience a community in need of a serious confidence boost.

Mark Wahlberg (who plays Vince Papale) is a part-time teacher and evening bartender. Like everyone in town, Papale is just trying to make ends meet. To break up the tension, Papale and his buddies play a little neighborhood game of football. No pads or talent required for this game, just heart. Car headlights illuminate the muddy field and losers buy the winners beer after the game. Playing neighborhood sports is a popular pastime for men and boys everywhere, be it in the street, the local park or an abandoned lot, they love this time with the boys, that is why this scene makes the lives of these men relatable to nearly everyone.

In the summer of 1976 Papale loses his summer teaching position, and as if that wasn't enough, his wife also leaves him and takes everything with her except the phone and a note that emphasizes his failure. Meanwhile, Philadelphia Eagles owner announces a new head coach. Greg Kinnear (Coach Dick Vermeil) comes to Philly from UCLA. At a press conference, Vermeil announces open try outs at Philadelphia's Veteran's Stadium. "Four wins, not so bad after all," says one of the bar's usual customers, referring to the Eagle's last season record.

Papale's bar buddies urge him to attend the try outs. At first Papale refuses to go, but he ultimately joins thousands of men who all "wanna be an Eagle baby!"

A combination of comedy and sports action shows that many of these football hopefuls are a bunch of clumsy goons. Assistant coaches shake their heads in disbelief, but Papale shows real potential.

After weeks of summer training, Papale makes the team. South Philly is full of hope and pride as they pack up the bars and closely watch all the Eagle's pre-season games. The Eagles are 0-4 that is, until the first home game against the New York Giants.

Veteran's stadium is packed to capacity with notorious Eagles fans. Philadelphia fans are known to be America's rowdiest. International soccer fans "Shut cha mouth!" you ain't got nothin' on Philly fans.

The game is close in the last quarter. In an effort to win the game, Papale changes the play. He audibles from the line, ultimately making a touchdown and leading the Eagles to victory.

The film closes with real footage from the 1976 game that launched Vince Papale's local fame into nation-wide prominence.

All in all, Vince Papale lifts his community's spirits up from the dire straits of their hardships to a place where hope can finally live, even if it is only in one man. "Invincible" also has an awesome soundtrack; it includes "I got a name" by Jim Croce and "Drift Away" by Dobie Gray along with several other 70s hits.

PHOTO COURTESY MCT

The story and the soundtrack are just two of the many ingredients that make "Invincible" this year's best sports movie. Not to mention the phenomenal performances brought on by Mark Wahlberg, Greg Kinnear and the entire cast.

This film isn't just for men or sport-lovers. Even if you detest football, you'll enjoy this movie. Ladies, you won't be disappointed. Although Marky Mark has outgrown his pant-dropping career, his tush has never been firmer. Moving on...

If you need a jumpstart into the football season, go see "Invincible." You'll be packing up the truck for a tailgating party, sporting football gear, and shouting out the name of your favorite team. For me it's "GOOOOOOO Broncos!!!!!"

can lick a lollipop in comparison to a certain organ on the male body.

All I can say about Kelis' album is exactly what she named one of her songs: "Aww Shit."

Locally

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Tipsy tailgating

It's that time of year again. The time where fans across the area come to Boise State for Bronco football, and there isn't any other way to bring home the spirit than tailgating.

Starting a couple days prior to the games, students can find trailers of all sorts getting into position for a day full of Bronco pride, barbecue and beer. It's the one day you can see more than 30,000 people wearing blue and orange and not throw up, unless due to over intoxication.

Not only is there great food and people, but tailgating is often one of the best ways to make going to college worth the work. Before you know it, you're shirtless, body painted and screaming your ass off; having a great time and making the parking lot a hot spot this Thursday.

NOT

When parties go bad

Just when you're in the middle of the perfect keg stand or even right in the middle of the most intense game of beer-pong it occurs: the police come!

It's every minor's worst fear and every legal drinker's biggest annoyance, yet, although the police may be the ones to come bust up a party, we owe it to them to play the game safe.

So while partying continues to be hot through college, make sure to keep the music down and have legal drinkers answer the door.

lour de Fat cruises Boise

BY DUSTIN LAPRAY Managing Editor

A 'ballyhoo' of bikes and beer, beer and bikes, trikes, quads, costumed cyclists and burlesque dancers, Drums and Tuba invaded, pa-

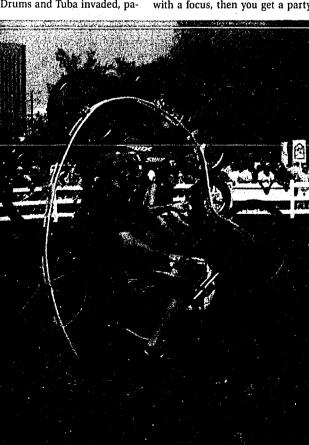


PHOTO BY STANLEY BREWSTER/THE ARBITER The Tour de Fat rolled through Julia Davis Park Saturday. The music and cycling festival promotes cycling education and raises funds for local charities involved in cycling.

raded and boozed through 48 kegs of New Belgium goodness Saturday in Julia Davis Park.

"There's nothing better than getting people out for a party," Tom Foote, treasurer of SWIMBA said said, "but if you get them out there with a focus, then you get a party

kegs with purpose."

I missed the parade, but caught the hindsights in other's eyes an counted more than 300 bikes chained to poles and fences and each other to avoid the theft of such beautiful machines.

The bikes: the classic Schwin and its likes, mountain bikes and trikes, brand-spanking new creamcolored beauties and rust-labeled ancients (the oldest I found was for sale. a 1938 Shelby Made Western Flyer Airflow, with a new chain and oiled joints), one of solid wood frame and grooved edges, tandems and two-seaters, 10-speeds and ones, the ones in the ringed cage: the giant tires, the shoe-tire pedaler (instead of tires, it wore sneakers and somehow it worked), the 3-wheeler with the wheel off to the left so you rode sideways, the loopty-loop gear jacket with 13 tires and so many others to mention, but impossible to do so.

The people: these were Boise Idahoans and fair. The press release said to wear a costume. I saw a man wearing an "athletic supporter" on the outside and that's all. The beautiful girls in purple dresses and painted faces, lost-love traces from 1926. The couple in its 80's holding hands by pink roses. The children learning how to be responsible when it comes to cycling.

You see, although the Cycling Circus is sponsored and paid for by New Belgium Brewing Company (lord I love those beers), the event is intended to be a fundraiser for local charities, including the Southwest Idaho Mountain Biking Association, which will use a portion of the donations and proceeds from the Tour de Fat to build 28 miles of trails around Bogus Basin.

"(New Belguim) is a phenomenal company," Foote said. "This comes out well for them. This company is all about being environmentally secure."

One of the goals of the event Saturday was to make it a zerowaste event. At every exit from the midway stood separate barrels for aluminum cans, plastic cups and paper. Although the event used a great many plastic cups (emptied of their fine beverages), Mr. Foote said the cups were made of corn starch and were easily biodegradable. The workers said they wanted to leave nothing behind but footprints and some beat-down grass.

The trails will be built in conjunction with the U.S. Forest Service, but most of the work will be done by volunteers of SWIMBA.

"You get enough people out there, you make progress," Foote said. "You must build trails that are sustainable. You've got to do it right."

Foote also noted that REI was a huge contributer to the event, which raised more than \$8,000 last year and was expected to garner more Saturday.

Other local cycling organizations were out in full force around the circle of booths and bikes, stages and seating areas.

The Treasure Valley Cycling Alliance passed out brochures teaching the rights and wrongs of city cycling, in an attempt to curb dangerous riders and to save the lives of children. The key, Dwight Tovey said, was to teach drivers and tiders how to live together on the road, to make it safer for all. Tovey handles education for children as well as adults. "We need to get them to understand that even if they ride all the time, they still need to ride safe," Tovey said.

The main notation gained at the event was an overall need fro more cyclists in Boise and across the country. Cycling has unlimited health benefits. It reduces pollution. It changes the meaning of the word 'community.'

To lure bikes out of garages and back yards, I found a great quote, the pledge for Team Wonderbike:

"I will promise to ride my bike to work at least once a month for the following year. If I cannot ride my bike to work, I will ride for pleasure. If I cannot ride for pleasure well, then something's got to change."

Things are changing in Boise. Plans are in the works to build a multi-million dollar park on Highway 55 toward Horsehoe Bend, where the highway meets Beacon Light Road.

The city of Eagle donated the land. The groups have raised \$1.3 million and need much more to build the complex, which will have trails heading into the Foothills, BMX courses, baseball and soccer fields and of course, the Idaho Velodrome (an outdoor racing track for bicycles. The facility is set to begin construction next summer.

The Tour de Fat is expected to raise more than \$100,000 this summer on its tour of western cities. In the last few years, the tour has given large donations to BYRDS (Boise Young Rider Development Squad), paid for trails at Seamon's Gulch, the Buck Tail trail in Military Reserve and the Rock Island Trail on Table Rock.

The tour's next stop is in Missoula, Mont. Sept. 2.

She's not difficult, she's "Tifficult"

BY FRANCY MARCOTTE

Tired of the same old sounds. blasting from your stereo? Then 'check out Los Angeles singer Tiff's debut CD "Tifficult."

Though the play on words is impressive, Tiff's CD has more to offer than a clever title. Her songs blend a steady rock sound with concise vocals. Her ultra-feminine voice resembles indie rocker Liz Phair.

But Tiff's no copy cat, Listen to just one song and you'll see she's got her own style.

that parallels chick-rockers The Donnas, Tiff pays homage to wild nights out on the town.

She sings "Lights go down and we're runnin' round/ Going out on the prowl/ Looking for a little bit of wow/ Can you come out? Can you come out now?'

Aren't we all seeking some wow? "Déjà vu," one of Tiff's few happily-in-love songs, follows "Yeah Yeah Yeah."

"You, you've got me feeling like I've been there/ like déjà vu/ For the rest of my life/ You gotta know, you got to know/ Oooh, seems like I got a new addiction/ And I want more for the rest of my life/ You gotta know, you got to know." Good, car-danceable fun.

Track three entitled "Little Kitty" is a sassy little tune that cur-

Myspace profile by a landslide. "Little Kitty" starts with a drum introduction and then Tiff sings "Don't be afraid of my little fur ball/ she won't bite or scratch/ she just purrs that's all/ She'll be your friend if you pet her when/ she rubs your legs and purrs again." Me-ow.

If you checked out 2005's fantasy flick "Zathura," you may recognize. the album's fifth track "NUMB!" This song was featured on the movie's soundtrack.

"Tifficult" finishes up with "Broken," the only acoustic on the The first track on "Tifficult" is album. Here, Tiff sings about the "Yeah Yeah Yeah." In a manner emotional baggage a break-up can emotional baggage a break-up can bring.

"Don't miss the diner at 3 a.m./ Don't miss the way we were then/ Don't need you calling on me no more/ Don't need you in my life/ that's for sure/ Why do I feel broken/WhydoIcare.I'm so over you/ I just need to believe/ Someday I'll let you leave me alone."

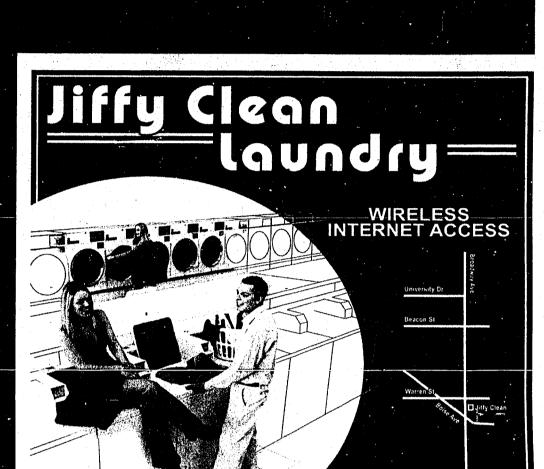
It doesn't get any girlier than that.

Whether you're in the car, in the shower, or just in need of something to liven up those study. hours, it won't be difficult (Or is the correct term "Tifficult?") for Tiff's music to grow on you.

For more information on Tiff, check out her myspace profile: www.myspace.com/tifficult.

Want to get your hands on her CD? It's available for purchase on rently has the most plays on Tiff's her website: www.tiffsmusic.com.

August 28 2006 CULTURE



1736 BROADWAY AVI

Family comments can carry a lot of excess weight

الإيبينية فالهائب بشتكون الأشكريكين

BY JULIE DEARDORFF Chicago Tribune (MCT)

If a family member has ever told

you you're fat, chances are you've never forgotten it. I sure didn't. Twenty years ago a casual ob-

ervation by my father triggered a

and skirt she wore asking the doctor if she could start dieting.

"He lifted up my shirt a little and pinched the roll of fat/skin around my middle and said, 'You could lose about 10 pounds," recalled Goldman, who at the time felt chubby and was suffering from an

But for children, the issue is far more complicated, especially when the parent has body-image problems. The golden rule, experts say, is to avoid criticizing or teasing a child about weight or shape.

And while that so-called "triggering comment" can be harmful

phase of dysfunctional eating that lasted a decade.

He didn't even call me fat (I wasn't). He said, very matter-offactly, "Your butt looks bigger" when I returned home from college. Something a loving family member ought to be able to say to another. And though it wasn't his fault that I immediately vowed to stop eating until I lost weight, I have always wondered why his words set off such an extreme reaction:

Apparently it's a fairly common phenomenon among people who might be vulnerable to eating disorders.

When researchers interviewed 455 college-age women participating in an Internet-based eatingdisorder prevention program, they found that just one or two negative statements about a person's weight from a family member can cause low self-esteem, long-term body dissatisfaction or eating disorders.

The study, published in the August edition of the journal "Pediatrics," found that mothers seem to have the most powerful influence on the eating habits of their daughters. More than half of women surveyed reported negative comments by Mom, 40 percent by Dad and about 40 percent by siblings.

Most of the women said they received only "a few" negative comments, and researchers concluded that, essentially, it takes only one to leave a lifelong scar. Others say it doesn't necessarily have to be family members; peers or health professionals can inflict damage.

For Chicago's Leslie Goldman, author of "Locker Room Diaries" (Da Capo Press, \$23), the stinging moment came in fifth grade during a visit to a pediatrician she admired. She remembers, clear as day down to the matching denim shirt undiagnosed hypothyroid condition. "I was devastated, and those words have never left me.

"Parents have an even more influential position (than doctors)," added Goldman, who suspects that the doctor's comments contributed

to the eating disorder she developed in college "And their words can cut deep." Yet child-

hood obesity is a serious problem that needs to be addressed, and tiptoeing around the issue or saying nothing for fear of triggering anorexia or bulimia isn't the answer either. Some schools have even gone in the opposite direction, put-

ting a child's

body-mass

index on his

report card. And the federal Centers for Disease Control and Prevention, which call overly-fleshy children "at risk of overweight" to spare their feelings, is studying whether to label kids "obese" like adults, in response to doctors who think that overweight children and their parents are living in a dangerous state of denial.

Somewhere, there must be a middle ground. For obese adults, the answer is easy. Keep your mouth shut. They already know.

it's probably not the only catalyst. Think about the bigger picture: how you're communicating the message about weight over time, said psychotherapist Thom Rutledge, co-author of "Life Without Ed" (McGraw Hill, \$14.95), which details Jenni

G He lifted up my shirt a little and pinched the roll of fat/skin around my middle and said, 'You could lose about 10 pounds.' I was devastated, and those words have never left me. **))**

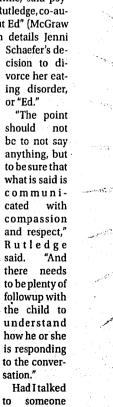
> - Leslie Goldman, author of "The Locker Room Diaries."

> > father noted my changing shape, it might have saved me a lot of angst and energy. Starving yourself is a full-time job. As it turned out, I finally discovered the lesson that "food is fuel" (a good thing!) after I started competing in triathlons at age 30. When I found yoga five years later, my body awareness and relationship with food improved even more.

about nutri-

tion after my

Now a parent, I have even more incentive to try to model the best habits possible.



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To the ASBSU Meet & Greet

Free for all students

Jordan AB Ballroom



August 28 2006





Bill and Ted or Satan may show up for this metal

BY ANDREA OYARZABAL Culture Writer

DragonForce, a ridiculously fast metal band from the U.K., is scheduled to play the Big Easy September 15. The band consists of dueling guitarists, a keyboard player, drummer, bassist and a singer (who oddly resembles Michael Bolton). DragonForce's name may indicate that these guys like to game (Dungeons and Dragons style) or even fight unicorns, but once you give "Inhuman Rampage," their new album on Sanctuary a listen, you may change your mind and think that they are a force unlike other mystical forces.

DragonForce (originally called DragonHeart for the first three years of its career) has toured with the likes of Rob Halford and Iron Maiden, and has played Ozzfest. At first listen, I thought DragonForce was a joke. The third release by the band, "Inhuman Rampage" features songs

titled, "Operation Ground Pound," "Revolution Deathsquad," and "Cry for Eternity." The titles of the songs alone made me believe DragonForce to be a farce, especially considering the liner pictures included with the CD. The lead singer, ZP Theart, sports a ruffled button-up shirt and has hair (with chest hair to match) that resembles Michael Bolton's only darker, circa 1992. It takes a few listens to completely appreciate what the band is trying to accomplish. "Inhuman Rampage" was recorded at Thin Ice Studios in part, at guitarist Sam Li's own studio and in hotel rooms while the band was finishing the 2004 tour for its second release "Sonic Firestorm."

A list of things that I can compare "Inhuman Rampage" to are: Pinball game music, "Armageddon," the "Team America" soundtrack, every single 80s hair band com-

bined

into

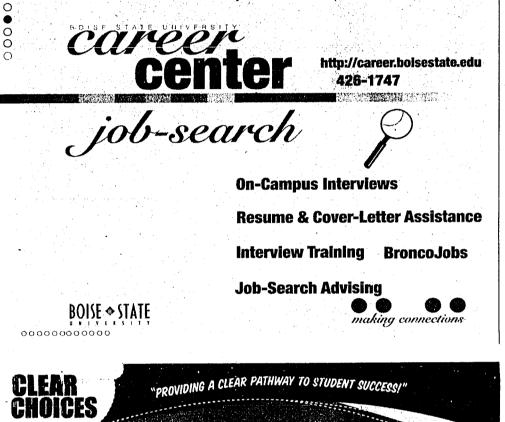
one, and a completely drugged-up non-Christmas version of Trans Siberian Orchestra with incredibly powerful vocals(and I hate Trans Siberian Orchestra).

This being said, the album features Herman Li (former winner of the Dimebag Darrell Best Young Guitarist Award) and Sam Totman on guitar. The guitar parts sound like Li and Totman are playing an incredibly heated game of guitar Battleship that goes on forever, due to the fact that neither guitarist can be sunk. I am pretty convinced that even though they have different names, they came out of the same womb; both holding guitars and dueling with one another. They are that in-sync with one another. The video game noises that sound like post-production editing are actually produced by

the band's guitarists.

There is a version available of "Inhuman Rampage" that is enhanced with video capability. During the video, Ukrainian-born keyboardist Vadim Pruzhanov seems to be having a seizure. He isn't actually having a seizure, but uncontrollably gyrating while utilizing his totally wicked keyboarding skills.

The band plays so fast that it seems doing so would be virtually impossible. It may be revealed at the show that the band members are actually "Evil Robot Bill" and "Evil Ted," the evil android versions of Bill and Ted (remember "Wild Stallions"?) during "Bill, and Ted's Bogus Journey," but it's up to you to show up and decide. If there is any show this year in Boise that Satan himself may attend, it's definitely going to be DragonForce at the Big Easy.





Now hear this: Loud noises can harm your ears

Vermiglio asked the girl the stan-

BY ELIZABETH SUH Knight Ridder Newspapers

Your ears are ringing. Everything sounds muffled. Oh, it'll go away by morning.

This may be a familiar series of thoughts for anyone who goes to concerts, clubs or even bars in which the music blasts all night long.

Still, worries might linger in the back of your mind about whether you've damaged your hearing. You think about your friend at the dard questions he would ask someone with hearing loss in one ear. Had a firecracker gone off next to that ear? Had she been next to some other loud explosion? Even had she been shooting a rifle on that side? Her answers were all "no." Then he asked if she ever

Then he asked if she ever rode around in a vehicle playing loud music.

Her eyes grew wide, he said. Every day, my brother takes me to school in his truck, she said. The speaker is by my ear, and the music is really, reearplugs or take 15-minute breaks from the sound every few hours.

Catch

DragonForce

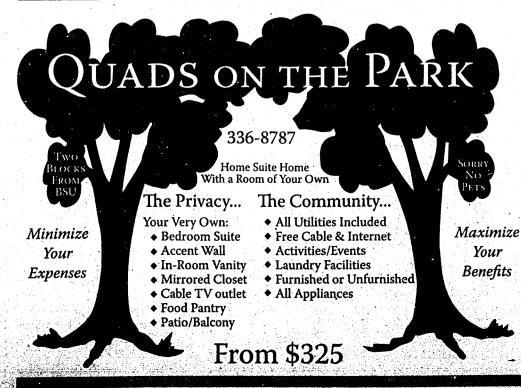
The Big Easy Concert House.

September 15 in Boise at

While cheap foam earplugs that some concert venues might give away will protect your ears, they may also muffle the sound of the music you're there to enjoy.

So if you go to concerts or clubs a lot, invest in musician's earplugs that basically turn down the volume and let you hear music clearly but at a lower level.

You want earplugs that have an NRR (noise reduction rating) of at least 9 decibels (9dB). Most foam



concert who was wearing earplugs and was bugging you to do the same. You think of the stories you've come across that say iPods can damage your hearing.

How loud is too loud? There's no reason to develop a sudden fear of hearing loss from loud music because of iPods, said Gail M. Whitelaw, president of the American Academy of Audiology and director of the Speech-Language-Hearing Clinic at Ohio State University.

"I think iPods have been a sexy story this ycar," she said. "But there's not a lot of evidence that the fears we have are actually going to come true" that is, the fear that growing use of iPods is going to cause more hearing damage than before from other kinds of musicplaying devices.

People should be just as vigilant now about protecting their hearing as they always should have been, said Andy Vermiglio, a research audiologist at the House Ear Institute in Los Angeles.

About 30 percent of hearing loss cases are a result of exposure to loud noise, according to the House Ear Institute. The rest of the cases are hereditary or may be due to infections, medications, deformities or injuries.

Vermiglio, a drummer who experienced hearing loss at a young age due to what he describes as banging on a lot of pots and pans, sees examples of people who begin losing their hearing at a young age in everyday situations.

A few years ago, he saw an 11-yearold girl whom had what looked like typical noise-induced hearing loss in one ear. It's usually a sign that hearing loss is noise-related if the person has trouble hearing higherfrequency sounds or voices, like a woman's voice, or if the person has trouble understanding speech when there is background noise. ally loud.

HOW YOU LOSE HEARING

Hearing loss occurs when "hair cells" deep in your ear are damaged by loud sound. Sound travels to your eardrum, causing it to vibrate, and the vibration then travels along to a series of three bones in your middle ear, then to your inner ear.

The inner ear contains thousands of microscopic hair cells that transfer sound to your brain so you can hear. When those hair cells are damaged, the result is permanent hearing loss.

Although there are ongoing efforts researching how to restore hearing loss, the only current relief for noise-induced hearing loss is hearing aids.

Because hearing loss often occurs gradually and without pain, people who regularly expose themselves to loud noise may not realize what's happening to their hearing until alot of it has been lost.

A good general guideline is to use the standard for noise level legally allowed in the workplace. That's 85 decibels for eight hours a day, at a noise level similar to that of a typical vacuum cleaner or heavy city traffic.

Normal conversation is about 60 decibels. But hearing loss is a result both of sound volume and of duration, and each increase of about three decibels about halves the length of time you can listen.

For example, it's considered safe to hear a lawn mower at 90 decibels without ear protection for two hours, but a rock concert at 100 decibels for only 15 minutes.

SOUND GUIDELINES

Here are some guidelines from the experts:

If you have to shout to be heard, you're probably in an environment that's louder than 85 decibels. Use

earplugs and pre-molded earplugs made from plastic, silicone or rubber provide an NRR between 20 and 30 decibels, according to the House Ear Institute. The louder the environment you're in, the greater the NRR you'll need.

When it comes to volume level in headphones, it matters less whether you're using earbuds or headphones that cover the outside of your ears than it matters how loud your music is. If others can hear your music, or if you can't hear loud background noises, your music probably is teo loud, regardless of whether you listen to classical or techno.

Don't use headphones to drown out background noise. You can buy either special headphones or ear pieces that fit into headphones to reduce background noise and let you listen to music better at lower .volumes.

For more details, try www.earbud. org or www.dontlosethemusic.com.

TESTING

One of the best things Vermiglio can recommend is a yearly hearing test to detect whether you are losing your hearing and need to take extra steps to protect yourself, he said.

Vermiglio recommends you take not only the standard hearing test, which involves detecting beeps or sounds at decreasing volume, but also two other tests one to gauge your ability to understand speech with and without background noise and one that tests your "otoacoustic emissions," or the functioning of your hair cells.

"The world is noisy," Whitelaw said. Don't be scared of music, but protect your hearing so you can enjoy music later in life, experts admonish.

"I think the story we need to tell is moderation in all things is good," Whitelaw said.

[THIS WEEK IN SPORTS]

Football Thursday Sacramento State 7 p.m. Boise, ID

> Volleyball Wednesday Idaho State 7 p.m. Boise, ID

Women's Soccer Friday University of Montana 5 p.m. Governors Cup tournament Boise, ID

Sunday Idaho State 2 p.m. Governors Cup tournament Boise, ID



Volleyball season underway

The Boise State volleyball team opened 2006 with a three-game loss to South Carolina in the TCU Tournament. The scores were 30-21, 30-24, 30-28.

The Broncos were led by Tiffany Starring's 11 kills, Cameron Flunder's eight kills and Jackie Stroud's 16 digs. Mandy Klein had 30 assists in match one.

As a team, the Broncos put down 37 kills and had 35 assists, 51 digs and three blocks. South Carolina had 48 kills, 44 assists, 47 digs and 10 blocks. Match two proved more favorable for BSU. The women picked up their first win of the year with a 30-22, 30-25, 30-14 victory over Loyola (Maryland).

The Broncos were led by Jeanette Jenkins (12 kills) and Cameron Flunder (10 kills) against Lovola. Mandy Klein added 30 assists in the contest. Jackie Stroud tallied 14 digs.

As a team, Boise State notched 46 kills, 43 assists, 58 digs and six blocks. Loyola had 26 kills, 23 assists, 39 digs and five blocks.

In the final match of the weekend BSU lost a four-game match to the TCU Horned Frogs. The scores were 30-21, 17-30, 30-24, and 30-22.



RSU offense

BY JAKE GARCIN Sports Editor

Bryan Harsin is set on improving the Boise State offense. As the new offensive coordinator for the football team, Harsin is taking it as his personal challenge to provide a more consistent, efficient offensive attack in 2006. Despite taking over an offense with little need for improvement, Harsin is convinced that nothing is ever perfect.

"We're not trying to go backwards," Harsin said. "We're still trying to go out there and be as explosive as we can be. We're always trying to run the ball, that's always been a goal for us. We're going to continue to strive for that. But we do have high expectations and we're not backing down from those. We're going to try and get better than we were.'

Since the 2000 season no team has scored more points per game than the Broncos. Boise State has pumped in 42.1 points per contest better play to go with. So with those said. "I didn't even know about it I've believed in it since I played here in the last six seasons. There has

also been an absolute assault on the school record books, led behind some of the most efficient passers in the country.

Still, coach Harsin will look to dissect some of the smaller problems in his offense and continue improving one of the most exciting attacks in college football. One of the more specific areas Harsin can look to work on comes from the heart of his offense: quarterback production. Harsin returns senior Jared Zabransky, who will be starting his third consecutive season under center for the Broncos. Zabransky threw a career-worst 16 interceptions in 2005, but is expected to be a big boost of support for Harsin in his first year running the offense.

"He (Jared) knows the offense," Harsin said. "When we're sitting there talking about a particular situation, he knows why this run play is good or why this pass play isn't good. He knows this would be a

you start giving him more freedom. He understands it and you know, we'll see what happens.'

Despite being new to the coaching position, Harsin is hardly new to the Boise State program. In fact, Harsin was the number two signalcaller for the Broncos back in 1999. After graduating from BSU in 2000, coach Harsin spent one year as the running backs and receivers coach at Eastern Oregon University in La Grande, Ore.

Harsin quickly returned to his alma mater in 2001 as a graduate assistant and went on to serve as tight ends coach for the Broncos from 2002-2005. When Harsin was announced as the newest offensive coordinator under Coach Petersen, he became only the second offensive coordinator in the country younger than 30 years of age. At 29years old, it seems Harsin is wise beyond his years and not very concerned with any age conversation. Harsin

to me is all about situation. That just happened to be the situation. I happened to be there and it worked out.'

PHOTO BY STANLEY BREWSTER/THE ARBITER

Harsin will get his first chance to work on game management against Sacramento State in the season opener. However, the learning curve will no doubt bump up a notch with the Broncos' second match-up coming against-Oregon State September 7. Even with Harsin's introduction into the program coming quickly, he remains ecstatic for the opportunity to lead the Bronco offense into battle.

"It's awesome; that was one thing, I wanted to be back here," Harsin said.

"I wanted to coach here. When this came up I wanted to stay here. and it all worked out. The way Boise State is right now I don't think there's a better place. We're moving in the right direction. We've got the right support, the right type of play-



SPOR⁷

BY JAKE GARCIN Sports Editor

The suds were flowing on Thursday night at a local Cantina. As I sat with my sister, indulging in dollar tacos and dollar drafts, the warm sound of passing cars and happy customers was broken up by the boisterous banter of one local idiot. I don't normally listen in on conversations across the table, but when someone's talking sports it's safe to say they have entered my space.

The conversation was about college football, and how appalling it has become. For the sake of my story, I'll refer to this outraged fan as Richard, Now vou wouldn't believe how intelligent our buddy Dick was. To him, college pigskin has turned into nothing more than a money-making business. I can't believe he figured that out all by himself!

I fought off my sister's encouragement to burst poor Dick's bubble, because who are we kidding, it would have been as easy as talking a teenager into sneaking into a strip club.

What old Dick failed to realize during his rant is that EVERY sanctioned sport in the WORLD is a moneymaker now days. Whether it is high school girls' JV lacrosse or University of Florida football, there is money that needs to be made to support sports programs.

Fact of the matter is, sports cost money, and Richard is going to have to come to terms with that.

Now in Dick's defense, his argument stemmed a little further from this pointless topic. Despite branching about as far as a fiveyear-old on their first sleepover, he did expand on his point. According to Richard, the only motive of college football players these days is to move through college onto the NFL, which sounds about right for five percent of each college football team in the nation.

Have you ever stopped to think that there are 100 players listed on BSU's roster in this year's me-

dia guide? Does Dick really think

that every one of those players

goes home at night thinking, "It's

going to be nice when I make it

to the league?" I'll give him the

benefit of the doubt and say the Bud Light was doing most of his

When you throw aside the fact

talking, but still-come on!

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Boise State completed its first weekend with a record of 1-2. Sophomore setter Mandy Klein was named to the TCU All-Tournament Team.

Hall named to **Butkus** Award watch list

Boise State senior linebacker Korey Hall is one of 65 candidates for the 2006 Butkus Award Watch List, which honors the nation's best collegiate linebacker.

Hall is now on the watch list for four major college football awards: the Rotary Lombardi Award, the Lott Trophy, the Bronko Nagurski Trophy and the Butkus Award.

Hall, a senior from Glenns Ferry, is a two-time first-team All-WAC selection at linebacker and ranks 15th in tackles in Boise State history with 283.

BCS extends Harris Interactive agreement

The conferences and institutions participating in the Bowl Championship Series have extended their contract with Harris Interactive for four years

The agreement, which goes through the 2010 BCS bowls, keeps the Harris Interactive College Football Poll as part of the BCS Standings for the next four seasons. The Harris Poll made its debut last season

This year's BCS Standings will include the Harris Interactive College Football Poll, USA Today Coaches' Poll and six computer standings - Jeff Sagarin, Anderson & Hester, Richard Billingsley, Colley Matrix, Kenneth Massey and Dr. Peter Wolfe.

it's overrated, types of conversations, that's where when I took the deal. This business and coached here.'

Soccer proves victorious

BY ANDREAS KREUTZER **Sports Writer**

The Boise State Women's Soccer Team hosted the Southern Utah Thunderbirds for their first regular season game Friday. After an evenly played game the Broncos scored twice in the final eight minutes to beat the Thunderbirds 3-1.

BSU took an early lead when junior midfielder Erin Wofford converted a cross by sophomore forward Randi Baker three minutes into the game.

Wofford, a transfer student from Santa Rosa Junior College, headed the ball past Thunderbird keeper Holly Davis from one yard out.

The early goal did not give the team the expected boost, however. Instead of putting pressure on the Thunderbirds, the Broncos sat back and failed to follow up on the early score.

"Any goal helps, but we relaxed a little too much and thought we had it under control." BSU head soccer coach Steve Lucas said. "We got a little bit too confident and just didn't do a great job of finishing things off."

For the remainder of the first half neither team was able to put pressure on the opposing net. The Broncos, whom scored seven goals in a scrimmage against Northwestern Nazarene last week, managed only three shots in the first stanza.

"It wasn't the team that I've seen for the

the last 12, 15 days." Lucas said. "But they found a way to win. I don't think we played particularly well. We did a decent job in some things, but we 've got a long way to go. But. I'd rather take an ugly win than a pretty loss."

The Broncos did show great team chemistry, forming a circle and cheering each other up before the second half.

"This year we're just very good friends and we know each other, how we're playing on the field." senior midfielder Brennan Lau said.

Lau caused a lot of trouble for the SUU defense, using her speed to get past the Thunderbird defenders in the second half.

"What I'm trying to do this year is I switched from the right side to the left to try to take advantage of getting in with my right foot and taking some shots." Lau said.

The senior midfielder was fouled in the penalty box in the 61st minute. Thunderbird keeper Holly Davis managed to save the penalty kick by Lau.

Lau set up Wofford in the 60th minute after breaking through on the left wing. Wofford, however, was not able to convert from within the 6-yard box.

"I was kind of leaning back, went with my toe, that happens." Wofford said.

The transfer student is happy

to play

Broncos this season.

"I love it. I played at a JC and we weren't great," Wofford said. "It's been great to come here to this environment, high level. I'm definitely enjoying it."

Senior forward Annie Tom gave the Broncos a 2-0 lead when she scored on a shot in the 83rd minute, assisted by Lau. Freshman Danielle Schwalbe followed Tom's lead only four minutes later.

SUU opened up the defense to put pressure on the Broncos and thus allowed Schwalbe to score on a breakaway. Schwalbe beat the charging SUU goalkeeper, shooting the ball past her to give the Broncos a 3-0 lead.

The Thunderbirds finally got on the scoreboard, scoring on their next possession just 13 seconds after Schwalbe's goal.

SSU forward Erica Berlin lifted the ball over BSU goalie Michaela Morrison to make it 3-1.

BSU coach Steve Lucas made sure to give both goalkeepers playing time, starting Kim Parker in the first half

and bringing in Morrison for the second.

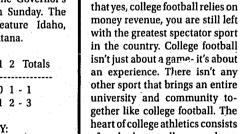
The

Broncos will host the Governor's Cup Friday through Sunday. The tournament will feature Idaho, Idaho State and Montana.

Goals by period	1 2 Totals
Southern Utah	0 1 - 1
Boise State	12-3

SCORING SUMMARY: 1. 3:15 BSU Erin Wofford (1) (Randi Baker) 2. 82:33 BSU Annie Tom (1) (Brennan Lau) 3. 86:49 BSU Danielle Schwalbe (1) (Tom) 4. 87:02 SUU Erica Berlin (1) (Dani Lavigne)

Shots: Southern Utah 7, **Boise State 14** Saves: Southern Utah 3 (Holly Davis 3), Boise State 3 (Michaela Morrison 2; Kim Parker 1) Attendance: 176



gether like college football. The heart of college athletics consists of underdogs, walk-ons and nobodies. We get to see heroes rise from the depths of despair and watch boys become men.

If BSU is given a few million for going to a bowl game, that doesn't make the game less pure. It's not like any of our players see that money.

Aside from scholarships, there are so many regulations preventing players from getting rich; kids apply for government housing, work night jobs and apply for food stamps. Been there, done that.

So I guess the moral of this story is that college football needs money and we should be happy to give our share to them. I've been on the other side of the coin, and being a college athlete isn't all glamour.

Let's enjoy the game for what it is, because once these guys leave college and make it to the NFL it WILL be all about the money. So how 'bout you lay. off Dick-after all, these guys are iust kids. 💬 🔆

August 28 2006

Wilcox name back at BSU

BY BRIAN LUPTAK Sports writer

Wilcox is not an unfamiliar name in the history of Boise State football. In 1960 and 1961 Dave Wilcox played offensive and defensivelineman for what was then, Boise Junior College.

He received junior college All-American honors before playing his final collegiate years at Oregon, eventually finding his way to the NFL.

Drafted in the third round, Dave

Wilcox played 11 seasons with the San Francisco 49ers as an outside linebacker, earning his spot as a class of 2000 NFL Hall of Fame inductee.

ARBITER

Years later, Dave's son, Justin Wilcox also played for Oregon and afterward became an outside linebacker coach here with the Broncos. Wilcox only coached at BSU for two seasons before accepting a job at the University of California.

Now Wilcox has returned to take the reigns of the Boise State defense as part of a reconstructed

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coaching corps.

"I feel really lucky and humble to be back," Wilcox said. "Working with Coach Peterson has been unbelievable."

Like much of the Broncos' coaching staff, Coach Wilcox is fairly young. At only 29 years old, he is one of only three Division I defensive coordinators under the age of 30. However, he does not think much about it at all.

"I call it but we [defense coaches] do it together," said Wilcox.

Coach Wilcox has high expec-

tations and a lot of confidence in his Bronco defense for this season. After three scrimmages, he feels there is still work to be done but with a veteran defense he is sure they will be ready to play.

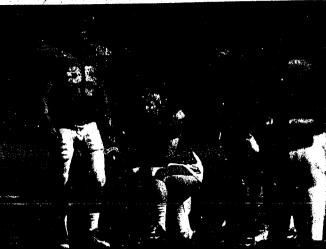
"We've made mistakes on some things and that's normal but we just have to keep working for about another week," Wilcox said.

"We're not quite where we need to be but by next Thursday we should be there.

With a rebuilt coaching staff, the defense may be run a little differently this season than in the past. However, Wilcox believes this to be neither positive nor negative, but hopefully stronger.

"Our stuff is a little different than what [the Broncos] have done in the past," Wilcox said. "We're trying to refine our techniques and have enough that we can go into any given game and feel like we have enough in our plan. We have to be crisp and sharp at what we do and put our chips on the table and see what happens."

Wilcox seems to have his work cut out for him as far as coming on board and building a defense. With veteran players such as Korey Hall, Marty Tadman, Andrew Browning and Colt Brooks, he has a lot of experience to work with.



All-WAC linebacker Korey Hall(25) anchors Wilcox's defense in 2006

ers like Mike T. Williams, Tristan Patin and Austin Smith to step into some playing time this season.

"There are good guys on the defense," Wilcox said. "There's some toughness to them; they are good football players."

Going into the Broncos' first game of the year against Sacramento State, Coach Wilcox is relying on the veteran experience as a key force of the defense. He also feels there are little things that can be executed to

the last week," Wilcox said. "We're never going to go through a game and play perfect, we will have our mistakes.

As for the immediate future and the early season, Coach Wilcox hopes to tweak the imperfections and obtain consistency on the defensive side of the ball.

"We want to play as hard and as efficient as possible," Wilcox said. 'That's all you can ask for. We will make some mistakes; we need to make them fast and learn from them. We don't want to be repetitive. I think if we do those other things, the rest of that stuff will take care of itself."

Ranking the Division I quarterbacks - 1 through 119

This ranking is not meant to be a comparison of talent levels. Rather, the rankings are an objective opinion (ire., guess) of how each player will produce in his offense. Also taken into account is the backup, how the quarterbacks fit their offense, the experience level of the quarterbacks and how comfortable coaches should be entering the season with their quarterbacks.

- 1. Louisville; Brian Brohm/Hunter Cantwell; Brohm will have Heisman-type numbers.
- 2. Notre Dame; Brady Quinn/Evan Sharpley; Quinn heads into season as Heisman frontrunner.

14. Florida; Chris Leak/Tim Tebow; Look for better numbers from Leak in 2nd year in spread. 15. Miami; Kyle Wright/Kirby Freeman; Wright has tools, but his WRs are questionable. 16. Florida State; Drew Weatherford/Xavier Lee; Strong-armed Weatherford must make better deci-17. LSU; JaMarcus Russell/Matt Flynn; Consistency only thing between Russell and greatness. 18. USC; John David Booty/Mark Sanchez; 2 big-time talents, but can they produce in spotlight?

19. Houston; Kevin Kolb/Blake Joseph; Kolb is 4-year starter who has thrown for 9,155 yards. 20. Jowa State: Bret Meyer/Austen Arnaud; Meyer a gifted athlete who can hurt you with his legs.

22. Texas Tech; Graham Harrell/Chris Todd; Coach Mike Leach plugs in a new guy in his assembly

23. Akron; Luke Getsy/Carlton Jackson; Getsy began at Pitt, and transfer paid off handsomely.

- 24. Tulsa; Paul Smith/David Johnson; Plain name, but Smith plays a good game.
- 25. Washington State; Alex Brink/Gary Rogers; Brink has a big-time arm, but throws too many picks. 26. Pittsburgh; Tyler Palko/Bill Stull; Palko will continue to suffer in pedestrian scheme.

27. Boise State; Jared Zabransky/Taylor Tharp; Zabransky slumped last year but should bounce

28. Arizona; Willie Tuitama/Adam Austin; Athletic Tuitama a sophomore and still has some rough

29. Utah; Brett Ratliff/Tommy Grady; Last year's starter, Brian Johnson, is redshirting this season. 30. Oregon; Dennis Dixon/Brady Leaf; Dixon has athletic tools to succeed in Ducks' spread offense.

58. Fresno State; Tom Brandstater OR Sean Norton; they're battling to replace 4-year starter Paul

*59. Arkansas; Robert Johnson/Mitch Mustain; Johnson couldn't do the job and was benched last sea-

62. New Mexico; Kole McKamey/Chris Nelson; Lobos on third offensive system in as many seasons. 63. Oregon State; Matt Moore/Sean Canfield; Moore a journeyman talent who had 11 TDs and 19 picks

*72. Colorado; James Cox/Brian White; New Coach Dan Hawkins will have a quick hook.

73. Idaho; Steven Wichman/Brian Nooy; Wichman's stats should benefit from presence of new Coach

79. New Mexico State; Chase Holbrook/Matt Parsons; Expect Holbrook to average 45 attempts per

98. Utah State; Leon Jackson/Bryan Black; Jackson is good runner but must improve as passer-101. Wyoming; Jacob Doss/Karsten Sween; Doss at controls of a sophisticated passing attack.

102, Louisiana Tech; Zac Champion/Joe Danna; Champion, a junior, has thrown 8 career passes.

113. San Jose State; Sean Flynn/Adam Tafralis; The Spartans will rely heavily on the run this season.

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	No need for a car here!	appliances plus W/D		Call (208)321-0741.	58 Blue 59 Thai or	11 Before long		Ð N A Ð
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		Ask about our terrific	construction. Sleigh bed,	Carpet Cleaners	66 Boulder	24 Come into view	<u> </u>	
	We offer move in	move-in specials	2 nightstands, dresser	Part time 12-6am \$400 for <u>7 days a month</u>	67 Like one piper	25 Darwin's ship	S B W U H D C	
	discounts of up to one	Call today	w/ mirror, tall chest, TV	No prior experience necessary	68 Warren or	26 Shrink back		MAHAFIBA
	whole month Free!		armoire, dovetail draw-	Call 208.859.8959	Weaver	27 Sponge	SCVAENGE	
	View all our properties on		ers. Will sell all or part.	or visit bisonflooring.com	69 Undue speed	30 Indian or Arctic		DOEZOII
	our WEB-SITE.		Cost \$10,000, sell \$2,900.	· ·	70 Fencer's foil	32 Angora goat		
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COMICS



HOROSCOPES

BY LINDA C. BLACK TRIBUNE MEDIA SERVICES

Today's Birthday (08-28-06) After you get your finances in order, which shouldn't take very long, get serious about your studies. Upgrade your education. To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries (March 21-April 19) Today is a 7 - As you slip back into your harness, count the blessings you have received. That will make the next few days go by even more quickly.

Taurus (April 20-May 20) Today is an 8 - Figure out what you want to accomplish, and who could provide the most help. You'll do best if you make your choice tonight or tomorrow.

Gemini (May 21-June 21) Today is a 7 - You're slow getting up to speed, but you could work way into the night, There's no law against that, is there?

Cancer (June 22-July 22) Today is a 6 - Changes to your workplace are favored. By now you should know exactly what you want and where to get it. Advance your agenda.

Leo (July 23-Aug. 22) Today is a 7 - The more you practice, the luckier you get. And today, it will follow quickly. So practice.

Virgo (Aug. 23-Sept. 22) Today is a 7 - You want to buy a few things for your home, but you don't want to get overcrowded. So this is the perfect time for you to get rid of that stuff you've outgrown.

Libra (Sept. 23-Oct. 22) Today is an 8 - Get practical. Count your money and figure out where it's most required. You have enough now, but it's easy to waste it if you don't maintain control.

Scorpio (Oct. 23-Nov. 21) Today is a 7 - Get rid of the stuff that's clogging your closets, and at a profit, too. Make room, so you can go shopping and get yourself a whole new look.

Sagittarius (Nov. 22-Dec. 21) Today is a 6 - Friends give you encouragement, assistance and applause. Soak it up; you're getting even better at what you do.

Capricorn (Dec. 22-Jan. 19) Today is a 6 - Finish a seemingly unimportant task somebody else wants done. You'll make much more in points than you'll expend in effort.

Aquarius (Jan. 20-Feb. 18)

Today is a 7 - You're returning to a familiar situation, but you're not the same person. Another's attempts to intimidate just roll right off your back. Be gracious.

Pisces (Feb. 19-March 20)

Today is a 7 - You're starting to see progress. So it's time to start drawing up plans for the next phase of development. Confer with your partner over a sketchpad.

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