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Arbiter, March 20

Students of Boise State University

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NEWS

::ONLINE::..

For more information on "An innocent man freed from behind bars," check out the online article on the production of "The Exonerated." The play was followed by a discussion with former inmate Calvin Johnson, who was freed after nearly 17 years in prison.

OPINION

::PAGE 5::..

Ah, the joys of the food service Industry. Columnist Jason Ward reflects on the unpleasantries of working as a waiter.

CULTURE



Funeral for a Friend will rock again in Boise Tuesday night.

SPORTS



BSU's Ben Cherrington won the NCAA wrestling championship in the 157-pound weight class.

ONLINE

Post your comments online at: WWW.ARBITERONLINE.COM

ON CAMPUS

Safer Spring Break takes place from March 20-24. The event is designed to educate students on responsible vacationing. There will be interactive displays in the SUB and Rec. Center that include giveaways.

WEATHER



High: 49F / Low 35F



::WEDNESDAY::.. High: 54F / Low 36F



::THURSDAY::.. High: 59F / Low 39F

CONTACT

::NEWS::.. (208) 345-8204 x 102 news@arbiteronline.com

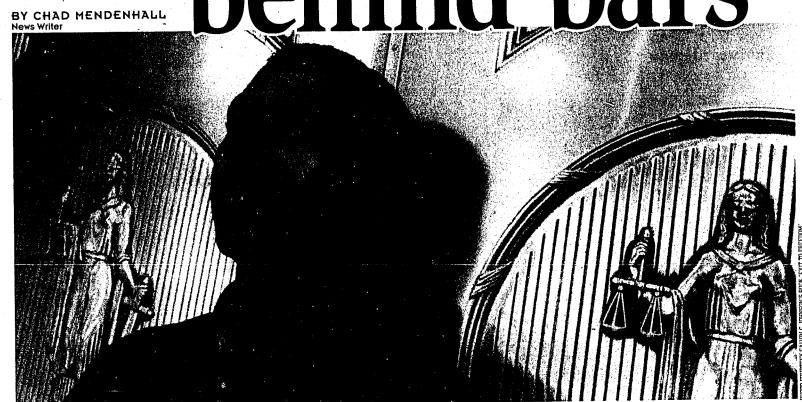
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An inpocent man freed from beneath ben



Calvin Johnson (above) and BSU Professor Greg Hampikian co-authored the book "Exit to Freedom." Johnson spoke to criminal justice students Friday.

Calvin Johnson is a free man

e spent 16 years in prison for raping a woman; a crime he did not commit. On the day of his sentencing hearing in 1983 he said, "With God as my witness, I have been falsely accused of these crimes. I did not commit them. I'm an innocent man, and I just pray in the name of Jesus Christ that all this truth will be brought out. The truth will eventually be brought out."

He was sentenced to a life term.

Johnson said spending 16 years in prison induced every emotion possible.

"When you wake up every day starring at walls and bars it makes you feel that you're just wasting away. There were times when I felt depressed, tense and angry. I dealt with a lot of inner turmoil because there wasn't anyone to talk to. I was alone," Johnson said.

He had an opportunity to be paroled. All he had to do was sign an admission of guilt and rehabilitation.

"I'd die in prison before I signed anything like that," he said, "I'm innocent."

The truth eventually was brought out. "On June 15, 1999, I walked out of prison exonerated and my new life began," Johnson said. DNA results proved he did

not commit the crimes.

Speaking to a criminal justice class at Boise State University last Friday, Johnson encouraged students to get involved with The Innocence Project, the same non-profit legal clinic that proved his innocence.

"You are the future leaders. You can make a change," Johnson said.

With calmness, sincerity and humor he captivated the audience. Every set of eyes was fixed on the figure of a man forced to suffer years of humiliation and

However, those tolling years were not visible on Johnson's face, only joy, integrity and peace.

In 2003, Johnson and current BSU professor Greg Hampikian co-authored the book "Exit to Freedom," chronicling the events that lead to Johnson's arrest, conviction and exoneration. It also describes DNA evidence and the science used to prove the innocence of falsely accused individuals.

Johnson is on the board of directors at the Georgia Innocence Project.

He is married and has a 5-year-old daughter.

Professor frees innocent men

reg Hampikian is the director of the Idaho Innocence Project, pro-fessor of biology and criminal justice administration at BSU, on the board of directors at the Georgia Innocence Project, and an expert in Bioterrorism and DNA forensics.

"The Innocence Project gets people out of prison who don't belong there," Hampikian said.

In December he helped exonerate Robert Clark, a convicted rapist who spent 24 years in prison. Clark was the 164th person in the nation to be released through post-conviction DNA evidence. In 2004 Hampikian's efforts assisted Clarence Harrison's exoneration, who was sentenced to life in prison for rape in 1987.

"Getting a conclusive result is quite satisfying intellectually as a scientist. Getting an exoneration is exhilarating as a human being," Hampikian said.

"He is a hero and a good friend," said Calvin Johnson, co-author of their book "Exit to Freedom."

Hampikian said Johnson's personal experience of being an innocent man in prison inspired him to join the Innocence Program, and now volunteers a signifi-

cant amount of time researching potential DNA cases.

"The Innocence Project cases take a lot of time because they often deal with old evidence," Hampikian said.

When the Innocence Project receives a letter from an inmate, they review the documents from the case, meet with the inmate and then access potential evidence. "After that, it's a matter of hunting down and testing the evidence. If the evidence is compelling, the state often decides not to re-prosecute, and the inmate is freed," Hampikian said.

Johnson and Hampikian frequently tour the states, promoting their book and the Innocence Project. They're both committed to justifying and exonerating people falsely accused of violent crimes.

Hampikian also has a forensic science fellowship in the Center for Applied Genetics and Technology at the Universityof Connecticut. His laboratory at BSU just received a \$1 million Department of Defense grant to pursue his invention for safeguarding DNA samples. He is also funded by an EPA grant in collaboration with the College of Engineering to develop a new bioterror sensor.

Senate ponders giving cash to frat, buying bells

BY DUSTIN LAPRAY **Arbiter Staff**

More spending?

The Associated Students of Boise State University Senate has two choices left. It has \$2,103.98 remaining in its discretionary account, but it has two bills asking for a total of

\$3,000. Only one can get passed. On Thursday, the Senate heard

from current ASBSU Associate Justice and former Vice President lim Wolfe, who spoke on behalf of the Sigma Alpha Epsilon fraternity and Senate Bill #28. The senate includes several members of BSU fraternities.

SAE is asking for \$1,000 from the Senate discretionary fund to help finance its Charter Banquet. As of April 29, 2006, SAE will become the first and only nationally recognized fraternity at BSU. The group plans to invite dignitaries from its fraternity and other community members.

The group has already raised

more than \$2,000 through fundraisers and has more planned, but cannot foot the bill alone. The group needs \$3,000 to pay for its charter, plus \$215 per person to enter-the charter, plus \$45 per month to be in the fraternity. The group did not budget for the banquet because

See ASBSU [page 2]

See the related story on how the 💥 Senate spent \$1,975 on two bills

Journalist delivers unique look at Iraqi culture

BY ROGER MILLER Special to The Arbiter

In her first official college lecture

in the United States, sponsored by the Boise State Women's Center, Hadani Ditmars delivered the keynote lecture for Women's History Month based on her book "Dancing in the No-Fly Zone." The Canadian journalist, who visited Iraq in 1997 and 2003, spoke at BSU Thursday, March 16 at the Special Events

Center Ditmars, whose work has appeared in "The New York Times," 'Time Magazine" and "Newsweek," told of her experiences in Iraq before and after the U.S.-led invasion of Iraq and gave a unique perception of how things had changed over the years between the Saddam era and post-invasion Iraq.

The lecture included excerpts from her book, stories and film clips from her visits to Iraq. She spoke about the Iraqi culture, its people, and the way the people carried on with their everyday lives despite the challenges. She said they inspired her to return.

"I kept going back because I was inspired by the people there and the way they went on with life even though they were being bombed and tyrannized," Ditmars said.

One clip showed Ditmars visiting with an Iraqi family who were celebrating a wedding, singing and dancing to the traditional Arabic love song "Makam," all while the area was being bombed.

After the video clips and lecture, Ditmars conducted a question and answer session from the audience that lasted close to an hour.

Audience members asked her about various topics including if she would ever return to Iraq.

"I would love to go back, but right now it is too dangerous and it costs a lot of money to travel through because security and protection is ex-

Ditmars said she would like to create a documentary project traveling the heartland of America to interview U.S. military veterans on their experiences in Iraq. She would then travel to Iraq to interview Iraqis on their experiences with U.S. soldiers during the war. In response, an audience member who is a member of the Idaho Peace Coalition donated the first dollar to the project.

Ditmars' lecture concluded with quotes from her book she took from a Sufi poet and then a book signing

After the book signing, Ditmars shared her insight on how things changed in Iraq and if Iraqis thought life was better with or without Saddam.

"Some things changed, some things stayed the same. The fact that Americans occupied Saddam's old palaces, and resurrected Abu Ghraib. Those things unfortunately are similar to the old regime," she

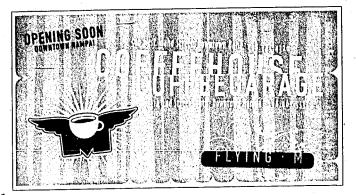
"Sadly, Iraqis never had liberation from the dreaded knock on the door in the middle of the night that was such a hallmark of the Saddam era Iraq," Ditmars said.

"Before you knew who was going to knock on the door, but now you don't know who's going to knock on the door. It could be anyone: American soldiers, Islamists, insurgents, criminal gangs, just about

"Most people I talked to when I went to Iraq in 2003, who were mostly women, said it was worse without Saddam because of the lack of security, most of the ones who said it was better were the people who had been exiled, or the ones who Saddam's government considered to be carpet-baggers, those who stayed and suffered under his (Saddam's) sanctions.

"Both situations were bad. Both under Saddam, and under sanctions, I didn't think it could ever get worse, but it did tragically. There wasn't a huge spiral of violent crime and anarchy then as there is now," Ditmars concluded.

For more information about Ditmars, her travels, and her book. please visit www.speakoutnow.org/ People/HadaniDitmars.html.





MARCH 20 2006

World/National/What the? stories courtesy of KRT Campus Wire Services unless otherwise credited. Local/BSU stories are courtesy of the Boise State Web site at www.boisestate.edu. All stories are compiled by News Writers.

what the?

world

U.S., Iraqi forces launch offensive near Samarra

BAGHDAD, Iraq — Iraqi and U.S. forces launched near Samarra on Thursday what they called the largest air assault since the invasion three years ago, while Iraq's permanent National Assembly had a historic but uneventful first meeting in

At least 1,500 Iraqi and U.S. troops, supported by 50 U.S. attack helicopters, went door to door in the village of Al Jilam, north of Baghdad, searching for insurgents and their weapons.

The assault is the latest in a series of large-scale offensive operations over the past year and is distinguished by the use of assault helicopters, a specialty of the 101st Airborne Division, which mounted the attack. Knight Ridder reported last month from the city of Samarra that U.S. troops were gradually withdrawing from the area even as insurgent attacks continued.

Staff Sgt. Stan Lavery, a U.S.

Army spokesman in Baghdad, said Thursday's assault was intended to clear the area of insurgent activity. He said troops had recovered numerous weapons caches, including bomb-making materials and Iraqi

military uniforms. There were no immediate reports of civilian casualties. Residents in the region said that the area under attack had become so full of insurgents that it was a virtual no-go zone for many of them.

Lavery said there was no breakdown available on the percentage of U.S. troops and Iraqi troops in the offensive, but he said the troops involved in what's called Operation Swarmer are from the Iraqi army's 1st Brigade, 4th Division and the U.S. 101st Airborne Division's 3rd Brigade Combat Team and the 101st Combat Aviation Brigade.

local/bsu

Bush chooses Kempthorne for **Cabinet position**

President George W. Bush announced Thursday the nominataion of Dirk Kempthorne, Idaho's governor, to be Secretary of the Interior.

Gov. Kempthorne has served as Idaho's Chief Executive since 1999. As a two-term governor, he has served as chairman of the National Governors Association, chairman of the Western Governors Association, and president of the Council of State Governments. Gov. Kempthorne was also a member of the Columbia River Basin Forum, which established a regional plan to save wild salmon in the northwest.

Earlier in his career, Gov. Kempthorne served as Mayor of Boise, Idaho for seven years. Prior to that, he worked in the Idaho Department of Lands. Gov. Kempthorne received his bachelor's degree from the University of Idaho.

joined Bush Kempthorne Thursday in Washington D.C. for the announcemnt.

"I'm grateful for the honor that I've had to serve the citizens of Idaho. For more than 20 years, in elected positions, I've had that privilege. I look forward to continuing my service now to this nation, if confirmed by the Senate, as Secretary of Interior," Kempthorne said.

Bush asked the Senate to "confirm (Kempthorne) promptly as the 49th Secretary of the Interior." (News release courtesy of The White House)

You called for a cab?

Upon being pulled over in the town of Wallkill, N.Y., a parole violator decided to make a run for it.

He drove a few miles, then ran into the woods, forcing police to spend hours searching for him. Then the cops noticed a taxi cab out in the middle of nowhere.

The driver told them that a man called on a cell phone asking to be picked up at a nearby bridge.

A policeman got into the cab and went to the destination where the suspect was waiting.

Hey big boy, wanna dance?

A man's attempt at stealing food from a Spring Hill, Fla., supermarket was foiled when the manager noticed him trying to leave the premises with a 12-inch pepperoni in his shorts.

Senate spends \$1,975 on two bills





Jay Dresser



In 4 months



\$10,100 In 2 months

BY DUSTIN LAPRAY **Arbiter Staff**

In its second-to-last meeting, the 2005-06 Associated Students of Boise State University Senate got busy, passing two bills which spent \$1,975, a bill which changes ASBSU Code, and a resolution asking for a change to Boise State's Nondiscrimination

The Senate had \$4,078.98 left in its discretionary account before Thursday's meeting. It now has \$2,103.98.

The Senate also voted to have a third reading on Tuesday, March 21, to allow it to vote on the final pieces of resolution on its docket.

The Senate unanimously passed Senate Resolution #28, which asks the BSU administration to include students, staff and faculty members who consider themselves "transgender" into the protective policy de-

nouncing harassment on campus. The line exactly protects people from harassment due to their "gender identity/expression."

"I know all too well how it is to be harassed for something that cannot be helped," said Taylor Newbold, an Arbiter employee and director of the Volunteer Services Board. "People who are transgender are more open to harassment. The change they undergo is more apparent on the out-

For more information on this resolution, check out The Arbiter article printed in the March 13, 2006 issue.

Newbold also reminded the Senate and all students of Service Saturday, March 18.

VSB will give out a free breakfast, then will do volunteer gardening work at the Vineyard (a women's home), work at the Women's and Children's Alliance, Planned Parenthood and Vallivue Nursing Home.

The Senate also unanimously passed Senate Bill #27, which allocates \$975 for three members of the Network of Enlightened Women Club to attend a conference in Washington, D.C.

The new club invites men and women to join. NEW asked for the funds because the Grant Fund is running dry and the Senate was its last hope to get funding for the trip.

The \$975 only pays for the three women's registration fee at the conference. They will pay their own airfare, lodging and transportation in Washington, D.C.

"We think this is a really great opportunity," NEW Vice President Jessica Bruton said. "We want to represent BSU and feed off the other people there. It is going to be a week filled with knowledge.

The students are paying about \$850 per person out of pocket to make the trip.

The Senate passed Senate Bill #25, 9-1. The bill allocates \$1,000 to help fund "Greek Week," an event that has not been celebrated at BSU in 10

"I can't tell you how many people will show up; we've never done this before," Sen. Russell O'Leary said.

"Greek Week" would spend the \$1,000 on free movies and a multitude of events in the quad. The date of the event has not yet been set.

The Senate also unanimously passed Senate Bill #24, which changes ASBSU Code to better identify the duties of the administrative staff.

The changes state (under the bullet named "Coordinate Recycling"), i. Chair the BSU Recycling Advisory Board, ii. Oversee FO&M Campus Recycling account expenditures, iii. Seek monetary supplementation for the growth of BSU recycling program, and iv. Maintain Campus outreach/involvecommunity

The purpose of the bill is to assure that although the ASBSU president does not need to hire a recruitment coordinator, he or she must perform the above-mentioned

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Info: Call 208-412-0662

Please bring this flier to the dinner for admission.

ASBSU [from page 1]

it did not know it would receive its charter until February, Wolfe said.

"This is going to be a great moment in our history," Wolfe said. "It will only happen once. I want this event to match its importance. We can't do it on our own.

SB #28 was sent to the ASBSU **Budget and Finance Committee for** review. It must be brought out of committee before Tuesday's meeting to take effect before the 2005-06 Senate ends its reign.

After much debate, the Senate also sent Senate Bill #23 to Budget and Finance Committee, where it has the possibility of being tabled indefinitely.

be set aside to purchase a Carillon the bell system at ISU. Bell System. The system electronically sounds with 23-bells and would be used to play the BSU fight song and sound to mark the hour.

"This has been, for some reason. a bigger issue than I ever intended," Sen. Antonio Bommarito, sponsor of the bill, said. Bommarito noted the other groups asking for money (he is a member of SAE) and said that he could not vote against giving those groups money.

"But, these things involve around 200 people, or 300 people or three people. The bells would affect 18,000 people immediately."

Bommarito asked current Associated Students of Idaho State University Lobbyist and President-

SB #23 currently asks for \$2,000 to elect Ryan Sargent to comment on do is make sure we don't spend this

"I'm sorry, I really wasn't listening," Sargent replied to Bomarito's request. "It's kind of cool to have on your campus. It plays our fight song at noon. I'll answer any questions regarding the ISU fight song. It goes something like, 'Who do we hate? Boise State! Who do we hate? Boise State!' It tells you what time it is."

The bill was placed in Budget and Finance after much debate. Bommarito argued that since the bill didn't directly spend money, it

didn't need to go to B&F. "It's allocating where money should go," Sen. Brandon Stoker replied. "I think we should look it over."

"What I think Antonio is trying to

money," Sen. LaTisha Clark said.

Ten minutes of confusion folbrought to the table at once and none was rightly handled. ASBSU Vice President and Senate Chair, Texie Evans broke a tie with a no vote on a motion that would have sent the bill to third reading Tuesday without going to B&F.

The bill was eventually sent to committee with a 6-4 vote. Another motion required the B&F committee to enter SB #23 into Third Reading by Tuesday. That motion failed because it violates Robert's Rules of Order. If the B&F committee decides not to bring SB #23 to Third Reading Tuesday, it will be tabled indefinitely.

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culture

EDITOR'S PICK:
New video game release
24: The Game



"24: The Game" enjoys the rare distinction of being a thoroughly flawed game that nonetheless is, for a certain segment of the population, anyway, impossible not to whole-heartedly recommend. The intelligence-gathering portions are short, fun and executed well. Just be prepared to slog through some seriously average gameplay in order to enjoy all those wonderful cut-scenes.

CELEBRITY NEWS: Brangelina update: The couple's baguette quest



Brangelina has decided to follow Johnny Depp (whose paradisaically hot wife, Vanessa Paradis, is French), and eschew their fellow Americans to live among the Bordeaux-swilling, baguette-wielding Surrender Monkeys. Translation: Brad Pitt and Angelina Jolie are picking up and moving to France. People mag says they've used a van, a small plane and even a 'copter to set up an HQ in Provence from which to mount house-hunting campaigns.

HEALTH AND BEAUTY TIP: For good health, live like a caveman

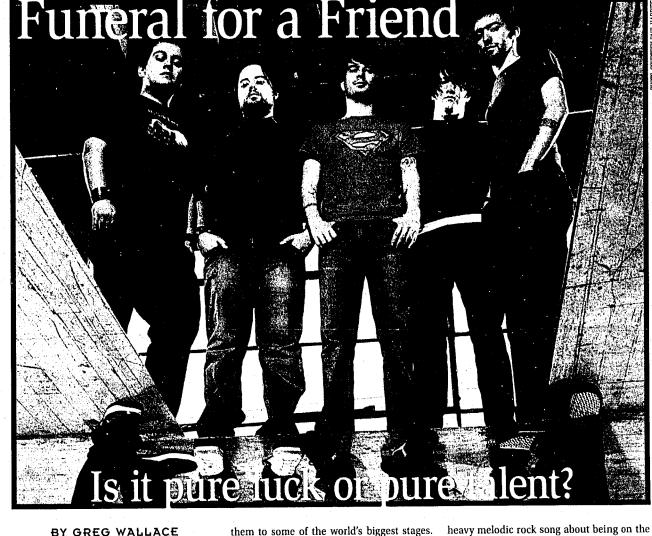
Exercise: Moving meant life. Not moving meant death. Modern humans took from that several tendencies that only exercise can cure.

The least healthful invention for modern humans undoubtedly was the chair. The more you use it, the less you move. That drastically reduces your need for calories.

Meat: For cave men, meat, which was hard to come by anyway, could run or stand and fight. Either event would require a tremendous expenditure of energy on the part of the hungry hunters. Still, when they ate, their servings would be four to six ounces.

When you eat meat, just eat four to six ounces, about the size of the palm of your hand. Load up with more vegetables, fruits and nuts to fill the empty space in your stomach.

- Compiled from Knight Ridder Tribune



BY GREG WALLACE
Culture Writer

It's been said before: it's hard to break into the music business. Many aspiring musicians spend decades trying to get a record deal with no luck. Then there are the lucky ones – like Funeral for a Friend.

You may have seen Funeral for a Friend at last summer's Warped Tour. Now they are back to rock Boise for a second time on Tuesday night at the Venue.

Formed three years ago in South Wales, Funeral for a Friend scored a record deal in less than a year after getting together and won Kerrang's (the United Kingdom's top rock 'n' roll magazine) Best Newcomer Award.

To top that, their first record "Casually Dressed and Deep in Conversation" went gold, and produced three Top 20 singles in the UK. The tour for this record would take

them to some of the world's biggest stages. They headlined the second stage at the famous Reading/Leeds festival. They toured with Linkin Park, Iron Maiden, Taking Back Sunday, Coheed and Cambria, From Autumn to Ashes and Atreyu.

After their success in the UK, Funeral for a

Friend left their native South Wales to record in the United States. Their album "Hours" was recorded in Seattle, Wash., where they lived for two months.

The melodic hardcore sound of the new re-

The melodic hardcore sound of the new record draws from many different influences, from metal and screamo, to punk and alternative

The lyrical content has moved away from the basic boy meets girl/boy loses girl. Instead, the band is now taking on more serious issues like physical abuse, promiscuity, and alcoholism.

The first single and video is "Streetcar" a

road away from all the things you care about. From there, the band continues to rock out with songs like "Roses for the Dead" and "Monsters." We then see them take a more mellow approach and turn the amps down a couple notches on the songs "Drive" and "History."

All in all, Funeral for a Friend's "Hours" sounds like a band trying to mature, and move away from the emo and screamo stereotypes. The band feels it is a more complete record that better represents what they are about. They now think the first record was rushed, and that it did not flow as well because half of the songs were not new.

Are they worth all the hype? Find out for yourself tomorrow night at The Venue. This is an all ages show, and doors open at 6 p.m. The opening bands will be Scary Kids Scaring Kids, Bleed the Dream, and Love Hate Hero.

The Chick: Fashion hits and misses

Yes, it's the first day of spring, but it's still cold outside, so dress accordingly

BY MARIANA BEKKER
Culture Columnist

Today is the very first day of spring, and like many of you fashionistas out there, I am so very excited. "Why?", you ask? Well, spring marks the time of the year when fashion is at its peak and all things cute and trendy hit the shelves with a burst of bright colors and floral patterns.

This fashion-friendly season provides us with an array of different styles and cuts that are as versatile as the weather. It's great cuz' sometimes you will wear a sweater with sandals, and it's totally acceptable, and even sexy if worn properly. Gone are the days of dark colors and heavy fabrics, and here are the days of refreshing light materials that scream breathability and function.

However, I have noticed that some of you out there are a little too trigger-happy when it comes to wearing springy clothes. Here's a small reminder to keep in the back of your minds when picking out an outfit: we live in Boise. It's cold here

The other day it hailed. Ice covered the ground as well as the cars parked around campus, and the wind chill factor was...chilling. Most people were walking around in boots and zipped up coats in efforts to keep warm. Then there were the selectfew of youthat decided to wear tank tops, skirts, and open-toed shoes even though there were large pellets of ice coming down at an increasingly rapid pace.

People, it's just not smart to lose feeling in your toes just because you can't wait to break out your flipflops. Give it another month and then you'll be able to wear them and not have to worry about losing a digit to frostbite.

Now I know that sometimes our crazy weather deceives us: one minute it's amazingly beautiful outside, and the next it's a snow-storm. Therefore I suggest layers. I know it's lame and trite and has been said a million times, but layering can cover you no matter if the sun is beaming or the snow is falling.

If you have extra room in your backpack, bring an extra pair of shoes. That way you can change your footwear to whatever the weather is calling for, and you're not stuck in a hailstorm with nothing but flimsy sandals and a tank top.

Recipe of the week: Raspberry pistachio cakes

BY AMBER FUGER
Culture Writer

Spring is in the air, and another birthday has arrived. Having reached the age of 24, I feel like the binge drinking party theme has become totally played out. The ambiance of a dinner party seems more appealing, plus the opportunity to spend the day in a kitchen fulfills this birthday girl's wishes.

As the aromas of slow-roasted prime rib and steamed king crab legs fill the air, the question of what to make for dessert looms about, and the options are endless. Should my birthday dessert be my favorite cake, German chocolate, or should I attempt a fruit pie, apple or banana cream? All of these choices seemed too traditional, and, in an attempt

to make this birthday unforgettable, traditions had to go. So, the dessert of choice for this exquisite birthday dinner had to be raspberry pistachio cakes. These individual-sized sweet and salty nutty fruit cupcakes are delightfully delicious. I first tried them in Portland. While wandering from one airport gift shop to the next, a small cooking magazine jumped out at me. "Everyday Food," a facet of the Martha Stewart Empire, supplied the recipe with a thought-provoking and mouthwatering picture. Once unpacked and rested back in Boise, the kitchen seemed more inviting than ever. This first-ever attempt at baking these individual cakes failed miserably because these cakes don't do well in a muffin tin. While still edible, the cakes seemed to be just lumps of bread.

This time around, I smartened up. Instead of spending a \$20 on ramekins, I stumbled upon individual pie tins. Not only were the tins the perfect size, but also the package supplied just enough for everyone attending my birthday shindig.

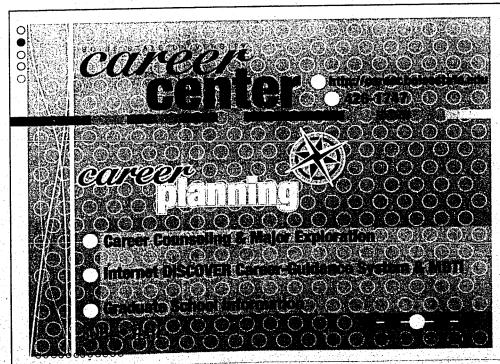
Since the party was not on my actual birthday, the rules about me not doing anything were thrown out the window. One Aunt took charge of the crab legs and baked potatoes; the other roasted the prime rib and mixed the salad. I made the cakes and bread. To begin making the cakes, preheat the oven to 400 degrees, and shell the pistachios. A slightly tedious task, but once the warm melted cakes hit the palate, shelling becomes a distant memory. Coat the individual pie tins or ramekins with cooking spray.

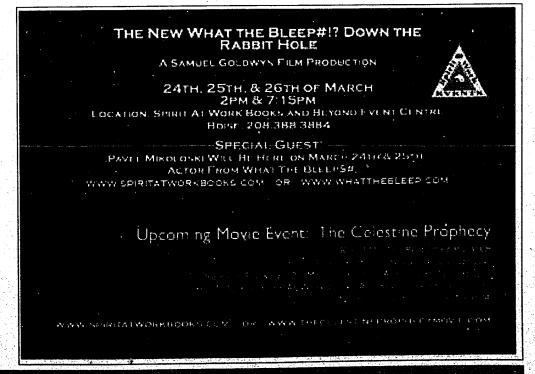
grind the pistachios, salt and sugar. Next add the butter, vanilia extract and eggs. Process until smooth, then add the flour until moistened. Place the individual tins on a cookie sheet, and pour even amounts of the batter into each one. To finish, sprinkle with raspberries, and bake for 20-25 minutes. These can be served warm or at room temperature. Even if it is not for a birthday, these cakes make for a deliciously sweet and slightly salty treat.

Then, in a food processor, finely

Ingredients: ½ cup shelled unsalted pistachios

% cup sugar 4 tbsp. Softened butter 1 tsp. vanilla extract 2 large eggs ½ cup all-purpose flour 1 cup fresh raspberries Non-stick cooking spray





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Relieve Stress and find peace in Qigong



BY DANIEL KEDISH
Culture Writer

For a student, life becomes a demanding, challenging, stressful and constantly draining adventure. At Boise State University, many academically-driven individuals face quickly approaching deadlines, scheduling conflicts, never-ending lists of priorities, as well as homework loads that seem to last a life-

Fortunately, for the burnedout and fatigued, BSU Campus Recreation Center understands the constant pressure students face each day. Starting today, to help

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iPod nano

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with such stressful times the rec center brings students a new way to release tension through the popularly growing discipline, Qigong.

Qigong, pronounced "Che-Kung," comes from the ancient Chinese and involves a series of postures, breathing techniques and exercises to focus attention while promoting good health and balanced spirituality.

According to the National Qigong Association of USA, the name Qigong consists of two words: Qi and Gong. Qi means the life force or vital-energy that flows through all things in the universe. While Gong stands for accomplishment, or skill that is cultivated through steady practice. Together the words mean cultivating energy.

Marisol Mayell, the instructor for the class offered by the rec center, studied Qigong for over a decade and continues to practice it everyday. After three years of instruction, she received her certification from the Pacific Institute for Alexander Technique in Chico, Calif., which awarded her for 1,600 hours practicing and learning about the different Qigong forms.

"It's like a journey," Mayell said,
"a continuous self-discovery that
allows people to see their poten-

According to Mayell, the practice of Qigong helps individuals gain superior health and become stronger emotionally while decreasing levels of stress and agitation. Once healthy, a person continues to become better fit, then develops internal/spiritual power for the martial arts. For those new to Qigong, the practice takes little physical ability making it easy to learn. Many medical professionals suggest Qigong because it can improve cardiovascular, respiratory, circulatory, and lymphatic and digestive functions, and allow people with disabilities a way to practice movements beneficial for their health while sitting down or lying in bed. Mayell be-

lieves anyone can embrace Qigong.
"I would recommend Qigong to
anyone. From the frailest to the
fit, there is no discrimination in

the Qigong," Mayell said. "No one should feel intimidated."

Although not as popular as yoga, Mayell believes the exercise will gain people's interest in the future, as more people become aware of its presence and health-improving achievements. She even states that the Chinese are bringing back the practice to the younger generations who lacked interest years before.

"Many of the Chinese youth have lost their ancient treasures to Western culture," Mayell said. "We are having to teach the individuals from the place Qigong came from."

Overall, instruction in the principles of Qigong begins today at the rec center in Multipurpose Room One and will continue through May 5. The class costs \$54 for members and students and \$84 for nonmembers. Registration ends March 24. The class will be taught every Monday and Wednesday from 4:15 p.m. to 5:15 p.m. focusing on the "White Crane" Qigong method.



PHOTOS COURTESY OLIVER DETTLI

Two women demostrate the movements of Qigong, a popular fitness program designed to benefit a person's overall health.

BSU celebrates Cesar Chavez

BY APRIL RUMORE
Culture Writer

This week on campus, the Boise State University Cultural Center will celebrate the legacy of Cesar Chavez with events starting today

through Friday, March 24.

Each event costs the college-friendly price of "free" and all are open to the public.

Cesar Chavez was a Mexican American labor activist and leader

of the United Farm Workers.

During the 20th century, he was a leading voice for migrant farm workers (people who move from place to place in order to find work). His tireless leadership focused national attention on these laborers'

terrible working conditions, even-

tually resulting in improvements.

Student Farm Worker Exhibit Student Union Cultural Center, 8 a.m.-6 p.m. March 20

Come and take a look at the exhibit featuring works created by Boise State students.

For information, call 426-4317.

Renaming and dedication ceremony for Cesar Chavez

Eternal Wind sculpture between the Business Building and Albertsons Library Noon March 20, 2006 at 12 p.m.

The occasion features Judge Sergio Gutierrez, Provost Andrews and a presentation to those that helped make this event a reality. A reception will follow in the Cultural Center at 1pm.

"La Causa" Student Union Special Events Center, 1 p.m. March 21

This interactive play will be presented by the amazing performance troupe Living Voices and focuses on the tough farm worker struggle in America.

The play features a young struggling woman who experiences social hardships.

She must find a way to balance the demands of her family and culture while at the same time trying to break free from her working conditions.

La Causa is not only a story of Mexican Americans, but of all Latino and immigrant Americans, east and west.

The Fight in the Fields: Cesar Chavez and the Farmworkers' Struggle

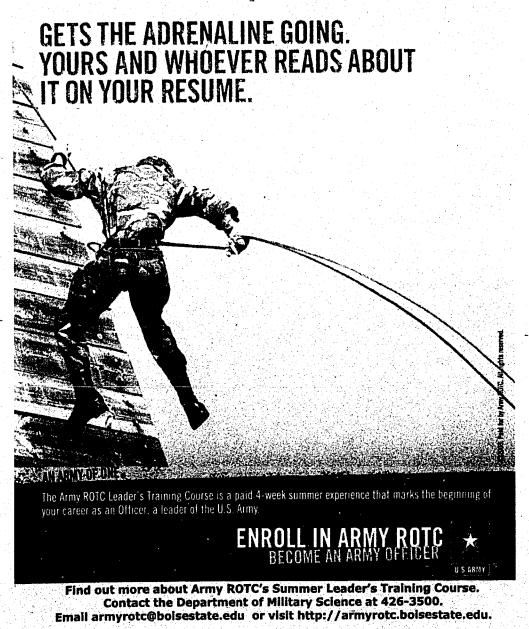
Student Union Cultural Center, 5 p.m. March 22

This film documents the indepth history of the agricultural labor movement through a clever biographical portrait of Chavez.

"Legal Right s for Documented, Undocumented and Naturally Born Citizens"

Student Union Bishop Barnwell Room, 6 p.m. March 23

Join Joel Beck and Alicia Quintana for this informative session.







opinion

TODAY'S SPECIAL:

A reflection life in the food service industry

BY JASON D'WARD **Opinion Writer**

Hi, how are you folks doing? My name's Jason and I'll be writing your opinion article today. Would you like to start off with a snappy intro?

I've dreamed about not working in restaurants for a long time. I've even had brief stints in other fields as part of my self-dubbed "Tour of Crap Jobs," but it's never worked out.

The money and hours from waiting tables have always been slightly too good to let me escape ... until now.

I've recently been given a raise at my night job that will cover all my expenses and let me save money for my education.

So with great enthusiasm, I've put in my two weeks notice at the restaurant, and with any luck I will be gone forever. I now commemorate my im-

pending freedom with a recollection of people who will not be missed.

OLD PEOPLE - aka most likely to complain about not getting their salad when they never ordered a salad

I've had those days where I wanted to change the name of my section to Florida, because they're all coming to me to die. They'll run you ragged with requests of more crackers and coffee refills and leave fifty cents. "Don't blow that all on moon pies and whistle pops, young man!" I actually had plans for rent and tuition money, asshole.

ANYONE IN A TIE AND ON A CELL PHONE aka most likely to spill their drink because they're gesticulating wildly talking about the

Oh, you're a big businessman tip, can't afford to eat out.

with important things to do and meetings and third-quarter financial spreadsheet analyses.

Listen, you're the only one who thinks you're impressive. They'll tell you, "If you do a good job, I'll make it worth your while." No,

We have very different ideas of what's worth my while, pal.

PEOPLE WHO ONLY GO OUT WHEN THE WELFARE CHECKS ARRIVE - aka most likely to mispronounce "pico de

gallo" and ask for lots of ranch I may be a jerk, but I'd spend the money on food and clothing for the kids.

By the way, if you just spent \$65 on a meal, do you think you're saving very much by only leaving a dollar tip? No, you're just showing how

ignorant you are. General rule: can't afford to UNSUPERVISED

13-17 YEAR OLDS - aka most likely to try to pay at the host stand after you told them "I'll be your cashier here at the table."

That's nice, you can make a little sculpture out of all the forks on the table. These are the tables, that are at least 8 people big and everyone splits one thing. No clue how to be waited on.

They also think it's funny to leave the tip in change at the bottom of an empty milkshake glass. Guess what, it just gets thrown away. I don't know how I'll recoup that 37 cent loss!

Recycle two aluminum cans, maybe?

MY OTHER RANDOM PENT-UP AGRESSIONS -

of applicants.

Apparently,

Yale to let him get

away. According

to the New York

Times, Yale had

"another foreigner

of Hashemi's cali-

ber apply for spe-

cial-student sta-

tus." Said former

Dean of Admissions

Richard Shaw, "We

"Excuse me, where's the restroom?" I don't know, maybe under the giant neon sign that says "Restrooms?" Or how about, "You don't mind if we just sit here

for a while? I know we're done." Yeah, I would hate to turn the table and make more

money, don't worry about it.

So who do you want to wait on? There's really only one group that is consistently cool: Other servers! Anyone who is now, or has ever been, employed in a restaurant because they're the ones who know how much this job sucks on a daily basis.

They know the proper response to, "How are you folks doing today?" is not "Diet Coke." "Oh, really? I'm very Diet Coke myself. Can I get you anything to drink, maybe a Diet Pepsi?' This will be the longest two weeks of my life.

What has your experience been with the food service industry? Post your comments online at ArbiterOnline.com or send to: letters@arbiteronline.com

with and who could educate us about the

Isn't that awesome? The spokesman for

women who wear nail polish, encourage

husbands to beat their wives and publicly

torture and murder homosexuals, all with

That he was granted a student visa is

criminal, and Yale publicly flaunting his

admission is sickening and hypocritical.

The university administration's alleged

reason for suing to ban military recruit-

ment on campus was that the military's

"don't ask, don't tell" policy supposedly

violates the civil rights of homosexuals.

While Yale certainly should accept

at the chance to enroll a woman-beat-

ing, gay-torturing, terror-linked, former

Taliban officer with a fourth grade educa-

tion, while banning the ROTC, is a slap in

the face to America and the Armed Forces

still fighting the Taliban.

the help and support of Yale University.

world."

Hashemi was too the Taliban is here to educate America

good of a catch for about how we need to cut off the fingers of

New elephant regulations smell like dung

The upcoming changes in regulations pertaining to captive elephants fall far short of "forcing" zoos to rethink their elephant displays ("Elephant programs fighting critics, space," March 6).

Animal lovers may be shocked to learn that the American Zoo and Aquarium Assocation (AZA) considers a 20'x20' indoor pen sufficient for an elephant to be kept overnight or during bad weather.

AZA members are meeting standards if they keep elephants in outdoor enclosures measuring 40'x45' -equivalent to a three-car garage.

The AZA doesn't condemn striking elephants with bull hooks—in fact, its standards specifically allow this weapon of torture.

Finally, the AZA thinks it's ok for elephants to be chained for up to 12 hours per day.

If this is considered the "highest standard of care," officials with the AZA and any zoo associated with it should hang their heads in

> Lisa Wathne, Norfolk, Va.

I'm no country bumpkin

I live in Idaho because it has clean air, clean water and millions of acres of wilderness and natural beauty to explore. The health of my business as a landscape architect relies on protection of our natural resources.

The fastest way to ruin the economy of one of the strongest economic areas of our state would be to allow the water and air of our area to be degraded by a contiguous county approving a highly toxic and polluting industry.

Because I am not a voting resident of that contiguous county, I don't have a voice in whether a polluting industry, namely a coalfired power plant Sempre has proposed for Gooding County, which could ruin my business and the businesses of friends, is allowed. This is inherently undemocratic and needs to be addressed by our legislature.

a day, six to seven days a week to make a living in Blaine County, and believe me, in the early years it was not easy.

Only in the last 10 years has there been enough year round employment to make it possible for our children with young families to make a living here.

We now offer year round employment to 15,000 people from Twin Falls, Lincoln, Gooding, Butte County, Camus County and seasonal employment to many more.

Those surrounding counties and the state tax coffers benefit tremendously from the employment offered to plumbers, electricians, heavy equipment operators, carpenters, cabinet makers, housekeepers, landscape workers and thousands of others who commute daily to Blaine County for work.

Is it smart to sacrifice those good paying jobs for a company who will add fewer than 100 jobs to the workforce, deplete the aquifer by thousands of gallons of water a day, add mercury to our streams so we can no longer eat the fish and degrade our air quality so that our children cannot breath without developing black lung or asthma?

There are cleaner ways to make power and

this company knows it. They are trying to taking advantage of us. They think we fell off the back of a potato truck like a bunch of country bumpkins. There are better ways to make a buck.

> Kathy Noble Hailey, Idaho

Yale chooses the Taliban over ROTC

BY JONATHAN SAWMILLER

Something must be in the Kool-Aid at degree-seeking sta-Yale University. The ivy-covered gates that once enclosed one of America's most distinguished universities now contain a collection of military-hating leftist radicals, whose disdain for America knows no bounds. No other school where the adminis-

tration has banned the Reserve Officers' Training Corps since 1969, has driven recruiters off campus and actually sued the United States government to keep the military away is interested in the welfare of America.

Although Yale is not the only elitist college to spit in the face of men and women in uniform, they recently stooped to a new low.

Last fall, while the American military that was denied access to Yale and were off fighting the Taliban in Afghanistan, Yale University was busy celebrating the arrival of their newest student, Sayed Rahmatullah Hashemi, the former DeputyForeign Secretary of the Taliban. He was admitted into a nondegree program, with degree program, with a chance to gain full tus in 2006, "In some ways I'm the luckiest person in the world," Hashemi told the New York Times on February 26.

"I could have ended up in Guantanamo Bay. Instead I ended up at Yale." That's right, a high-

ranking official of the brutal Taliban, the terrorist regime that harbored Osama Bin Laden, is now kicking back and relaxing at Yale!

Of course, it doesn't matter to the leftist administration that Hashemi only has a fourth-grade education, never took the SATs and is totally academically unfit to attend any college, let alone an elite institution like Yale which only accepts ten percent

Isn't that awesome? The spokesman for the Taliban is here to educate America.

lost him to Harvard. have been? One of Slobodan Milosevich's

ethnic cleansers? Maybe a lieutenant of Bin Laden's? Perhaps a protégé of Idi

view with Hashemi "was one of the most interesting I've ever had," and told the Times, "This is a person to be reckoned

I don't want that to happen again." Who could that

Shaw gushed that his admissions inter-

Now Yale is proud as a peacock to parade around their new poster boy, whose policy on gays was to stone them. students regardless of ideology, leaping

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Sports



THIS WEEK IN SPORTS]

Gymnastics

Saturday Western Athletic Conference Championships, 2 p.m. Logan, Utah

Men's tennis

Thursday-Sunday Boise State Classic, TBA Boise, Idaho

Women's tennis

Tuesday BSU vs. Cornell, TBA Stockton, Calif. Wednesday BSU vs. Cal State Fullerton, Fullerton, Calif. Thursday BSU vs. Southwest Missouri State, TBA Fullerton, Calif.

Track & Field

Saturday Hornet Invitational, TBA Sacramento, Calif.

[SIDE LINE]

Gymnasts take third at Salbasgeon

CORVALLIS, Oregon - The Broncos best road score of the season, 194.55, took third in the fiveteam Oregon State Salbasgeon Suites Invitational Friday, (March 17). No. 17 ranked Oregon State won the meet with a score of 196.55. No. 18 Kentucky was second with 196.1. The Broncos, ranked 28th, were third, followed by No. 36 Washington with a 193.35 and Seattle Pacific (190.75)Freshman Taylor Jacob scored 39.025 in the all-around pacing the team by finishing fourth.

The Broncos opened the evening on the floor, scoring a strong 49.05 with a 9.85 performance by Taylor Jacob. Lindsay Ward and Kristin Aldrich each posted 9.825, leading the group.

Boise State went to vault and scored 48.575. Freshman Shaniece Craft contributed 9.85 for the Broncos on vault, followed by Kea Cuaresma's 9.8.

On the bars the Broncos continued their clean performance scoring 48.475. Jacob and Ward each contributed 9.8 to lead the team.

Boise State finished the competition on beam, scoring a solid 48.45. Kristin Aldrich led the teams final event with a 9.8, while Taylor Jacob added a 9.75.

"The team put all four events together. It is great to be peaking right now as we prepare for the WAC Championships next week," said Boise State coach Sam Sandmire, "Taylor Jacob has been so consistent for us and again had an incrediblemeet."

The Broncos next compete in Logan, Utah, Saturday, March 25 in the Western Athletic Conference Championships.

Johnson and Co. ready to run

BY TREVOR HORN Sports Editor

Does the new running backs coach wish he still had the three departing seniors from the Broncos' back field in 2005?

"I'm not going to sit here and tell you I don't wish Jeff Carpenter was not out here, because I think he could help us," Jeff Choate said. "But the bottom line is those guys are gone."

What Choate does have this season is a sophomore coming off a strong freshman campaign, a junior who missed all of 2005, a senior looking for his time, a freshman wanting to play in his backyard and a fullback looking for some carries this season.

Ian Johnson is the obvious choice this spring for the coaching staff as the first feature running back for Boise State since Brock Forsey. Johnson was second on the team with 663 yards as a freshman and possesses all the intangibles to be an every-down back.

But Johnson was one of players with at least 100 carries for the Broncos, a team that relies heavily on a balanced attack.

However in 2005, Boise State became a runheavy team with 560 carries, compared to just 390 passing attempts.

So the question is can Johnson take on the load?

"With Ian, what I think it's going to come down to is to develop some mental and physical toughness. Which he's got, but it's just one of those things we are going to really have to preach to him that (he is) going to take a pounding down after down," Choate said.

Johnson had seven games in 2005 with at least 10 carries, resulting in 536 of his 663 yards as the Broncos went 6-1 in those seven games. A possible receipt for success if Johnson can get acclimated to becoming the every-down back, something he's not ready to say is his.

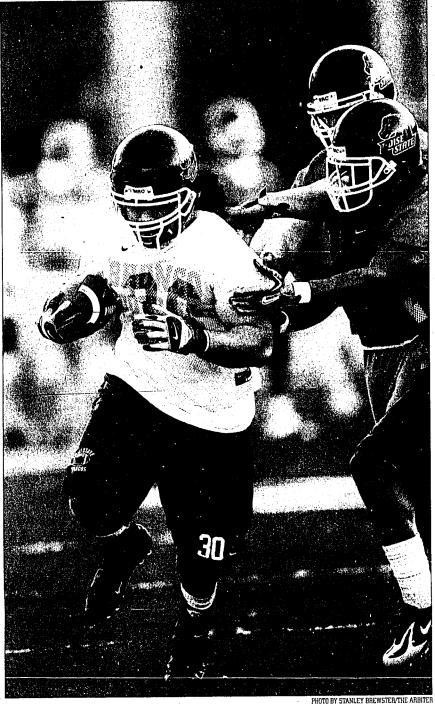
"I've got to take that spot. Really, I haven't been in a game situation where I started and carried the ball 30 times for 120 yards. So it's really not my spot in my eyes yet," Johnson said.

Along with Johnson is junior Jon Helmandollar, who missed the entire 2005 season with, "personal stuff that the coaches really helped me with, really saved my life," Helmandollar said.

As a freshman in 2004, Helmandollar scored a freshman school-record 11 touchdowns as the short-yardage back.

Now, Helmandollar and the coaching staff

See Runningbacks (page 7)



Brent Denton is one of a handful of Boise State running backs who will step into leading roles for the football team in 2006-07. Ian Johnson, Jon Helmandollar, Brad Lau and Max Davis will also get carries at tailback next season. Johnson is the only one of the group who got significant time at the position in '05-06.

Cherrington becomes a champion

COMPILED BY **Arbiter staff**

OKLAHOMA CITY, Okla. - Boise State senior Ben Cherrington became the second wrestler in Boise State history to win a National Collegiate Athletic Association championship Saturday night in Oklahoma City.

"Right afterward he gave a yell to the crowd and the crowd responded back in loud cheering as he walked off the mat," Boise State head coach Greg Randall said. "We all (Ben. the coaching staff and his teammates) embraced. This is what it is all about. This is why we work so hard. It was very emotional.

The Man

Cherrington went undefeated in the NCAA tournament over the ... weekend, defeating Brian Stith of

Arizona State 7-3 in the national championship match Saturday. Cherrington also beat Stith to win the Pac-10 Championship earlier this month. He then pinned Stith in the third period.

"It was really a night to remember," Randall said.

Cherrington, a Granby, Colo., native went undefeated in the season (20-0) en route to his first and first title.

"Ben wrestled just great," Randall said. "It was a thrill to be there. He dominated his weight class this entire tournament. This was his closest match and he won it by a score of 7-3."

The victory over Stith Saturday makes Cherrington Boise State's second individual NCAA Champion in wrestling. Kirk White, a current assistant coach at BSU, was the Broncos' first

NCAA champion, winning the 1999 NCAA Championship at 165 pounds.

Cherrington is Randall's first NCAA champion as the Bronco head coach. Randall was an assistant when Bronco Kirk White won his championship in 1999. Cherrington also earned All-

American status for the first time in his career. The top-eight finishers in each weight class at the NCAA tourney earn All-America selections

Cherrington is the first Bronco wrestler to earn All-American status in three years. At the 2003 tournament, Ben VomBaur (125 pounds), Collin Robertson (149) and Boe Rushton (heavyweight) all came away with All-American honors.

The Path

Cherrington, the No. 5 seed

in the 157-pound weight class, opened the three-day tournament with a 7-0 win over Kevin Ward of Oklahoma State University before recording the same score over William Rowe of the University of Oklahoma.

He then handed Michael Chandler of the University of Missouri an 8-1 defeat Friday (March 17) morning to advance to the semi-finals of the 157-pound weight class.

In the semifinals, Cherrington beat Joe Johnston of lowa 8-3 to advance to the title match against Stith. Cherrington already had a victory over Johnston this season, handing the Hawkeye wrestler an 18-12 defeat in a dual match in late February.

Cherrington missed half the

See Cherrington (page 7)



I fail bracketology

BY DUSTIN LAPRAY Sports Columnist

How's your bracket looking? Mine is a minefield. I took too many chances.

Can you believe I actually thought George Washington was going to beat Duke? Yeah, I know. I was so-

I picked Wichita State to down Seton Hall, but didn't think they would beat Tennessee. Now I bet they go Elite Eight. But I should not be betting, not the way my bracket

There is such randomness in picking these games. It shows us all how little (or how much) we think we know about basketball.

Then, the games happen and Bam! We're back down to earth in puddles and piles of whining men (and women, ladies love luck too) and that genius jackass who picked a 14-over-a-3.

I thought that Gonzaga would fall to Xavier, I was wrong, but boy was it close! As long as UCLA and Memphis survive though, then my Oakland is aced.

How about Iowa taking a hit from Northwestern State (not even Northwestern, but Northwestern State!)?

Michigan State falls to George Mason?

But the staples ply on: Duke, North Carolina (Ooops!), UCLA, BC and oooh weeech is it gonna be a big week. How many of you have already missed too much homework time since Thursday? I told my roommate he'd just have to deal and I read my "Way to Rainy Mountain" between commercials.

I am truly excited to be a fan these weeks. And I don't really care about having a winning bracket. I'm only set to lose a couple bucks. But some people spend a fortune and fill out 30 brackets. I use a pencil with an eraser for my personal sheet, that way even when I erase a team from contention, you can still see the shadow of its name in gray lead. I wanted to throw a shot out to

Monmouth for getting a win and to wholly endorse the Opening Round Game. Those kids play hard all year to get seeded No. 16 and get Villanova. That's just mean man. Give them something more to play for. I love it, there should be four of But next week gets nitty pity,

when the Cinderellas lose slippers and fall, when the monsters of the NCAA rear their heads, when we find stories and see plays that turn young men into immortal heroes and when posers get pushed aside. Only one team gets the trophy,

gets the nets. I won't even tell you my team, but

I'll whisper it in your ear...

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Runningbacks [from page 6]

are more concerned about his body than his mind which has caught the attention of Choate since he came on staff

"That's probably the biggest thing, because I have been really impressed with how quickly the mental aspect has come back to him, it's like he hasn't missed a beat," Choate said.

"I don't thìnk he is back to where he wants to be physically. I don't think he will be until he goes through an entire summer conditioning – to where he will get back to 100 percent."

For Helmandollar, he's just happy to be back on the team where he can contribute this season.

"It feels great to be back out there. Back on the team, back with the team, with the players-it feels good," Helmandollar said.

The Eagle High standout has been working hard off the field in preparation for the season. Helmandollar came back to the program in January weighing at around 240 pounds.

Two months later, he's under 220 and looking to keep working to get into better shape.

"There was a lot of work involved. The running and (Strength and conditioning coach Jeff Pittman's) workout, I got it down quick."

The third back in the rotation this season should be senior Brent Denton.

The Anchorage, Alaska native has shown signs of being a breakout player the last two off seasons, but has been stuck behind a handful of other running backs.

"I can see Brent Denton being a guy whose is going to carry the ball a lot this spring and get an opportunity to show what he can do," Choate said.

Freshman Max Davis and senior fullback Brad Lau will also get time at tailback.

Street puts women's golf to the forefront

BY SHAWN ASHBY Sports Writer

Boise State junior Katie Street has been a solid contributor to the BSU women's golf team since her freshman year, in 2003.

Now, as a junior, she holds the reins as the teams "best player," Head Coach Lisa Wasinger said.

At the conclusion of her first season, Street was named to the WAC All-Academic Team, and has continued to maintain a 4.0 GPA at Boise State.

Not only has Street excelled in the classroom, she has continued to improve on the golf course.

"Since her freshman year she has improved her scoring average by 10 strokes," Wasinger said.

With her improved game, Street is this year's team anchor.

She has recorded three top-10 finishes, and captured her first individual title at the Wolf Pack Invitational.

Her three top-10 finishes place her seventh in the Boise State records for the most top-10 finishes in a season.

Her victory makes her the 10th Bronco in history to win a tourna-

Street was also named WAC Player of the Month in September.

With two tournaments remaining this season, Street, and the Broncos look to make a run at a WAC Championship, a task that seems more attainable with a player like Street.

"Katie is the ultimate team player and co-captain, she is extremely supportive of her team mates and leads by example," Wasinger said.

The Boise State women's golf team will be back in action March 27-28 at the Women's Duck Invitational in Creswell, Ore.

Men's tennis falls to Notre Dame

COURTESY **BRONCOSPORTS**

MONTGOMERY, Ala. - The 20th ranked Notre Dame tennis team came from behind to defeat the No. 32 Boise State Broncos, in a match that went right down to the wire -

In doubles, the Broncos won at number one doubles with Luke Shields and Thomas Schoeck defeating Notre Dame's Ryan Keckly and Sheeva Pardhu 8-6:and Steve Roberts on and Shields defeating the

and Andrew Roth, 8-6.

In singles, the Fighting Irish slowly began their comeback.

No. 89 Brett Hulgeson defeated Boise State's Shields (6-4 6-1) at the third position.

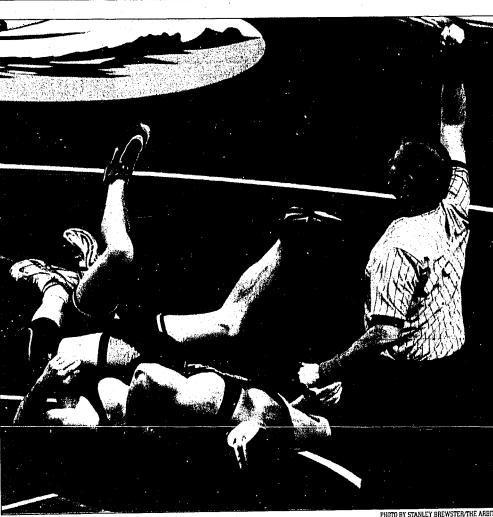
Then Schoeck defeated No. 32 Pardhu at the second spot (6-4 6-4) to put the Broncos up 2-0. Notre Dame's Keckly then defeated Eric Roberson (7-6 6-2) at No. 4, and another Notre Dame teammate, Barry King, defeated Pitriok Dilaj (6-3 7-5) at No. 5. Boise State's Brent

Fighting Irish's Eric Langdonkam Werbeck evened it at 3-3 with a winover Andrew Roth at No. 6 (7-6 6-1).

> The last match was at No. 1, with Notre Dame's 13th ranked Stephen Bass defeating Boise State's 23rd ranked Luke Shields, 6-3 2-6 7-6 for the team victory.

> The Broncos now return to prepare for the Boise State - Red Lion Spring Tournament.

The Broncos will open the 16team tournament playing Nevada Wednesday, March 22, at the Appleton Tennis Center.



Boise state senior wrestler Ben Cherrington, seen here in a match against Oregon season, won the NCAA title over the weekend. He went undefeated on the season (20-0) and won the second NCAA title in BSU history. He went to the NCAA's four consecutive years.

season with a leg injury, then returned in great form, rolling to a 12-0 regular-season record.

The Team

The BSU team finished in 24th place in team standings with 31.5 points. Oklahoma State won the team title with 122.5 points. Minnesota, Oklahoma, Iowa and Cornell rounded out the top-five.

The Broncos wrestled Iowa in a dual in February and had a December dual with Oklahoma State cancelled.

Four Bronco wrestlers won their first-round match Thursday (March 16) morning. Tyler Sherfey at 149 pounds, Casey Phelps at 197 pounds and Andy Patrick at heavyweight. Each advanced to the second round with Cherrington.

Sherfey went 3-2 in the tourna-

ment in the 149-pound weight class, falling in the consolation bracket Saturday.

The freshman finished the season with a 30-11 record.

In the 197-pound weight class, Phelps defeated Dave Dashiell of the University of North Carolina, 3-2, and Adam Wright of Old Dominion, 7-3. Phelps finished the season, his last, 31-10.

Scott Jorgensen was the only Bronco to lose his opening round match on Thursday, as the ninth seed fell to Phillip Plowman of Eastern Michigan, 9-6. Jorgensen won his second round consolation match Thursday evening, 11-4 over Omar Gaitan of UC Davis. Jorgensen went 3-2 in the NCAA's. He finished the season 25-10.

Andy Patrick was eliminated from the heavyweight class Friday morning when he was pinned

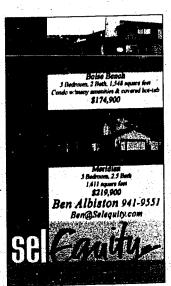
by Adam LoPiccolo of American University at the 3:50 mark of the match. Patrick, a freshman, went 1-2 in the tournament and finished with a 24-15 overall record.

The four other Bronco wrestlers competed in the consolation brackets Friday morning with Jorgensen, Sherfey and Phelps each advancing to the fifth round.

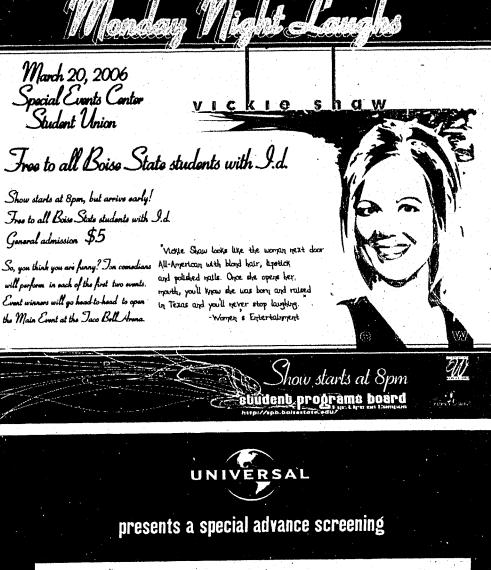
At 133 pounds, Jorgensen won both of his matches and defeating Patrick Aleksanyan of the University of Nebraska, 13-6, and Michael Mormile of Cornell University, 6-1.

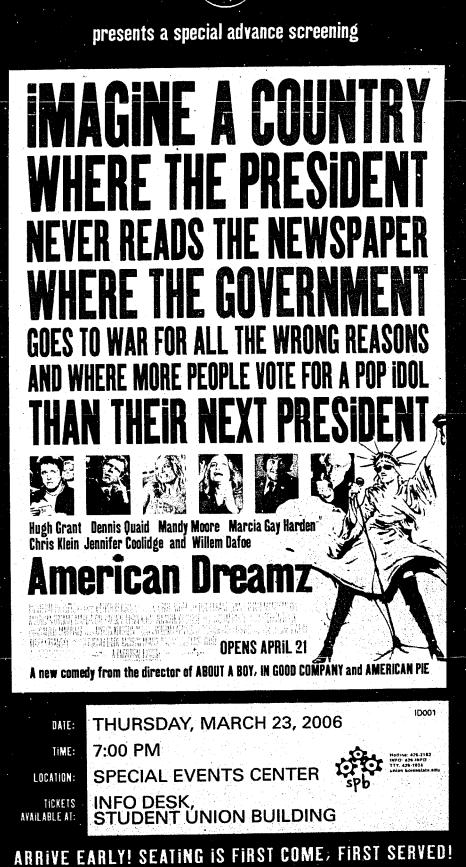
Sherfey also won his two Friday morning matches to advance to the 149-pound consolation bracket's fifth round.

handed Anthony Sherfey Baza of Cal State Bakersfield a 3-2 defeat and Morgan Atkinson of Cal State Fullerton a 4-2 loss.









THE ARBITER

March 20 2006

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- -Saxon
- 6 Brewery supply 10 City near
- Phoenix 14 Matthau's love
- Old Meni 15 Eye part
- 16 Event for all
- comers
- 17 Pour it on
- 20 "__ Pinafore" 21 Bird crop
- 22 All-seeing one
- 23 Headache remedy

- 26 Annoy 28 Cut corners
- 35 Musician's
- asset 37 Olds creation
- 38 Pour it on
- 43 In addition
- 45 Sad piece
- 50 Chimed 52 Now hold on!
- 59 Shuttle grp.
- 60 Cover Pour it on
- 64 School on the
- 65 Eat fancily 66 Irregularly worn
- pro? 69 Was deserving
- opposite
- 3 Comprehend
- 5 In camera range
- Ninja Turtles" 7 Declare openly 8 Consent to

9 Western resort

merchandise

lake. 10 Schenectady's

river 11 Larger-than-life

13 Pony up

city 29 Spring bloom 30 Hook up

31 Floral

18 Neighbor of

Diibouti

19 Aphrodite's

child 24 Of India: pref.

25 Small-minded 27 West Yorkshire

arrangement

32 Evelid woe

bassist

36 Invigorate

39 Comfv

40 Habitual

33 The Beatles

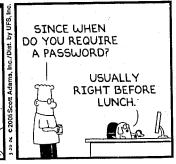
34 Rod in a rod

- 25 Persian word?
- 32 James of "Boston Legal"
- 42 Brynner of "Westworld"
- 44 Full of spirit 48 Overthrows
- 56 Esoteric
- Thames
- structures 68 Words from a
- DOWN 1 Omega's
- 2 Averages Kauai souvenir
- "Teenage
- criminal Dorothy or

- 3/20/06 By James E. Buell Edgewater, FL
 - Saturday's Puzzle Solved DERIVE EMERALDS OLDFLAME D O T M A D R I D W E E K
 E M I R P O I S E S S L Y
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 - 46 Cereals 47 Sudden pull 49 Applications
 - 51 Impoverished 53 "The Naming of Cats" poet 54 Shampooing step 55 Sidled
- 56 Becomes mellower
- 57 Mechanical learning
- 58 Coagulate 59 1492 caravel 62 Fabrication 63 FDR's Blue Eagle

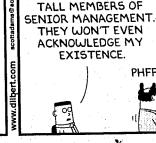








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