

6-4-2003

Arbiter, June 4

Students of Boise State University

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ORIENTATION GUIDE

The Arbiter

Idaho's best college newspaper
arbiteronline.com

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Wednesday, June 4, 2003

Boise State University



The Allen Noble Hall of Fame nestled under Bronco Stadium.

Photo by Stanley Brewster, The Arbiter

Bronco Athletics; yesterday, today and tomorrow

By Andrea Trujillo
Sports Editor
The Arbiter

Boise State athletic teams represent the university as a NCAA Division I school - competing at the highest level of collegiate athletics, while still enjoying the academic advantages of small to medium sized schools. Student athletes can sit in a classroom with anywhere from a handful to a few hundred fellow students during the week, and then surround themselves with 30,000 screaming fans at Bronco Stadium on game day. Truth be told, athletics have put Boise State on the map.

BSU is home to seven intercollegiate men's teams consisting of football, basketball, cross country, track and field, wrestling, golf and tennis.

Eight women's teams represent BSU, including basketball, cross country, gymnastics, golf, tennis, track and field and volleyball. All teams compete in the WAC, with the exception of the wrestling and gymnastics squads, which compete in the Pac-10 and Western Conference, respectively. Throughout the years Boise State's athletic department has grown, with many programs earning national recognition.

Last season marked the 15th year head coach Sam Sandmire took the helm for the Boise State gymnastics squad. In the past five seasons the Broncos have enjoyed more success than any Division I program in the school's history. The program has earned numerous Big West Conference Championships and a remarkable 16 straight NCAA Regional appearances. Boise State finished tied for fifth out of the six

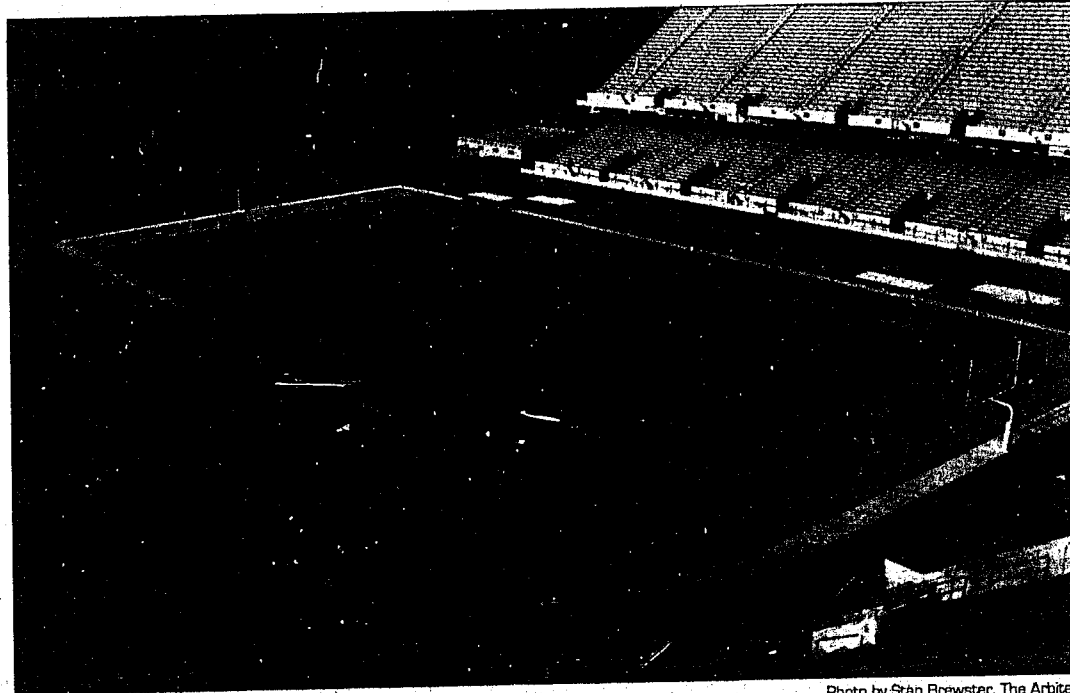
last year's squad to graduation.

Boise State wrestling has also garnered national recognition, and last season first-year head coach Greg Randall did the same. Amateur Wrestling News named Randall the 2003 "Rookie Coach of the Year." Randall led the Broncos to a 12th place finish at the NCAA National Tournament, as Boise State qualified nine wrestlers to the NCAA National Championships. This was

Randall and the Boise State program and the season ahead.

Last, but certainly not least, head football coach Dan Hawkins led the Broncos to their most successful campaign in only his second year directing the program. Boise State finished the 2002 season with an overall record of 12-1, the WAC championship, a 12th place ranking in the final USA Today/ESPN Coaches poll, a 15th place ranking in the Associated Press media poll and a 34-16 victory over Iowa State in the Crucial.Com/Humanitarian Bowl. This marked the first time in the program's history that Boise State has ranked in the top 20 of both major college polls. To top it off, five seniors from the Boise State team landed NFL contracts following the 2003 draft.

So in the year ahead, as five Boise State players take their game to the next level, the Boise State athletic department attempts to do the same. Sounds like a lofty task for a small to medium size university. Then again, Boise State's athletic department has already laid the foundation for success, now they're just taking the next steps. Bronco athletics: the continuing success of tomorrow built on the foundation of today.



The famous Boise State blue "Smurf" turf.

Photo by Stan Brewster, The Arbiter

teams who qualified to the NCAA West Regional last season. The 2003 season promises to be an exciting campaign as Sandmire returns with a more experienced group, having lost only two members of

the best showing for a Bronco team since Boise State joined the Pac-10 Conference in 1988. With Randall returning for his second year, all eyes in the wrestling world fall upon him. Expectations run high for

Student government offers opportunities for involvement

By Jerilyn Grow
ASBSU Chief of Staff
Special to The Arbiter

A - S - B - S - W h a t ? Translation: Student Government. Even more confusing than our name is the explanation of what we do. What purpose does a student government serve on the Boise State campus? ASBSU serves whatever purpose you want it to.

The Associated Students of Boise State University is a collection of elected and appointed student leaders who come together for a common purpose: You. Over the years student

government has been pivotal in bringing services to campus, ranging from on-campus childcare to the newly completed Student Recreation Center. We sponsor and direct campus activities such as the Martin Luther King Jr. Human Rights Celebration and Homecoming festivities.

The Boise State campus is constantly buzzing with activity with over 160 student organizations. Last year student leaders allocated more than \$165,000 to these organizations and supplied them with services such as leadership training, facility use and printing and

mailing assistance.

ASBSU provides services for individual students as well. A licensed attorney is available for students seeking legal advice or representation. An online book-swap is promoted each semester to save students money on textbooks. Plus, we offer a notary public service for students.

ASBSU is not, however, simply a bank account for student leaders to disperse. You'll see ASBSU members lobbying the Idaho State Legislature on behalf of students, coordinating campus recycling programs and promoting diversity in

the university community. The main concern of your student government is to represent and advocate for students like you.

Our student government is modeled after the three-branch system of the United States government, consisting of executive, legislative and judicial branches. Elections are held each spring semester to select the president, vice president, one senator from each of the eight academic colleges, and eight at-large senators.

In addition to elected positions, academic, professional, and special interest university committees offer

a broad range of opportunities for students to become actively involved in the Boise State community. Committee positions are available throughout the year for interested students.

More information about ASBSU and opportunities for involvement is available online at www.asbsu.org, or stop by the ASBSU desk in the Student Union Building, adjacent to the Student Involvement Center.

ASBSU looks forward to serving the Boise State student body in the upcoming school year, and welcomes student comments, ideas, and participation.

Letter from the President



Welcome to Boise State University! I wish you the very best as you prepare for your first year of study on the Boise State campus.

It is not often that the president and new students to a university can share the experience of arriving on campus for the first time. My first year at Boise State begins this summer when I become the President on July 1.

When I was first introduced to the Boise State community, I pledged to the students that I would do everything in my power as President to make your campus experience the very best that we can provide. I know that our faculty and staff have worked tirelessly over the years to achieve just that goal. If you can think of anything that we can do to improve on that pledge, please do not hesitate to contact my office.

I look forward to our time together here at Boise State University. I am confident that your learning experience here will be a mark of distinction in your life and career.

Best wishes,
Bob Kustra
Incoming President

BSU is at a pivotal moment

By Ali Ishaq
ASBSU President
Special to The Arbiter

Webster's dictionary defines college as "an independent institution of higher learning offering a course of general studies leading to a bachelor's degree." You see, college is a time to bury yourself in books and LEARN. How exciting!

Ummm yeah, these academics, mixed, diluted, but preferably balanced with the extra curricular and social atmosphere on campus, culminate to make college one of the most exhilarating and memorable experiences of our lives. It is the final bridge between our current existence and the so-called real world. For years people look back to their college days and reminisce. Let's make sure that you too can some day share in these sorts of sentiments.

My name is Ali Ishaq; I am the elected student president. Vice-President Jim Wolfe, our staff at ASBSU and I, would like to sincerely welcome you to Boise State University. You might not know it yet, but you're attending Boise State in the midst of a great transition. In the coming years, we will witness the emergence of Boise State as the premier university of Idaho, no pun intended. We are poised to partake in this crowning of Boise State. Best of all, you and I are at the center of this exciting and revolutionary change.

When I first enrolled, I had a bad habit of bad-talking BSU. I even had a "Friends Don't Let Friends go to BSU" sticker. It took me time to actually appreciate Boise State.

See Ishaq page 8

Parking decals demystified

By Andy Benson
Editor-in-Chief
The Arbiter

So you registered for classes, bought your books, and rejected all the credit card offers that eagerly seek out college students. Do you have a plan of attack for parking?

According to Jared Everett, director of Parking and Transportation Services, it's simple.

"The rule of thumb is: the earlier you get your decal, the better,"

Everett said.

Parking permits can be purchased at Parking Services, located across from the SUB on the corner of Lincoln and University. Prices vary, depending on the level of convenience one is seeking. Reserved permits will cost \$189 per academic year, and general permits will go for \$69 per academic year. The summer rates are \$55 for reserved permits and \$23 for general.

If one wishes to forgo a permit, there is always the option of seeking

out free parking on the aggressively patrolled streets around campus. Or, you can park in the new parking garages. The garages charge 75 cents per hour. They don't require a permit, though a BG (Brady Garage) reserved permit will get you in for free.

If mass transit is your thing, Parking Services can help you out there as well. BSU is continuing an agreement with The Boise Urban Stages that will allow students and faculty to ride gratis. However, to

prevent non-BSU members from catching free rides, you will be required to obtain a sticker from Parking Services that you can affix to your ID card. Everett said this step is meant to ensure that BSU isn't paying for non-affiliated persons catching a free ride on the university's dime.

"We need to control costs and be sure we're serving our true customer base," Everett said.

The BUS will also continue to provide shuttle service on the Boise State campus.

For more information on parking, go to the Parking Services Website at <http://www.boisestate.edu/parking/>.

Top10 Dorm Do's and Don'ts

By Kelly Morse
Special to The Arbiter

1 Do check the washers and dryers to make sure all clothing items are present and accounted for. That person you have a crush on will find your bra or boxers. And it's embarrassing to ask for underwear at the lost and found.

2 Do not put ice cream in your mini-fridge. Not even if it's pint-size, and not even if the mini-freezer is adorable.

3 Do not have Victoria Secret's catalogs and such sent to your dorm address. Do you realize how many people see your mail?

4 Do wash your dishes. Your mama doesn't live here.

5 Do not surf for porn in the computer lab. You will get caught, and no one will believe that you opened some junk mail by accident.

6 For rooms on the first or second floor - Do practice the art of curtain-closure, or your naked self might just gather a crowd in the parking lot. See Crush, above.

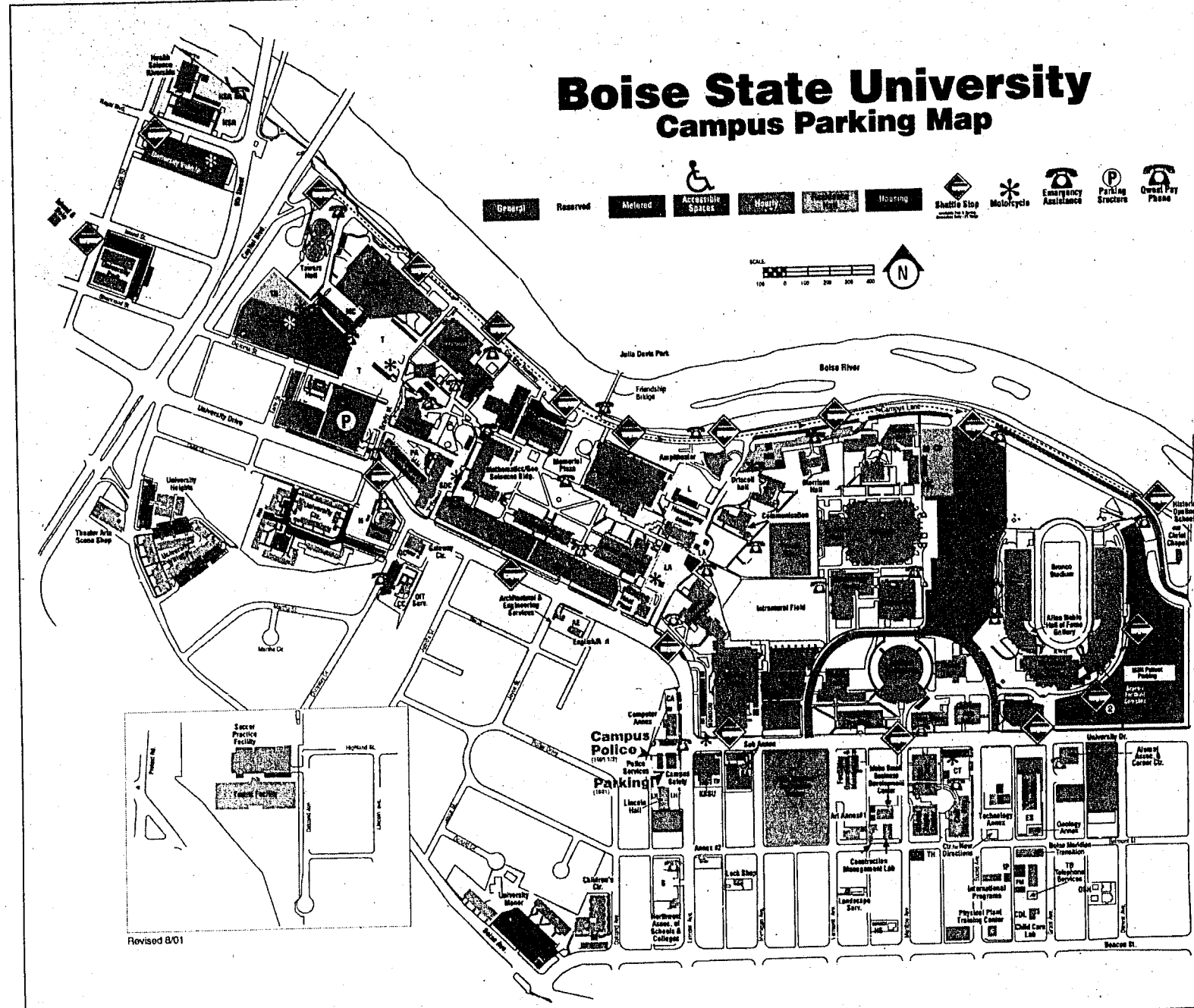
7 Guys - Do not put up pictures of semi-naked women in your suite. You might think it makes you look like a swinger. Girls think you look like a pig.

8 Girls - Do not put up pictures of Abercrombie and Fitch boys up in your suite. Guys will just tear them down when you're not there.

9 Do make friends with the janitors - they clean up your mess, and after a party weekend you had better pray they clean out the suite bathroom.

10 Do not make out with your significant other if your roommate is in the room. Not even if it's late at night, and not even if 'Hot Pants' just flew in from Ottawa to see you. And remember, those residence hall walls can be pretty thin.

Boise State University Campus Parking Map



YONDER MOUNTAIN STRING BAND

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On Sale Friday! @ 10 AM

THE Big Easy CONCERT HOUSE

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WWW.YONDERMOUNTAIN.COM

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June 7th • **GLENN PHILLIPS** OF TOAD THE WET SPROCKET

June 18th • **BOWLING FOR SOUP** (OFFICIAL WARPED TOUR KICK OFF PARTY!) TRASHING ANDI

June 20th • **SOUL PURPOSE**

June 21st • **JOHN HIATT & THE GONERS**

July 1st • **OTTMAR LIEBERT & LUNA NEGRA**

July 8th • **TAJ MAHAL** QUETZAL

July 30th • **Misfits/Damned/Agnostic Front** DI/Dickies/Shik Shadle

Aug 21st • **NEVILLE BROTHERS**

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THE VANS WARPED TOUR CRASH & BURN!

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June 10th **IDAHO CENTER AMPHITHEATER**

All Big Easy shows have a full bar with ID, and are all ages unless noted. All tickets for Big Easy/ Bourbon Street events are available at all Ticketweb outlets including: Record Exchange, Boise Co-op, Newt & Harold's, A New Vintage Wine Shop, Eagle Wood, or by calling 1-800-965-4827, 466-TIXX, and online at www.ticketweb.com. Tickets for Bank of America, and Idaho Center shows also available by calling 426-1494.

OUTDOORS

Get Wild in the Wilderness

By Geneva Roman
REC Staff Writer
Special to *The Arbiter*.

So it's the last week of summer and your friends are madly trying to get their books, classes and school supplies together. But you, on the other hand, signed up for Wilderness Quest and now are sitting on top of an 8,000-foot peak, learning to rock climb with all of your new friends.

Your adventure started on Monday at the new Student Recreation Center. After meeting all of the other students and instructors, you loaded into a van and head north to the mountains east of McCall, Idaho. Gathered around the campfire on the first night, conversations start flowing. "Where you from? What are you going to study? Who are good instructors?"

As the campfire cools the

instructors share with you the details of your weeklong adventure. In the morning the group will pack their backpacks and head toward a lake on the crest of the Salmon Mountains. The lake will act as a base camp for day hikes and rock climbing instructions. Sunset hikes, rock climbing, campfires and lots of good food are all on the agenda. At the end of the week the groups will backpack out and head to the river

for the last activity— white-water rafting on the Payette River.

Sign up now for this amazing adventure. Meet lots of new friends and learn some fantastic outdoor skills from your friends at Campus Recreation. No previous outdoor experience is necessary.

When: August 18 -22, 2003

Who to contact: Outdoor Program 208-426-1946

gharriso@boisestate.edu or
www.boisestate.edu/recreation/outdoor

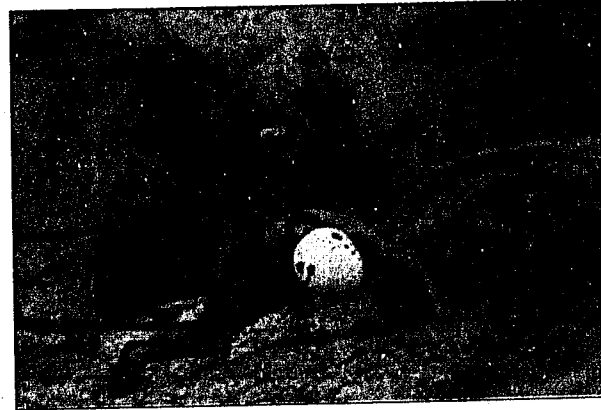
Where to Sign Up: Outdoor Program office located in the Student Recreation Center

Cost: \$150.00 - Includes group camping, climbing and rafting equipment, all food, transportation and leadership.



Hikers stir up dust in Idaho's outdoors.

Photos courtesy of the BSU Recreational Center.



BSU students take turns scaling the rock face.

One of Idaho's many placid lakes, Photo courtesy of the BSU Recreational Center.



Students are obscured by raging waters during a whitewater outing.

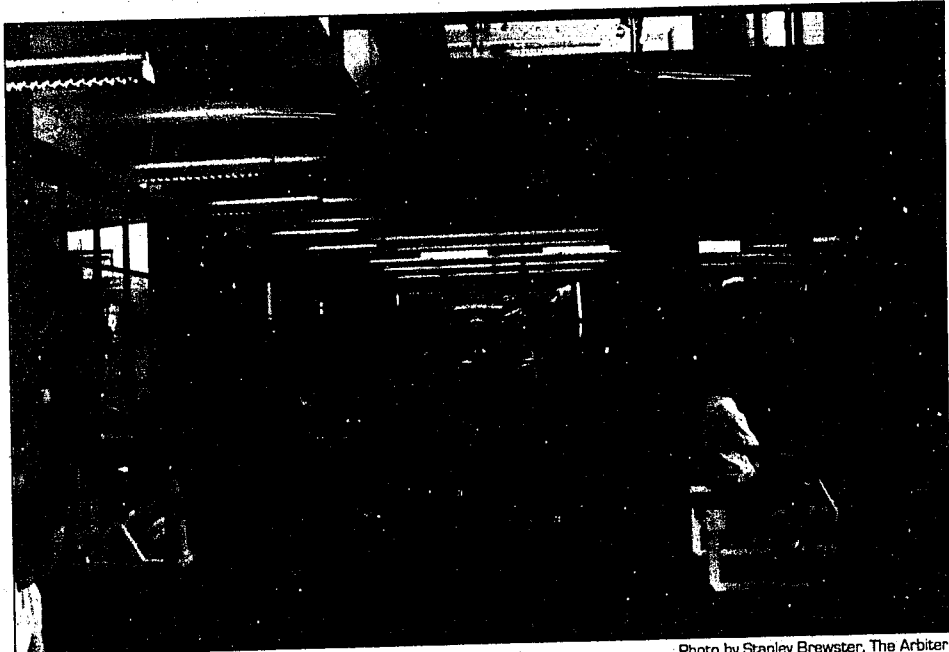
Get Fit at the Rec

Fitness Tips

By Geneva Roman
REC Staff Writer
Special to *The Arbiter*

Starting an exercise program or returning to exercise sounds like an exciting challenge, but for many, it proves difficult to sustain. Here are some tips to help you stay on track.

- 1. Start slowly.** Set small attainable goals each week. For example, "I am going to do cardio 3x's this week for 20 minutes" or "I'm going to walk to work 3 days this week," are both attainable goals. Start small and work up to what you are comfortable doing.
- 2. Find an activity you enjoy.** You're more likely to stick with something you enjoy than something that doesn't interest you. For example, if you like working out on the elliptical and hate jogging, then by all means, work out on the elliptical. I am constantly asked, "What's the best exercise?" My answer is always the same: "One that you enjoy doing."
- 3. Exercise first thing in the morning.** Morning exercisers are the most consistent bunch of exercisers out there. In the early morning, we have fewer excuses not to work out. If we wait until lunch or after school or work, naturally things come up. So, for consistency's sake, wake up and head to the REC.
- 4. Make an appointment with yourself.** Schedule your exercise each day and keep your appointments. Remember, you and your health are just as important as other meetings and agenda items.



The Rec Center offers a state-of-the-art facility for students.

Photo by Stanley Brewster, The Arbiter

By Geneva Roman
REC Staff Writer
Special to *The Arbiter*

The Student Recreation Center has a lot of fitness offerings to help you on your way to better health. In addition to the large variety of strength and cardio equipment available, The Rec provides group exercise programs as well as fitness assessments and personal training to help you start out on the right foot.

The Rec Center is filled with over 120 pieces of cardio or strength training equipment to keep you healthy, fit and strong. All equipment is state-of-the-art and less than a year old. You'll find treadmills, climbers, bicycles (upright and recumbent), rowing machines, stepmills, and elliptical machines to keep your heart pumping in our cardio areas. Our strength areas are filled with the latest in selectorized, plate-loaded and free-weight machines and stations. Additionally, you can check out a fitness ball, medicine ball, jump rope, or weight belt to help you on your way. Our Fitness Desk is staffed with a strength and conditioning attendant who can help you learn new exercises, serve as a spotter, or teach you about a piece that you're unfamiliar with. Take advantage of their knowledge to increase your own.

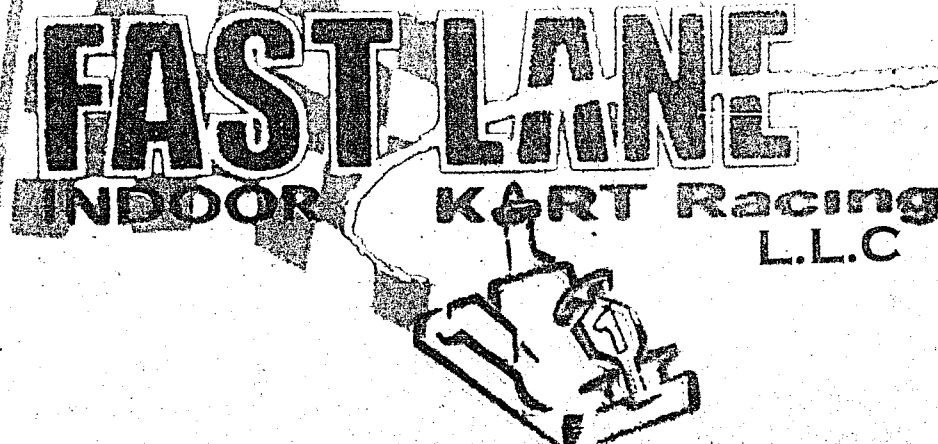
The group exercise schedule is filled with

a variety of strength-based, cardio-based, and mind/body-based classes to help you on the road to better health. Class offerings include step, cycling, kickboxing, yoga, pilates, lifting, sports conditioning and more. If you haven't yet taken advantage of our classes, check out a class schedule poster or take a pocket-sized schedule to keep with you. We offer a variety of class times in an effort to accommodate your busy schedule. For more information about the classes, or to find out what classes may work best for you, consult our website at www.boisestate.edu/recreation and click on the fitness program page.

Need a little extra attention, or want to know where your starting point is? Take advantage of the fitness assessment or personal training programs. Each program is designed to help you with goals, exercise selection, motivation, and retention - our focus is on you. Meet with someone one-on-one to help you with your own goals and needs. Training appointments are scheduled individually with a highly qualified personal trainer.

So what are you waiting for? Take advantage of all that the REC has to offer you this summer. Whatever your needs are, we can help you on your way to better health and fitness. For more information, contact the fitness program director at 426-1592.

Grand Opening
JUNE 7, 2003



12048 W. Franklin Rd.
Boise ID 83709
(208) 321-1166

Women's Center provides support and resources for BSU women

By Melissa Wintrow
Women's Center Coordinator
Special to *The Arbiter*

Awareness, empowerment, networking. These words describe the Boise State Women's Center approach to educational programs and support services.

The Women's Center works to raise awareness about policies, services and programs throughout the university that affect women.

The center focuses on topics of access and equal opportunity in educational programs and environments for women, as well as in the area of their own personal development, empowering them in their choices, decisions and actions.

Finally, the center provides a variety of networking opportunities to bring people together to increase their sense of belonging at the university.

The Returning Women's Mentoring program is one of our initiatives that focus on networking. New students are matched with experienced

students who assist them with their transition in their first semester at Boise State. The mentors provide resources and valuable information to new students, while serving as a role model and personal guide.

Unlike a 'traditional-aged' student, many women returning to school tend to experience a little more anxiety and self-doubt about the decision to come back to school. They usually juggle much more than the typical 18-year-old student: working part time or full time, attending class, studying, and caring for a family, which means day care, meals, doctor visits, etc.

Mentors provide a personal and welcoming touch as they support their peers through this transition. When people feel like they belong they are less likely to leave or abandon goals in a time of high stress.

It is our mission to support students toward the successful accomplishment of their goals. Mentoring and role modeling are powerful tools in the support of success. When you can see someone

like you who's made it, you are more likely to feel like you will make it too.

Along with mentoring, the Women's Center provides educational programming to raise awareness about issues that women face on campus; the end goal is to improve the lives of women through education and awareness.

Acquaintance rape and sexual assault are among the topics of concern that the Women's Center staff addresses in educational programs. According to the U.S. Department of Justice COPS report on acquaintance rape of college students (www.cops.usdoj.gov), "College women are more at risk for rape and other forms of sexual assault than women the same age but not in college."

This statistic is not meant to shock or alarm people, but instead is meant to raise awareness about a serious health problem on college campuses nation-wide.

What we try to do is raise awareness about the myths, misconceptions and stereotypes that surround women and men and traditional expectations about sexual behavior.

One myth, for example, is that strangers commit most sexual assaults at night in out-of-the way places. The fact is that more than 80 percent of sexual assaults are committed by someone the victim knows. It is this kind of awareness raising that the Women's Center staff hopes to promote in order to change attitudes and behavior.

While offering these types of programs and services, I try to stay informed and connected to the department of gender studies (formerly known as women's

studies); the head informs the heart and hands. It is important to frame our services and programs in the context of a feminist approach.

I hope that people understand what feminism is. I know that it has gotten a bad rap, because most people cannot agree on a definition of feminism; most people that say they aren't feminists, really are. The term **f e m i n i s t** describes men and women who advocate for women's rights, choices and equal access to the freedoms and opportunities that most men possess. Historically, women haven't always been allowed to enjoy their rights.

Anyone who stands up and supports women's rights, their choices and their lives, is a feminist.

The Women's Center offers a variety of programs and services that work to raise awareness about the concerns women face, while celebrating their accomplishments. The center produces a monthly newsletter addressing topics about women. The most recent edition addressed the subject of women and tattoos. The center also publishes an annual newspaper that celebrates women in our community



By Aubrey Salazar
Columnist
The Arbiter

Willkommen au Cabaret...uh em...I mean Boise State. Anyone seen Cabaret? Great show. Although Boise State may not be as provocative as the Kit Kat Klub, and Rosie, Lulu, Frenchie, Texas, Fritzie and Helga are all on sabbatical leave, but trust we will have an entertaining Fall semester nonetheless. Bienvenue!

Some initial college experiences can be distinctly stressful, awkward, disappointing, or confusing. I am going to give you my personal arsenal of responses, plans of action, and excuses for just these types of situations. Free of charge...here you are.

Spending more time in line at a campus office than reason permits? Don't give in to the growing fears that you are part of a vast conspiracy. Simply brush past the line and announce to everyone that you are a doctor without borders and your international flight to Tajikistan is leaving in twenty minutes.

Your first term paper entitled, "American Idol: Unparalleled Entertainment" is horribly late and your professor is skeptical about accepting it. What do you do? Inform her that you have an undocumented case of "technophobia", and that coming within 10 feet of a computer or any other piece of advanced technology gives you hives. Make sure your cell phone is turned off, and tell her she has been instrumental in your progress to overcome it. This should give you an extra week.

When your parking tickets start to mount—and they will—create a barter system. Make an appointment with the Parking Director citing unspecified business. Bring a bullwhip to the meeting, and hand it to him. As you assume the position, casually offer him five lashes for every unpaid ticket. If he refuses, waive a hand and tell him its fine because you just came back from vacationing in Singapore.

As tuition increases, you are likely to be strapped for cash. In this instance, a little creativity couldn't hurt; here are some fund-raising ideas:

- Panhandle. Hang out on Capital Blvd with a cardboard sign that reads: "Will Argue Descartes' Ontological Theory For Food."

- Host a fund-raising banquet. Call it: "Bridging The Gap Between You and College Students." Instead of a dinner salad, serve Cheese Whiz and crackers, and for the main course: Top Ramen. Entertainment might consist of working out integral calculus problems between Kamikaze shots.

- Read tarot cards on the quad. Charge professors \$5, and administrators \$10. The words "tenure" and "budget cut-backs" should be included your readings to keep them coming back for future predictions.

In conclusion, I hope these tips help you through your first semester at Boise State. To be totally cliché, your experience here truly will be whatever you make of it. The frustrations of being a freshman will melt away with time, and having a sense of humor can help you avoid ulcers and insanity. At the end of Cabaret, Fraulein Kost and Ernst are singing together, where Ernst says to Fraulein, "I do not find this party amusing." Fraulein replies, "Ah, but it is just beginning. Come, we will make it amusing, you and I, ja?" So, I invite you...let's make Boise State amusing, you and I, ja?

who have been nominated as women making history. A network of interns and volunteers interview the women and document their stories.

At the core of our values, the Women's Center provides a safe place for people to express themselves. I once had a student share that she was glad she got involved in the center. She had stereotyped the center as a 'man-hating' group. She was pleasantly surprised to discover that this is not the case and that she could be herself along with the very diverse group of women she came to know.

Among our services and

programs, the Women's Center offers numerous internship opportunities and employment opportunities. To find out about all our programs and services or to read the most recent newsletter, visit our website at <http://womenscenter.boisestate.edu>.

Returning students can apply to get a mentor by clicking on "Get Involved" and then "Returning Women's Mentoring Program." Please call 426-4259 with any questions about programs, services or ways to get involved this fall.

Health, Wellness and Counseling: keeping students healthy

By Christina Berg
Health Promotion and
Prevention Services
Coordinator
Special to *The Arbiter*

"Wellness must be a prerequisite to all else. Students cannot be intellectually proficient if they are physically and psychologically unwell." - Ernest Boyer

The Health, Wellness and Counseling Services is an academic support service, providing leadership for the health of students, as well as the campus community. HWC consists of four major departments: Clinical Services, Counseling Services, Student Health Insurance Program and Wellness Services.

HWC provides, promotes, and supports services that assist students to define and accomplish personal and academic goals. Services support the overall health of the campus community in its broadest sense—integrating primary prevention, public health, clinical, physical, mental health services, teaching and training programs and research.

Healthier students and healthier campus communities facilitate learning, promote academic achievement, and lead to improved retention rates. HWC sustains and enhances academic excellence, fosters a more effective learning environment, and facilitates the building of a supportive, inclusive cam-

pus community.

Clinical Services

Clinical Services offers primary health care that is accessible and affordable on campus at the Health and Wellness Center. Emphasis is placed upon early screening and prevention, and empowering students with self-care knowledge and skills. A team approach is utilized for referrals and continuity of care.

Whether it is an acute illness, concern about personal issues, or questions about staying fit, we can help you get the care you need. Our health care staff includes physicians, physician assistants, nurse practitioners, registered nurses, and certified medical assistants. We strive to provide the majority of the primary health care needs of our student population.

Students can call 426-1459 for an appointment. Fall 2003 and Spring 2004 office hours are as follows: Monday, Wednesday, Thursday and Friday 8 a.m. - 5 pm and Tuesday 9 a.m. - 5 p.m. For more information, see our Website at www.boisestate.edu/healthservices/clinical

Counseling Services

Counseling Services provides a broad spectrum of counseling, consultative, evaluative, teaching, training and research functions. Located on the sixth floor of the Education Building, services include high-quality individual, couples and group counseling services to address psychological, behavioral, social or academic performance difficulties and many other personal concerns.

Programming focuses on the developmental needs of college students to maximize students' potential to benefit from the academic environment and experience.

Consultation services foster an environment supportive of the intellectual, emo-

tional, social, and physical development of students.

In addition, assessment services identify student needs, appropriate services and provide referrals to community resources.

Students can call 426-1601 for an appointment with a counselor. Fall 2003 and Spring 2004 office hours are as follows: Monday - Friday 8 a.m. - 5 p.m.

For more information, go to our Website at www.boisestate.edu/healthservices/counseling

Student Health Insurance Plan

The Student Health Insurance Plan (SHIP) provides supplemental health care coverage for full-time students and their dependents—seamlessly integrating campus primary care services with community specialty care, accidents, injuries and hospitalization.

SHIP is also an academic retention and learning support program that educates students on how to be savvy consumers of health care, focusing on how to effectively access and utilize all health-related services and insurance/financing options. Students who do not properly access the health service network risk generating significant health care bills that put the financial viability of their continued education in great jeopardy.

Effective fall 2003, the Idaho State Board of Education will enforce a policy requiring full-fee paying Idaho state university students to maintain adequate health insurance. BSU students registered for 8 or more credits will be automatically enrolled in SHIP, with the premium charge added to their tuition and fees billing. Students who provide proof of continuous enrollment in an alternative health insurance plan with comparable benefits by the tenth day of class will be able to waive out of their SHIP coverage each semester.

However, part-time students will no longer be eligi-

ble to enroll in SHIP. Part-time students currently enrolled in SHIP should contact Pat Branson at 426-2158 to discuss their continuation or conversion options for next fall semester.

The SHIP office is located in the Health and Wellness Center on campus. Fall 2003 and Spring 2004 office hours are as follows: Monday, Wednesday, Thursday and Friday 8 a.m. - 5 p.m. and Tuesday 9 a.m. - 5 p.m. For more information, go to our Website at www.boisestate.edu/healthservices/insurance

Wellness Services

Wellness Services provides a holistic approach to health promotion and prevention services for a diverse campus population. Services include:

- Making available current and accurate health information for the campus community.

- Providing educational opportunities to build awareness and skills necessary to improve and maintain health, as well as address the environmental context in which health behavior decisions are made.

- Advocating for a healthy campus community and providing leadership on policy and program development.

- Engaging stakeholders in addressing campus-wide health issues by developing collaborative campus and community partnerships.

- Contributing to the overall education of students and employees in the areas of lifestyle and behavior change, promoting physical, psychological, emotional, spiritual and social health.

Check out www.boisestate.edu/healthservices/wellness for the most current programming and related activities information. Wellness Services is located in the Health and Wellness Center on campus. Fall 2003 and Spring 2004 office hours are as follows: Monday, Wednesday, Thursday and Friday 8 a.m. - 5 p.m. and Tuesday 9 a.m. - 5 p.m.

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The Student Union's got the 411



People gather and talk in front of the SUB. Photo by Krista Adams, The Arbiter.

By Mike Esposito
Student Organization Program
Coordinator
Special to *The Arbiter*

What is a Student Union? Is it an employment advocacy group? Or is it an organization advocating easier finals? Actually, a Student Union is the community center of the university. Boise State's Student Union isn't just a building. Indeed, that's why you'll never hear the staff in it call it the "SUB" (Student Union Building). It is an assembly of programs, activities, services, and facilities that, when taken together, represent a well-considered plan for the community life.

Most students who enter to Union go to eat, or to buy books. But in addition to those amenities, there is also: the Games Center,

Campus ID, the Student Stop for academic success, the Copy Center, a convenience store, Student Involvement Center, student government, the Student Programs Board, the Volunteer Services Board, and the art gallery. You can check out a laptop computer to do homework, or use one of the freestanding computer kiosks to check e-mail or surf the Internet.

Everything a student would need to relax, get connected to Boise State and the Boise community is here. Another important service of the Student Union is the Information Desk. In the heart of the Union, the Info Desk provides discount movie passes to almost every theater in town; dispenses athletic tickets, tickets to almost all on-campus events and to many community events. In addition, the

following can be done: Bronco Bucks can be added to ID cards, postage can be bought, people can get phone numbers to any department on campus and laptop computers checked out.

Meeting room space for student groups and community organizations is also an important part of the Union. Concerts, lectures, comedians, ethnic festivals, family events, holiday activities and films are constantly using the large ballrooms and facilities of the Union. About the only thing not held in the Union is an athletic event-but you can watch those in the Union.

There are also many opportunities for employment in the Union in a wide variety of capacities. Come on into the Union, it has what you need.

Orange you proud you're a Bronco?

Get ready to be orangified at Homecoming 2003, October 6- 11

Telly Rollinger
Homecoming 2003 Chair
Special to *The Arbiter*

Homecoming 2003 may seem like a long way off, but plans for this fun-filled Boise State tradition have already begun - and you have an opportunity to help plan it. That's right Broncos, you are being offered a chance to help plan Homecoming. So don't pass it up.

Homecoming is one of Boise State's most exciting traditions. And by helping with its planning you will be showing the ultimate Bronco pride and spirit. Student involvement is important to the success of this event, and

your input will help make this Boise State's best Homecoming ever.

Here are some events already in the works for Homecoming 2003:

- Toilet Bowl. A Boise State tradition, it's a flag football tournament played in Bronco Stadium on the turf. The winning team gets their name on the Ceremonial Toilet.

- Campus & Downtown Decorating Contest. This contest provides a chance for people to show their Bronco spirit.

- A possible Pavilion event. Stay tuned for more details.

- Homecoming Parade. The parade is another Boise State tradition and one of Homecoming's biggest and best events.

- Street Festival. Stay tuned for more details.
- Chili Feed & Bronco

Bash Tailgate Party. The bash is a pre-game party at the Boise State Alumni Center complete with chili.

- Homecoming Football Game. This is the highlight of Homecoming Week, where the Broncos will blow away the Tulsa Hurricanes.

You can participate in the planning of Homecoming 2003 by becoming a member of the Homecoming Planning Committee. This student-led committee is responsible for the planning and promotion of Homecoming. It is a spirited and diverse group of students representing many different factions on campus. And you would make an excellent addition to the committee.

So, if you have Bronco pride and you have Bronco spirit then step up to the plate. Planning Homecoming is a great opportunity to:

- Get involved on campus.
- Meet a spirited and diverse group of students.
- Have fun.
- Learn about event planning and promotion.

For more information about getting involved with Homecoming 2003 contact:

Telly Rollinger,
Homecoming 2003
Coordinator at homecoming@boisestate.edu or (208) 426-1242.

The other half of college life

By Mike Esposito
Student Organization Program Coordinator
Special to *The Arbiter*

When thinking of a college experience, students of course, think of classes, textbooks and final exams.

But that's only half of the college experience.

The other half is the connections you make outside of class through involvement in clubs and organizations, university committees or simply by attending an event or athletic game.

There are 165 student organizations at Boise State, including academic clubs, honor societies, fraternities and sororities, ethnic organizations and club sports. Whatever the interest, there is usually a club for it. Getting involved is easy, as the Student Involvement Center maintains a list of clubs and has contact infor-

mation for each. The web site <http://union.boisestate.edu/organizations/involve.cfm> has a complete list of all organizations, or you can call (208) 426-1223.

In addition to clubs, the university has over 40 campus wide committees needing student members. From helping determine the Student Recreation Center's policies to being involved in choosing which professors get promoted and tenured, students on university committees not only gain valuable work experience, but also help shape the campus. Appointment to these committees is conducted by the student government and those interested can call 426-1440 or stop by the student government desk in the Student Union and complete an application.

The student government of Boise State is comprised of an elected 16-member sen-

ate, an elected president and vice-president, an appointed executive staff and an appointed five-member judiciary. Elections occur in March, however vacancies can be filled by presidential appointment and senate confirmation mid-year. To participate in student government, a student must have a 2.5 GPA.

Involvement can be more than just joining a group-it also includes attending functions and events. The university and student organizations produce a vast number of things to do. Bronco athletics, concerts, volunteer opportunities, lectures, comedians happen all year, even during summer. All functions at the university are listed at <http://entertainment.boisestate.edu/>.

Don't miss out on the other half of college; get involved.

there means you belong.

When I moved to Boise, I was disappointed in college life. I had heard all kinds of stories about the things I would learn, the places I would go and the people I would meet. Yet there I was in the city, I still had the same friends and experiences I had had my entire life.

Then one day I was sitting through another class vigorously taking notes trying to absorb the confusion spewing from my instructor's mouth when a classmate looked at me and said, "I think you were in my last class." It turned out that we actually had our first-three classes of the day together. We became friends immediately. She was a very involved student - president of this club, secretary of that club, volunteered here, helped out there. She quickly invited

me to join one of the clubs she was in. Now, just one year later, I am the president of that club.

As a part of the Student Alumni Association, I have made new and diverse friendships, contacts with important officials on campus and in the community. I have even become brave enough to get involved in more aspects of campus life since. I have and continue to be a part of countless committees; I even found a job in the Boise State Student Involvement Center.

Looking back over my experiences with involvement I see a diversity in my activities, success in my schoolwork and pride in what I stand for.

Why be involved? Involvement is truly the only way to become a part of your community and the best way to define your role in the life you choose.

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Why be involved in college?

By Sheri Muncy
BSU Student
Special To *The Arbiter*

Everyone asks why be involved? When I look at my life before involvement I see boredom, lack of motivation and little pride in my daily activities.

I came to Boise State University in my junior year of college. I had transferred from Idaho State University, where I spent three years never being involved, never meeting anyone, and never truly gaining more than just grades from my experience there.

Before college I spent most of my life in the small town of Driggs, Idaho. You know the kind of town, 80 people per graduating class, and everyone knows everybody else. Basically you don't have to do anything to be an active participant in the community, just living

Service Learning students make a world of difference

By Kerri McCanna
Service-Learning Program Liaison
Special to *The Arbiter*

Service-Learning students participate in community experiences in conjunction with their academic courses. They typically provide between 15 to 40 hours of participation in a non-profit, healthcare, or educational facility over the span of an academic semester. Once their courses end, however, many students find that the experience has been so rewarding that they decide to stay on. Here are a few examples:

WHO? Nick Hopson, a second-year Social Work student at BSU.

WHAT? Continues to work with Boise Parks and Recreation, extending the Service-Learning experience he had last semester.

WHERE? At the Fort Boise Community Center, Nick chose to mentor teens during "Late-Night Fridays", a weekend activity program.

WHEN? Service-Learning has been offered at Boise State University for four years. Spring semester of 2002 was the first time Nick participated. Last semester, he was one of over 400 BSU students who collectively provided more than 7,900 hours of community service.

WHY? Nick continued because when he had finished his formal hour commitment, he went to say goodbye to one of the teens he had gotten to know. "I need to talk to you", Nick called to the young man. "You're leaving, aren't you?" his new friend stated; it wasn't real-

ly a question. Suddenly, Nick explains, he could see the effects of the constantly changing pool of mentors, adults, and resources on young people who would just like a little stability. In that moment, Nick decided that, yes, he was leaving, but only for the summer break. When school started back up, he would return to Boise Parks and Rec.'s youth programs. He let his young friend know; they were reunited last fall, and Nick has since been offered and accepted a position with Boise Parks and Recreation's Youth Services.

HOW? For him, the effects of the Service-Learning experience have been the chance to use his intended major to make a difference both for the community and for himself.

WHO? Corri Holmes Fairchild, a student in Boise State's Nursing Program.

WHAT? On one memorable occasion, Corri tried to plan a crew to spring clean the Rescue Mission's kitchen. A few days before the event, she still had only one or two volunteers. So, she told everyone at her church and all of her friends and classmates that she needed help. Not long after that, Fairchild heard a spot on the radio and saw an ad in the local paper announcing the clean-up effort. Over 20 people showed up, so many that they were able to get the dining room spic and span too.

WHERE? Fairchild has worked with the Boise Rescue Mission for three years. "The first few times, I was a little nervous", said Fairchild. "But I got to know the people there,

and serving is a big part of my faith, and I really felt good being there."

WHEN? Fairchild has helped assist the homeless since she was a freshman at Boise State University. She started serving on the Volunteer Services Board at BSU after a year of serving at BRM so that she could get other students involved. She organized monthly projects through Volunteer Services Board last year; over the summer, she helped the Rescue Mission to orient new volunteers.

WHY? Fairchild says working at BRM allows her to work with the community, and she's gaining valuable knowledge about community nursing agencies and health care providers. Since her plans to become a nurse include serving low-income populations, the time she has spent with Boise Rescue Mission will certainly be as much of an asset to her as Fairchild is to them.

WHO? Nicole Stoops, a native of Germany, moved to the United States when she was 19 years old and is a full-time student at Boise State University.

WHAT? She worked with "Talk Time" last semester as a part of her freshman seminar. Talk Time welcomes new Americans, refugees, and immigrants to share conversation and activities for children and adults; light refreshments are always served.

WHERE? Held at Saint Alphonsus Hospital in the McCleary Center, Talk Time is a bimonthly continuing English conversation gathering for recent See Service page 8

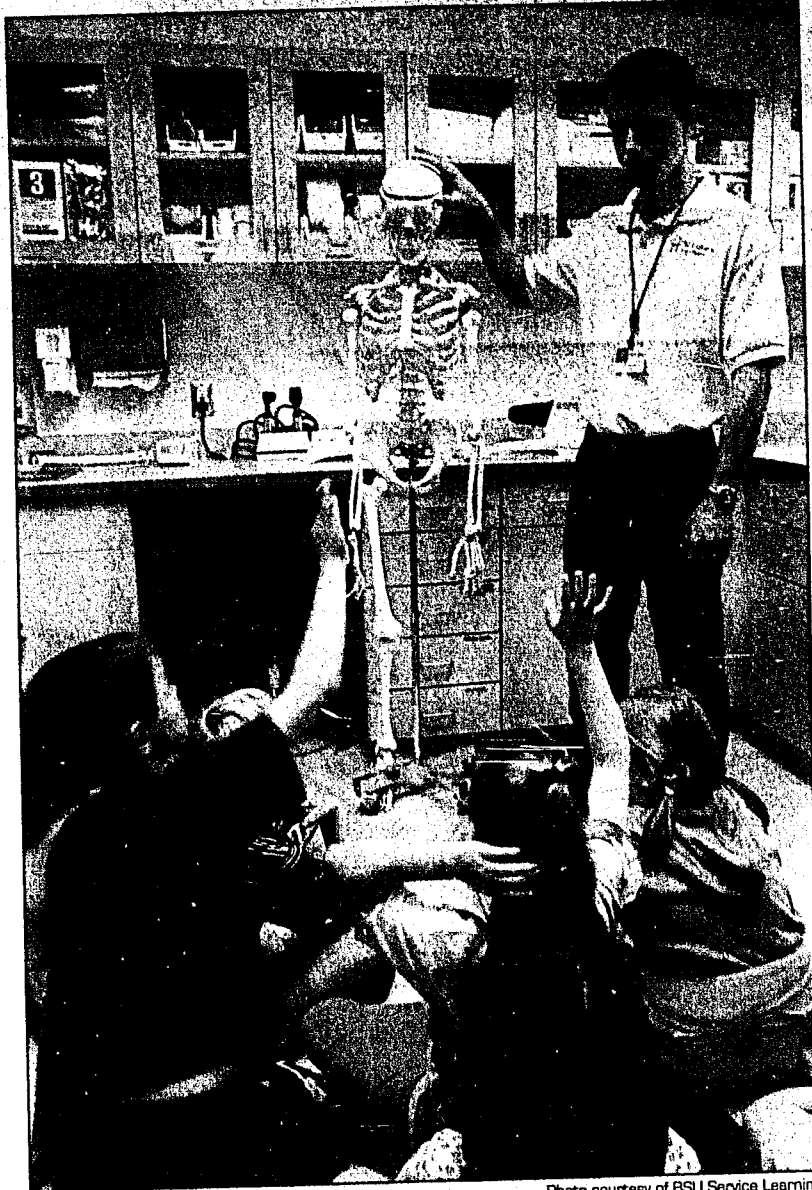


Photo courtesy of BSU Service Learning

Service Learning student Eric Elliot shows off his friend to Boise youngsters.

Work component gives students a vista on the real world

WHAT? Service Learning: A way of teaching and learning in which you can apply course concepts to help nonprofit agencies address community needs and make a difference.

WHERE? At Boise State University and at over 700 universities nationwide.

WHO? You - more than 800 Boise State students - and over 2 million college students across the United States each year.

WHICH COURSES? View the current list of over 20 courses that use Service-Learning courses at www2.boisestate.edu/servicelearning

HOW? Register on Bronco Web for Service-Learning courses. More questions? Call us at 426-2380 or 426-1004 or just stop by. We're located in the Gateway Center, on the corner of University and Chrisway.

WHEN? At Boise State University since 1998, Service-Learning courses are offered in fall, spring and now summer.

WHY? Stand out in class (close contact with faculty); Stand out in the community (make a difference); Stand out in the "Real World" (Service-Learning is a great addition to your résumé).

Program gives students something to take with them

By Kerri McCanna
Service-Learning Program Liaison
Special to *The Arbiter*

So, you're finally in a Service-Learning class! But, now what? And then what? Consider this:

Your assignment: Depart for North Boise to play basketball with teens.

Or:
Interview local historical figures in the professional TVTV studio.

Or:
Create an illustrated brochure and posters about bullying for distribution in local schools.

Sound like the assignments you expected? If not, you're in for an invigorating surprise. As you register for classes at Boise State University, you may see the words "Integrated Service-Learning" alongside the title

of your course. Just what is Service-Learning, how does it relate to these unexpected assignments, and how can you make sure you get the chance to learn outside the classroom walls during your "Real Education for the Real World?"

Now in its fifth year at BSU, Service-Learning is a program that connects the courses you're interested in with real community issues. It gives you the chance to take the skills and theories you learn in class, see how they work to meet local needs and put your thoughts back to work by making sure you and your classmates discuss and reflect on your experiences. As one student put it, "it's beneficial to see how issues discussed in class pertain rather directly to reality."

Let's say, for example, that you're taking Health

Promotion. You probably expect lectures about health fairs, but through Boise State's Service-Learning partnerships, you'll get to plan, design, show and evaluate the REACH Health Fair. Now that's putting your education to good use.

Specialized classes like Health Promotion aren't the only ones that include Service-Learning as part of their plans. Freshman Seminar (UNIV 101), Multi-Ethnic Studies (SOC 230), Democratic Media Production (COMM 494/594), Introduction to History (HIST 210), and Developmental Writing/English Composition (ENGL 90/101) are some of the classes that offer Service-Learning sections in 2003-2004.

Locations where students participate in Service-Learning in the Treasure

Valley community are just as varied.

"What a great way to be involved in the community and expand horizons," said Elaina Donohoe, who worked with the Idaho Black History Museum for her African-American Literature course.

Boise State Service-Learners can also be found at the Idaho Botanical Gardens, Fort Boise Recreation Center, Idaho Food Bank, and the Veterans' Home, just to name a few of Service-Learning's more than 40 active sites.

Students have learned while planting a community garden, participating in archival work on the history of African-Americans in Idaho, leading tours, serving meals to the homeless, and providing companionship to veterans. Service-Learners

See program page 8

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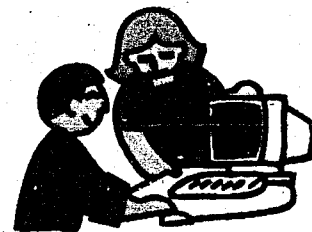
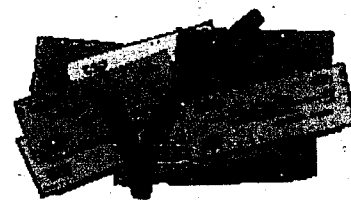
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Wednesday, June 4, 2003

Where am I?

By Brian Mayer
A&E Editor
The Arbiter

So, you're new to town and you need someone to show you around, or you've lived here your whole life and still haven't discovered the best place to let yourself go. Let me help you out. While I can't take you everywhere, I can tell you about the places I think are worth checking out. Think of this as 101 for the year to come.

While Boise is a growing town, it is still very small. This is as much of a strength as it is a weakness. You can take in highly attended outdoor concerts, or you can be cramped in a basement listening to a national act. While there are countless bars on Main Street to fix your nightlife fix, I would like to offer you some other choices other than the intersection of 6th and Main St or the events on campus. So come on, don't be afraid, it's going to be fun.

Study Spots

You need this. The library is still a good place for quiet study, but if you are anything like me a little noise and coffee helps me get in the mood. My personal favorite is Flying M. This coffee house is a must if you want to be seen studying, as it's full of art, music, gifts and people. This place is all about atmosphere; it changes by the hour and is great for people watching. It's like your junior high school cafeteria with a hip make over. The shop isn't open very late, so get there early for a sweet spot on an old sofa.

Music

Boise has come a long way in regard to music. There are many choices and many styles to check out on any given night. I personally don't care for the giant packaged shows that seem to dominate the area. The small venues and shows provide the opportunity to be close to the music you love without the massive crowds or ticket price. Places where you can witness the birth of a band, check out a local favorite, or see a national act on the rise. These are my top picks:

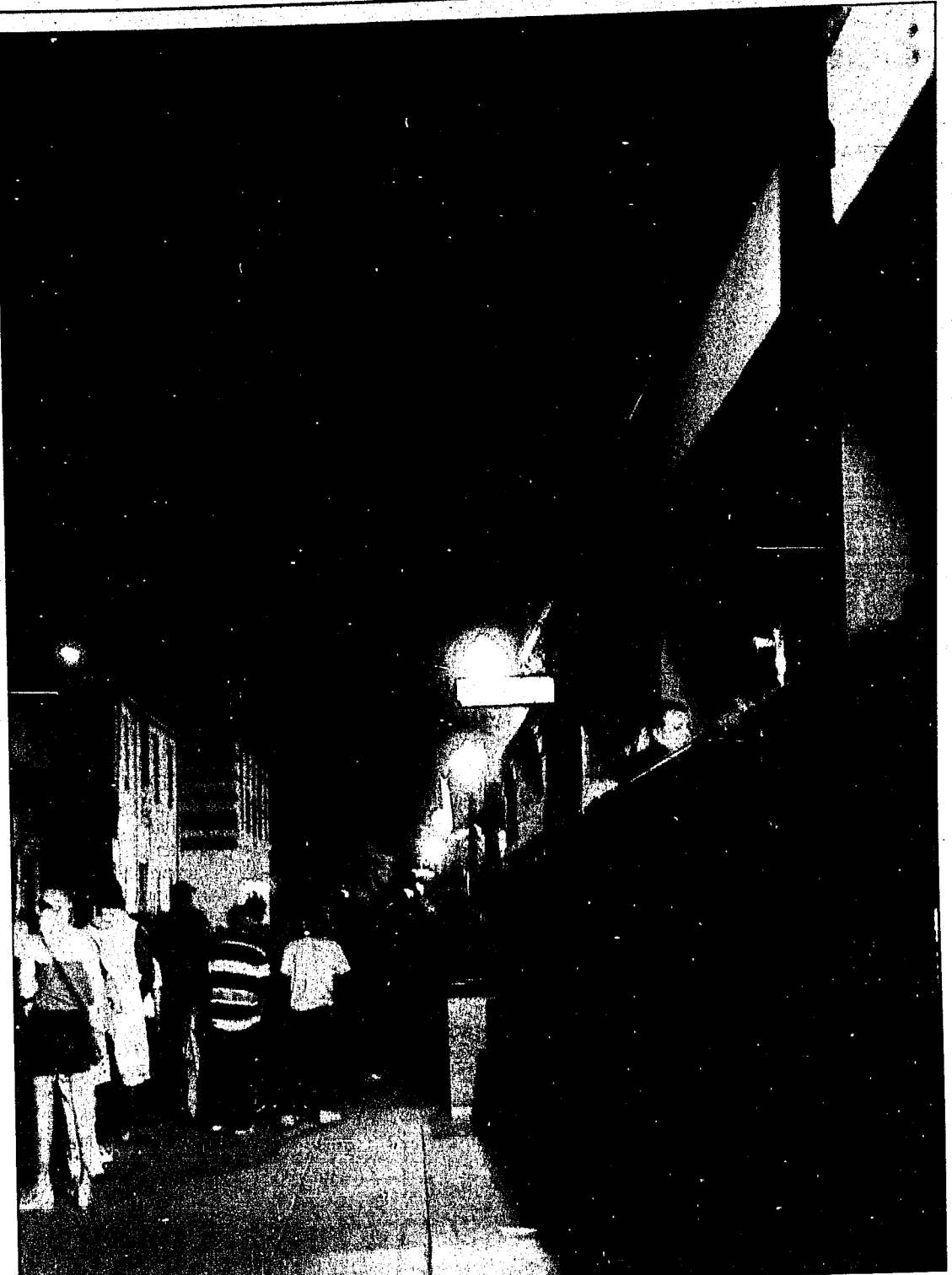
- House Shows. I really can't believe the amount and variety of musical talents I have witnessed in the homes of local residents. These all-ages shows are sporadic and fun, and happen monthly, just keep your eyes peeled for fliers and rumors and you can end up seeing something special. Another place to check out upcoming shows is www.angrypotato.com.

- The Neuroflux. If you are 21 and over this is a good spot for you. They have shows two to three nights per week, and DJ's on the weekend. A variety of acts from all over can be seen at this Boise staple.

- The Record Exchange. The only decent record store in town also has live in-store performances from time to time.

- J.D. and Friends. It's an all ages club with a full bar, featuring punk, hardcore, indie-pop and hip-hop.

Just like this town, this list is subject to change. And although this is not a complete list, breath easy, I will be your guide for the rest of the summer and into the fall.



A crowd gathers at the entrance of The Big Easy on a Wednesday night.

Photo by Mary Dawson, The Arbiter.

xoxoxo, Brian

BSU RADIO SCHEDULE

AM 730

June 1st, 2003 (starting)

SUNDAY:
8: The Power
9: Get Used To This

MONDAY:
8: Uneasy Listening
9: Girl Volcano

TUESDAY:
8: Too Much Distortion

WEDNESDAY:
8: Broken Sports Spotlight
8:5 The Miramonte Zone
9: Too Much Distortion

THURSDAY:
8: Sea Punk and a little bit of Punk
8:5 Character Play
9: Too Much Distortion

FRIDAY:
8: Inside The 20
9: Too Much Distortion

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Dark side of the sun

By Shari Rudavsky
Knight Ridder Newspapers
(KRT)

MIAMI — As a child on Miami Beach, Julius Ser couldn't get enough of the sun. He shot hoops outside, played baseball, dove the waves as the sun's rays warmed his bare chest. Later in life, he played tennis year-round.

Then 12 years ago, Ser's love affair with the sun ended abruptly. He went to see a dermatologist about some dark moles and discovered he had melanoma, the most deadly form of skin cancer. Surgeons removed the lesion and Ser changed his ways.

Now, the owner of 15th Street Books in Coral Gables, Fla., could be a dermatologist's poster boy. He never

goes out without slathering on sunscreen and donning a hat, long sleeves and pants. He sees his dermatologist twice a year and examines himself often.

"I don't care if it's rainy or light or dark, I put sunscreen on my face and hands," says Ser, 74.

With the incidence of melanoma steadily increasing, dermatologists wish more people were like Ser. Dermatologists have redoubled efforts to both prevent and detect the disease before it turns deadly.

Melanoma, a serious killer anywhere, is particularly lethal in places like South Florida. "Having nice weather is a benefit, but it's also a curse," says Dr. Robert S. Kirsner, chief of dermatology at the Miami Veterans Affairs Medical Center.

South Miami dermatologist Flor Mayoral says patients often tell her that they're never out in the sun so they

are at a lower risk.

"Do you go to lunch, is your car in the shade?" she asks. "Eighty percent of all sun exposure that people get in their lifetime is unintended sun exposure. That's a hell of a lot of sun exposure that people don't think they're getting."

Being wary of the sun can lower one's risk of skin cancer at any age, but dermatologists have a special pitch for parents and teachers, as bad burns during childhood can set the stage for melanoma later in life.

North Miami resident Donald Crumpacker doesn't take such measures despite having had about seven carcinomas removed from his face and arms over the past 10 years. The blond, blue-eyed, Crumpacker finds sunscreen "slimy and nasty," but he does visit his dermatologist, Dr. Barry Resnik, at least every six months for a screening.

"I've worked in the sun. I've played in the sun. I live in the sun," said Crumpacker, an avid boater. "Life is not over when you get skin cancer as far as I'm concerned. . . . You just whack the dang thing off

and go about your business."

To help get the word out about screening, the American Academy of Dermatology has teamed up with Major League Baseball in the "Play Smart When It Comes to the Sun Campaign." A number of baseball players, including Marlins' manager Jeff Torborg and Red Sox pitcher Derek Lowe, have had brushes with skin cancer.

That doesn't surprise Resnik, a UM assistant clinical professor of dermatology and cutaneous surgery. He screens both the Marlins and Dolphins. Resnik says baseball players are acutely aware of the dangers of the sun, which he attributes to the nature of the game.

"When you have 11 players standing around with short bursts of flight, you have more sun exposure for longer periods of time. With football, you're usually bent over, you're running, you catch the ball and you're probably getting less exposure," Resnik says. While regular screenings can nip skin cancers early, not everyone is so fortunate. Each year melanoma kills nearly 8,000 people in the United States.

A flurry of research trials aim to help lower that number, staving off the disease in patients in whom it has progressed beyond the skin to other organs. One trial under way at Mount Sinai Cancer Center and about 29 other medical centers nationwide uses a vaccine made from the patient's own tumor. The vaccine draws on the knowledge that each patient's melanoma has a different fingerprint, or mix of antigens, substances that can spark an immune response. Using the patient's own tumor for the vaccine offers the best shot that it will produce a response.

"There are ways that we can enhance the ability of the immune system to create an immune response against melanoma. This is only the first step," says Dr. Jose Lutzky, director of Mount Sinai's melanoma program.

Early trials showed an impressive response in some patients, but the glitch is that only 10 to 15 percent of those treated with the vaccine respond positively to it. Still, the results have been promising — especially because the vaccine is not as toxic as alternative standard treatments.

HWC Services Highlights

HWC Services, in conjunction with Campus Recreation, offers affordable massage for when you are stressed out or want to pamper yourself. Learn about the massage program at: www.boisestate.edu/recreation/services/massage.asp.

Look for various free, health-related workshops offered by fellow students.

Check out the new Wellness Resource Center, located in the Health and Wellness Center. A one-stop location for health information.

HWC Services new website (www.boisestate.edu/healthservices) provides an exceptional overview of our services and programs and is a great source of health information, numerous assessments and related campus and local resources. Check out this week's stress relief tip by logging on.

Link to Counseling Services for info on classes, workshops, support groups, self-help pamphlets and on-line assessments — all designed to enhance your mental and emotional wellness.

Nutritional Counseling coming soon.

Looking to get involved? Try the Student Programs Board

By Heather Gribble
SPB Assistant Director
Special to The Arbiter

If you want to make Boise State a happening place this year, consider becoming involved with the Student Programs Board. If you've ever attended a movie, a comic, a lecture, a performance or Spring Fling at Boise State — then you know the Student Programs Board has the power to make campus a fun and exciting place to hang out. The folks responsible for bringing a wide variety of SPB-sponsored events to campus are students, just like you.

SPB is a student organization responsible for implementing events that challenge beliefs, encourage involvement, empower the individual, educate others, inspire action and entertain the soul, while creating a

sense of community and university pride. SPB's stated purpose is to enhance classroom education, to stimulate thinking by providing a variety of world views and philosophies, to bring people together for support and most of all, to have fun.

The Student Programs Board is comprised of student positions, including a director, an assistant director, a graphic design team and numerous coordinators for special events, performing arts, lectures, comedy, concerts, films and family events.

This year the Student Programs Board has a brand new staff. There will be one returning member from last year's board. These changes present an exciting time for SPB and the Boise State University students.

Students can expect a plethora of exciting events to

come. The Board is already brainstorming ideas for the coming year. But you don't have to wait until fall for SPB entertainment. Events such as "Noon Tunes"—featuring live music—will continue throughout the summer. Noon Tunes begins Wednesday, June 4 and continues each Wednesday for the following nine weeks. Check out Noon Tunes from 11:30 a.m. to 1:30 p.m. on the Student Union patio. Upcoming movies and concerts will be listed on the website entertainment.boisestate.edu.

The Student Programs Board is always looking for interested students to fill a variety of committees. Whether your passion is film, comedy, concerts, or performing arts — there's a committee that needs you. Committees aid the coordinator and the Board in plan-

ning, organizing and facilitating events throughout the year.

The Student Programs Board is a student organization meant to serve the entire student population of Boise State University and therefore is a great organization to get involved with. Because the Boise State student population is considered largely nontraditional, SPB has the opportunity to bring a wide variety of events to Boise State.

If you wish to become involved with SPB or have a great idea for an event, we are located in the Student Union Building in the Student Activities Center. Or you can contact us by phone at 426-4239, or via email at spbdirector@boisestate.edu. SPB welcomes new and creative ideas for events.

The Arbiter

1910 University Drive
Boise, Idaho 83725
Online: www.arbiteronline.com

Phone: 345-8204
Fax: 426-3198

The Arbiter is the official student newspaper of Boise State University. Its mission is to provide a forum for the discussion of issues affecting the BSU community. The Arbiter's budget consists of fees paid by the student body and advertising sales. The paper is distributed Mondays and Thursdays to the campus during the academic school year. The first copy is free. Additional copies can be purchased for \$1 apiece at the Arbiter editorial office.

Submit letters to the editor to:
editor@arbiteronline.com

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Ishaq from page 1

for what it is.

We are attending a school that has for years had, and continues to have some of the best programs. Whether it's Boise State's academics: engineering, business, political science etc.; our nationally renowned athletic teams: gymnastics, tennis, football, et al.; or our more than 160 award-winning and nationally ranked student organizations, Boise State is very well

Service from page 6

immigrants and refugees. WHEN? Talk Time conversation nights are held the first and third Wednesday evenings of the month from 7 p.m. to 8:30 p.m. On the second and fourth Wednesdays at the same time, volunteers and ambassadors meet to plan and prepare topics and activities for the following Talk Time.

WHY? Having experienced life as an immigrant, Stoops possesses empathy for the new Americans served by Talk Time's continuing English conversation gatherings. From the first volunteer meeting, Stoops was full of ideas for the program, especially with regards to the children's activities.

"I like that we have the

regarded in Idaho, the Northwest, and the nation at large. This is due to programs, sports organizations, and clubs populated and run by students like you. Take ownership of the Boise State campus, get involved, and be proud of the blue and orange.

There are so many great things over here, but there are also many improvements you and I can make. We can influence Idaho by taking advantage of our proximity

freedom to help design the program and bring in our ideas," Stoops said.

HOW? Many of her suggestions for back to school and Halloween activities were popular with the twenty or so children who accompany their parents to Talk Time. She has spent time getting to know youngsters from Afghanistan, Bosnia, and the Sudan.

"I am going to keep coming here because I've made good friendships," said Stoops.

WHO? Jennifer Marrow, a senior with double majors in Human Resources Management and Communication.

WHAT? For her Service-Learning experience, Marrow chose the WCA's Court

Advocate program because she sees a relationship between her desired profession and the domestic violence issues she has been working with.

"In Human Resources, people need to be made more aware of how a woman's home life can affect her work. Domestic violence can cause a woman to lose her job, possibly the only thing that would enable her to leave an abusive situation," Marrow said.

WHERE? Virginia Husting's Feminist Sociological Theory course connected her with a Service-Learning partnership at the WCA in downtown Boise. She also provided support to clients at the Courthouse

WHEN? Marrow logged over 40 hours between

man who we students feel is ready to make some changes at Boise State. You also have a genuinely dedicated student government: ASBSU. We are all rabidly eager to work on your issues, on your behalf. Boise State might not have any cloned mules, but we do have a great education and over-all college experience that will clone your successes for years to come.

September and December, and has continued to volunteer with the WCA.

WHY? Growing up as a young woman in the '70's, now the mother of two daughters says she has "...seen a lot of changes, but we've still got a long way to go." Inspired by Bebe Thomson and Bev LaChance at the Women and Children's Alliance, Marrow said that one of her main goals is to see that children in abusive families receive protection.

Although her Service-Learning course has ended, Jennifer has continued her commitment. "They put a lot of effort into the training; I'd like to give back as much as they [the WCA] put into us."

Programs from page 6

say it opens doors to new thinking, community contacts, closer relationships and a sense that they can make a difference in issues that matter.

Jennifer Marrow graduated this spring with degrees in Human Resources Management and Communication. Along with her diploma, she took away her Service-Learning experience. Marrow worked with the Women and

Children's Alliance Court Advocate program in her Feminist Sociological Thought course. She saw a relationship between her desired profession and domestic violence issues. "In Human Resources, people need to be made more aware of how a woman's home life can affect her work. Domestic violence can cause a woman to lose her job, possibly the only thing that would enable her to leave an abusive situa-

tion," Marrow theorizes. Not only did she make a difference in the community, but chances are Marrow's "Real World" experience will give her both a personal and a professional edge.

Service-Learning is even noted on your transcripts. To make sure you're enrolled in a Service-Learning course, contact Service-Learning at 426-2380 or 426-1004 or visit our website at: www2.boisestate.edu/servicelearning.



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The Arbiter

The Independent Student Newspaper of Boise State University



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Ocean Kayak, Blue, Scrambler. 11' 2". Fit on Top w/back rest & paddle. \$500 for all. 866-7420

Horoscopes

By Linda C. Black
Tribune Media Services

Today's Birthday (June 4).

The learning process will be slower than usual this year, as you test new theories against old experiences. But if you stick with it, you'll acquire a solid foundation to build upon.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries (March 21-April 19)

Today is an 8 - It may still be difficult to put your feelings into words, but you can show your love through your actions instead. Don't do it by spending extravagantly, though. That would be counterproductive.

Taurus (April 20-May 20)

Today is a 6 - The next day or two will require patience. Luckily, you have a lot of it. Hold out for exactly what you want, even if you don't get it right away.

Gemini (May 21-June 21)

Today is a 7 - Sticking to a budget is not your favorite game, but you'll get better with practice. Spending a lot now, even on educational materials, is not a good idea.

Cancer (June 22-July 22)

Today is a 6 - Focus your attention on the bottom line again. You can find more money, but hold onto it. You soon may need it for an unplanned expense.

Leo (July 23-Aug. 22)

Today is an 8 - You're getting stronger, and that's good, because you need all the confidence you can muster. An extra dose of patience comes in handy, too.

Virgo (Aug. 23-Sept. 22)

Today is a 6 - You're good at structure and routine. That's why you're so efficient. Rely on that again in spite of all distractions.

Libra (Sept. 23-Oct. 22)

Today is an 8 - You're a good referee, and you may be asked to help sort out the facts in a fight. Be careful not to favor the one with the best vocabulary. He or she isn't necessarily right.

Scorpio (Oct. 23-Nov. 21)

Today is a 7 - You'll be even more careful than usual for the next few days. After this planning phase, the action is fast

and furious. Be prepared.

Sagittarius (Nov. 22-Dec. 21)

Today is an 8 - Your charming smile won't get you far if your mate's got a job to be done. Arguments are a waste of time. Just do it.

Capricorn (Dec. 22-Jan. 19)

Today is a 7 - You try to do a good job, and word does get around. Don't be shy about the attention you're generating. Get used to it.

Aquarius (Jan. 20-Feb. 18)

Today is a 7 - A person who doesn't agree with you could turn out to be a big help. Let him or her point out your mistakes before you actually make them.

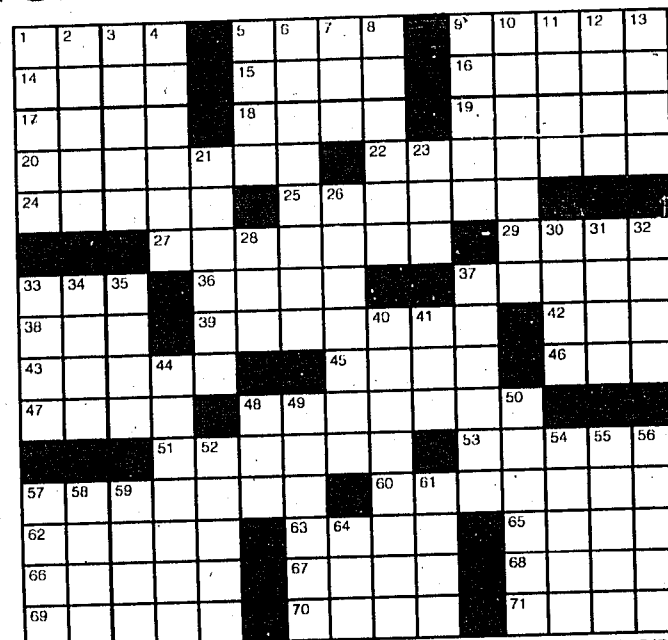
Pisces (Feb. 19-March 20)

Today is a 6 - By now you should be refreshed and ready to take on a job. That's good, because there seems to be a big one waiting for you.

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Crossword

- ACROSS
- Currency
 - Russian ruler
 - Exhaust
 - Aware of
 - Suffer stiffness
 - "The Love for Oranges"
 - Ids' companions
 - Gravy server
 - Seed covers
 - Molar mender
 - Tel Aviv citizen
 - Winter hazard
 - Those people's
 - Most indolent
 - Relaxation
 - Mom-and-pop grp.
 - Salacious stare
 - Organic compound
 - Circle part
 - Interposes
 - Bobby of the Bruins
 - Dunce-cap shaped
 - Drinking bout
 - Dads
 - Earthy paradise
 - Distorted
 - Manage
 - Banks of baseball
 - Environment
 - Stays behind
 - "Fear of Fifty" author Jong
 - Junket
 - Come together
 - "Without a Cause"
 - Shade trees
 - Farm measure
 - Impertinent
 - Catnap
 - Match parts
- DOWN
- Some students
 - Broadway backer
 - Boulder
 - Inn for youth
 - File flaps
 - Short-legged terriers
 - So that's it!
 - Makes a new knot
 - Kenneth or Bart
 - Word groups
 - HOMES part
 - Jodie Foster film
 - Lucy's love
 - Type of type
 - Make a lap
 - Rogue church member
 - Branch of Buddhism
 - On the peak of Padua
 - Evening in Padua
 - Goes wrong
 - Walk the carpet
 - Trampled
 - Complexion woe
 - High regard
 - Speakers' platforms
 - Little tyke
 - Reference sections
 - Musical syllable
 - More moist
 - Theatrical works
 - Elba's country
 - Sister's daughter
 - Like some gases
 - Park, CO
 - That woman's
 - Neighborhood
 - Tops of overalls
 - Formerly, formerly
 - Corrida cry



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06/04/03

Solutions

ACROSS

- 1 CURRENCY
- 2 RUSSIAN RULER
- 3 EXHAUST
- 4 AWARE OF
- 5 SUFFER STIFFNESS
- 6 "THE LOVE FOR ORANGES"
- 7 IDES' COMPANIONS
- 8 GRAVY SERVER
- 9 SEED COVERS
- 10 MOLAR MENDER
- 11 TEL AVIV CITIZEN
- 12 WINTER HAZARD
- 13 THOSE PEOPLE'S
- 14 MOST INDOLENT
- 15 RELAXATION
- 16 MOM-AND-POP GRP.
- 17 SALACIOUS STARE
- 18 ORGANIC COMPOUND
- 19 CIRCLE PART
- 20 INTERPOSES
- 21 BOBBY OF THE BRUINS
- 22 DUNCE-CAP SHAPED
- 23 DRINKING BOUT
- 24 DADS
- 25 EARTHY PARADISE
- 26 DISTORTED
- 27 MANAGE
- 28 BANKS OF BASEBALL
- 29 ENVIRONMENT
- 30 STAYS BEHIND
- 31 "FEAR OF FIFTY" AUTHOR JONG
- 32 JUNKET
- 33 COME TOGETHER
- 34 "WITHOUT A CAUSE"
- 35 SHADE TREES
- 36 FARM MEASURE
- 37 IMPERTINENT
- 38 CATNAP
- 39 MATCH PARTS

DOWN

- 1 SOME STUDENTS
- 2 BROADWAY BACKER
- 3 BOULDER
- 4 INN FOR YOUTH
- 5 FILE FLAPS
- 6 SHORT-LEGGED TERRIERS
- 7 SO THAT'S IT!
- 8 MAKES A NEW KNOT
- 9 KENNETH OR BART
- 10 WORD GROUPS
- 11 HOMES PART
- 12 JODIE FOSTER FILM
- 13 LUCY'S LOVE
- 14 TYPE OF TYPE
- 15 MAKE A LAP
- 16 ROGUE CHURCH MEMBER
- 17 BRANCH OF BUDDHISM
- 18 ON THE PEAK OF PADUA
- 19 EVENING IN PADUA
- 20 GOES WRONG
- 21 WALK THE CARPET
- 22 TRAMPLED
- 23 COMPLEXION WOE
- 24 HIGH REGARD
- 25 SPEAKERS' PLATFORMS
- 26 LITTLE TYKE
- 27 REFERENCE SECTIONS
- 28 MUSICAL SYLLABLE
- 29 MORE MOIST
- 30 THEATRICAL WORKS
- 31 ELBA'S COUNTRY
- 32 SISTER'S DAUGHTER
- 33 LIKE SOME GASES
- 34 PARK, CO
- 35 THAT WOMAN'S
- 36 NEIGHBORHOOD
- 37 TOPS OF OVERALLS
- 38 FORMERLY, FORMERLY
- 39 CORRIDA CRY

LIFE'S LITTLE VICTORIES

#2343: PULLING OUT YOUR OLD NINTENDO-- AND IT STILL WORKS!!

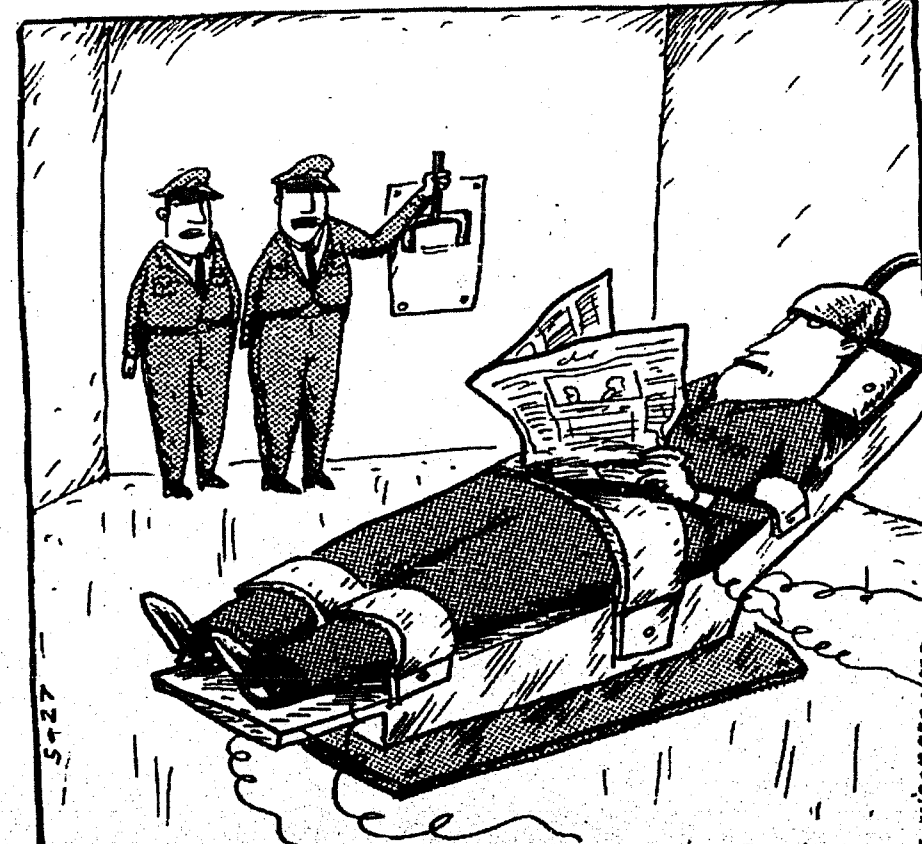
#2344: GETTING ROCK-STAR PARKING & THERE'S STILL PLENTY OF TIME LEFT ON THE METER!!

#2345: CALLING SOMEONE ON A PAYPHONE, GETTING AN ANSWERING MACHINE--

#2346: HAVING JUST ENOUGH STUFF TO MAKE A BOUL OF FRESH GUACAMOLE!

#2347: YOU CALL THE HOT DATE WHO GAVE YOU HER # THE NITE BEFORE-- & IT REALLY IS HER NUMBER!

#2348: YOUR RONY LITTLE MIXED BREED BEATS UP A MACHO MAN'S FULL BROWN PITBULL OVER AT THE DOG PARK FOR ALL EYES TO SEE...



"It's another example of the state being soft on crime - 40 million for Lazy Boy Electric Chairs."