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4-11-2001

### Arbiter, April 11

Students of Boise State University

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[4/11/2001 VOI.14 #30]

Arbiter

in the City















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# THE RETURN OF TOOLS TS



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Deadline for space reservation is Friday April 20th at 5pm

### Tobacco industry is harmful and deceptive

Dear Jerel,

I appreciate the fact you are willing to express your views every week in a public forum. No matter how much anyone may disagree with what is said, people that think and write about these issues should be commended.

Although I respect the fact that you express your views, I do see some things I think are faulty. First of all, you call Big Tobacco an "industry that is making an honest dollar."

Any industry that can sit and tell bold face lies to Congress and say their product is non-addictive is not what I would call honest. If you do, I will be sure to never do business with you.

I also find it odd that out of all the reports produced by what you claim is "the greatest nation in the history of the world" that you have to go overseas to find one report that supports your claim. Out of the hundreds of reports that link health problems with both smoking and second hand smoke, you find one to support your claim, but call the rest of us radicals. Hmmm. In America we walk a fine line. It is not illegal to do harmful things to your own body, yes the government capitalizes by taxing these products, and why not, smoking is a choice. It is bad for you, but we won't tell you to quit. We will give you the honest facts. I would have a little more sympathy for Big Tobacco if it hadn't lied to the American public for 30 years. As far as your correlation of Big Tobacco and fast food, I think you should have come up with something better. I have never heard of any kids being killed with a second hand taco.

**Duke Staggs** 



What was the Governor Kempthorne saying to President Ruch? Fill in the blank for us. Submit your ideas to the Arbiter for your chance to win a fabulous prize. Either bring your answer to the Arbiter (attention to the Photo Editor) or email your answer to photoeditor@arbitermail.com. Entries must be received by Friday, April 16.

### Planet Earth: who really cares?

By Kayce Finner

Earth Day began over 30 years ago and since that day millions of dedicated people have contributed to the effort of helping mother earth. I heard a comment the other day that bothered me, someone said, "Well there's really no turning back, the environment is so far gone as far a pollution, deforestation, and ozone that we might as well stop trying." Well I don't feel that it's time to stop trying, as a matter of fact as the Environmental Issues Coordinator for VSB, I have decided to drag earth day out this year and make it Earth Week here on campus April

16-20<sup>th</sup>. I want to bring awareness to the students and faculty of BSU. We will be focusing on consumerism this year, and advocating ways that each individual can take responsibility for their own consumerism. Did you know that computer printers worldwide "consume" at least 115 billion sheets of letter-sized paper, which amounts to approximately 9 million trees cut down? (MacEachern, 1995). How about doing your part the week of the 16-22<sup>nd</sup> and catching the bus or carpooling to school or better yet try and make it a Car Free Week and ride your bike. We

are putting together trivia games with lots of fun prizes, there will be speakers, bands, and plenty of earth friendly information. But most importantly there will be opportunities for individuals to come and sign up to volunteer with local organizations, such as the Idaho Fish and Game who will be needing help with their earth day service of planting native Riparian species of plants along the Little Salmon River. Earth Week 2001-It's too valuable a cause for just one DAY!! For additional information on earth week or to volunteer please contact Kayce Finner at the Volunteer Services Board- 426-4240.

What: Earth Week 2001 Where: TBA

When: April 16-20<sup>th</sup> 10am-

Who: Volunteer Services Board, Foothills Levy, Rainforest Action Network, Snake River Alliance, Sierra Club, Shaklee, Idaho State Parks and Rec.,

Department of Fish and Game

Band Night April 18<sup>th</sup> Featuring The Head **Connection and Earnest** Orange!

And it's all FREE!!!! Don't forget to Recycle and Ride your Bike!

### Top Ten Reasons To Vote

by Trevor Irish and Imran

It's your democratic right to vote. . .or it's supposed to be.

- 9. To drink FREE coke.
- 8. It's better than the Bush and Gore ticket. . Well, maybe.
- 7. Even George W. Bush can spell V.O.T.T.E.
- 6. So your student fees don't end up in a Lock Box.
- 5. Hey at least the Supreme Court won't intervene.

4. To make your very own dangling chad.

3. It's more important than the federal election.

2. To get practice, so you don't go and pull a Florida. Kathryn Harris is more than

3000 miles away, we are safe. -Trevor Irish is the ASBSU election board chair, Imran Ali is a member of the election board. Student body elections will take place today and tomorrow all over

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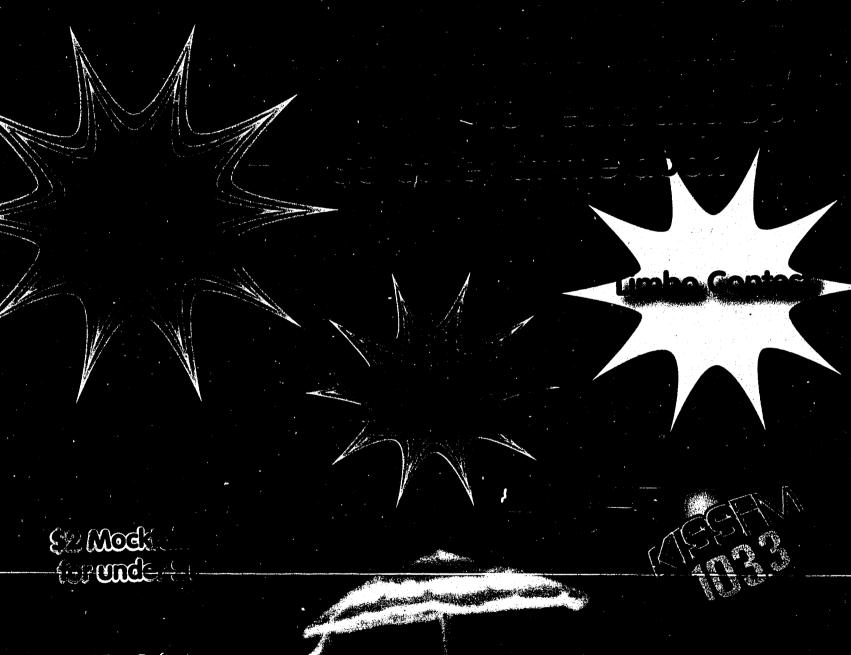
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# Sammer Love Beach Party



Crajeou

Sixth& Main

### Opinion:

by Sean C. Hayes

"The next screw that falls out is going to be you!" - the teacher, in "The Breakfast Club"

At first it looked like something to toss aside, another reminder from the financial aid office that once I withdraw from this fine institution, I owe them my blood, my left arm and my first born. This, however, was no ordinary disposable piece of correspondence.

I, a student of a once admirable GPA, and with slightly above average campus stature, had boldly laughed in the face of the 10-day registration deadline. Sure, I went on Bronco Web two days before school started, registered for classes I had no intention of going to, planned on sitting in on maxed-out classes and adding them later. I was vaguely aware of the necessity of being registered in 12 credits. You see one only gets status as a full-time student, and the benefits of the grants that come from said stature, by having 12

Spring semester began, and happily I began to add away - getting into the classes that I needed most, or seemed most painless. However, at some point, in my carousing on Bronco Web, my credit hour figure dropped below 12. That dark day, my friends, was the 10-day deadline.

I had thought that perhaps if I added an internship (the deadline for doing so comes after the normal registration deadline), that the short-term part time status would be overlooked. How wrong I was. When the feds say 10 days, they mean 10 days (for you, at least, they are free to take as much damn time as they need).

The correspondence from the financial aid office was a demand that \$356 of my Pell Grant be repaid. The penalty for not doing so was not being allowed to re-register in the fall.

Naturally, I was horrified. I had blown the unnecessary portions of my loan and grant money at a particularly good sale at Dillard's. I had put a great deal of it toward my credit card, and the amount I owed did not drop at all (in fact, it's gone up since then, and it's been at its limit for months). And, here, suddenly, I was faced with the prospect of my whole college student world collapsing around me.

So, I stopped in at the financial aid office and was surprised by the level of friendly help I received. The lady was sympathetic and explained that I even had eligibility for a work study grant. I was elated. Getting a job on campus that's not work study is like winning a Senate seat without lofty corporate donors.

I soon learned, however, beware of BSU administrators bearing gifts.

My second stop was to the Student Employment Web site, where I found several listings for promising work study positions (Helpfully, the Web site's password protection prevented foreigners from sneaking in and stealing our jobs). I applied, and was hired for a clerical position. My next task was acquiring official hiring paperwork from Student Employment. Easier said than done. see Financial Aid - pg.8

### **Guest Opinion**

# Oh lordy, my troubles Death of leisure plagues with financial aid the United States

by Nick Schaden

On March 13, CBS's "60 Minutes II" profiled three Internet startups that have survived the latest economic downturn. Rather than a predictable story chronicling the "dotcommers" rise to fame and fortune, the program focused on the companies radical new work ethic — an ethic aspiring to change American business culture forever.

It's boldly open and inventive. Workers wear what they want and set their own hours, whether it means coming in at 8 a.m. or 8 p.m. Company meetings are informal and take place anywhere from the boardroom to the cafeteria. The companies also provide many conveniences of home: dry cleaning when the clothes get dirty, at-work dental service when a tooth starts to hurt, a masseuse's rubdown when the day gets too stressful and even sleeping quarters when it's time to crash. In short, it's all part of an ever-blurring line between work and play. As giddy young CEO Mike McCue stated, "They're (the companies) becoming sort of part of your life. It's not like you go home and then you go to work. The two worlds are merging and blending."

Cut to the CBS correspondent, predictably twice as old as McCue, whose face snaps into a frothy

Is it just me, or is something severely wrong here? On-duty hours should not be synonymous with off-duty time. Leisure is increasingly becoming a distant memory for our generation.

The statistics speak for themselves. We have less time to relax, are more stressed out and get less sleep than our parents did. According to a recent survey in American Demographics magazine, adults 35 and younger were the most stressed age group of the population. More than a third of respondents under 25 said they didn't get enough sleep most of the time. In addition, according to the International Labor Organization, Americans make up the hardest-working labor force in the world, clocking more

see Leisure- pg. 10

# Media attention contributes to school violence

by Taylor Newbold

This April 20 will be the three-year anniversary of what is the nation's bloodiest school shooting. I remember coming home from high school and seeing coverage of the aftermath on every news station seeing pictures of traumatized teens sobbing as their parents held them in their arms.

Once the names of the shooters were released, Dylan Klebold and Eric Harris instantly earned more than their 15 minutes of fame. The shootings launched weeks of coverage, but what good if any did constantly publicizing the evil work of these two individuals do? Was it really necessary for the news media to spend weeks after the shootings discussing and reporting the event, bringing every bloody new detail to attention? Was it really necessary for Time and other magazines to display Klebold and Harris' picture on their covers?

Furthermore, less than 1 percent of homicides among 12-19-year olds occur in schools, and 90 percent of the schools in the United States report no violent crimes. Is it really necessary for the news media to direct so much attention for such a long amount of time? People asked why it happened with fingers pointing toward gun control and inadequate parenting, but what about all the attention Klebold and Harris received? Could that not have been a motive of theirs? Klebold and Harris knew they were going to be famous for what they did, and their wish came true.

They were unpopular, rejected, bullied by other students, and had no voice in high school. As a result, they felt that the only way they could fulfill their desires to be noticed and respected was to kill and maim 29 of their classmates, then going out in a ball of flame by punching bullets into their skulls. If they wanted to be noticed they could have dyed their hair or pierced their noses, but that wouldn't have been enough.

Their pain of being rejected caused them to become deeply vengeful. So much as to spend a year meticulously planning out how they would have their day of glory. Just last March, two shootings occurred in Southern California within a three-week period. Is this just coincidence or could it be that it took one shooting to foment the other shooter into getting their 15 minutes? Would the seventh-grader who shot and killed his teacher in Lake Worth, Fla., on the last day of school in May 2000 have done so if the earlier murders at Columbine and violence by students in other locales had been downplayed by the news

The media is not only a tool that can be used to direct attention, but it also affects the way teens think. A 1988 study by Madelyn Gould, a professor of psychiatry at Columbia University, examined media coverage of suicide. Gould found that the suicide of a person reported either on television or in newspapers

see School Violence- pg. 8

# Spineless moderates reduce valuable tax relief plan

by Jerel Thomas

About this time every year I get upset. I pace around my house flailing my arms and shouting obscenities out of confusion and frustration. You see, every year at this time the Democrats in elephant clothing (a.k.a. moderates) gather at the statehouse and screw us out of a tax cut. This year wasn't any different.

Idaho boasts with pride that we are the most republican state in the Union. The Republican Party is supposed to stand for limited government, placing trust in individuals to make the best choices for how they choose to live.

The politics of surplus is dangerous territory. The government overtaxed us last year. They decided to increase the budgets of many government offices. The problem is this new increase in budgets is now the norm.

From this principle derives the Republican belief that taxes are bad. We feel that people have the right to keep what they earn. I slowly understand this is the belief of conservatives and not moderates.

The government started out the legislative session with a \$300 million surplus. Following Republican principle, it would seem that we would be getting at least \$200 million in tax cuts. Or, better yet, the Legislature would have enacted substantial tax reform by totally eliminating the income tax or being the first state to implement a flat tax for individuals.

But none of this hap-



pened. The cowardly moderates that make up the Legislature seized the opportunity to increase the size of government at tax-payer expense. After spending all of they money they could, the Legislature begrudgingly passed a token tax break of \$94 million dollars.

Funny thing about this \$94 million tax-relief package. Last year the surplus was \$95 million dollars. We were told that a tax cut of \$95 million would only amount to an average refund of \$30. They went on to say that it just wasn't worth giving Idahoans their money back if it was only \$30 bucks. Suddenly, however, the Legislature (especially the cowards in the Senate) is patting their backs because they passed a tax cut this year!

The politics of surplus is dangerous territory. The

government over-taxed us last year. They decided to increase the budgets of many government offices. The problem is this new increase in budgets is now the norm.

These departments will be expecting at least this much money every year.

This in turn makes it next to impossible to ever reduce the size and scope of government.

People ask why the Democratic Party is so weak in Idaho. I would suggest that the Democratic Party is alive and well. Democrats do not need to be in the Legislature for they have these pansy moderates to do their job! These moderates love government and taxes. My fellow conservatives talk taxes by claiming that it is YOUR money that YOU earned and that YOU are best equipped to spend it how YOU choose.

Moderates talk just like democrats. They feel it is the GOVERNMENT'S money. They believe government welfare comes before family welfare. They feel you are too stupid to make decisions about YOUR money. Because you are such a helpless boob, they feel it is best to take your money and reapportion it how they see fit. This is why these yellowbellied moderates never give real tax relief.

Perhaps in two years another conservative revolution will hit Idaho. Life will be grand when conservatives unite and take back the party of Reagan and adhere to the principle of tax cuts to secure freedom for individuals. It won't be long now.

#### School Violence from pg. 6

made at-risk individuals who are exposed to the coverage feel that suicide is a, "reasonable, and even appealing decision."

I believe that news coverage of school shootings and suicide contributes to the reasoning going through the mind of the suicidal or neurotic individual. An example of this deductive reasoning is some hippies are atheists. Some atheists are anarchists. Therefore some hippies may be anarchists. To conclude that hippies are anarchists would of course be an error in logic. A more applicable example: If a student brings a gun to school and kills people they will become famous. I will bring a gun to school and kill people. Therefore, I will become famous.

In the Los Angeles County alone, six students killed themselves within six weeks of the Columbine high school shootings. In four of those cases in which a suicide note was left, Columbine was mentioned as an "inspiration."

If you plaster their face up on the news for 20 minutes, that's going to make a difference," said Dr. William Pollack of Harvard University. It, of course, must be said the media is not totally to blame for the have teens destruction unleashed on this nation, but it is one of the many reasons. The news media has a way of moving like a pack of wolves. After they are done devouring all the details of one story they move on to a fresher piece of meat, each time shredding it to pieces until there's nothing left. Perhaps if the media was aware of the potential effects of sensationalized reporting and presented their reports in a better manner, an at-risk teenager may not be so easily influenced to use a gun to cry out for help and attention.

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### Financial Aid from pg. 6

I had picked the day to go to Student Employment when they were hosting some kind of all-afternoon campus employment awards. ceremony. I'm not certain what kind of awards were given out during this important ceremony, but I understand that Joan and Melissa Rivers were on hand to critique nominees' fashions. Best Janitor nominee Marjorie Snelling - never one to miss a trend - evidently caused quite a stir showing up in a copy of the Oscar dress worn by Jennifer Lopez.

Therefore, my first hours at this new job were spent wandering back and forth from the Engineering building to the Student Employment office. The shift only lasted an hour and a half. I thought, well that's OK, I'll be back tomorrow. How wrong I was.

The next day, I kept my dutiful appointment with Student Employment. I was handed a new surprise. You see you can't access workstudy money if you have a

hold on your financial aid. Yet, one also has to have money to pay off a \$356 hold.

An hour and a half I spent on that work study job. That's a new family record for fasted job loss, beating my screw-up former stepfather's of 1.7 hours. Contacted last week in a Mexican prison, he said he was "impressed" but a "little jealous."

Even if I can manage to find the rare non-work study job on campus that I'm slightly qualified for, I'll never manage to get money to pay off the \$556 before my registration appointment. The only forms of employment where you can expect to make quick money are drug running and prostitution, both of which are beginning to mount increasing appeal.

What if I did become a drug fiend or hooker? That would sure show them. News reports would say, "look at the poor Pell Grant recipient who was forced to

turn to drugs and prostitution because he missed the 10-day deadline."

Rush Limbaugh would chalk it up to the evils of the Welfare state. He would admonish his listeners, "... And coming in from Boise, Iowa we have a report here that a former tax-draining son of a Welfare mother - a Sean Haves, who was receiving a Pell Grant, although he is not black - has now turned to drugs and prostitution, in the typical course of these good-for-nothing commies. I've also seen reports coming in - and this is highly disturbing - that Hayes either is, or has the same name as, a gay sitcom star."

So, I impress upon all of you here today, regard deadlines, conserve aid money and most of all don't face the bull of the BSU administration, or you'll get the horns. If I can stop one heart from breaking, I shall not live in vain.

I sit here today, a martyr to bureaucracy.

### Leisure from pg. 6

than 2,000 hours a year. That's two weeks more per year than the highly productive Japanese, and two months more than the Germans. Unfortunately, this alarming trend has only grown as our generation of high achievers has been replacing aging Baby Boomers at work. The average American is spending approximately 10 percent more time on the job than 25 years ago.

Inc. Magazine editor Jill Fraser's gives a choice example: Because of his heavy work at Intel, the only way a single father spent time with his kids on weekends was by sneaking them into the office. Makes that first post-college job look really appealing, doesn't it?

It doesn't take an engineer at Intel to realize this simultaneous work and play trend, New Economy style, only exacerbates the trend. To make matters worse, as alluded to by the CBS news story, it's a culture that will likely spread into Old Economy businesses across the country, including many that college graduates will work for

Nevertheless, with our generation slowly taking the reins of the U.S. workforce, we could halt or at least slow down leisure's downward spiral in both economies.

The scary thing is we're not. Just look at the non-stop, gogo lifestyle of the average student. Students live in a culture that thrives on a non-stop mix of academics, extracurricular activities and party time. We often segment our lives into carefully scheduled, bite-sized morsels. Undergraduates at the OMAC furiously pound away at level 12 of 12 on the Stairmaster, determined to get their prescribed 30 minutes of daily aerobic exercise. Students pile into the Ratty at exactly 12 p.m. for lunch and all leave precisely 50 minutes later for another class. Weekly study breaks are carefully orchestrated for overworked students to come up for air.

Just look at how many of us have mastered the art of multitasking between our work and play, making the division between the two activities ever so faint. We'll bang out our term papers while instant messaging our friends, or inhale a wrap and bagel at Josiah's while reviewing for an exam a few minutes away.

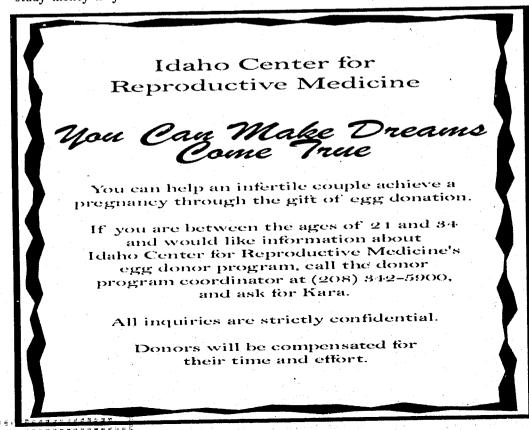
Our conversations at the cafeterias and dorm rooms revolve less around current events and small talk, and more around a perverted boasting contest wherein one tries to convince others that he or she has more stress, more work and is running on less sleep than everyone else. Think how many times we've heard the following: "I'm so stressed, I'm running on one hour of sleep" or the ever popular, "I've got 10,000 pages of reading for tomorrow."

So why do we commit ourselves to this high-octane lifestyle? The answer is quite simple. We were high-achievers in high school, often balancing a rigorous mixture of late nights, time-consuming extracurricular activities and a full course load. Thus the college mind thinks, if I kept the intensity level maxed out back then, why shouldn't I do it now?

Well, because this hard working, non-stop American ethos is destroying our society. At this rate, the graduating class of 2005 could be working 60-hour weeks, with no paid vacation, all with bunk beds by their desks to rest between marathon work sessions. The trend has to stop, and stop with us.

So while you're still at in school, get a good night's sleep. Take up yoga. Meditate. When you land that first job, tell your boss you want the normal hours without the dry cleaning, dental work and other "perks" that keep us forever chained to our office desks. Slow down. The future of America is counting on us.

Nick Schaden is a writer for the Brown Daily Herald at Brown University. Article reprinted with permission.



### The Gem State

## Kempthorne signs bill allocating greater higher education funds at Boise State

by Sean Haves

Gov. Dirk Kempthorne, as well as several members of his cabinet and the State Board of Education witnessed the signing last week of a new bill allocating greater funding to higher education.

Kempthorne signed the plan at Boise State's new Engineering Building, saying that he had chosen to sign the act at Boise State to show his "respect" to students and to educators.

"This is the year for higher education," Kempthorne said, setting the tone for a speech lauding the value of education to a standing room only crowd.

Kempthorne emphasized the need for education with an emotional address to the crowd about a graduation ceremony he had witnessed in a prison.

nessed in a prison.

He said that most inmates did not know how to read, suffered from substance abuse problems, and that sometimes female inmates hold sole custody of their children. He said that the lack of education would mean that many inmates, once released, would face a difficult transition to becoming productive and contributing members of socie-

Kempthorne countered the story by saying that he hears some lawmakers pitch plans for building new prisons, going so far as to say that with the current trend of inmate growth – new prisons may need to be constructed yearly.

The governor cited statistics saying it costs about \$19,000 to educate the average student and \$28,000 to house the average inmate. "What's the best investment?" he asked.

"With support of this legislation, we are changing the approach," Kempthorne said, in placing the focus on prevention over punishment.

"T don't want to get into the business of building prisons, I want to build lives," he added.

Boise State University Student Body President Nate Peterson, gave a brief speech praising the new legislation at the bill signing. He called the governor's appearance at Boise State "a great event."

"You had students, administrators, the entire Boise State commu-

tors, the entire Boise State community there as well as representatives
and senators... the governor,"
Peterson said. "Just a filled, packed
room of people who were excited
for higher education and the budget
it received this year."

During his brief address,

Peterson encouraged the governor to "fight the good fight" for higher education, and as a reminder, gave the governor a copy of "Fighting the Good Fight," an autobiography of late Boise State coach Pokey Allen.



Governor Kempthorne shakes hands with ASBSU president Nate Peterson after signing a bill increasing state funds for higher education.



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### on campus

# Sexual assault seminar addresses violence prevention, consent question

by Amanda Schmitt

On March 22, Boise State students gathered in the Jordan Ballroom for the Sexual Assault Prevention Seminar. The entire night was filled with tips on how to prevent sexual assaults and advice of what to do if it occurs.

Boise City Police Chief, Don Pierce, opened the seminar with reassuring words as to what the local police are doing about this ongoing concern in the community. "We are making our investigations victim centered," he said, meaning they do what is best for you (the victim), however, it may not always mean catching and prosecuting the felon.

"Sexual assault is not as it is portrayed in the media. The vast majority (of attacks) is by someone they know, someone they are dating," Pierce said. In a sexual assault, the relationship does not matter. It can happen to someone on the first date or a fifth anniversary.

In the Treasure Valley, greenbelt attacks are a growing concern to runners, bikers and "bladers." According to Pierce, "the greenbelt is as safe as it has ever been...if used responsibly."

He said police are boosting patrol and adding more markers to the greenbelt to assure users of its safety.

Angie Bevier, a Boise police officer with domestic violence training said, "the best way to protect yourself from sexual assault is to arm yourself with knowledge."

Have a realistic plan of what to do if someone attacks you, she said. Generally women do not have the upperbody strength to fight off an attacker, so this plan can be as simple as kicking or as brutal as gouging eyes out.

The national speaker, Curtis Clay, spoke to the women as well as the men in the audience saying no one is immune from sexual assaults.

"Many guys think it doesn't concern them, but everyone has a female in their lives that it could happen to. Be it a girlfriend, sister, or mother," Clay said.

Eighty percent of all reported sexual assaults are committed by acquaintances of the victim. So what is consent?

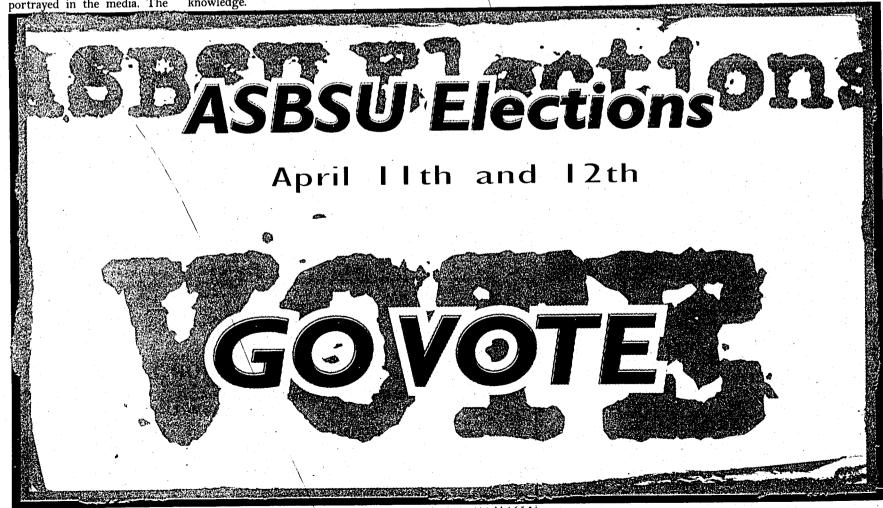
Is it when your girlfriend is too drunk to know what is happening? Is it when a girl is made to feel so guilty for not having sex, she finally gives in? No, Clay defines consent as "a freely given yes" - there is no pressure, force or guilt involved.

Naturally, males make up the vast majority of the accused. Clay gave some good advice to the guys in the audience concerning how not to be accused of a sexual assault. First and foremost, "don't give into the pressure from peers, fathers or uncles." Second, do not make assumptions as to what the girl wants. Talk about the relationship, "if you are not talking about it, you're not mature enough to be

doing it," stated Clay.

Lastly, there is a legal term everyone should know -diminished capacity. If you are drunk, you cannot legally consent to sex. Therefore, "don't have sex with someone who is drunk," asserted Clay.

Reporting the crime as soon as it happens is very important in sexual assault investigations. In most cases, it is her word against his, and the victim needs to have hard evidence to get a conviction. However, victims have up to five years from the date of the assault to report a rape and up to one year to report a sexual assault. Reliving this experience is difficult for everyone, but any information could help down the road.



### News Briefs

#### Boise State debate team wins two national awards

Boise State's forensics team received two awards from the Pi Kappa Delta National Honor Society at the national PKD convention and speech and debate tournament hosted by Boise State in late March.

The school's PKD chapter was awarded the Presidential Chapter Award as the outstanding program in the West Region (encompassing Alaska, Arizona, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington and Wyoming). The award is based on service to the community, academic excellence and competitive success over the previous two years.

In addition, Boise State's director of forensics Marty Most, received the President's Award for outstanding service to Pi Kappa Delta from 1999-2001. Most has coached Boise State speech and debate for 12 of the last 13 years.

Seventy-two schools participated in this year's tournament, representing 28 states and 600 competitors. Boise State placed fifth in debate, seventh in speech and sixth in combined speech and debate. With only nine students competing, Boise State had the smallest squad of any school in the top ten.

Individually, Boise State students won the following awards:

Parliamentary Debate: Open division — Imran Ali and Brooke Baldwin, third; JV division — Ken Rock and Misti Rutledge, second; Novice division — Joe Buckles and Carla Emery, third. All received excellent ratings.

Individual Events: Rachel Wheatley — excellent in poetry interpretation; Brook Smith — excellent in persuasive, informative, extemporaneous and impromptu speaking; EvyAnn Neff — superior in persuasive speaking and excellent in poetry interpretation; Rock — excellent in persuasive and informative speaking.

Boise State's debate team ended this year's season 17th out of 294 schools in the National Parliamentary Debate Association's final national standings. It's the fourth time in five years that the team has finished in the nation's top 20. Boise State tied with Creighton University, just behind Notre Dame and ahead of the University of Southern California. UC-Berkeley fin-

Do you know any re-entry women (women who have experienced a significant break in their formal education) who have been at BSU for at least two semesters and would be good candidates to serve as mentors for newly admitted reentry women?

### Women's Center recruiting student mentors for fall

ished first.

The Women's Center is now accepting applications for the fall 2001 Re-Entry Women's Mentoring Program. Mentors will be responsible for providing support and information to other re-entry woman students, and attending training sessions throughout the semester.

Applicants must be a reentry woman, and have a minimum GPA of 2.0. Internship credit is available in the English, communication, social science, women's studies, and sociology departments.

Students can pick up applications in the Women's Center on the corner of Lincoln and University Avenue. Deadline is April 18.

#### BSU Biology club to host Easter egg hunt

In the sprit of the holiday, the Societas Biophilia (Biology Club) will be hosting an Easter egg hunt at the intramural feild, behind the SUB, Friday April 13 from 10 a.m. to 3 p.m. For \$4 participants will have the opportunity to win gift certificates and other prizes from sponsers such as Lucky 13, Parrilla Grill, Flying M, Boise CO-OP, and Guido's Original New York Style Pizza.

-Briefs selected from BSU News Services

### science & technology

### BSU professor gets wired: Approach saves headaches, trees

#### by Bryan Burnett

Don't try to turn in a paper to Dr. Ed McLuskie in the conventional way. He will not accept it. Conventional - as in ink on paper.

The BSU communication professor has gone 100 percent electronic.

McLuskie says there are many reasons to go to a paper-less system. "One major advantage is that I save students from having to deal with my handwriting," McLuskie said. He prefers e-mail

attachments, but will accept the occasional floppy disc from students who do not have e-mail access.

Senior Jennifer Marrow agrees. She took classes from McLuskie both with and without paper and she prefers the electronic version.

"When I had Dr. McLuskie before he went electronic, the worst part of getting a paper back was navigating the sea of red ink that made up his comments; the electronic response is in 12 point bold face Times New Roman,"

McLuskie is experimenting with voice recognition software that enables him to make comments that are inserted directly on to his accepting assignments. "I'm open for business twenty-four-seven," McLuskie said. "All I need is a phone line and my laptop and I'm ready to rock 'n' roll."

Senior art major Bob Neal, points out that in addition to

being fast, studentfriendly and convenient, the paperless approach saves trees. Neal, who has McLuskie for COMM 161, did some quick math. McLuskie teaches classes three (totaling about 150 students) that require several papers and

abstracts. About 40 doublespaced pages per student per class are a conservative estimate of the assigned work.

"The total is approximately 6,000 pages," Neal said, "and that is only one professor at one college. The possibility for conservation is astounding."

ing."
McLuskie agrees. "It's definitely a situation that is friendly to the environment, as well as beneficial to professors and students alike."

### "I couldn't believe it," junior Satoko Tanaka said. "I emailed my assigned abstracts a little after midnight on a Tuesday morning and got his response at 1:15 a.m."

student's paper.

Electronic submission of and response to assignments is also fast and convenient for both teacher and student. "I couldn't believe it," junior Satoko Tanaka said. "I

"I couldn't believe it," junior Satoko Tanaka said. "I emailed my assigned abstracts a little after midnight on a Tuesday morning and got his response at 1:15 a.m."

McLuskie was recently out of town at a sociology conference over spring break, but that did not prevent him from



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# Gene Harris Festival transforms cold spring night into be-bop bliss

Laura Wylde

Ritchard Maynard, director of the Boise State Jazz Band announces a "time for love" in the Bank of America Centre. The 19member band blows the crowd into a turbid world of jazz as violet, blue, and yellow spotlights spin, illuminating each person in a unique shade.

The joint is not yet jumping, but the night is still young. It is a little after five, and the venue slowly fills with people for the "Downtown Club Night" as a part of the fourth annual Gene Harris Festival.

As part of this event, nine venues with 13

bands morphed downtown Boise into a swinging entertainment site for six hours this First Thursday. The club sites included: The Bank of America Centre, The Big Easy Concert House, Desert Sage, Sixth & Main at Joe's, The Balcony Club, The Plaza Owyhee Gamekeeper Lounge and The Owyhee Plaza Ballroom, the Rose Room and The Blues Bouquet.

By far, the most amazing performer of the evening was Mimi Fox, playing at Sixth & Main. The venue was bizarre with a clash of cultures. Tie-dye wall hangings, hippie beads and a Led Zeppelin poster hung in



Billy Mitchell performed with his quartet and singer Cherie Buckner at the Balcony. There were fewer instances of people wearing vinyl at the Balcony Thursday night than ever before in the club's history.

the same room with a and her two backup crowd of wine-drinking couples attentive to Fox,

friends.

The spry woman sat

on a small black stool, singing silently with her guitar. Despite the shocking location, and the lack of a table and wineglass, both the vibe and the performance topped the evening. Fox was amazing.

Playing a multiplicity of songs she had arranged, Fox blew the crowd away. One song incorporated a sambastyle melody. For this particular song, she simply tapped the strings, making a piano-ish noise, and then tore into the melody, again singing with her guitar. Everyone in the room

see lazz - pg. 22

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### the Nation

### Survey names ecstasy drug of choice

By Danny Bernardini
The Orion (California State U.-Chico)

CHICO, Calif. - If Lassen Hall resident Diana Fasanaro wants a hit of ecstasy, she said it would only take a few questions and a short walk.

"We can get it just like that," Fasanaro said. "No one deals it in our hall, but we can just go to Whitney (Hall). You don't even have to be low-key about it. You can just walk around and ask people who has it."

MDMA, the brain-damaging drug known as ecstasy, was originally used in dance parties known as raves but is gaining popularity and has found its way into mainstream use throughout the country.

And California State University-Chico is no exception.

According to a survey given by the Campus Alcohol and Drug Education Center 16 percent of the sampled students have used designer drugs in the last year. The national average of designer drug use is 6 percent.

Shauna Quinn, director of CADEC, said her group started noticing a trend when students in drug and alcohol classes said ecstasy was the most commonly used drug on campus.

"In the past it's always been marijuana," Quinn said.
"Previously we hadn't talked about ecstasy."

about ecstasy."

She said the center began educating students about the drug because few students know the risks involved with a pill that makes them feel so groud.

good.
"This group (of students) knows the harder stuff will ruin your life," she said. "They have seen their role models die. They don't believe they can die from a little pill called ecstasy."

In an attempt to alert the campus and the community of the dangers of the drug, CADEC and the Campus Wellness Center put on a seminar Tuesday night addressing the facts and myths surrounding certasy.

Todd Dye, Vacaville police detective and expert on ecstasy, said at the event that not enough people know the effects of taking the drug.

Because the drug gives off an overwhelming feeling of pleasure and intensifies sensations throughout the body, users don't think about the side effects.

"They wonder, how can something that makes you feel so good be bad for you?" Dye said. "In reality, one dose can cause brain damage that can last up to seven years."

When users ingest ecstasy, serotonin is released from the brain, which cannot be replaced.

Serotonin, a brain chemical, is released each time the drug is used, which Dye said leads to depression.

The National Institute on Drug Abuse also released studies that prove ecstasy has many side effects on the brain and body, and many are closely related to those of LSD and cocaine.

Side effects include depression, loss of memory, sleep problems and nausea.

Dye said another danger surrounding ecstasy is when the drug is mixed with other hard drugs such as LSD or cocaine. But even pure ecstasy can be deadly.

"Bad ecstasy will kill you," he said. "But good ecstasy can kill you too."

Because the drug is not legal to produce in any country, there are no regulations put on it, making it even more dangerous.

Shasta Hall resident Jackie Mansell said her friend took some impure ecstasy and suffered through the results.

"A friend of mine took some laced with acid (LSD) and tripped out pretty hard," Mansell said. "If you want to get really messed up, take whatever kind you want."

### No rape victims press charges at Western Kentucky

By Jennifer L. Dawes
College Heights Herald
(Western Kentucky U.)

BOWLING GREEN, Ky. Since last January, there have
been five rapes reported on
Western Kentucky
University's campus and none
of the women who filed those
reports have decided to prose-

According to experts, there

are many reasons why women, college-age women in particular, decide not to prosecute their rapist, said Misty Johnson, outreach coordinator for Hope Harbor, a rape crisis center in Bowling Green. Media coverage and shame are at the top of the list, she said, adding that difficulty in prosecution can also be a deterrent.

"A majority of prosecuted rapists never spend a day in jail," Johnson said.

Travis Manley, commander of communications and information services for University of Kentucky's campus police, said that in the last year UK has only had two rapes reported on campus from their 35,000 students. Manley also said that it is not uncommon for the rape victims to prosecute.

"The reason one of the victims prosecuted was because she didn't have a choice," Manley said.

The victim in that circumstance was a minor and was forced to prosecute.

Manley credits UK's positive outlook, educational programs, and campus safety, such as adequate lighting, with the low numbers of rapes on UK's campus.

The five women who reported rape at Western declined to comment or could not be reached.

Ingrid Woods, Western's sexual assault officer for Housing and Residence Life, is one of the first people notified when someone is raped on campus. Since she is often notified before the campus police, Woods sees it as her responsibility to inform the victim that if she files a report it will likely be covered by the media.

"Most of them don't want to make it a public case," Woods said.

According to Johnson, only 16 percent of rapes are reported and significantly less decide to prosecute. Johnson said the women who do prosecute usually do it to try to protect other women from being victimized.

### Maine proposes help for college costs

By Debra Hatch

The Maine Campus (U. Maine)

ORONO, Maine - As college tuition rates rise, University of Maine students and high school seniors contemplating college need to find new ways of finding financial aid.

According to Peggy Crawford, director of financial aid at UMaine, the state legislature is paying more attention to helping students and their families pay for college. The problem comes, however, with the lack of funding available in the legislature. Financial aid competes with basic costs such as heating and operating universities.

Recently, the Bangor Daily News reported on House Speaker Michael Saxl's, D-Portland, proposal to create a fund which would provide as much as \$2,300 a year to any Maine student studying at a college in Maine. This endowment could, if accepted, grow to \$125 million. This fund would accompany traditional methods of financial aid: loans, scholarships, tax deductions, grants and work study or work merit programs.

According to the Federal Department of Education, trends in borrowing independent and dependent students has consistently been increasing, signifying both more access and the higher costs of education.

At UMaine, a single year of tuition can cost between \$12,998 and \$20,738 for an undergraduate degree. Graduate degrees run between \$14,848 and \$21,796.

For most students, financial aid accounts for 33 percent of the total amount paid by full-time students, with a larger percentage of that coming from private universities. Financial aid accounts for 54 percent of tuition for low-income students and 17 percent for high-income students.

#### Martha Stewart honored in regalia at Barnard College awards dinner By Katherine Isokawa

Columbia Daily Spectator (Columbia U.)

NEW YORK - "Welcome to my Alma Mater's version of the Academy Awards. Except we're smarter and more fully clothed," said President of the Barnard College Alumni Association and member of the Barnard Board of Trustees Rosa Alonso, BC '82.

Alonso was referring to Barnard's 14th Annual Awards Dinner, held Thursday night at the Waldorf-Astoria hotel. The event raised more than one million dollars for Barnard's financial aid programs.

This year's honorees were Martha Stewart, BC '69, CEO and chairman of Martha Stewart Living Omnimedia and recipient of the Iphigene Ochs Sulzberger Award, and Charles R. Lee, chairman and co-CEO of Verizon Communications, who received the Frederick A.P. Barnard Award.

The Sulzberger Award emphasizes the honoree's innovative spirit and concern for humanity, while the Barnard Award highlights the recipient's visionary overcoming of obstacles

A selection committee from within the administration chooses the recipients, and the dinner chair bestows the awards, according to Gayle Robinson, BC '75 and President of the Board of Trustees.

Stewart was introduced to the guests by Sharon Patrick, the President and Chief Operating Officer of Martha Stewart Living, who characterized Stewart as a high achiever subsisting on three or four hours of sleep a night in her attempts at perfection.

"Nobody wants to sit around and watch me make a mediocre cake," Patrick quoted Stewart as

Stewart ascended the podium to lengthy applause and a standing ovation.

"What I try to do every single day is learn," Stewart said. "I learned that from Barnard. I am really grateful to the College."

### on campus

### **ASBSU** presidential candidate withdraws

#### by Brandon Fiala

There is one less ASBSU presidential ticket after a vice-presidential candidate failed to meet a qualification set by election code.

Presidential candidate Boz Bell and vice-presidential candidate Thomas T(uerman) withdrew their ticket last week after the election board discovered T. didn't meet a qualification, said Karen McDonald, ASBSU administrative assistant.

The requirement T. failed to meet is confidential. Candidate requirements haven't changed for several years, and no current senachanged them, McDonald said.

All candidates must be fulltime students, have at least a 2.25 GPA, be enrolled in the college of the department they are applying for, and turn in all materials by the deadline. Bell and T. turned their materials in on time, McDonald said.

Boz declined to say which qualification T. failed to meet. 'We appealed to the judiciary, but they didn't see it our way," Boz said. "I didn't have time to come up with another running mate of T.'s caliber."

Boz said he was disappointed, but hopes that students consider candidates' track records, especially the incumbents, when voting.

"Look at promises made and promises kept," he said. "For me, there were a lot of unkept promises."

Among the promises Boz believes incumbent president Nate Peterson didn't keep was a student referendum to keep student fees from increasing and a book swap that never happened.

Incumbent president Nate Peterson's severance of ties with administrators has been a controversial topic, and is now an election issue.

Boz said Peterson's severance wasted time and money, clouding the student referen-

"Dr. Ruch says he talks with students who do their homework, and it sounds like (Peterson) didn't do his on the referendum."

Peterson has said that severance was necessary to let administrators know his frustration.

### Four candidates run unopposed in vie for student Senate

By Arbiter Staff

Student body elections have turned into student body selfappointments this year with only four students vying for one of eight open college Senate positions. Each of the candidates are running unopposed in their college and will assume office de facto. Here's a look at four of the next ASBSU Senators:

Aaron Lee Calkins of Eagle is a 1997 graduate of North Side High School. Calkins says if elected, he "will be a voice for the students of BSU." Calkins also says he will help improve the image of Boise State in our community and throughout the state.

David McQuade of Boise is running unopposed as Senator for the College of Business and Economics. The 1999 graduate of Natroaa County High says he would support retroactive grade replacement. He also says he "would like to follow-up Business Senator Milbrant's efforts to improve advising in the College of Business and Economics." McQuade says he supports President ASBSU Nate Peterson's "efforts to identify students voices." He says he also understands that student government "needs to take a close look at fee increases."

Trevor Klein of Böise is running unopposed as an incumbent Senate candidate for the College

of Arts and Sciences. The 1993 Elko High School graduate says parking needs will top his list of concerns as Senator. He says he will also advocate for increased student involvement on campus and work "on getting the Administration more concerned about student affairs."

Julee Drinkwater is running unopposed as the incumbent Senate candidate for the College of Engineering. The 1997 graduate of Ellensburg High School in WA says she will continue to voice student opinion at Parking Committee meetings and promote student organization activities. Drinkwater says she supports and affordable Student Union expansion fee increase.

### the Nation

### Saturday mail in jeopardy

by Matt Griswold

The U.S. Postal Service board of governors on Tuesday called for a study of the potential cost savings of cutting Saturday mail delivery.

The proposal drew harsh criticism from congressmen in Washington, D.C., Wednesday, and mixed reactions from different facets of the University of Toledo community.

The Postal Service, which jacked up the cost of a stamp by a penny to 34 cents in January, is projecting a loss of \$2 billion to \$3 billion this fiscal year.

The board has commit-

ted to cutting spending by \$2.5 billion by 2003. Additionally, the agency plans to reduce administrative costs by 25 percent and transportation costs by 10 percent over the next five years.

see Mail - pg. 15



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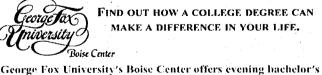


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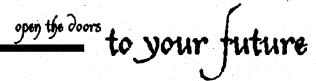


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#### Mail from pg. 14

The study will examine ending Saturday delivery for all mail, except overnight delivery. Results of the study are expected within 90 days, Postal Service officials said.

Michael Dowd, chairman of UT's economics department, shares Congress' concern with the proposal.

"It's cost shifting," he said. "They'll have the same volume of mail. But they'll do it in five days instead of six.

"They save money on Saturday, of course, but then they are going to put it on the backs of the carriers during the week. This is just going to slow down the entire process. They're not going to deliver in five days what they deliver in six."

In addition to inconveniencing many U.S. citizens, Dowd said ending

Saturday delivery would provide a financial blow to the business community, and ultimately damage an already staggering economy.

"It certainly would affect prices," he said. "Given that the economy is softening, it's not a good time.

"I hope they don't do this. This is just bad policy."

Craig Cummings, a Toledo spokesman for the Postal Service, was unavailable for comment.

Kristen Keith, an associate professor of economics, does not equally share Dowd's concerns.

She said it is understandable that the Postal Service is losing money as more people continue to utilize e-mail and facsimiles in correspondence with one another.

"Right now, we're very

used to getting mail on Saturday and people think there's going to be a big disruption in our lives," she said. "I think over time we'll figure out a way to adjust to it."

Keith admits that no mail delivery on Saturday would affect some people more than others.

"Maybe some people do rely on the mail and wait around for a check, but I don't know what proportion of the population that is," she said.

Some UT students offered different opinions as well.

Nick Guy, a junior majoring in adolescent social studies, said he welcomes any Saturday when he would not find any bills in the mail.

"It probably wouldn't make a bit of difference to me," he said. "When you're

trying to mail a bill that's past due, one more day of mail time might throw a little wrench into the gears of your planning. But it really doesn't faze me much."

Lisa O'Gurkis, a junior majoring in special education, on the other hand, would be a bit fazed.

"I would have to say it's a bad idea," she said. "I always use the mail and sometimes I expect things to come in on Saturday.

"I also think it would be an overload for Post Office workers. I don't think that's fair either."

Matt Griswold is a writer for The Collegian at the University of Toledo. Article reprinted with permission.



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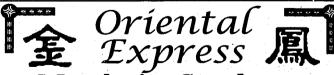
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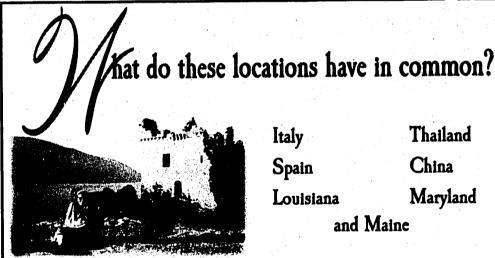
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"**,"** ,



BSU's Renate Stoop vents some frustration during a tough match against Weber State's Lenka Zacharova. Stoop won the match 3-6, 7-5, and 6-2.



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### 64th Ranked **Bronco Women's** Tennis Team **Defeats Weber** State 5-2

The 64th ranked Boise State women's tennis team defeated Weber State 5-2 Friday afternoon at the Boas Indoor Tennis Center at Boise States

While doubles was close, the Broncos in the end won all three matches for the doubles point with Renate Stoop and Helen Lawson at the first position, Jemima Hayward and Anna Oehme at two, and Laurie Cheung and Jemima Attard at three.

In singles, the Broncos won four matches. Stoop won at one over Lenka Zacharova (3-6, 7-5, 6-2). Lawson took the second position victory over Therina Steenkamp (6-1, 6-0). Anna Oehme picked up the win at three over Kim Sen (6-1, 6-2), and Laurie Cheung won at five over Veronica Reynosa (6-0, 6-7, 7-6).

The victory gives the Broncos an overall record of 18-5 as they will rest for a couple of weeks before competing in the Big West Championship Tournament April 26-29 in Ojai, Calif.

Lori Hays writes for the Boise State Athletic Dept.

### Women's Golf **Team Finishes** Second at Vandal Invitational

The Boise State women's golf team continued its strong spring play with a second place finish at the Vandal Spring Invitational in Moscow on March 31.. Led by sophomore Marie Beasley, the Broncos fired a 54hole score of 969 to finish ahead of nine other teams at the two-day event. Host school Idaho won the tournament with a three-round score of

Beasley, who earlier in the week placed sixth at the Santa Clara Colby Classic, finished in fourth place at the Vandal Invitational. Beasley fired a 54-hole score of 237 to finish nine shots back of individual winner Nicole Keller of Idaho. Beasley was joined by two other teammates in the top 15 at the tournament, as freshmen Rebecca Hopp and Amy Wieber also had solid outings. Hopp finished in 11th place, shooting a 244, while Wieber placed 13th with a 246.

Boise State has finished in the top five at both tournaments of the spring, finishing fifth of 10 teams at the Santa Clara Colby Classic as well. The Broncos next compete at the Utah-Dixie Classic in St. George, Utah on April 9-10.

Brad Larrondo writes for the Boise State Athletic Dept.



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### Health controversy surrounds diet pills

by Robyn Melamed

Picture this: Perfect abs, slender legs, great arms and a butt that makes Sir-Mix-a-Lot cry. Now picture that all of this can be yours for a mere \$49.99—that is, the cost of a month's supply of diet pills. Before you run out to the nearest mall and pick up a 10-year supply, you might want to read up on both sides of this controversial topic.

Over-the-counter diet pills are becoming more and more popular by the day. Americans are getting fatter, and savvy business people are tapping into how they can make a fast, easy buck. Books, magazines and self-help tapes on the subject of weight loss are everywhere, and the public just can't get enough. Within this craze, diet pills have become one of the most popular places to turn.

So what's the harm in successfully making money? Well,

here is where it gets complicated. Companies that distribute over-the-counter diet pills such as Metabolife stress the safe, effective qualities of their products. Over-the-counter diet pills are marketed as "herbal dietary supplements." When people think of herbs, they think of natural substances, and consider these pills safe.

According to doctors and nutritionists, this idea is false. Many diet pills contain Ma Huang, a Chinese herb from which ephedrine is extracted.

"Because these pills are herbal products, people are misled to believe that these pills are all natural," a pharmacist who wished to remain anonymous, at the Saline branch of CVS Pharmacy said. "But the drug ephedrine is the main appetite suppressant."

According to the Food and Drug Administration, ephedrine can cause many dan-

gerous side effects. The FDA has cited approximately 1,000 reports of these side effects including nervousness, dizziness, tremor, alternations in blood pressure or heart rate, headache, gastrointestinal distress, chest pain, myocardial infarctions (heart attacks), hepatitis, stroke, seizures, psychosis and 44 deaths.

Although these side effects have been cited, Mike Rothmiller, director of public relations at Metabolife, said that Metabolife, which contains ephedrine, is "safe and effective when taken as directed."

"These reports of death are not properly investigated," he said. "They are not based on fact and hard data, but instead are based on anecdotes."

Recent studies performed by Harvard and Columbia Universities have proved that ephedra dietary supplements are safe and effective. Also, Cantox Health Sciences International assessed all available scientific information, focusing on 19 clinical trials, and found that ephedra was both safe and beneficial for weight loss at the 90 mg per day dosage. Cantox concluded that there is no association between serious adverse events and ephedra when consumed as directed.

Yet, many health professionals are still worried. Dr. Robert Winfield, interim director of University Health Services, disagrees that the dangers of ephedrine are exaggerated.

"At UHS, we discourage the use of anything containing ephedrine," Winfield said. "One of the most dangerous side effects of this drug is severe stroke."

Prescription diet pills not containing ephedrine are available at UHS, but the staff only uses them in specific types of cases.

"All of our staff are hesitant to use these drugs unless there are specific, serious medical health problems that need to be addressed," Winfield said. "Diet pills can be helpful in assisting in weight loss when managing diabetes, and high blood pressure in the presence of severe obesity, however they are not a panacea and may have significant side effects."

Although UHS regulates the distribution of diet pills, the FDA does not. Because these products are commonly marketed as dietary supplements, there is little or no pre-market review by FDA of their safety or effectiveness, no good dosing information and no monitoring advice.

Some consumer advocates are working to change these conditions. Barbara Michal founded the organization Halt Ephedrine Abuse Today after her son died of ephedrine use.

"Ephedrine is nothing more than speed," Michal said. "It is a powerful cardiovascular and central nervous system stimulant and is as rewarding as cocaine."

Michal is very frustrated by the losing battle against the diet pill industry.

"The FDA and other organizations have been fighting to get ephedrine off the market, but they are fighting a multi-billion dollar industry that is spending millions to squash the regulatory effort," she said.

Most people that use diet pills are unaware of their dangers and their non-effectiveness. The diet pill industry stresses how effective their products are by publicizing success stories. An example of such a story goes like this: "Laura stepped on the scale and almost fainted. She had gained 100 pounds since the birth of her new baby girl. She knew she had to lose weight, but didn't know where to begin. She tried (insert over-the-counter diet pill here) and within a few months, she was back to a perfect size 2 and feeling better than ever."

These "success stories" do nothing but give people false hopes of effective weight loss. According to nutritionist Coco Newton, "diet pills, like any diet fads, are not a solution to the problem. Diet pills can actually cause people to gain weight because they do nothing to change food habits. Anyone who thinks they are a solution is wrong. People can become reliant on them, and at that point, have given the power to the pill."

Newton also thinks that diet pills "are not designed for individual use. This public approach does not take into account the biochemical needs of each per-

Whatever your decision may be regarding over-the-counter diet pills, both sides stress the importance of checking with a doctor before you begin any weight-loss system.

"If you are taking any prescription medication, these pills could cause dangerous reactions," Newton said. "It's not something to take lightly."

Robyn Melamed is a reporter for the Michigan Daily at the University of Michigan. Article reprinted with permission.

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Questions? call 426-1223





### Because, I said "No" A parent's forum

### Losing the child in the village

### by Casey Burkett

They say it takes a village to raise a child... I say it takes a village to drive this dad crazy. Let me substantiate my claim, it would only be proper.

Over spring break I got ambitious with my free time and decided to hit the road with my son. We thought his mom could use a break and his grandmother was dying to spoil him. So, off we go... we drove for three hours, no, four, no- five-and-a-half hours through the forest and over the hill to Grandmother's house we went. Amazingly enough, the drive wasn't a big deal. It was actually very pleasant. I had just happened to pick up the Pearl Jam Boise bootleg and besides kickin' some serious butt, it lasted us more than half the trip, and man, we really rocked out.

The entire trip was a bonding experience. I definitely recommend parents to take some serious one-on-one time with their kids. On one hand, you really get to know them better, and on the other, you learn to appreciate exactly how much help a spouse (or any support) is. This trip taught me a lot.

We need to fast forward a bit, passed Gramma's house and onto a little get together we attended the night before we left for home (don't worry you're not missing much). A group had been planning to come together to celebrate a little girl's seventh birthday. In this group there was one Grandmother and her beau, a few old family friends (most of whom we had not seen since Parker was just a baby), and the birthday girl with her

small entourage.

The plan for the evening was for us to meet up with the party around dinnertime to enjoy a meal, cake, and presents. It looked to be a delightful evening; it was anything

If you were to extract this next half-hour period from the night, it would have been an unremarkable family gettogether, one for the photo

album. A nice evening of getting reacquainted, talking of "since we met last..." and enjoying the company of good friends. But all that becomes a blur with 30 minutes of conflict.

It had come time for the birthday girl to crack open her gifts. The group gathered in a semi-circle to ooh and ahh.

Being the youngest of the children, my son had been enjoying a large part of the attention, mostly from the other kids. But, now it had come time for everyone to focus on the task at hand, and this was not going over well. Losing the crowd was only part of it though. What really drove him crazy was having to settle down and sit still or entertain himself off to the side. To show his discontentment for not allowing him to regain access to the spotlight, he whined, squirmed, and made a fuss. In comes the village. I would have preferred to either work through this or leave the room, which I should have done. But, the village overrode me with their parenting seniority. Comments on my parenting style started to surface from the group, things like "just let him play," "he's fine, let him do what he wants," and "it's ok, he can play."

Sounds innocent, but what they wanted me to allow him to do was get into the center of the circle, help open presents, play with the new toys, drain what little attention this girl had got that evening, and basically run free without rule. I remember when I was a kid. Birthdays were a joyous, but difficult time and when things didn't go my way on my day it was disappointing and frustrating. It's not a selfish thing; it's more a self-esteem thing. When a kid feels excluded on the one day a year that is supposed to be devoted to celebrating that child's life, well, it can be painful and hard to understand, especially at age 7. Plus, who wants a little kid messing with brand new toys before you can even break them in? I didn't and that's all that's important. Normally, I would

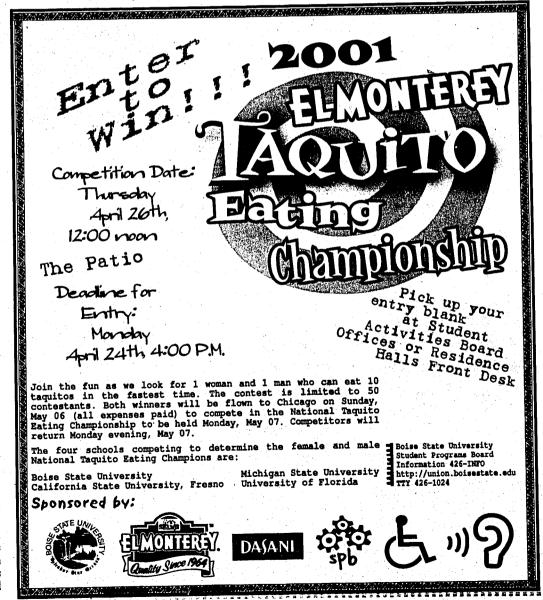
not give in to him, but what the majority wants, the majority usually gets. He ran free and tromped the celebration, tearing into unopened presents, removing recently opened presents without consideration or permission, siphoning off the attention, and ultimately being a brat.

It only took a few minutes for me to put my foot down and with hastening looks from the village, I removed him. Despite commenting I held strong, and within a few minutes the situation was remedied, present time was over and attention could again be distributed more evenly. The

group, however, left a residing experience with me. It was amazing how easily I relinquished my parenting right to them because their seniority and disapproval made me question my authority and skills as a parent. Any insecurity was immediately blown up to become an indestructible wall; not allowing me to do what I felt was the proper action. Overcome, yes, but I don't deal with a village often. A constant group dictating their parental beliefs would be much more overwhelming. So, the question is posited, who's rearing your kids, the parent or the village?

To access the forum part of

column. write Because I Said No@hotmail.com. It came to my attention that parents going to school and working would most likely not be interested in, or have time for, a club or any added responsibility of an organization. Though I think a lot of good could come from such a group, the support does not appear to be out there. Needless to say, I will not personally be pursuing the formation of a parents club at Boise State. If others would like to, or already have an organization for parents, please inform me so that I may feature the information.



### 'The b vocabulary' is fun to learn, and contains little tricky grammar

by Jim Toweill

Do you like acoustic guitars? Do you like electric guitars with weird effects on them? Do you like keyboards that sometimes sound like those used on the theme of the show "Rugrats"? Do you like samples from obscure movies? Do you like pictures of little kids whispering to each other on the covers of records you own? If so, you may or may not like the b vocabulary, but at least now you know something about them.

Actually, the b vocabulary is just one guy—a solo project of BSU English major, and member of local quartet Clock, Mark Hitz. Some of the guitar work is definitely reminiscent of Hitz's collaborative endeavor, but as a whole the disc is more stripped-down and intimate.

The project is pretty darn lo-fi, and like so many others of its kind, recorded on the standard 4-track home equipment with little or no sonic manipulation. The b vocabulary features no drums, and no percussion save the occasional emphatic guitar strum and the use of a xylophone.

The four guitar-based tracks feature the addition of well-placed keyboards emphasizing strumming and finger picking, and occasionally they carry the melody. As stated above, some of the keyboard sounds (as on the first track, "ambition") really

do sound like those used in the theme songs of certain Nickelodeon cartoon shows, but they don't detract from the music, giving it an eerily exuberant circus-like quality which is much more endearing than annoying. Much too often artists using keyboards use them as a crutch to make their music sound fuller, but this isn't the case here. The b thankfully vocabulary abstains from using the extremely cliché and gaudy pump organ sound that graces many rock albums these days.

Hitz's voice also accompanies these tracks, and accompany really is an appropriate word, since the vocals move alongside the guitar and keyboard rather than soar over them. The vocals seem to "know their place" so to speak, that is, they never monopolize and batter the rest of the music into submission. Mr. Hitz is obviously not giving a nod to traditional pop music, which is typically recorded with the vocals rendering everything else background material.

Two songs, "unspecified repairs", and "delaware drive" are largely guitar-free. Not that the guitar is something unsavory, like fat or MSG, but it's kind of nice when an artist is proficient on more than one instrument. "Unspecified repairs" is an almost traditional, dark piano piece with samples of movie

see Vocabulary - pg. 21

### "Now Hear This"—SPB presents free outdoor concert series

by Jim Toweill

Concert coordinator Matt Vander Boegh and the BSU Student Programs Board are presenting a series of free concerts this month entitled "Now Hear This", featuring an eclectic grouping of local acts and one out-of-town guitar-slinger.

In conjunction with ASBSU elections, four bands will play the SUB patio on Wednesday, April 11 and four more on Thursday, April 12. Beginning at 10:15 a.m., the Wednesday show features Hamster Style, a humorous acoustic duo, the heavy rock of Thick, the glaminfluenced hard rock of Danger

Baby (watch out for gratuitous make-up), and the energetic rapcore group Sub\*Vert. The Thursday lineup includes District 13 and their jazz/funk, the mysterious What's My Motive, Jakked Rabbit, a punk band who reportedly boast a particularly fleet-fingered bass player, and recently signed Oregon rockers, Maggie's Wood.

Each band will play for approximately 45 minutes, and if any of the shows happen to rain out, the scheduled bands will play the BSU amphitheater on Friday night.

The last concert features solo-rock guitarist John Floridis from Missoula, Mont. He's

scheduled to play from 11:30 a.m. to 1:30 p.m. in the same location. So, get some lunch, come enjoy some quality music for free, and enjoy the lovely spring weather with the "Now Hear This" concert series. Hopefully no one will get electrocuted.

Vander Boegh is also coordinating a sequel to last semester's extremely successful "Face Off" concert. Again, a plethora of good local bands will appear on two stages. Also, an exhibit of local art is scheduled for April 20 in the Hatch Ballroom. The Arbiter will feature a complete rundown of the show in next week's issue. Stay tuned.

### From the A&E Editor

### Old and prospective staff appriciated

by Jim Toweill

As you may or may not know, Arts and Entertainment editor Mike Winter has resigned to pursue more lucrative prospects and I'm filling in for the remainder of the semester.

I wish Mike well at his new position, and would like to thank him for all the hard work and dedication he's put into this paper, as well as the encouragement and support he's given me and other writ-

I'd also like to address a couple of issues relating to you, the readers. At least a couple of people have submitted letters to the editor this semester expressing their dissatisfaction with our A&E coverage. I encourage those people, and anyone else who would like to see something different featured in the A&E section to get in here and write for us! We're always looking for writers with different angles and ideas to submit articles, reviews, and previews of upcoming events that might not get attention otherwise.

The articles in this week's section are pretty heavy on the music end of things, especially the rock music. That's all great, but there are other things in the entertainment

world other than music, and my limited staff and I can't write about them all! I encourage anyone who wants to cover dance, theater, ballet, art, literature, orchestral music, cinema, or even write about their favorite bar or coffee shop to get in touch with me. Not to mention, we always need more submissions to the gallery page. I know there are more talented poets and short story writers out there than are contributing. I'd also like to hear your questions or comments, so drop the A&E section a line at arts@arbitermail.com.



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### Early music ensembles present opera and historical variety

#### Arbiter staff

Choruses from one of the operas, Italian earliest music Renaissance and medieval troubadour songs will be on the program at a performance by the Boise State University vocal and instrumental early music ensembles at 7:30 p.m. Monday, April 16, in the Morrison Center Recital Hall. Tickets are available at the door for \$5 general admission, \$3 for seniors and free to students and Boise State faculty and staff.

The instrumental ensemble, The Academy of St. Giles, and the vocal ensemble, Chamber Singers, will perform choruses from "Orfeo" by Claudio Monteverdi. When Monteverdi wrote "Orfeo" in 1607, the art form of combining music and drama, which came to be known as opera, was in its infancy. "Orfeo," known for its

expressive melodies and complex harmonies, tells of the mythological Greek character Orfeo's descent into hell to rescue his beloved Euridice.

The Chamber Singers, directed by Boise State music professor Giselle Wyers, will also sing a set of Monteverdi madrigals and choruses from "Arianna," also by Monteverdi.

The Academy of St. Giles, directed by Boise State music professor Joseph Baldassarre, will perform troubadour songs from the medieval period, Renaissance music of Italy and Baroque pieces from England. Musicians will play lute, viola da gamba and recorder. Program highlights will include part of a mass "Rex seculorum" by John Dunstable, "Canzona septimi toni No. 2" by Giovanni Gabrieli, and two mixed consort pieces by John Jenkins.

Presented by the Boise State Music Department. For more information, call 426-3980.

### Boise State Theatre Arts presents "The Memorandum" April 12-14, 18-22

**Arbiter Staff** 

The Boise State University theatre arts department will close its 30th anniversary season with Vaclav Havel's "The Memorandum" at the Morrison Center Stage II. Performances will be at 7:30 p.m. on April 12-14 and 18-21 and 2 p.m. on April 22. Boise State theatre arts professor Ann Klautsch will direct the production.

Tickets are \$9 general admission, \$7 for seniors, non-BSU students and Boise State alumni, available at Select-a-Seat, 426-1766 or www.idahotickets.com. Boise State students and staff are admitted free for all performances and may obtain free tickets at on-campus Select-a-Seat locations only. Free parking is available in the

Morrison Center parking lot.

Havel, who established his reputation as a playwright with this dark satire, is now the president of the Czech Republic and a highly esteemed, internationally respected political leader in Europe.

The 15-student cast will bring to life the illogical, indifferent and impersonal world of bureaucracy depicted in "The Memorandum." Within the walls of a large, faceless institution, certain factions try to establish a new language for greater precision and efficiency. As the language proves more and more incomprehensible, it seems to meet with less and less resistance.

### grub outside the sub

by J. Patrick Kelly

Brick Oven Bistro
The Great American Beanery
8th & Main on the Grove
3 4 2 - 3 4 5 6
Comfort food for the not-athome

Dining options in downtown Boise on Sunday are limited. Only a few brave proprietors are open to feed late weekend diners. So, kudos to the places diligent enough to defy profit margin and sincerely offer cuisine seven-days-a-week regardless of seasonal statistics.

Last Sunday night my girlfriend and I pondered our dining options. I was feeling sentimental and craving American comfort food, and she desired a lighter, vegatarian fare. Our palates would have to soon meld into one decision because of sheer hunger. The Brick Oven Bistro was mentioned. She boasted of their consistency and I followed like a homesick kid that missed mom's Sunday pot roast with all of the trimmings. I was elated to find homespun comfort food at affordable prices and she enjoyed a freshly prepared veggie sandwich with a side of mashers topped with creamy corn gravy. Smiles all around.

The Brick Oven Bistro has been well received by Boiseans since 1984. This hybrid cafeteria-style restaurant executes their concept effectively with freshly prepared comfort food and a cheery staff. By the general disposition of the personnel and the smiling photographs of past employees, I could tell the management was doing something right besides the food.

I always respect honesty when asking questions about food freshness. The line cook was candid when I asked his opinion about the meatloaf. He recommended the pot roast instead, then talked about a 'great exploding meatloaf incident' with immense fear in his eyes. I'm sure the meatloaf is adequate at the Brick, but this cook's phobia pushed me towards the Yankee Pot Roast (\$7.95). He was right! The latter was tasty and succulent, and the mashed potatoes were real, so was the burgundy-mushroom gravy. I had fond flashbacks from Sundays past.

The menu offers a healthy dose of Americana: Roast Citrus Marinated Chicken (\$8.45), Breast of Turkey (\$6.95), Sirloin of Beef (\$6.95), Sugar Cured Ham (\$6.95). The Brick's thoughtfully prepared salad and sandwich platters are too numerous to mention in this short article, but do yourself a favor and check out the offerings.

Spring is sprung in The City of Squirrels, and the Brick has ample outside seating, right next to an impressive water sculpture of blue herons.

### Vocabulary from pg. 20

dialogue placed over it, creating a precise mood. If the last track, "delaware drive", is any indication of what it's really like to drive in Delaware, then it might be a pretty interesting place to visit. The song combines spoken word, several vastly different keyboard sounds, and a bit of unorthodox guitar work, which makes a sort of slow-boiling avant-garde soup of sorts.

No record is without its flaws, and the b vocabulary's biggest drawback is the volume at which it was recorded. You've got to turn the speakers up a little bit louder than normal for this one, but it's worth it. This is honestly one of the most unpretentious (the insert states, "Record your own album"), creative and enjoyable solo discs a Boise musician has put out this year. Bennett Yankey, assistant music director at KUOI in Moscow remarked, "It's pleasant to know that music like this is being recorded in the Boise While area these days." slightly on the experimental side of things, the b vocabulary doesn't drift off into completely alienating territory, and might be accessible to just about anyone who doesn't have an N'SYNC poster gracing their bedroom door.

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### Jazz from pg. 12

was smiling in wonder-ment. Small conversations weaved around the tables, reminiscent of a small club existing numerous decades past.

The night rolled on, yet no performer came close to the zenith of



Mimi Fox played an intense 3 hour set at Sixth and Main. It included her interpretations on jazz standards as well as some of her original work. Sixth and Main never sounded better.

At the Balcony Fox. Club, Cherie Buckner sang to the tunes of the Billy Mitchell Quartet couples spun while around the dance floor at the performers' feet. It was half past 8 by this time, and all of down-

town hummed with the be-bopping tunes of the various venues.

All throughout the night people filtered in Land out of each club, milling around Eighth Street all laughing and enjoying the crisp spring air. Boise local Cal Osborn capsulated the night. "It's fantastic!" he responded. "I am having a good time, there is no rowdiness." He added, "Few cities have activities like this."

The celebration of the night was only a fraction of the entire festival. More than 1,000 high school jazz students attended the festival for workshops with the visit-



Former Governor Phil **Batt joined the Billy** Mitchell quartet for a brief time Thursday night.

ing musicians and competitions with one another on six miscellaneous levels. Visiting musicians included Eddie Palmeri, Diane Schuur, and Curtis Stigers. The festival lasted four days, and according to Gov. Dirk Kempthorne, is becoming one of the nations premiere music celebrations.



Last Sunday night brought the annual luau presented by Hui-o-Aloha. It featured dances and culture from Hawaii, Samoa, New Zealand, Tonga, and Tahiti. This was also the first year that Huio-Aloha featured the Samoan Fire Dance. No eyebrows were singed as the two dancers played with fire Polynesian style. Other standout performances included the Samoan Mosquito Slap Dance, and the audience participation portion of the show, which demonstrated that the hips of white guys can't quite keep up with those of the Polynesian ladies.

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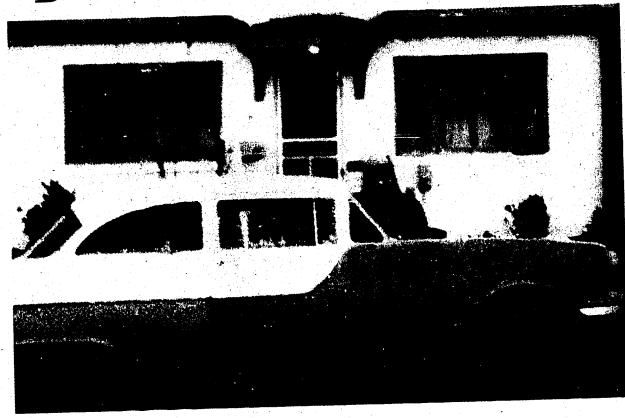
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Fugazi. Photo by Glen Scott.



Drawing Flies at the Battle of the Bands. Photo by Glen Scott.



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April 11, 2001

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The ideal candidates will be career minded, and possess excellent interpersonal/ organizational skills. Fax or email resume to (801) 355-9869 or 34 South 500 East, Suite 102, Salt Lake City, UT 84102 Attn.: Amy.

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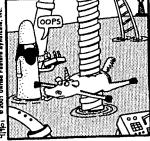


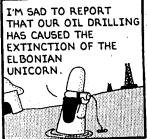
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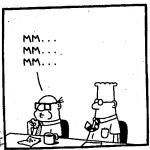














YOU





### Campus Clubs

HEY

**GUYS** 

Got unanswered questions or interests about your health, medicine, health/medical topics, or medical and health sciences?

The Pre-Med Club has answers.

If you have questions about health and medicine, write to us at www.medletter14@hotmail.com. We'll publish and answer your question in our new Health Corner Column.

The Scottish-American Society is a non-profit, community oriented group dedicated to promoting awareness, and celebration of Scottish and other Celtic heritages. Call 331-5675 for more information, or for the times and locations of upcoming meetings.



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