

12-11-1996

## Arbiter, December 11

Students of Boise State University

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# the ARBITER

DEC. 11, 1996 • VOLUME 6, NUMBER 16 • FIRST COPY FREE



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*Either let homosexuals marry or do away with the institution.*

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*Gymnast wins state powerlifting title.*

## EDITORIAL

## Parting shots

Here's some food for thought during the holidays. Have fun, drive safely and we'll see you next semester!

**Holidaze.** Christmas is becoming more like an obligation than a holiday. Why? Our relentless obsession with giving each other crap. Instead of fruitcake or finance, give the gift of respect, love and compassion this year!

We should take a lesson from the Dutch and have Santa Claus Day and Christmas separately. The current co-located holiday confuses people into thinking Christmas is all about flashy lights, materialism and Santa on a cross.

**Library.** Printers are available to print out dinky little call numbers so you can find books, but not for the infinite information a student might want to access on

the Internet-accessible computer. It's nice to have the Internet as a resource, but unless you have a computer at home (which sort of defeats the purpose) or have some super-human speed writing ability it's not usable information.

Why not hook up a printer behind the reference desk? Students could leave a deposit, receive the printer password, and then pay for copies produced. It's such a crazy idea the library might even make a little money from it.

On the upside, have you ever noticed the vast number of obscure periodicals in our temple of the written word? Everything from the Army Times, to white power newsletters, to three journals on the Arctic alone!

**Parking.** President Ruch once said parking will always be a problem on campus. It's true. But that doesn't mean we shouldn't try to solve it.

The shuttle bus remains a positive step, and plans to build a parking garage have merit. However, it occurs to us that this problem isn't as dire as most students imagine. Before construction started at Bronco Stadium, empty parking spots could regularly be found there even at peak times. But students accustomed to a drive-thru society don't expect to hike 10 to 15 minutes to class or wait a comparable amount of time for a shuttle bus trip. They want to park in front of the building they're going to, like it's the Shopko of education. So maybe we tend to whine a little. Students ought to get used to driving to school a little earlier.

On the other hand, students forced to park on the fringes of the university are also used to walking through empty parking lots on their way to class; especially evening students, who have to comply with parking regulations until 7 p.m., despite the windfall of spaces.

The answer the university offers is to buy a parking pass. So you buy one and end up waiting just as long



WHAT THE HELL?!

PHOTO BY JOE RELK

for a space to open up as you would have spent walking to class from the hinterlands. Unless you buy one of the high-priced passes, forget about depending on a place to park.

There's some token egalitarianism in the current system, since it allows everyone equal access to the passes, and grants no one a free ride. But students who aren't from 90210-land can't afford them, and students living on campus shouldn't have to buy them—this is their home. For that matter, would allowing professors and staff free parking constitute too great a perk? They do work here, after all. Think of the recruiting potential for quality professors: "Teach at BSU and get free parking!"

Solution: instead of dividing the campus into a confusing matrix of overlapping parking sectors, let's grant a few spaces for the people who live and work here full-time, and leave everyone else to fight over the remaining lots. Regulated parking would consist of only a few spaces directly around buildings, like the LA, administration and dorm parking lots; hence a greatly reduced need for parking tickets and enforcement.

Parking Darwinism may sound a bit harsh at first, but

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The Arbiter is the official student newspaper of Boise State University. Its mission is to provide a forum for the discussion of issues impacting the campus and the community. The Arbiter's budget consists of fees paid by students of BSU and advertising sales. The paper is distributed to the campus and community on Wednesdays during the school year. The first copy is free. Additional copies cost \$1 each, payable at The Arbiter offices.

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## 'BITER of the Week

This week's 'Biter of the Week is Photo Editor Kara Brown, who recently stepped up to the post when we needed her most. Taking on a new job is challenging when the opportunity comes at the end of the semester. Without her, we'd be testing our reading and comprehension skills while trying to memorize a high-tech negative scanner owners manual.

it is the most efficient system. Spaces fill up as they are used, not allocated in an attempt to generate revenue. Every student gets a fair shot. Rich students have to walk just as far as poor students—Gremlins and Porches parked side by side!

The computer labs have limited space too, but they don't require students who want a guaranteed seat to buy a pass for the privilege; neither should parking. There are a limited number of spaces for the demand. The only fair way to distribute them is first-come, first-served.

**Miss BSU Pageant.** ASBSU was thinking about supporting a pageant for Bronco women. How lovely. Unfortunately, any students actually resembling our hoofed namesake will have a zero chance of success in the competition. They'll have to depend on their brains to receive an education, not their eye liner.

As you may have guessed, we're not crazy about the idea. Statesman columnist Dan Popkey says he's no big supporter of pageants either, but wrote in his column last Thursday that he supported the concept of Miss BSU because of his adherence to the principle of diversity. If we don't have pageants, he argues, then we shouldn't have football either. His points about some of the other frivolous events student money is spent on are well taken, but the diversity argument is really quite a stretch.

Questions of diversity are usually measured in terms of tolerance, not funding. Asking students to tolerate beauty pageants is one thing, asking them to pay up for this dog-and-pony show is quite another. Yea, sure, we fund athletics, arts and lots of other activities. But it's our money. We'll pick what part of "the rainbow of diversity" we'll support financially.

Under Popkey's very loose definition of diversity students should be powerless to discern not merely what they tolerate, but also what they support. Hate groups and child abusers are also part of

our sociological rainbow, but we don't support them either. Is Mr. Popkey suggesting we shouldn't have any control over what we spend student fees on? That's not a violation of others' diversity, it's a restriction of our basic freedoms. Don't belittle us because we choose not to support the diversity rainbow in its entirety. If we choose to support athletics, and not sexism, classism and superficiality, that's our decision.

Taking student funds and spending them on a beauty pageant is wrong, wrong, wrong. Then again, if we sold tickets we could raise money for the College of Hair Curling and Nail Design or start a BSU breast enlargement fund for the mammary deficient. Routing hard earned cash to bim-bos for excellence in bimboness is already being done—it's called the Kit Kat Klub. Besides, what about Mr. BSU?

**Tom Brokaw.** Nice hair. Nice speech. Not-so-nice ticket price kept most students away from this potentially educational event. The NBC news anchor let everyone know his feelings about drug legalization and campaign reform, but said affirmation action is where news folk ought not cross the journalistic line of integrity by offering their views. One wonders if he only says that when he doesn't have an answer.

He scored on localized jokes and extreme composure, even when taking questions from the audience. It's not his fault that questions were more suited for a politician than a newsman. Still, if he ran ...

**Danny Garcia.** Student film maker creates visually captivating short flick which attacks tradition convictions, makes you think and entertains. If only class were like this ...

**Flamenco Dancers.** SPB scores, sells out SPEC Center.

**Bicycle proper.** Get off your bike, turn yourself in and get a life.

neighborhood for what he does within its walls. Does he owe anybody service? No, because nobody asked him to open the bar. Is it kind and decent to refuse

people service? No; but giving people personal liberty means allowing them to engage in actions that are not kind and decent.

A store owner who refused service on the basis of color-of-socks might be considered, well, eccentric. A racist is malicious and mean. Ethically, there's quite a difference. But legally, both these attitudes are on the same level—that of personal opinions, and I firmly believe personal opinions, no matter how repulsive, should not be outlawed. Imagine a law that banned meanness. Imagine a law that banned eccentricity. Imagine this sign over the cash register: In accordance with federal regulation, we are no longer jerks.

I don't like racism, but unless it manifests itself in behavior that would be illegal no matter what the motivation, the government has neither the responsibility nor the right to stamp it out. (Incidentally, the government doesn't have the capacity either. Laws cannot change attitudes. They merely can—and should—limit an attitude's expression.)

Laws can, and must, punish behavior only. The law cannot take motivation into account, because then it begins to punish motivation. Once we introduce that precedent, what will stop us from punishing the belief or attitude behind the motivation? Some may argue that some beliefs and attitudes are simply wrong. I quite agree; but I'm afraid I might not agree which beliefs and attitudes should be outlawed. We could make the standard beliefs and attitudes that offend people illegal, but then nothing would be safe. We could outlaw racism and sexism, and disregard the objections of sexists and racists. Then we could outlaw Islam and Christianity, again disregarding the input of the offenders. We could outlaw homophobia, agoraphobia, zoophobia, and claustrophobia; Communism, sadism and sophism. We could outlaw any attitude we pleased, as long as the right people found it objectionable.

I guarantee you have some belief somebody would like to make illegal. If this bothers you, you'd better hope that person is a Libertarian.

## Keep your eyes on your own booth

by Damon M. Hunzeker

Columnist

If you want to drive legally, you must first pass a test to demonstrate a rudimentary understanding of an automobile and the rules of the road. Consequently, if you want to participate in the process of electing members of Congress and presidents, you should probably demonstrate some fundamental knowledge about the world.

So I think voters should have to pass a test. If you know all the answers, you may vote in the next election. If you're uncertain about any of the answers, you must spend Election Day at home watching Rolanda while eating onion dip with a spoon.

Here's a sample test:

### TRUE OR FALSE:

1. The Declaration of Independence affirms the rights of "life, liberty, and the pursuit of targeted tax cuts for middle-class families with three or more children."
2. Using the air conditioner in your car will cause the atmosphere to catch on fire.
3. In Greek mythology, the "Newt Gingrich" was a fire-breathing demon who tormented children by stealing their lunch and giving it to greedy tobacco merchants.
4. In the Book of Revelations, God declares unto Moses that the human race will one day implode into tiny particles of space dust after witnessing a child fathered by Michael Jackson.
5. The Welfare Reform Bill allows the states to round up poor people and shoot them in the face.

### MULTIPLE CHOICE:

1. The Constitution was mainly written by:
  - A) James Madison
  - B) Thomas Jefferson
  - C) Pierre Salinger
2. Complete the following Ben Franklin quote: "We must indeed all hang together, or most assuredly, we shall all hang:
  - A) separately."
  - B) individually."
  - C) upside-down."
3. The CIA spends most of its time:
  - A) preventing international espionage.
  - B) monitoring potential troubles from overseas.
  - C) selling crack to Courtney Love.
4. Tornadoes are caused by:
  - A) changes in the jetstream.
  - B) the seasonal rotation of the axis.
  - C) Rush Limbaugh's pants.
5. 1996 presidential candidate Bob Dole suffered a debilitating injury while:
  - A) defending America in World War I.
  - B) defending America in World War II.
  - C) arm wrestling John Lee Hooker.

### ESSAY QUESTION:

In 500 words or less—without using the phrase "balancing the budget while still protecting Medicare, Medicaid, education, and the environment"—explain how a bill becomes a law.

## PEACE PIPE

### Inadvertent lessons from *Pacific Blue*

by Jennifer Ledford  
Columnist

"Pacific Blue" is a daytime cop show on which young, attractive cops ride around on bikes, fighting crime and bigotry wherever they find it, and displaying a terrific camaraderie in the process. Last year I caught an episode—gripping, hour-long—about a racist who owned a bar and a little boy with a gift for art.

The little boy was black, of course. He expressed himself with beautiful graffiti that was technically illegal, but, one couldn't help feeling, shouldn't have been. The racist harassed the little boy in ways that were technically legal, but, one couldn't help feeling, should have been punishable by flogging and keel-hauling. The racist understood the laws backwards and forwards, and knew exactly what he could get away with. He could quote code numbers of violations he wasn't quite guilty of, and did so insolently. He was really too much to stand. I spent the show frothing at the mouth: He shouldn't be able to get away with that! Why do the laws allow him to?

Yet the show bothered me. Later I figured out why: it had created in me a desire to see more restrictive laws. I had betrayed my beliefs. Whatever happened to my Libertarian principles advocating less government as the best government? They had gone out the window.

They have since returned, although perhaps I'm more aware of the costs than before I watched the show. They've come back, not because I hate racism any less than last year, but because I believe in personal liberty, and personal liberty includes the freedom to be a jerk.

The racist owned his bar. Either he inherited it, or he found it, or he bought it with money he'd earned or been given. The government didn't help him buy it or found it, and neither did any of the people in his neighborhood. As a good Libertarian, therefore, I see no reason he should be obligated to the government or the people in his

# OPINION X-TRA

## ASBSU views

### Campus-wide recycling

by T.J. Thomson  
ASBSU Senator

With the 1 Percent Initiative no longer a threat to higher education, and the creation of an Idaho Student Lobby under way, it is time we direct our attention to implementing a campus wide recycling program.

Our current recycling methods are inefficient. Lack of a precise plan to handle the issue has caused major problems. Not enough recycling bins are available to recycle this university's excess paper and aluminum. Currently, each building carries its own recycling plan, creating misdirected pick-up procedures. Under the future plan only one program will prevail and all buildings will be included in it, which will create one unified recycling force. ASBSU, combined with the efforts of Boise State Environmental Education through Diversity (BSEED), is creating an efficient program that will help to save our environment, protect and beautify our campus, and teach generations of students how important recycling is to our future. Please join us in our efforts to create a strong recycling program. To get involved contact ASBSU or Shana Foster of BSEED at 385-0932.

The future is looking great for BSU. Student concerns are being answered with solutions that work and make a difference in each one of our lives. Together, we the students can keep a strong focus on the issues we know are important and must be addressed. Please bring any new ideas or concerns you have to us. There isn't one problem that can not be solved if we work as a team.

## Foreign Perspectives

Thailand continues monarchist tradition amid Western influences

by Sara Empey  
Special to The Arbiter

Golden places and golden faces, a perfect description for the Kingdom of Thailand. With Buddhist temples, desert islands and tropical rain forests, Thailand represents a world apart from Idaho.

The fact that Idaho and Thailand are so different can make the culture shock somewhat intense. High humidity, extremely spicy food and a slower pace of life can all seem offsetting at first. However, the Thai people are so friendly and eager to help that any rough spots are easily overcome.

One major difference from the United States is the political system. Thailand's monarchy is quite different from anything Americans are used to. Their king, who celebrated his 50th year of rule this year, has governed longer than any monarch in Southeast Asia in recent times.

This last U.S. presidential election was filled with mud slinging by both parties. The people of Thailand have nothing to compare this with. For a Thai citizen, an insult to the king is punishable by up to seven years in jail.

To show respect for the monarchy Thais must always stand for the national anthem, which is played at all public events, including before the beginning of all movies shown in theaters. It's disrespectful to deface a poster of local currency which also carries Their Majesties' image on them.

Despite all this, the king and queen remain beloved by the Thai people. So, while a foreigner could disregard showing respect for Thailand's rulers, it would be considered extremely offensive by ordinary Thais.

Another unique aspect is the mixing of Thai and Western cultures. Traditional Asian restaurants, music and temples remain prevalent in the Thai kingdom. Blended into this is the Thai people's love of American clothes, food and rock music. Pizza Huts, McDonalds and Calvin Klein T-shirts can all be found throughout the country.

A land filled with exotic places and people, Thailand really is as diverse a country to travel to as one can find. For the chance to live in a completely different culture, filled with modern conveniences and ancient traditions, it is quite worth the trip.

## FEED BACK



### Faculty evaluations important

Please allow me the chance to respond to the Nov. 20 Arbiter editorial concerning faculty evaluations. According to these folks, the new rule is that the baby must be thrown out with the bathwater. I'm not overly concerned about the U of I details of the story, but would rather address some of the general comments made about faculty evaluations.

First, I'm confused by the point of the editorial. At first, you are complaining they are not available, but then by the end of the story your conclusion is that they are worthless. Which is it? I seems odd for you to be complaining about not having access to worthless evaluations.

As a faculty member, I have no problem with students having access to my evaluations. In fact, part of the ASBSU Faculty Evaluation Project was to establish a separate evaluation procedure of faculty, apart of what is done now for faculty promotion and tenure practice, to be published and made available to students. I have actively supported that effort, and I have worked with Julie Gleason, Clayton Harless, Rod Payton and Brent Hunter (in reverse chronological order) to try and establish an efficient, fair and equitable process to make evaluation data available to students. Perhaps someday you'd be interested in the results from our pilot project. And, if you prefer, I would be happy to make available the raw data and tabulated results from my own teaching evaluations.

When faculty evaluation instruments are not carefully constructed, the results can look much like a popularity contest. The questions currently asked in the SSPA faculty evaluation are adequate (I can't speak for other colleges' forms because I am not familiar with them). On the ASBSU project, it has taken some time to create and pilot test the questions because we want to design an

evaluation that avoids the common pitfalls of a popularity contest and really gain information students would find valuable. Also, as published teaching evaluations become available, some students will need information about how to appropriately read and use the statistical information. I would value that additional educational opportunity. Incidentally, is anyone at the U of I following up on if students use (or misused) the 4,000 faculty evaluations published in The Argonaut?

Are faculty evaluations worthless? In my opinion, no. I look at the numbers and I read the comments. The conduct of my class changes from semester to semester based on the feedback I receive. For instance, I used to show two videotaped segments about psychology each semester in my General Psychology class, but one semester students really complained about that practice. I no longer show any video in my classroom. Evaluations are all about perception, and opinion. I value the feedback my students provide about my performance. While students may not be currently pleased about their access to that information, they should know that ASBSU is working to make similar information available to all.

Please help us figure out what students want. If we can develop a mechanism that can efficiently and effectively gain information about faculty for students, do students want access to this information?

—Eric Landrum  
Department of Psychology

### Cross-country team 8th in nation but ignored by press, university officials

This letter concerns the recognition to the cross-country team that participated at the national meet in Tucson, Ariz., recently. Today I had the rare opportunity to read the school newspaper and found a micro-article about the cross-country team. I was really disappointed because we did not get the recognition we really

deserve. It is really frustrating that not even a quote from the team members, or even Coach Dilley, was included.

I believe we are the best team on this campus. I am not asking for the kind of publicity that the football team gets because we do not carry any monetary benefits to this university. We do not want the media interfering in our lives because that does not work with the kind of team this university has.

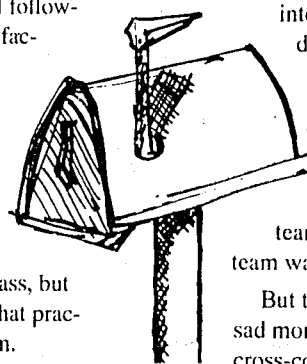
It is really sad that your front page carries the humiliation of the game against Idaho and not a good article on the number 8th team in the nation, where the football team was not even ranked in the top 100!

But the story does not end here. Another sad moment was three weeks ago when the cross-country team was leaving for regionals; if you remember the same day the football team was leaving at the same time from the Boise airport. The president of this university went to say good-bye and good luck to them. We were three gates further away awaiting our flight. He never said a word to us, not even now. The same phenomena happens from our Athletic Director.

I do not want to sound too negative or that I am superior than anybody else, but it is really hard for me and my teammates not to get even a "GOOD JOB GUYS" from any of the university's authorities.

I just want to finish by saying that the cross-country team is the best team ever in BSU's history, YES, even better than the 1980 team that won the national title in 1-AA category. If there are any grammatical mistakes, please forgive me because I cannot write, nor speak correct English when I am mad. I hope you publish this e-mail.

—José Guillermo Uribe





# Random Thoughts

## Do you take this government to be your lawfully wedded social engineer?

### Why the state shouldn't act as the gatekeeper of marriage

by Joe Relk  
Opinion Editor

*"I could never make as good a wife as Mrs. Howell," Gilligan, to Mr. Howell. It seemed funny at the time.*

Perhaps you've seen the headlines, "Decision in Hawaii expected to spark myriad legal battles." Supporters of legal recognition of same-sex marriages sent a shot heard around the world last week in the aloha state, where a judge ruled that Hawaii must recognize these unions.

But this is not the end of the war between pink triangle forces and Bible-thumping Christian soldiers—not by a long shot. This conflict isn't even resolved in Hawaii, where the controversial court decision waits in limbo until the state can appeal. Even if the decision stands, that leaves 49 states' worth of prolonged, ugly, expensive and emotionally consuming battles in court houses, legislatures, and, eventually, Washington D.C.

There seems to be two ways to avoid the coming cultural war over marriage: either surrender and change the laws to recognize gay and lesbian unions—thus avoid a prolonged legal struggle—or ditch the whole idea of legally recognized relationships for everyone. Either let homosexuals on the boat, or sink it.

**Love makes the marriage, marriage does not make the love.**

Saying you can't marry a person isn't much different than saying you can't fall in love with someone; but when the government says that, it just becomes ludicrous. So we have an Orwellian attempt to control something the government has no regulatory function over—people's feelings.

I used to wonder why gay and lesbian couples would care about legal recognition of their love. Then I began to wonder why anyone would want the state sanctioning any relationship.

Somewhere along the line government got the great idea that it, not the church or the people, should be able to define what constitutes a marriage. Now couples go through two ceremonies, one affirming their love to their selected religious deity, and the other to let the government know about it. It seems a revealing reflection of our super-secular society that couples go to city hall before church—government before God.

People who scream about how the government is getting into the private lives of people, meddling where it has no business, ought to take a closer look at some of the influences we take for granted.

I knew a lesbian who arranged a heterosexual marriage just to take advantage of the large financial benefits the army gives married soldiers. Some heterosexual couples enter into the same arrangements, often called army marriages. They had the same economic value as any other marriage, but these paper relationships were void of any real emotional meaning.

The government treats married people differently with regard to their taxes, Social Security, school loans and other programs. Business also encourages marriage by offering health care and other benefits to spouses.

The debate over homosexual marriage isn't just about not letting people who love each other seal their commitment. It's about money, money, money. There are billions of dollars at stake for the government and business if homosexual marriages are legally recognized.

Many young couples are encouraged by these policies to get married and start families way too soon, or contract arranged marriages to take advantage of the social/economic status of married people. But where has this social engineering gotten straight couples? To an astronomical divorce rate.

Then there's those insecure souls who naively believe the institution of marriage comes complete with the love between two people (along with a white picket fence, two-car garage, etc.). Marriage isn't a five-step solution to pre-existing problems, it's the logical conclusion of a pre-existing love.

Our fixation with marriage has left us with a Ned and Stacey society, where the value of marriage is measured in dollars, social acceptability and tax breaks. Marriage isn't defined by any of these superficial advantages we've attached to it, nor should we attempt to define it politically. You just can't regulate morality.

Some couples who have been together for years share a deep love and commitment for each other without being legally married. Just ask some gay and lesbian couples. On the other hand, some marriages are totally devoid of love, defined only by a mutually dependent contempt. Quite simply there is no such thing as marriage—you can't find its picture in the dictionary, you can't locate it on a map. It's an unreal symbol of something real, the mutual love between two people.

Many homosexual couples consider themselves married. Some even flaunt the state by going through with a formal ceremony. So are they married? If you ask me, they certainly are.

#### The heavy socio-cultural baggage of marriage

But what many advocates of gay and lesbian marriage conveniently overlook is that marriage is, by some definitions, a religious union between a man and a woman. Changing that formula is not as simple as proposing legislation. It involves rewriting history and the Bible. Gay rights advocates need to bear in mind that they are attempting to change what many faithful consider the literal word of God to accommodate a PC world, to alter God's law for man's.

Many argue that religious and legal marriage are two related, yet totally different phenomena, like North and South Dakota. The whole debate has made me reevaluate the meaning of marriage and reexamine the distinction between the two categories. The deeper I thought about it, the more I realized how silly the idea of legal marriage actually sounds. What legal authority defines what love is, who can have it, and how it can be shared? There is none.

#### A legal union by any other name ...

Sometimes I wonder why homosexuals would even want to buy into an institution with a fifty percent failure ratio. But what's the alternative? "Partner" recalls an Old West movie or a business associate, and "lovers" feels too graphic.

Strange how times have changed so much, yet we still use the linguistic lexicon of past generations. Gay used to mean "happy" before its current usage, so why not a new word to mean gay marriage? Homosexuals might devise their own ceremony under a different name. Ironically, it might achieve a better success rate than the straight institution they fought so hard to get into.

It also seems that defining marriage biologically represents as nebulous a task as defining love. According to the March 17 Baltimore Sun, passage of same-sex marriage bans "would unwittingly nullify or prevent millions of supposedly heterosexual marriages" because

partners wouldn't "meet the medical definition of being 'a man and a woman.'"

The Sun claims that somewhere between 3 million and 10 million Americans are of ambiguous gender at birth, or intersexual. That means 1 to 4 percent of all newborns contain abnormal number of chromosomes (only one or more than two), or are born with "some of the genitalia of the opposite chromosomal sex."

In these cases physicians assign the gender of infant at birth based "on the viability of the genitalia to eventually appear normal," and then perform surgery to force intersex newborns into male or female roles that may not reflect biological reality.

Jamie Lee Curtis provides one example of a genetic male (XY), but phenotypical female. The Sun also claims that "most intersexual Americans are unaware of their true biological gender," and even parents "are not fully informed about what is happening to their children."

One of the sponsors of these same-sex marriage bans may in fact unknowingly participate in just such an arrangement. How wickedly ironic. Sigmund Freud had it right in 1910: "In human beings there is no such thing as pure masculinity or femininity, either in the psychological or the biological sense."

Proponents of marriage laws may think it's easy to categorize love, man, woman and marriage. But translating the vague notions of the heart into the legalistic jargon of legislation rapidly degenerates into an incomprehensible conversion; good news for lawyers only.

#### Let's call the whole thing off

Let's get rid of the legal marriage altogether. People should argue their legal grievances in terms of their individual relationships—the way everyone except married couples do now—instead of using a blanket term to describe personal relationships in absolute terms.

It's unfair that homosexuals should be barred from legal recognition of their love, but it's equally clear that marriage shouldn't remain a legal issue at all. If it weren't a legal category, perhaps it would regain some of its tarnished luster, for both heterosexual and homosexual couples.

The government that governs the least, governs best, to paraphrase Thomas Jefferson. If you don't want the government involved in defining when life begins, then why would you want it to decide when marriage begins? Let's put our limited government resources into running the country, not the bedroom, and not the altar.

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The Arbiter needs an Opinion Editor and an Outdoors Editor and Sports Writers and Photographers to begin work Spring Semester. Hiring will take place over Christmas Break. Applications are being accepted at our offices, located in the basement at University Drive and Michigan Street.



### Holiday Hours

#### BUILDING HOURS

<b>Finals</b>	
12/12-13/96	6am-2am
12/14/96	7am-1am
12/15/96	7am-2am
12/16/96	6am-2am
12/17/96	6am-7pm
12/18-20/96	7am-5:30pm
12/21/96	10am-5:30pm *a
12/22/96	Closed
12/23/96	8am-5pm *a
<b>Christmas Eve</b>	closed
<b>Christmas</b>	closed
12/26-27/96	8am-5:30pm *a
12/28/96	10am-5pm *a
12/29/96	Closed
12/30/96	7am-5:30pm
<b>New Year's Eve</b>	Closed
<b>New Year's Day</b>	closed

## Get your GATs, Flicks and Funny Bone tickets early.

The Information Desk has limited Holiday hours and will be closed December 24-25

#### INFORMATION DESK

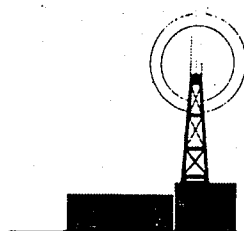
<b>Finals</b>	
12/12-14/96	7:45am-9pm
12/15/96	10am-9pm
12/16/96	7:45am-9pm
12/17/96	7:45am-7pm
12/18-20/96	7:45am-5:30pm
12/21/96	10am-5:30pm
12/22/96	Closed
12/23/96	8am-5:30pm
<b>Christmas Eve</b>	closed
<b>Christmas</b>	closed
12/26-28/96	8am-5:30pm
12/29/96	Closed
12/30-31/96	8am-5:30pm
<b>New Year's Day</b>	closed

#### RECREATION CENTER

12/12/96	9am-12M
12/13/96	9am-1am
12/14/96	12N-1am
12/15/96	12N-12M
12/16-19/96	9am-12M
12/20/96	9am-1A
12/21/96	12N-1A
12/22-26/96	closed
12/27/96	10am-1A
12/28/96	12N-1A
12/29/96	closed
12/30/96	10am-12M
12/31/96	10am-1A
<b>New Year's Day</b>	closed

\*a= Second & Third Floors, Addition & Special Events Center Closed. Additional operating hours are posted.

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**To Apply:** Complete application at BSU Radio, SMITC, Room 213. Questions? Contact Debby Woods, BSU Radio 385-3906 or Steve Jess, Statehouse News Bureau, 344-3961.

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## NEWSBUCKET

### Former administrator loses battle with cancer

Former BSU Executive Vice President Larry Selland died of cancer Thursday, Dec. 5, after staving off the disease for 10 years. A memorial service will be held today at 2 p.m. in the Jordan Ballroom, and funeral services will take place Thursday at 2 p.m. at the Cathedral of the Rockies, on 11th and Franklin streets.

Selland began his career at BSU in 1986 as the dean of the School of Vocational-Technical Education. By '87 he had been chosen to serve as executive vice president. In '91 he acted as the university's interim president for 15 months, during the period after former President John Kaiser was fired and before current President Charles Ruch took office. Selland returned to his post of Executive Vice President until '93, when ailing health forced him to retire.

Originally from Rugby, N.D., Selland graduated from North Dakota State and received his doctorate from Colorado State in '77.

"Larry was totally committed to the well-being of the university and its people. His positive, reassuring manner was just what the institution needed during his interim presidency. Always positive in his outlook and progressive in his actions, Larry's contributions to the BSU family are immeasurable," wrote Ruch in a letter to the faculty.

### Miss America withdraws support for BSU pageant

Efforts to bring back the Miss BSU pageant were short-lived as Miss America officials withdrew their support for the university's contest last Wednesday. The last Miss BSU pageant was held in 1976 and a 5-to-2 vote in its favor by the Student Programs Board Special Events Committee would have brought it back next semester.

It would have brought it back, that is, if the opposition hadn't mobilized so quickly. The BSU Coalition Against Miss America held its first and final meeting Dec. 2. With one gathering, the coalition garnered enough attention to achieve its goal. The coalition's efforts also prompted the university's Dean's Council to pass a resolution that scholarships must have minimum GPA requirements.

Headed by sociology major Jeremy Maxand, the group of 11 students—mostly women—talked about tactics to take and people to call. The group also listed reasons why they opposed the pageant.

"It's a scholarship objectifying women," said Brian Wolf, another sociology student.

Some argued that it is sexist, racist, classist and agist; contestants never can have been married or given birth. Still others objected to the use of student funds to put on the pageant. The event would have required around \$1,800 to produce, and would have awarded the winner a \$150 scholarship and a chance to represent BSU at the Miss Idaho-America pageant.

That scholarship provided another source of contention since it contains no grade point average require-

ment. Bob Davies, director of Alumni Relations, said there had been no overwhelming support or "unsupport" for the event. Most calls to his office expressed curiosity over the event, but the lack of a GPA requirement was of particular concern to alumni.

Special Events Committee chairwoman Lisa Nielson admitted she was disappointed the contest would not go on. Nielson was among those who supported the event. She said she had gauged student interest and felt there was enough support to make the contest worthwhile. Nielson said she was not bitter about the affair and added, "There's nothing wrong with a little controversy."

### BSU psychology club launches food drive

Help a low-income family celebrate the holiday season by contributing to a food drive organized by Psi Chi, the Boise State University student chapter of the national psychology honors society.

The 50-member student group has placed collection boxes in the lobby and on the fourth and sixth floors of the Education Building and at 11 other campus locations, including the library, Student Union and Administration Building.

Donations are needed by Tuesday, Dec. 17, for food baskets to be distributed through Madison Elementary School, Community House and other outlets. Items sought include stuffing, potatoes, cranberries, canned pumpkin and other ingredients for a special holiday meal. Grocery store gift certificates are also welcome.

The food drive forms part of a nationwide effort by the Psi Chi organization to reach out to people in need.

For information, call Psi Chi adviser Susan Amato-Henderson, a BSU psychology professor, at 385-4445.

### 1997 Homecoming chairperson wanted

Student Activities, in conjunction with the Student Union, and the BSU Alumni association, is looking for a student to chair next year's homecoming committee. Requirements include status as a full-time student, a minimum grade point average of 2.25, and being able to put in 15-plus hours at the office. The position carries with it a \$250-a-month service award.

Those interested can stop by the Student Activities Office on the first floor of the Student Union to pick up an application.

### Local legal secretary scholarship offered

The Boise Legal Support Staff Association is offering a \$250 award for prospective legal secretaries or secretaries interested in continuing their education. Applicants should stop by the Financial Aid Office in

for application is March 1.

The Financial Aid office also lists the following scholarships:

Korean American Scholarship Foundation has a \$1,000 for full-time students of Korean-American heritage. The deadline is Feb. 8, 1997. Those interested should write Scholarship Committee KSAF Western Region, P.O. Box 486, Pacific Palisades, CA 90272.

Frank Greathouse Government Accounting Scholarship is for full-time accounting majors preparing for careers in state and local government finance. This application is due Feb. 14, 1997. For information and an application write: Scholarship Committee, Government Finance Officers Association, Ste. 800, Chicago, IL 60761-7476.

National Society of Public Accountants awards from \$500 to \$1,000 for accounting majors with a B average or greater GPA. U.S. citizenship is a requirement. Write to the following address before March 10, 1997: NSPA Scholarship Foundation, 1010 N. Fairfax St., Alexandria, VA, 22314-1574.

Again, many scholarships are offered. Stop by the Financial Aid Office for more information.

### Student loans rise at alarming rate

by Erin Burden  
Staff Writer

Boise State University students borrowed \$26 million in financial aid money during the 1995-96 school year, nearly an \$8 million leap from the 1994-95 total of \$18.8 million.

This tremendous jump concerns some of the financial aid directors and advisers. It prompted the creation of a new financial aid program students can use to determine their burden of total financial aid borrowed. When students receive their award letter, it will also contain a statement of total loan debt, monthly pay back in ratio with the amount borrowed (\$150 for \$10,000 or \$250 for \$20,000 etc.), and the current starting salary for a job in their field.

"We want people to be wise borrowers and consumers," said Financial Aid Director Lois Kelly.

Total loans normally rise between \$1 million and \$1.5 million every year due to increasing costs of living or enrollment. But student enrollment has just started to rise after its past three-year decline, which would not warrant such a dramatic growth in debt.

The department wants students to stay aware of their debt through this program, so that they can pay back the money during the course of their careers.

"Students still have total control over their borrowing capital," said Kelly.

Students are sometimes unaware of their finances and risk a loan defaults which will later effect their lives, Kelly points out. Adults who do not repay are turned down for future loans and could have their wages garnished or tax refunds held as a result of the default.

Students can currently ask for a copy of their statement of loan debt at any time from the Financial Aid Office.



# Daughter of Boise State employee needs multiple-organ transplant

by Carly Mayberry  
Student intern-BSU News Services

The future of a toddler's life will depend upon the life-sustaining organs of another. Julianne Prudhomme, 3, is in dire need of a multiple-organ transplant. How dire? Without one, doctors say she has a year to live.

Julianne is the daughter of Penney Huffman, senior secretary at Boise State's Canyon County campus. While Huffman is busy at work, Julianne is busy being a friendly, outgoing normal child playing with her toys and watching "Barney."

But Julianne's insides are not normal. Born with "multiple hereditary intestinal atresias" Julianne's body cannot process food like most people. This rare condition is best explained by its tendency to "gum up the bowels," narrowing parts of the digestive system and closing off some parts entirely. She is attached 22 hours a day to the IV tube that feeds her and the ostomy bag that drains the small amount of fluid that does make it to her intestines. "Free" is what she calls it for the two hours each day that she gets to be unattached from the tubes.

Until now, Huffman, Julianne's two older sisters Jessica and Jennifer, and Huffman's fiancé John Cook have dealt with Julianne's condition in a routine manner. Routine, that is, for a family that has seen Julianne undergo four previous surgeries. The surgeries, all performed at St. Luke's Regional Medical Center, were done with the intention to create a functioning intestine by taking out the bad sections and sewing the rest back together. Huffman credits the operations, performed by pediatric surgeon Adrian Curnow, as the reason Julianne is alive today.

Yet, despite the surgeries Julianne's body still cannot process food and take from it the nutrients necessary for survival. In fact, since she was born Julianne has never actually taken a bite of food. "The most she has been able to do is lick an ice cream cone," says Huffman. Julianne instead receives her nutrients from the fluid that travels through an intravenous tube into one of her main arteries. It's these prolonged intravenous feedings and the medications in them that are causing her harm by damaging her liver. The turning point came in August

when Julianne unexpectedly began to bleed uncontrollably after a routine liver biopsy. She was flown by a medical team to Children's Hospital of Pittsburgh.

Besides a new liver, doctors discovered that Julianne needs four other organs—a small intestine, pancreas, stomach and duodenum (the part of the small intestine immediately below the stomach). Once a donor is located, the entire cluster of organs would be transplanted into Julianne as one.

The operation is expensive—as much as \$900,000. Health insurance with a lifetime coverage limit of \$1 million can't cover it all because previous surgeries and

Then there's the hospital stay that could last up to a year at Children's Hospital, one of the few medical centers in the nation to perform, such transplants. Huffman has vowed to stay with her daughter every step of the way. "We've come this far. No matter how long the hospital stay, I'm not leaving her side."

The prospect of the surgery is one that Huffman has not wanted to face. "People say I'm so strong but I don't have a choice," says Huffman. "My kids are all I have."

Despite her daughter's condition Huffman continues to perform her duties at BSU's Canyon County branch. She's been called the "glue that holds the Canyon County Center together" by her boss Dennis Griffin, campus director.

"She's very positive," says Griffin. "What's so unique about her is that she's able to come to work with all of this going on. I think work may be a release for her."

Huffman explains, "Once in awhile I get discouraged, but I don't really think about it."

The transplant will offer Julianne a 50 percent chance of survival, but without it she doesn't have a chance. New technology and the advancement of bone marrow transplants have successfully helped to avoid organ rejection, and Children's Hospital is also hopeful about the new anti-rejection drug called Prograf. Julianne's recovery will include the balancing act her body will undergo between the immuno-suppressants and anti-rejection drugs.

"It's a strategic game," says Huffman. "Every person is different."

Huffman should know. The odds have been stacked against her daughter before. "To look at her you wouldn't believe she has a problem. She plays like any other child," says Huffman. And yet such things as eating, the existence of functioning organs, and their processes that we just take for granted are unknown to her."

Huffman hopes Julianne will have priority in receiving a transplant, but the average wait of one year is a major worry. If Julianne's opportunity comes too late, all donations would be transferred to another child in need of an experimental medical procedure.



PHOTO COURTESY OF BSU NEWS SERVICES  
Penney Huffman with daughter Julianne Prudhomme.

hospital stays have already cost about \$740,000. Medicaid will pick up the cost of transplanting the liver and pancreas, but beyond that the procedure will not be covered because it is considered experimental. Fund-raising efforts have included raffles, car washes, a silent auction and a benefit dinner. A gourmet benefit is planned for December. Huffman and Cook have been moved by the response from the community. Most of the \$5,000 in donations have been made by individuals.

However, the money raised is still far from the expected cost of surgery and time is running out. An account has been set up in the toddler's name for donations at area U.S. Bank branches.

## Just in time for winter, BSU recognizes Ski Club

by Dan Kelsay  
Staff Writer

Digging out from under an avalanche of ASBSU red tape, a few slope-schussing students banded together to finally bring BSU an officially recognized ski club.

For most of this semester, club president Jakob Norman felt he had been snowed under the mountain of paperwork required to get a club sanctioned at Boise State.

However, the excitement in his voice drowned out any lingering frustrations he might have suffered when he recently learned the ski group had finally complied with all the formalities and was now an official BSU club.

Even before the organization became fully recognized, Norman and vice-president Lacey Perlenfein posted recruiting posters around campus, held meetings and tried to stir up interest in their fledgling club.

So far, their numbers total more than 70 winter

enthusiasts, Norman said. Their meetings have mainly consisted of formulating plans for fund-raisers.

Norman called one of the fund-raisers a "penny drive." Club members take a can and go door to door asking for pennies. "It's very effective. I did this with another group and we collected over \$3,000," he said.

Norman likes to tout the diversity of the ski club. Recognizing there are many ways of getting down the hill, his club will embrace whatever a skier's favorite form of snow sliding might be.

An 11-year-veteran of the slopes, Norman, along with former Oregon high school ski racer Perlenfein, outlined a number of their club's objectives.

Ski racing forms a high priority for the club. Norman said they have already made plans to join a conference allowing the BSU club to race against Albertsons College and 17 other schools.

Not wanting to ignore newcomers to the sport, the club wishes to create an atmosphere that will ensure continued interest from both novice and expert.

"My goal is get people together, to have fun and save money at the same time," Norman said.

Another idea designed to promote this camaraderie entails developing a master roster for ski-partner availability. Norman said members wanting to participate should submit their phone number and times when they can get away to the slopes.

Circulating this sign-up sheet to the other club members provides each skier a contact list for getting a ride up the mountain, or perhaps making a new ski buddy.

Norman's holy day for skiing will be Tuesdays.

Looking further into the future, the club tentatively plans to offer a ski trip over spring break and also hopes to sponsor social get-togethers—including an end-of-ski-season party, Norman said.

With the snow flying and the hills buried in that sacred substance every skier holds dear, Norman invites interested parties to give him a ring at 385-4542 to find out how to join the winter party. Just remember not to call on Tuesdays.

## Simpson speaks frankly about burden facing young Americans

by Kate Bell  
Editor in Chief

U.S. Sen. Alan K. Simpson (Wyo.) challenged young people to take part in or get taken apart by decisions about Social Security and Medicare during a speech Dec. 6 sponsored by BSU's Andrus Center for Public Policy and the City Club.

If nothing changes, by the year 2010 almost two-thirds of all public resources in the U.S. will be going to those over the age of 60. "It's just plain wrong what we are doing to our young people," Simpson explained to a crowd overflowing the SUB Jordan Ballroom during his presentation, titled "Securing the Future: Solutions Beyond Politics for Social Security and Medicare."

Some baby boomer turns 50 every 7 seconds. As a result, just 3.3 people are paying in today for every person receiving Social Security and Medicare benefits. But in 20 years there will be only two people paying in for each person taking out. This puts a tremendous strain on the federal budget and an enormous burden on today's young Americans, Simpson said.

Congress may achieve its lofty goal of eliminating the \$5.2 trillion deficit by 2002; however, Simpson explained that the debt will be more than \$60 trillion that year due to entitlement programs alone—Social Security, Medicare and retirement.

The "trustees of the system" predict the United States will go broke in 2029. If the nation receives no increase in revenues, and even if a perfect health care reform bill is passed, by the year 2012 no money for education, defense, or other budget items will be left because all the revenue will be going to fund Social Security and Medicare.

Simpson said Medicare's Part B premiums need to be reformed so those earning more than \$50,000 per year pay 100 percent of their premiums (about \$180 per month) rather than paying just 30 percent of their premiums while taxpayers foot 70 percent of the bill.

The incumbent senator, who will be moving to Boston next year to teach at Harvard, said the retirement age should be extended to 70. The current retirement age of 65 was set in 1937, when life expectancy was much younger. He also recommends changing the cost of living allowance to help the poorest 30 percent of the population.

Another solution would be to set the payroll tax at 4.2 percent, with a 2 percent tax going to a taxpayers' own investment plan. The alternative is reducing Social Security benefits. Changing the accrual on retirement by two-tenths of 1 percent represents another suggestion. So is lowering the Consumer Price Index by 1 percent; Simpson said this would save \$1 trillion over 10 years.

Although he himself is a member, Simpson bashed the AARP, jokingly describing it as "33 million Americans bound together by a common love for airline discounts." He advised, "Ignore anything they (the AARP) tell you about legislation because it's phony."

At a time when citizens want every program to be cut except theirs, Simpson asked voters to sacrifice and stand by members of Congress who initiate tough cuts.

## Cyber-bookstore offers textbook bargains

by Joe Relk  
Staff Writer

For three semesters BSU student Jay Sutton has maintained a data base for students to buy and sell used text books. Last semester about 100 textbooks changed hands using this Data Processing Management Association-sponsored data base.

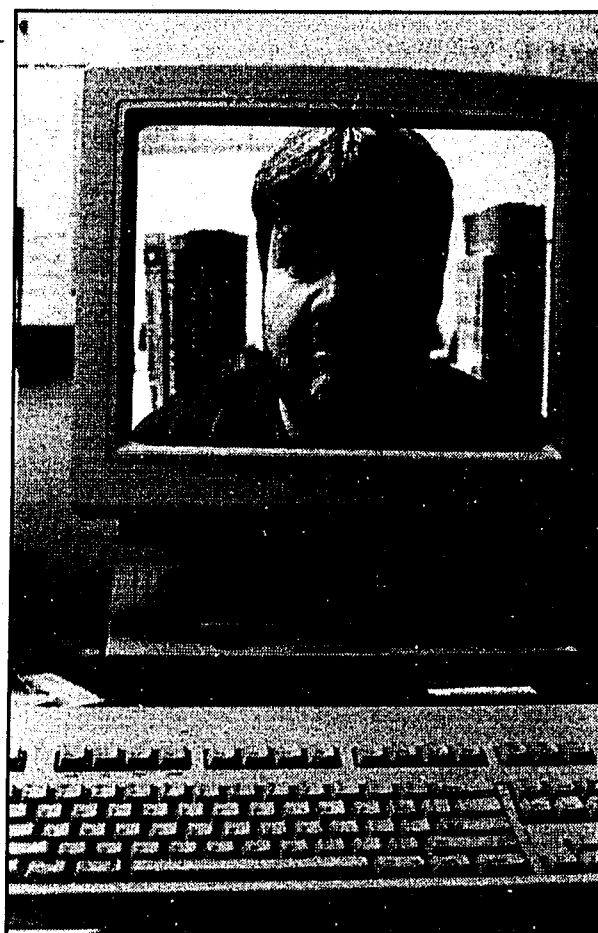
Sutton expects the book exchange to really take off now that he has put it on the Internet, making the process virtually maintenance-free and instantly available to anyone, anywhere, via computer.

"Putting it on the Web will put buyers and sellers in cyberspace relatively unmanaged. All middle men will be eliminated," says Sutton, who got the idea after contemplating selling a \$30 book back to the Bookstore for a paltry \$3.

"I ended up selling it to another student for \$20; it seemed like a natural idea to get buyers and sellers together," says Sutton.

That's what BSU graduate Jim Philpot thought, too. Philpot started a student book exchange data base in late 1993, only to watch it "die a quiet death because of a lack of support with the new ASBSU administration" in 1994. "They were more interested in arguing about silly stuff, like condoms, than doing something for the students," says Philpot.

Philpot, the Communication Student Organization and ASBSU worked together to start the Book Exchange for Students, or BESt. Philpot says although BESt helped "about 20 to 30 people get books, almost all of whom ... said it was a great idea," he was frustrated that more students didn't participate.



Jay Sutton's hard work made the on-line book exchange a reality. You can access it at <http://www.bsu.net/book/>

**BOOK**

Continued on Page 10

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# Internet censorship topic of debate at BSU

by Dan Kelsay  
Staff Writer

Does censoring the Internet constrain First Amendment rights, or serve to protect from those seeking to abuse that amendment's privileges?

This hotly debated topic found its way to Boise State University on Nov. 21. Held in the Barnwell room at the Student Union Building, a public forum of about 30 people heard arguments for and against suppressing specific materials on the Net.

The topic of discussion: "Censorship in Cyberspace: Why or Why Not?" was presented by BSU's American Civil Liberties Union club in conjunction with the ACLU of Idaho, and promoted as part of the ACLU's educational efforts.

The discussion's main focus centered around "The Communications Decency Act of 1996." Although currently kept from becoming law due to a court action entitled *ACLU v. Reno*, the act was designed to restrict "indecent" and "patently offensive" speech on the Internet.

The featured speakers for the debate included University of Idaho's constitutional law professor, Jim Macdonald. He squared off against his former student, Boise criminal defense attorney David Nevin, who's known for his successful representation of Kevin Harris in the Ruby Ridge/Randy Weaver case.

Presenting no more than a paper-tiger role in support of the act, Macdonald quickly conceded that it contained "major flaws." However, this did not deter him from speaking out on channeling offensive materials away from the mainstream.

Macdonald suggested using this channeling effect to divert pornography and other types of hate literature away from certain viewers, much like television does with programming after 9 p.m., he said.

Finding most people guilty of a knee-jerk reaction when the subject of censorship comes up, Macdonald said the contents of the Internet are not like that of books. Equating the two gives rise to reductionism, which does not apply to the Internet. "Censoring this medium is not book burning," he argued.

Nevin agreed with Macdonald in principle, regarding the need for limiting some materials on the Internet. Their opposing viewpoints arose from differences on how to limit access to those materials.

Nevin, who has successfully defended three obscenity charges here in the Treasure Valley, concentrated on undermining the legality of the act. He and the ACLU take exception to any governing body drawing the line concerning material accessibility and being given the power to "wield the analytical knife."

"The act shows what happens when you hand someone the knife," Nevin said.

But Macdonald persisted in asking the question: "Do purveyors of pornography need access to all media?" He provided examples of how the Internet gives those who prey on children and other vulnerable groups greater access to their victims than ever before.

Nevin countered this argument by saying this new medium is no different than other evolutionary development of technology such as the car or phone. "Anything that facilitates communications will allow evil people to further

their agenda," he said.

But Macdonald held fast to his opinion by stating the Internet is revolutionary, not evolutionary, and the First Amendment needs to be applied on a case-by-case basis. It should not be likened to a library where censorship remains taboo, he said.

Macdonald then described how permitting First Amendment freedoms to go unchecked could eventually allow it to swallow up the values the amendment's creation was intended to enforce.

Nevin, on the other hand, still insisted that because the Internet boom was at hand, care should be given not to stunt its growth and potential.

"This is absolutely the worst time to go in hacking with a meat cleaver," he said, referring to the constraints the act would impose.

In the end, their philosophies regarding the question of cyber-freedom could be summed up by deciding which side of the censorship issue society should err on.

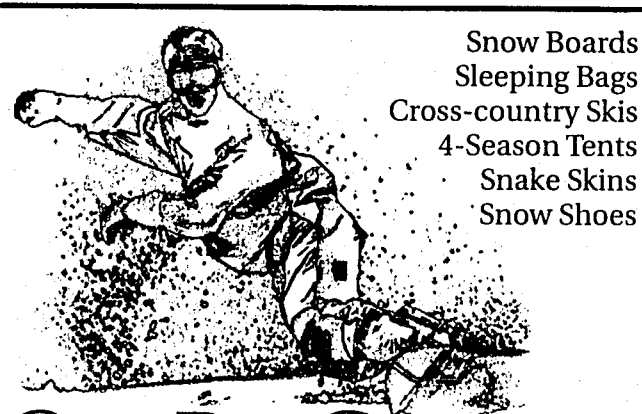
Macdonald suggested that if anything, society should fall on the side of protection, and that keeping pornography and hate literature away from the mainstream would not stunt the growth of the Internet or our society as a whole.

Nevin's outlook featured the other side of the coin. He said society should stand on the side of protecting freedoms guaranteed by the First Amendment and "let what's in us just come out."

These two opposing view points were readily found in the audience as well.

Walt Donovan, a Boise retired prosecutor, suggested that if mainstream Internet service providers, ISPs, refused to carry pornography as a matter of policy—much like non-smoking flights of airlines—perhaps it would catch on among other ISPs, thus creating the channeling effect by way of attrition.

James Inouye, 26, a communications major at BSU, saw it differently. Referring to the Communications Decency Act, he said "the politicians were being cowboys—out trying to tame the Net." We should all be responsible enough to act as our own censors, he said.



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## BOOK

Continued from Page 9

"Eventually we decided to make it free—even then it was hard to get people to understand. They were like a herd of cattle, marching off to the Bookstore," says Philpot.

Philpot says the problem was promotion and getting students to "pay attention between semesters." Sutton agrees, saying "most people aren't interested until classes start."

Sutton says another reason for low participation in student book exchanges is lack of effort from students, who "have to make the contact themselves." Still, he remains optimistic.

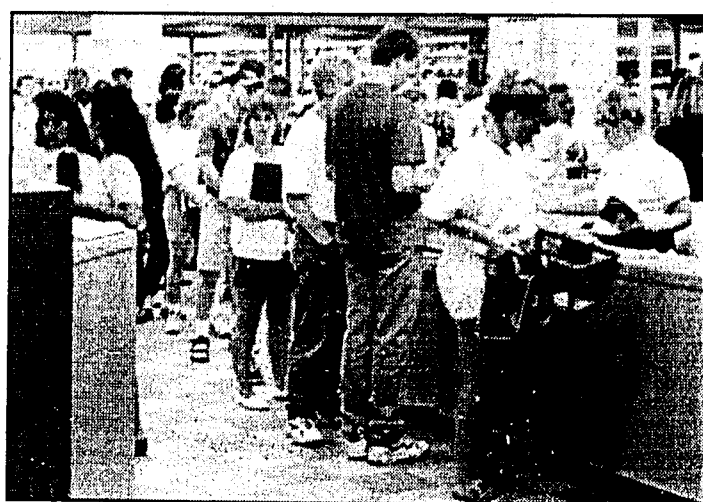
"A lot of it's laziness, and that's fine. It doesn't take a huge amount of students to make it a success and those who do use it are very sold on it."

While Sutton and Philpot agree on the necessity of a student book exchange, they disagree sharply over the role and nature of the Bookstore.

"The Bookstore, they're just the enemy, they've been screwing me for years," says Philpot, reflecting a popular student impression.

However, Bookstore director Bill Barmes says, "We've always supported student book exchanges in one form or another over the years ... because it's a good deal for the student."

Barmes says the Bookstore is "very aggressive about acquiring as many used books as we can" to keep costs down and that 95 percent of universi-



"They were like a herd of cattle"—Jim Philpot

ties, including U of I and ISU, don't sell or buy as many used books as BSU.

Sutton concedes that the Bookstore has been very cooperative with him, and insists "the last thing I want is to put them out of business."

"Borders wouldn't be any cheaper and they wouldn't buy books back," says Sutton.

Sutton suggests student frustration is largely due to knowing what new books cost and comparing that with what they are sold back for.

"If we knew how much other businesses made we would be even more frustrated," says Sutton about the Bookstore's 25 percent mark-up rate.

But Sutton's support of the Bookstore is tempered with his economic principles: "I like competition, and I don't like monopolies."

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## Gifts of time and experience: volunteer opportunities for students

by Ariel Spaeth  
HBF Editor

The holidays provide us with a few special experiences: extra time, extra guilt and, hopefully, a more generous spirit, all of which can be put to use by volunteering for one of the many needful organizations in the area.

For just a few hours a week or month, you can help someone less fortunate, or benefit a worthy cause. The reward will be an increase in self-worth and a sense of accomplishment greater than anything you could buy for yourself.

The Volunteer Services Board (385-4240) on campus provides an excellent source of information for finding an organization of interest. Listed below are just some choices from the referral manuals, located at the self-referral desk upstairs in the Student Union Building. Fill out a card and drop it in the box, and you'll be on the way to helping out. Contact the organizations directly for more information. I've organized them into a few categories to make it even easier to get involved:

### Health-related opportunities

St. Alphonsus Regional Medical Center could use volunteers for an array of projects. Call 378-2111.

St. Luke's Regional Medical Center needs the same. Call 381-2266 or 381-2120.

March of Dimes is looking for special events coordinators. Call 336-5421.

Idaho AIDS Foundation wants people interested in education, support groups and buddy volunteers. Call 345-2277.

Planned Parenthood needs advocates and educators. Volunteers must be pro-choice. Call 376-9300.

Birthright of Boise needs friendship counselors. Volunteers must be pro-life. Call 342-1898.

### Work involving children and the elderly:

Big Brothers/Big Sisters need mentors for homeless elementary students. Call 336-2552.

Boise School District wants school volunteers to help children at risk, children in the classroom and those in special education. Call 338-3400.

Boys and Girls Club has openings for children's role models. Call 375-3194.

The Discovery Center will be presenting a 5k run/walk. Call the Student Volunteer Board to assist.

Idaho Youth Ranch is looking for role models for troubled youth. Call 377-2613.

Boise Family YMCA needs positive role models to help kids. Call 344-5501.

Women's and Children's Alliance needs general volunteers. Call 343-3688.

Beehive Homes of Meridian could use one-on-one volunteers to assist the elderly. Help can include reading, coordinating activities or simply visiting. Call 888-5662. Boise Samaritan Village (343-7726), Eagle Senior Citizen Center (939-0475) and Oaks of Boise (343-7755) need the same thing.

### Work involving animals:

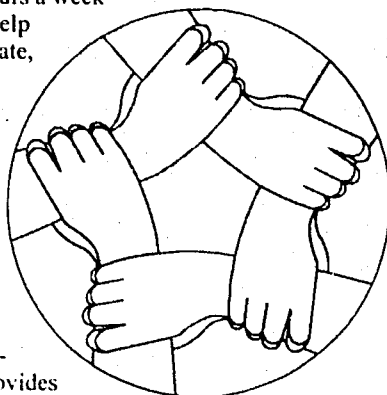
Zoo Boise is looking for volunteers, especially in the spring, to assist with events and fund-raisers. Call 384-4385.

Just Strays Animal Foundation wants volunteers to help with their cat adoption program. Call 327-8445.

Idaho Humane Society needs people to help with dog walking, bathing, grooming, education projects and pet visits to the sick and elderly. Call 342-3508.

### Social/political opportunities:

Suicide Hotline needs volunteers and board members. Call 385-3532.



Idaho Women's Network wants people interested in acting as women's advocates. Call 344-5738.

Idaho Firefighters Family Burnout Program assists in sorting, moving and helping victims of fire with their belongings. Call 384-0425.

Idaho Commission for the Blind needs readers. Call 334-3220.

Alternative Mobility Adventure Seekers needs volunteers to help provide recreational activities for people with disabilities. Call 385-3030.

American Civil Liberties Union wants social or paralegal volunteers. Call 344-5243.

Americorps offers many options in community service. Call 1-800-588-3334.

Boise Art Museum could use volunteers in their museum ambassador program. Call 345-8330.

Martin Luther King, Jr. Week at BSU needs volunteers to help with events. Contact the Student Volunteer Board.

### Other community organizations which need help:

Hays Shelter could use donations of sheets, blankets and household appliances, also gift certificates for the children in residence. Contact Mickie Amen at 322-6687.

Idaho Foodbank wants volunteers for their warehouse. Call 336-9643.

Idaho Fish and Game Department wants volunteers for planting expeditions, seed collection and habitat restoration. To help out with winter and spring projects call 327-7099.

## Fragrances offer great gifts

by Ariel Spaeth  
HBF Editor

Fragrances, whether in the form of perfume, sprays, soaps or lotions, make excellent gifts for someone close to you. They signify a personal present, one requiring a knowledge of the recipient and a sign that you want to be around them. The properties of memory associated with scent remain powerful as well. Often after uncovering a forgotten bottle of scent in a drawer, I am transported to a time or moment when I wore this odor. I can remember people, events, even moods. Therefore, giving someone a fragrance can keep you in their mind and heart.

Fragrances are also nice to buy for yourself, too. After all, you know what you like, and a new gift of scent can help you define yourself or turn over a new leaf of your personality.

Below are some of the newest fragrances available in stores, as well as a few classics. Another inexpensive and creative option is to purchase essential oils (Boise Coop and From the Earth are good sources) and mix and match to create an individualized perfume, shampoo or massage oil.

- CHAOS by Donna Karan: smells as much like heaven as the original DK.
- CK BE by Calvin Klein: smells a lot like forest fresh scented Glade.
- POEME by Lancome: smells sweet, like a summer vacation
- FIFTH AVENUE by Elizabeth Arden: my favorite of the new crop, smells like Christmas shopping, classic and glamorous but young, too
- HUGO by Hugo Boss: like a cute boy, very nice.
- ALLURE by Chanel: sad but true, it smells like pantyliner fragrance.
- TUSCANY PER DONNA by Estee Lauder: woody and rosy. Think of a sunset.
- POLO by Ralph Lauren: if you're still wearing POLO it's time for a switch.
- OPIUM by Yves St. Laurent: The olfactory equivalent of a religious experience.
- COCO by Chanel: totally French, totally wonderful.
- GAP SCENTS: for the purist and all very nice, too.

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# Special Holiday Edition

This is the last HBF of the year. Thanks for sticking with me and continuing to read and occasionally give suggestions. This issue is devoted to wrapping up 1996 with style and sanity. I've compiled tips on how to stay healthy, how to feel good and how to avoid certain holiday season pitfalls.

When HBF returns in January, be on the lookout for what to wear on the slopes, more celebration of BSU students and their unique styles, and the usual health alerts and useful information. Stay tuned, please!

## Beautiful skin: thawing winter epidermis

by Ariel Spaeth  
HBF editor

The Borg Queen in Star Trek VIII: First Contact has mastered the moist, dewy skin touted in fashion as the "new face." However, for those less amphibious persons, ideal winter skin is simply soft and free of blemishes and blotches. Fashionable models don't look like they're wearing any make-up, and with hair pulled back or tucked under hats and scarves the face becomes the center of attention.

A near perfect face can be achieved by understanding the environmental and internal factors that cause trouble, and trying to safeguard against them.

Alternate hot and cold temperatures, mixed with indoor artificial heat, can cause broken capillaries, splotches and excessive dryness. A gentle cleanser like Noxema or anything soap-free will act more gently on your face. Another precautionary measure is to always wear a moisturizer designed for your skin type. This won't always be the same one you might use in the summer. Heavier creams, especially at night, are called for. A simple at-home treatment to soothe weathered faces can help, too. Start with clean skin, apply a heavy moisturizer or even plain yogurt and steam your face over a bowl of hot water. Pack an additional treatment on your hair and slip into a warm bath for a double dose of relaxation and repair.

Stress provides another factor complicating your plan for smooth skin. The letdown from finals, the added tension of the holidays—whether ifinancial, familial or simply the longer, darker days—skin can react with a few holiday decorations of its own. The clichés of sleep and lots of water still work. If zits do show their presence, a

natural tea tree oil or purifying masque can get rid of them without overdrying already sensitive skin.

When precautionary treatments don't work, or if, like me, a vacation means living in pajamas and not washing my face all that often, simple make-up techniques can compensate for bad behavior. The morning before an appearance is called for, try using an exfoliating wash to lift off dead skin and give your face a smooth base of operations. Unless your skin is a minefield of blemishes, opt against heavy foundation and try a light concealer instead, blending only under the eyes and across any blotchy sections. Loose powder over a moisturized face can supply the only cover most people need.

This winter, makeup trends call for a natural, but not naked face for evening. The key is to either play up the eyes or the mouth with smoky, sultry shades. Go for tawny, creamy shadows and brown liner on the eyes, with a deep purple or red



on the lips, or make the eyes the focus with dark smudged liner and coats of black mascara while the lips are subdued pale brown or rose. Stay away from most shades of blusher and any and all red toned eye shadow. They will simply emphasize any redness that occurs naturally.

A final tip for cold weather outdoor enthusiasts: if you are going to stay outside for an extended amount of time, say, a day or weekend on the mountain, try to find a glycerin-based cream with sunblock that will last the torture.

## Symptoms of mononucleosis vs. enticing winter lip care

College students are one of the largest groups affected by mono, a virus which affects the immune system. It mostly spreads through saliva, thereby earning the nickname of the "kissing disease." The connection to lip products becomes obvious. Here we profile the symptoms of mono with some of our favorite lip care and winter lipstick shades.

### Mono symptoms

soreness of joints  
overwhelming fatigue  
sore throat  
fever up to 102°  
swollen glands in the neck  
enlarged liver and spleen

### Winter lip favorites

Lancome Rouge Idole (any shade)  
Bonne Bell Lip—Lix in 'Nut—so—Fast'  
Estee Lauder's 'Silent Red'  
Clinique Almost Lipstick in 'Black Honey'  
Carmex  
Wet 'n' Wild's 'Blackest Red'

Of course, mono is a serious illness that can greatly impair the infected person, sometimes requiring a month or more of bed rest. The illness is diagnosed by a blood test which can identify the Epstein-Barr virus causing mono.

If you're experiencing any of the above symptoms, consider getting checked. And, as always, know who you're kissing.

## Finals Relief

Dec 11-16th

### Free Cream Snacks

Distributed Dec 11th, 12th, 15th and 16th in the Student Union at 9:30pm

### Care Packages

Distributed Dec 13th & 16th at 12:30pm

### Massage Therapy

In the Student Union on Dec 11th, 12th, 15th & 16th from 7-10pm

### Entertainment

- The Eligibles sing acappella in the Student Union, Dec 13th from 11:30am-12:30pm
- 99c Almost Midnight Breakfast at Table Rock, Dec 11th at 10-11:30pm
- Breakfast in Bed giveaway, Dec 16th at 10:30am

### BSU ID required

for half price

- Bowling on Dec 11th
  - Pool on Dec 16th
- in the Recreation Center

### Ice Cream Bar Giveaway

Distributed in the Student Union, Dec 12th at 1pm



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Time: 9:00am-3:00pm

Place: BSU Bookstore Lobby



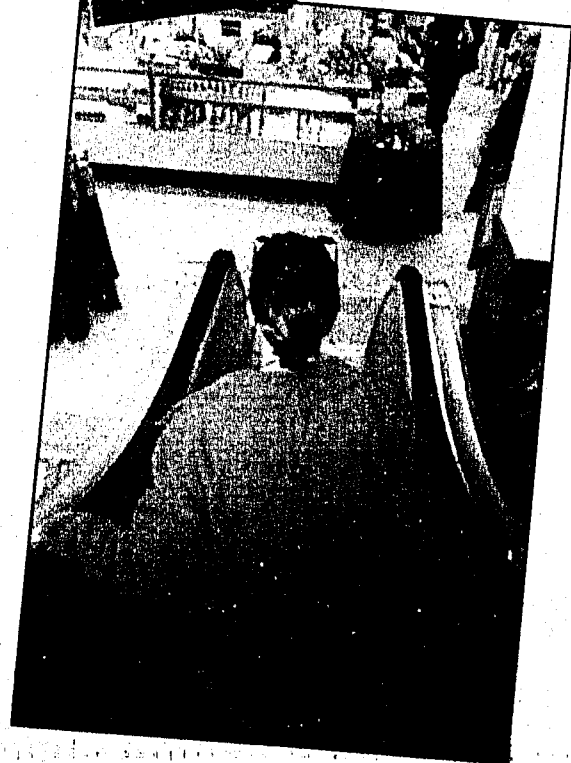
# The dress to take you through the season



THIS WAS MY FAVORITE DRESS. MY DATE, HOWEVER, WAS LESS IMPRESSED



SATIN'S SO PRETTY, BUT LIMITED IN IT'S VERSATILITY



by Ariel Spaeth  
HBF editor

PHOTOS BY JONATHAN H. SMITH

In the modern world, casual dressing has all but eliminated the fine art of formal occasions. But the holidays offer those of us who find great pleasure in velvet, satins, floor length gowns and delicate shoes the opportunity to act out our fantasies at parties and celebrations throughout the season. I try to recycle my

evening dresses, but each year I am drawn by new styles, incarnations of dreams past in silk, or a frock that stares me down whenever I pass by it in a storefront window.

I have decided (or rather, my paychecks and my gift list this year have decided) not to buy a new dress this year. I have a black, Suzie

Wong-ish brocade dress with a mandarin collar that didn't get much attention last year, because of a conflict with my hair. I've also had the time to acquire a nice pair of black slingbacks to finish the look.

But the desire to at least go window shopping overcame me. I decided to check out the Bon Marche' downtown and see what they were showing. As the pictures illustrate, I made a fool out of myself but I did not find too many tempting pieces. I did however, discover some gowns that illustrate what not to show up wearing. The Bon shines in the areas of casual dresses and other staples, but their holiday dresses were less than what I expected.

Please follow me on my dress excursion, and learn from my mistakes. The best dress to get you from the work holiday party to New Year's Eve is one you love. It should be flattering on you, not too tight (remember, there will be food at these parties), and get you into a festive mood. Too many sequins or bright colors can detract from your sparkle.

My suggestions for the search for a perfect dress include checking out vintage, second-hand and thrift stores. The retro glamour look is always a crowd-pleaser. For new dresses, Ross and T.J. Maxx have got what the Bon sells, for so much less. Whatever you do, have fun with it!



SUBTLY IS THE KEY FOR EVENING GLAMOUR. THIS DRESS FAILED MISERABLY

# Sex discrimination still a problem in higher education

by Kate Bell  
Editor in Chief

It is difficult not to snicker at the notion that in the early days of higher education in the United States, women were restricted from college by an ideology that their minds were guided and limited by their bodies.

After the Civil War, "leading educational reformers claimed that women's wombs dominated their mental life and that, therefore, they should not study," writes Margaret Andersen in *Thinking About Women: Sociological Perspectives on Sex and Gender* (1993).

Higher education has, unfortunately, still not shaken the baleful presence of institutionalized sexism. It has been well documented in recent years that women remain at a distinct educational disadvantage in the classroom (Hall & Sander, 1982; Krupnick, 1985; Sandler and Hall, 1986; Moses, 1989; Nieves-Squires, 1991).

In 1982, researchers coined the term "chilly climate" to describe the multiple inequities that may seem unimportant by themselves, but when present together create a frigid classroom environment for women students and faculty.

In 1996, the same researchers—Roberta M. Hall and Bernice R. Sandler—collaborated with Lisa A. Silverberg and released a new report discussing how women are treated in the classroom. The report's aim is to help faculty members engage in deliberate behavior to achieve gender equity.

"It has become increasingly clear that merely reducing the ways in which women and men students are treated differently neither automatically nor immediately increases active participation in the classroom by women students. Yet participation is essential to learning" reads the executive summary of the 1996 report "The Chilly Classroom Climate: A Guide to Improve the Education of Women."

## FREEZING FACULTY, COLD CURRICULUM

According to the executive summary, major findings of the report include "the persistence of problems such as marginalization, trivialization, insensitivity and put-down, limited role models, and failure to address the needs and concerns of specific groups of women."

"While some people believe that sexism and its impact on women are 'exaggerated' or 'things of the past,' sexism clearly is ingrained in our speech and behavior," the document states.

ASBSU Sen. Christine Starr, a student in the Communication Department, says, "I think it's disappointing that there continues to be this type of discrimination. It hampers women's development overall."

Starr says that if a woman is not treated as an equal in the classroom, "then there's no means for her to achieve that better position."

"When the prior study came out you would hope that colleges and institutions would adjust to those findings and really do some self-evaluation. ... You would think that colleges would make adjustments because colleges are supposed to be progressive institutions," says Starr.

Women students are treated differently than their male peers in at least 50 ways, the "Chilly Classroom" summary states. For example, women are interrupted more often and receive less attention and encourage-

ment, while men receive more praise and more feedback.

According to the Hall and Sandler 1982 study, problems with teacher-student interactions include sexist humor, expressing stereotypical views of women, and making derogatory comments about females. Speaking exclusively in male terms, not learning the names of women as readily, giving less support and guidance to women and referring to women students as "girls" also contributes to an inhospitable classroom climate.

The study advocates, "Rather than focusing solely on making their own behavior non-sexist, faculty members should also strive to be anti-sexist, working actively to eradicate sexism." This can be done by intervening when students interrupt and intimidate each other.

Hall and Sandler found that faculty may communicate lower expectations for women or doubt their accomplishments. And professors may frown more often when female students speak.

"I took a class and I could completely tell that the professor favored men. I mean just in the number of times that she would call on women versus the number—and it was a woman—of times she would call on men," recounts Starr.

"Even if the women's answers were more articulate, and more concise, and structurally more descriptive, they still did not elicit the same response from her that it would if she were calling on a male," says Starr.

## THE CHILLY FINDINGS

According to an article by Sabrina C. Chapman titled "Helping Diverse First Year Students: Women Students" in *The Freshman Year Experience: Helping Students Survive and Succeed in College* (1989), faculty representativeness and academic curriculum are two elements contributing to a cold classroom for women.

Female students aren't the only women facing sex bias. Faculty also encounter discrimination. Although females constitute 53 percent of students enrolled in higher education, only 28 percent of tenured faculty members are women, the majority of whom are instructors, temporary appointments or untenured, Chapman states. Because of this, women obtain few opportunities for same-sex role modeling and mentoring.

During Starr's college career, "I haven't really experienced that many women[as professors]."

During the past week or so, BSU students have participated in faculty evaluations. Women faculty are often evaluated more harshly by students of both genders and by their colleagues, according to Hall and Sandler.

The curriculum, another element contributing to cold classrooms, has excluded women as a subject or as contributors to knowledge. Feminist scholars in the early 1970s found that curricula are overwhelmingly biased in favor of white males. The history and achieve-

ments of women and minorities are misrepresented or not included at all, Chapman states.

Learning in a male environment makes women feel like outsiders, "not only because their status in universities is less than that of men, but also because they are estranged from the dominant world view surrounding them in academic life" writes Andersen.

Gloria Steinem writes in *Revolution from Within: A Book of Self-Esteem* (1993) that since faculty in the U.S. are mostly male, and 90 percent white, there is almost nothing familiar to contribute to the comfort level of women, and men of color.

Being an outsiders becomes a farm for self-criticism.

"A longitudinal study of 200,000 students at 300 institutions in all undergraduate categories showed that women across the board reported a major increase in 'self-criticism' between entering and leaving college," Steinem writes. "For male students, on the other hand, intellectual and interpersonal self-esteem is maintained or strengthened—even when their grades are lower than women's."

A study which began in 1981 collected similar findings. Researchers at the University of Illinois followed

80 high school valedictorians from a variety of economic and ethnic backgrounds. All went on to college. There, the women earned slightly higher grade point averages than the men. Steinem recounts, "After two years of college, however, the intellectual self-esteem among the women had plummeted. Though 23 percent of the males and 21 percent of the females had described themselves as 'far above average' in intellect when surveyed after high school, by sophomore year in college, that proportion had remained at 22 percent among the men—but dropped to 4 percent among the women. By the time these students graduated, 25 percent of the men had an estimate of themselves as 'far above average'—but none of the women did."

Why? Steinem reasons that "with each additional year of higher education, the women saw less of themselves, and less chance of being themselves. In the academic canon of the classroom, their half of the human race was underrepresented in authority, often invisible, sometimes treated with contempt, perhaps treated as if success were 'unfeminine' ... women of all races were having to function in an alien and often hostile culture."

Hall's and Sandler's 1982 study and Whitmore's 1987 research came up with slightly different, even less encouraging results. In these studies, first-year women students evidence significantly lower intellectual self-confidence than their male counterparts of similar ability.



PHOTO BY KARA BROWN

## EDUCATION

Continued from 15

## PROBLEMS EXACERBATED IN 'GOOD' SCHOOLS

The Supreme Court ruled recently that the Citadel, one of the nation's two state funded all-male colleges, admit women or give up its state funding.

"At the Citadel, upperclassmen abuse lower-classmen as part of the fourth-class system, and a part of that system is the denigration of women. Upperclassmen refer to lowerclassmen as 'girls,' as 'wimps,' as 'skirts' if they're unable to perform at a certain level," says ACLU Staff Attorney Sara Mandelbaum, quoted in "The Pros and Cons of Single-Sex Education," a story published in *U.S. News & World Report* on July 8, 1996.

"Harvard Held Up," a story published in *Newsweek* on Dec. 11, 1996, explains that Harvard once had male-only dining halls and male-only stacks in the library. These inequities are gone. One inequity that remains is the school's rare tenured woman. Women comprise only 11 percent of Harvard's tenured faculty, a record that makes the national average of 23 percent look good.

## PROBLEMS EXACERBATED IN NON-TRADITIONAL FIELDS

The Sandler and Hall 1982 and 1986 studies found resistance to women entering nontraditional fields high, and women faculty and administrators in such disciplines few in number. A study by the American Bar Association released in February found that women at law schools were often treated with hostility or condescension.

A study of the University of Pennsylvania Law School cited in "On the Run from the Law," a feature

published in *Ms.* in 1995, claims that "Male students—mostly white male students—subject women to a kind of hazing when they speak up in class. Men ridicule the women's comments, or attempt to bait them with supposedly derogatory terms, like 'feminist' or 'lesbian.'"

Unfortunately, the atmosphere is even more tense at law firms, "On the Run from the Law" explains. A 1990 survey of female law school graduates around the United States revealed that nearly half would not have chosen a law career if they had known 10 years ago that the law firm environment would be so caustic.

According to "Riveters to Rocket Scientists: Exploring the Gender Gap in Quantitative Fields," an article published in *Change* in 1994, women remain underrepresented in mathematics and science—especially engineering and physical science.

Information drawn from a statistical sampling of more than 1 million students who received bachelor's degrees in 1991 revealed "a somewhat sobering corrective to any unbridled optimism about women's current status in the educational and professional marketplace," the article warns.

In mathematics and computer science, almost twice as many men as women obtained degrees in 1991. Among students who do not major in these areas, women are less likely than men to take even one math or computer course, and are considerably less likely to take five or more.

Happily, though, "in any quantitative discipline women decide to tackle, they outscored their male peers in average cumulative GPA," writes the author of "Riveters to Rocket Scientists."

Kathleen Ayers, an associate professor in BSU's Mathematics and Computer Science Department, does not usually see an absence of women in her classrooms.

Viola Lee Bean, an adjunct faculty in the department, recalls being a token woman during her higher education but says the situation has improved.

"When I went to college I was the only girl in my calculus classes. I was the only girl when I worked for IBM as a programmer. In the area where I was working I was absolutely alone," says Bean. "Today in my classrooms you see a very high percentage of girls."

"There was tremendous stigma against me that I was in a math class, and I'm sure that some of that still carries over. But it's certainly a whole lot less than it used to be. And it will take awhile before that will completely disappear from society," says Bean.

Ayers said most girls avoid mathematics while growing up, and it disadvantages them in college.

"A lot of women come to college with real math anxiety, and computer anxiety. And they tend not to take those classes unless they absolutely have to. But once the women get into the classes—especially the math classes—they really don't encounter I don't think, any real obstacles because they're women," says Ayers. "A lot of women don't take the math they need to in high school. And so when they come to college and they want to be a math or a

computer science major ... they start a year behind in math."

Ayers believes "the problem starts back in junior high and high school where girls start dropping out of math. And they don't know that that's closing doors to them in the future." This semester, the associate professor teaches a calculus class to 20 men and one lone woman.

Ayers recalls being a lone woman herself when she joined the Mathematics and Computer Science Department faculty. "When I first came [to BSU], which was in 1983, I was the only woman in a tenure-track position. And there are now two of us who have tenure and two more who are in tenure-track positions. But of the regular faculty I am the only woman who teaches computer science," says Ayers.

## PROBLEMS EXACERBATED FOR NON-TRADITIONAL STUDENTS

The Sandler and Hall 1982 and 1986 studies reveal that adult women who return to college may be discounted because of factors such as gender, age, and part-time status, or questioned about the seriousness of their intent.

This has been the experience of Linda Jochum, the ASBSU senator representing the Graduate College and a non-traditional student in the master's of public administration program.

"People don't talk much about discrimination against women anymore," says the ASBSU Senate's new protem. "It seems to me there's a general attitude that people just don't want to admit that it exists anymore. My impression is that it exists more than ever."

*People don't talk much about discrimination against women anymore. It seems to me there's a general attitude that people just don't want to admit that it exists anymore. My impression is that it exists more than ever.*

In Jochum's field, women aren't asked to participate in the statistical study research as much as the men are.

"All of the projects that have given men in my program the opportunity to experience more doors opening for them for the future are not there for women. I don't even know if

they (professors) do it consciously, but it seems to me that the men are pushed more toward [internships]. ... The men are considered before the women are. It shocked me," says Jochum.

She talks about "the bias they (professors) have in their brain about what ... the employers are looking for. The perceptions about the type of people they want to put in public affairs and local government positions fit in with that good-old-boys-network mentality, and so the women—especially women like me—we have to overcome first the stigmatism of our background—'Why did you come back to school? You're a middle-aged woman. What are you doing here?'"

"They have preconceived ideas about 'Well, you must have had a mid-life crisis so that's why you're here.' And it's funny that men in our age group who decide to make a career change aren't stigmatized in the same way," explains Jochum. "Women—especially mid-life women or middle aged women—who decide to make a career change ... don't have credibility. We have to work twice as hard to be recognized. We have to work twice as hard to get the project assignments that the guys get as a matter of course."

— Linda Jochum,  
ASBSU senator

WANNA  
RIDE?





# HOOTENANNY

## A CARNIVAL OF SORTS

### Flamenco dancers celebrate culture

by Erica Hill  
Staff Writer

On November 23, the Student Programs Board and BSU Performing Arts presented Clarita and the Arte Flamenco Dance Theatre in a performance that proved captivating, brilliant and alive. Along with guitarists, singers, talented dancers, and vivacious costumes, the Flamenco event also provided a glimpse into the Spanish and Basque cultures so prevalent here in Boise.

Clarita, who directed the performance, combined simplistic stage props, luminescent lighting design, and dazzling costumes to add focus to the dancers. The performance began with six of them gliding onto the stage in vibrant red and green dresses which contrasted the pale background.

The only props on stage were two men sitting on flaxen-colored plastic chairs with their guitars, amplifiers and microphones. One chair remained empty, which threw off the lighting tech at first. The musicians kept signaling cues to the mystery lighting man, which took attention away from the dancers. In fact, throughout the first dance the musicians seemed to serve no purpose other than chit-chatting to each other and smiling vicariously at the dance taking place before them, leaving me thoroughly unimpressed.

My negative disposition soon evaporated in the next number, when the two musicians participated in a dynamic song combination playing "Flamenco Cante," a mellow form of traditional Flamenco songs.

For the majority of the rest of the performance, the talents of the dancers and the musicians combined to

create a splendid performance. All the dances and songs were visually mesmerizing and inspiring.

The most impressive, however, was performed by the company's choreographer and director, whose name was listed simply as Clarita. With two spotlights placed parallel on the stage, one of the guitarists walked on singing "Seguiyiras Por Martinete" a cappella. Clarita then entered from left stage wearing a black chiffon ankle-length gown which, when she moved, shimmered from the glittering scarlet dots underneath. With nothing more than the fading sound of the musician's lone voice and the stomping of her own hot pink Mary Jane heels, Clarita managed to display her expertise and establish her authority as the company's choreographer in an elegant and stunning Spanish style dance.

Though the other dancers used castanets and energizing yelping sounds, Clarita relied merely on her technique and skill in tapping those pink heels to a beat. This ability to create her own music while dancing to it was received with a standing ovation which awarded the audience two encores.

The last piece for part one was a Basque folk dance named Pandereta Velos. Each dancer bore a tambourine strung with dangling pastel ribbons which matched their

traditional Basque costumes. Though the lone male dancer Ricardo Chavez appeared to have suffered a slight slip of the foot in this dance, he proved his ability and talent in the next act.

In this part, dubbed Tablao Flamenca, the entire company entered the stage in the concluding procession and displayed their abilities individually. Even the musicians participated in the dances. The performance received the

third standing ovation of the evening and concluded with the loudest applause going to the dazzling Clarita and her pink Mary Janes.

Lisa McDonald, coordinator of BSU performing arts remarked on the dynamism of the performers, "They are phenomenal! They're exactly what we had seen from their beautiful promo tape!" She later went on to say the performance

was sold out. "We even had to turn some people away," she added.

With the Flamenco dance's eloquence in lighting, staging, choreography, music, talent and ability it's no wonder people were beating down the doors to see the performance. That could also happen during next semester's events, the first of which kicks off Martin Luther King Day on January 25.



PHOTO BY JOE RELK

### Student showcase highlights BSU theater talent

by Erica Hill  
Staff Writer

Suicide, a feminist, poor bachelors, a racist, lesbian lovers, singing housewives, and aliens named Orflong, Zip, and Drop are all issues or characters addressed in "The Mask." This casual production was presented by the BSU Theatre Arts Department and Theatre Majors Association on Dec. 4-7.

"The Mask" was a compilation of student productions performed, directed, and (in some cases) written by BSU theatre students. Each issue or character type was presented individually, in separate skits.

The first, titled *Jumping*, addressed the issue of suicide in a humorous and flippant manner. The bridge, from which the character named Jerry was going to jump, was simply wheeled off the thrust style stage at the end of the skit. The actors and stage director grabbed the new props and the next scene was quickly formed.

Though the stage designs eliminated unnecessary detail, the exquisite lighting design established the mood. For example, in the second scene, dubbed *One Hundred Women*, a tawny spotlight shaped both as a square and a circle commanded the location of the

action. In this story, two roommates are torn by the love Kelly, one of the roommates (played by Amy Welsh), feels for her boyfriend, Christian. This causes Nina, the other roommate, to focus on what it is that tears herself apart. She comes to the conclusion that men are "perpetrators of misery."

Nina, played by Jennifer P. Stockwell, then sees a need for love within herself. She defines herself as "a hundred different women": Nina the philosopher, Nina the poet, and so forth. She finds, dishearteningly, that despite all her efforts "Nina the lover wins over the 99 others."

After this tearjerker, the mood was raised in the next skit which began as a humorous rendition of a night in the life of two bachelors. Although the situation turns serious in a confrontation between the two concerning the impoundment and obliteration of one of their cars, the adult language and choice of props (i.e. Michelob beer) added a spoof of raillery.

*The Drive* recalled and provided a new perspective on the well-known case several years ago, where a husband shot and killed his pregnant wife and then injured himself in an effort to prove he was not the murderer. In this rendition, the husband symbolically paints black on his face as an implication of what actually happened. In reality, the husband blamed a "raspy-voiced black man" and was later convicted of the murder of his young wife and unborn child.

*Springtime*, a story of lesbian love and the jealousy

which tears it apart, utilized film to provide sublines to clarify the action occurring in the scenes. Although this technique was effective at first in establishing the preliminary life of the story, it became quite distracting and took away from the actors' effectiveness. Both of the players excelled in articulation and acting, but were stripped of their ability as a result of the 14 sublines exhibited on a large backdrop behind the place of action.

After the witty musical scene *The Old Maid* and the Thief, the main production of the night began its stage set up. This part of the show challenged the boundaries of modern theatre, combining eerie music, eccentric costumes and an obscure story line. Although presented with dynamic lighting, creative actors, and unique stage works, the overall production simply dragged on. There were many unnecessary scenes which seemed to serve no purpose other than to enhance the points already made.

Overall, "The Mask" proved to be more than just student theatre. It expanded BSU's theatrical framework, which seems to dictate what types of productions are generally chosen. The exorbitant length of the production and some flaws with set design were the only elements which robbed it of its student-created freshness.

HOOTENANNY

CONTINUED TO PAGE 20



# Arbiter staff "All-Time Lists"

**Chris Adams**

*Staff Scrooge/Business Manager*

10. ZZ Top *Greatest Hits*
9. Better Than Ezra *Deluxe*
8. Queensryche *Empire*
7. Tesla *Great Radio Controversy*
6. Live *Throwing Copper*
5. Def Leppard *Hysteria*
4. Van Halen *5150*
3. Last of the Mohicans *Soundtrack*
2. Hootie and the Blowfish *Cracked Rear View*
1. Metallica *Metallica*

**Josh Casten**

*Hootenanny Overlord*

10. Pearl Jam *Vitalogy*
9. Beastie Boys *Check Your Head*
8. Buck Pets *Mercurotones*
7. Frank Zappa *Strictly Commercial*
6. Soundgarden *Superunknown*
5. Neil Young *Decade*
4. R.E.M. *Murmur*
3. The Replacements *Let It Be*
2. Grant Lee Buffalo *Mighty Joe Moon*
1. U2 *Joshua Tree*

**Art Director Jonathon H. Smith's essential blues albums**

Sonny Boy Williamson *Down And Out Blues*

The Red Devils *KING KING*

Little Walter *Essential Little Walter*

Jr. Wells Jr. *Wells and the Chicago Blues Band*

James Cotton *The Best of the Verde Years*

Blues Brothers *A Suitcase Full of Blues*

B B King *Live at the Appollo*

Howlin' Wolf *Live and Cookin'*

Little Whitt and Big Bo *Moody Swamp Blues*

Zu Zu Bolin *Texas Bluesman*

**Katy Petty**

*Receptionist*

10. Garth Brooks *The Hits*
9. Enigma *MCMXC A.D.*
8. Pat Benetar *All Fired Up- The Greatest Hits*
7. Eagles *Greatest Hits 1971-1975*
6. La Bouche *La Bouche*
5. Information Society *Hack*
4. Alanis Morissette *Jagged Little Pill*
3. Digital Underground *Sex Packets*
2. *Dance Hits USA* compilations
1. Legends of the Fall *Soundtrack*

**Ariel Spaeth**

*Staff Health/Beauty/Fashion Editor*

10. Elvis Presley *Christmas Album*
9. Jesus Christ Superstar *Soundtrack*
8. Grease *Soundtrack*
7. Trainspotting *Soundtrack*
6. The Adventures of Priscilla, Queen of the Desert *Soundtrack*
5. Cherry Poppin' Daddies *Ferociously Stoned*
4. Elvis Costello *All This Useless Beauty*
3. ABBA *Gold*
2. Leonard Cohen *Songs of Love and Hate*
1. Jack Kerouac *Last Words*

**Yvette Bryant**

*Receptionist*

10. Van Halen *Van Halen*
9. Jodeci *Diary of a Mad Band*
8. Steve Miller Band *Greatest Hits*
7. Black Crowes *Shake Your Money Maker*
6. Otis Redding *Greatest Hits*
5. Chris Isaac *Heart-Shaped World*
4. LL Cool J *Mr. Smith*
3. Gap Band *Greatest Hits*
2. Counting Crows *August and Everything After*
1. R Kelly *R Kelly*

*Top Ten Pre-Finals All-nighter Study Tunes of All Time*

**by Mary Doherty**

*Newsie*

10. Sarah McLauchlan *Fumbling Towards Ecstasy*
9. The Posies *Dear 23*
8. Phish *Hoist*
7. Pixies *Doolittle* (Best after 3 a.m.)
6. REM *Dead Letter Office*
5. Dave Matthews Band *Under the Table and Dreaming*
4. Dandelion Wine *Northsoutheastwest*
3. Cocteau Twins *Heaven or Las Vegas*
2. Rusted Root *When I Woke*
1. Violent Femmes *Add it Up* (for that 5 a.m. second wind)

**A few favorites of '96**

**Kate Bell**

*The Big Cheese*

3. Phish *Billy Breathes*
2. Tracy Chapman *New Beginning*
1. Beck *Odelay*

**Tops of this year**

**Josh Casten**

*Hootenanny Editor*

10. Cowboy Junkies *Lay It Down*. So damn soothing, it's unbelievable. Margo Timmins' vocals are at times almost ethereal, and the songwriting sounds strong, with tons of aching melody. Simple, straightforward and gorgeous.

9. Afghan Whigs *Black Love*. Cross over to the dark side. A collection of dark, spooky and unnerving numbers with a strong injection of soul, this record will creep up on you, if given a chance.

8. Posies *Amazing Disgrace*. A virtual opposite of *Black Love*, the Posies have yet again brought together a fantastic collection of strong songwriting which is almost instantly addictive. Melody, dynamics and absolutely killer vocal harmonies, plus enough quirk to keep your interest.

7. Soundgarden *Down on the Upside*. Considerably more low-key than their previous efforts, but still signature Soundgarden. The rocking tracks like "Burden in my Hand" "Ty Cobb" satisfy metal-head needs, while the more sedated material like "Overfloater" and "Boot Camp" hit a deep psychedelic groove, with top-notch musicianship throughout.

6. Tool *Ænima*. Positively brutal. Sacrificing melody for sheer sonic assault, the Toolsmiths unleash a barrage of anger and frustration, keyed by Maynard James Keenan's awesome vocals. Listening to *Ænima* is like entering a dark landscape, very much similar to Nine Inch Nails' *Downward Spiral*.

5. Screaming Trees *Dust*. After coming to the verge of a break up, and recording an unsatisfying record that was shelved entirely, the Screaming Trees put it all behind them and cut this blazing peice of work. Ten solid tracks, almost flawlessly put together, *Dust* is without a doubt the best music these guys ever managed to put together. And look where it got them. Oh well.

4. R.E.M. *New Adventures in Hi-Fi*. A fine return to form, although a bit more generic than old school R.E.M. fans may be used to. Still, some of the best material they've put out in years, if not ever.

3. Pearl Jam *No Code*. A strong collection of material, with a breathtaking scope. With mantras and low-key acoustic numbers sitting side by side with rockers like "Hail Hail" and "Lukin," this record proves Eddie and the boys are continually reaching.

2. Grant Lee Buffalo *Copperopolis*. The best band you've never heard of emerges with another stellar effort. Grant Lee Phillips and Co. have crafted yet another rich, intricate soundscape built around basic folk instrumentation, but with a tendency to fly gloriously wild at times. They have diversified their sound somewhat, throwing in Philly soul, achingly slow ballads and flat out rock.

1. Guided By Voices *Under the Bushes Under the Stars*. A ragtag collection of 22 infectious oddities recorded mostly in a basement. These guys prove that lo-fi doesn't have to mean squauky, unmelodic music. With refreshing British invasion simplicity, quirky lyrics and song titles like "Burning Flag Birthday Suit" and "Lord of Overstock," GBV have crafted a perfect blend.

# More Arbiter music picks

by Joe Relk  
Opinion Editor

1. *Pump up the Volume Soundtrack*. Though released in 1990, these songs sound just as fresh today. This is the album that got me interested in The Pixies, Soundgarden and Concrete Blond, all of whom lend strong contributions. Instead of the left-over b-side garbage big name bands usually donate to soundtracks, none of these groups were all that popular at the time, and some still aren't, so these represent their best efforts to get folks to notice them. Other artists include Cowboy Junkies, Ivan Neville, Liquid Jesus, Sonic Youth and Above the Law—the only rap group I'd spend money on.

2. *Indie Top 20*. Every year or so Beechwood Records comes out with a top 20 compilation CD of "British independent groups." Now that the independent label is basically meaningless and mainstream, these assemblages aren't as powerful as they once were. Still, they are worth the effort, which is considerable considering the difficulty of getting them in the U.S. Volume nine offers a wonderful mix of UK bands, many of whom won popularity in Britain long ago, but remain largely unknown over here, like The Soup Dragons, The Farm and The Sundays. Of particular merit is the comedic and catchy "Sheriff Fatman," by Carter The Unstoppable Sex Machine and the rough, aggressive "Blues For Ceausescu," by Fatima Mansions. Other possibly recognizable names include New Order, Birdland and See See Rider.

3. *Last Action Hero Soundtrack*. Yeah, I know the movie sucked, but that's no reason to hold this stellar soundtrack accountable. Fans of AC/DC, Alice In Chains, Queensryche and Def Leppard who don't possess this intense package of metal mayhem are missing a vital link in their collections. A spectacular effort from start to finish, this CD doesn't allow any time to recover from the rapid onslaught of tight, intense song craft. Megadeth, Aerosmith, Cypress Hill and other hard chargers make this a perfect purchase for the hacky sack inclined.

4. *Singles Soundtrack*. Again, a crappy movie. But

before I alienate the unabashed Generation X crowd any further, allow me to lavish some praise on this soundtrack, the greatest compilation of Seattle-, flannel- and cappuccino-inspired music ever. This CD offers lofty contributions from great groups like Pearl Jam, Alice in Chains and Soundgarden, as well as noteworthy contributions from not-so-great groups like Mudhoney and Screaming Trees. The Lovemongers offer a great cover of the classic Zeppelin tune "Battle of Evermore," and Paul Westerberg's "Dyslexic Heart" breaks up the heavy material with infectious humor. If you're looking for something for the grunger in your life, or a 'best of' grunge album for yourself, this is it.

5. *Rotating Tongues*. Be warned: some of songs on this CD sound rancid, and many aren't the best representation from contributing musicians. But the good outweighs the bad on this assemblage, and with 20 songs, that's not bad. Besides, it's all local groups and out of town relatives or friends aren't likely to already have this. Felt Neighbor, Dirt Fishermen, Graveltruck, Midline and the DDT Hounds render solid contributions from popular local bands, while lesser knowns like Venus, Whipping Boy and Trans Atlantic Crush offer unexpectedly strong tracks. On the down side, El Dopamine, Built to Spill and Butterfly Train fail to live up to their reputations, and many of the singers leave you wondering if they're singing out of tune for effect or if they're really that bad (especially Hire). Nevertheless, even crappy songs like "Hometown" can be pleasantly tolerated when M.C. Shake raps about "my homies in Caldwell."

6. *One World*. The perfect disc to introduce anyone to world music. This eclectic blend of sounds from all corners of the globe weave elements of new and old song craft together beautifully. With a heavy helping of African and European artists, this compilation lives up to its desire "to bring people together" through music. Better known contributors include the Gipsy Kings, Bob Marley and Peter Gabriel. But don't be fooled by the big names—all the tracks on this CD are as powerful as they are disparate.

7. *Bleublanc Tubes*. If you're truly bored with the dull Nirvana wanna-be music scene in the states, this disc is for you. *Tubes* represents 18 tracks of France's

best music, much of it complex, upbeat and catchy. It's worth the painful looks from music store employees who will have to order it. Heavy on acoustic instruments and vocal mood swings, you'll find yourself tapping your feet despite not understanding a word. A rose by any other name ...

8. *Tesla, Five Man Acoustical Jam*. Though this album consists mainly of Tesla songs, it also includes unique renderings of the Grateful Dead's "Trucking," the Beatles' "We Can Work It Out," the Rolling Stones' "Mother's Little Helper" and Credence Clearwater Revival's "Lodi." Of particular merit is a remake of "Signs," a remarkable song from The Five Man Electrical Band from '71 rightfully given second life. All the songs on this greatest hits/tribute come live and unplugged from a club in Philadelphia, giving it an intimate feel appealing to the Tesla faithful and non-faithful alike.

9. *Guns and Roses, The Spaghetti Incident?* A lot of Guns fans were disappointed with this CD, especially those who bought it instinctively thinking it featured original material. It's not, so a lot of these albums ended up in the used sections of many music stores. This presents a wild tribute album to the Gunners favorite influences, mostly punk masters like The Damned, The Misfits, The Sex Pistols and Fear. The tribute also makes detours to glam rock (T. Rex), hard guitar rock (Nazareth) and even the 50's crooner "Since I Don't Have You," all covered convincingly in GN'R fashion. It's the perfect cheap gift for that burnt-out uncle who's still making the transition into the '80s, or the nephew exploring the influences of modern neo-punk stars like Green Day.

10. *The Beautiful South, The Best of the Beautiful South*. I realize I'm stretching the compilation theme a bit by including a greatest hits album, but it's just sooooo darn good. For some reason this group's witty and cynical lyrics, combined with deceptively sanguine musical textures rich in instrumentation and vocals (with three singers), hasn't caught on in the US. Even in their native Britain, they don't get the credit they deserve. Complimentary story telling and music are rarely paired so well.

## Five great covers

by Asencion Ramirez  
News Editor

I'll keep my ranting and raving short, mostly 'cause I'm about as unhip as they come, and I'm pretty sure our other staffers have neater opinions. So, I'll keep my list to only five long. I will address a topic other 'Bitters will probably leave open, mainly my favorite re-makes this year.

### Favorite remakes

5. "Lowrider" by Korn starts this list with their version of this WAR classic. While it doesn't have the dri-

ving bass of the Latin Alliance recording of this tune, there's just something about the song that makes you feel funky. Plus it sounds kinda' Scottish.

4. "Love Rollercoaster" by the Red Hot Chili Peppers takes up this spot. Why? Because it's the Chili Peppers and because it's on the *Beavis and Butt-head* soundtrack. It Rocks.

3. "I Will Survive" by Cake. Admittedly, I was one of the few not taken in by this group's "Going the Distance," but I found their remake of Gloria Gaynor's hit extremely cool. It was slow and soulful enough to make me want to listen to it over and over again. And I would have too, if staffer Mary Doherty hadn't run off with it!

2. "Killing Me Softly" by the Fugees barely misses

the top spot. Granted, a lot of people are plenty sick of this track, but I never got enough of it due to my summer job. I work in a part of North Idaho serviced by radio stations out of Missoula, Mont. Unfortunately for me, the Fugees were too funky and soulful, i.e. cool, for most of Montana, so I had to miss this remake's height of airplay.

1. "That's the Way (I Like It)" by the Spin Doctors featuring the diabolical Biz Markie is the best rerecording from the Space Jam soundtrack, and I think the number one remake of the year. It capitalizes on the recent wave of '70s nostalgia, and more importantly, does it well. The Spin Doctors lay down a rockin' beat that, while strong, is almost overpowered by the horn section. Markie lends his voice to the lyrics and combines nicely with the lead singer of the Spin Doctors.

## Music I actually listened to in 1996

Mark Taylor  
Staff Writer

10. Tracy Chapman *New Beginning*. While not as wide-eyed as previous efforts, the sense of intimacy conveyed on this disc makes up for it.

9. Tom Waits *Rain Dogs*. Great jazzy music with beat poet credentials, a booze hound legacy, and the scratchiest voice you are likely to hear during 'this life'.

time. Cannot recommend highly enough.

8. Bryan Ferry and Roxy Music *Street Life*. You've heard the music, even if the name means nothing to you. Ferry is the ultimate suave lounge lizard from the days of yore, with the smoothest voice on the planet.

7. French Kiss *Soundtrack*. If you want to, uh, put someone in the mood, turn down the lights, turn this one on, and...pull the drapes, for God's sake.

6. Alan Jackson *Greatest Hits*. There is no pleasure greater than cranking this one up around disapproving friends. Getting in touch with your inner redneck may provide a goal for '97.

5. Bob Marley *Legend*. This album has been one of

my favorites for years. Music guaranteed to affirm that life ain't so bad.

4. America *Greatest Hits*. It's more than just a retro thing; it's my roots.

3. Carol King *Tapestry*. Just the thought of Amy Grant covering a Carol King song makes me seethe. Ignore the insipid tribute album and go for the real thing.

2. Suzanne Vega *Nine Objects of Desire*. I feel the same way as when I reviewed it earlier.

1. Blind Melon *Soup*. Move over Kurt Cobain, grunge has a new dead poster child in Shannon Hoon, who OD'd on heroin last fall. He was an amazing singer.

## Space Jam Soundtrack no slam dunk

by Asencion Ramirez  
News Editor

These days it seems like sound tracks are like credits: every movie's got one. While some serve to recall fond memories of good flicks, a lot of others simply take up space. Space Jam comes quite close to falling into the latter category.

A few tracks provide some saving grace, but the album does carry an extremely commercial feel. It's difficult to shake the feeling that the CD was just another promotional play.

The all-star team assembled for the album includes Seal, Coolio, Quad City DJ's, R. Kelly, B Real, Busta Rhymes, L.L. Cool J, Method Man, D'Angelo, Monica,

Salt-N-Pepa, Robin S., Barry White, comedian Chris Rock, All-4-One, Changing Faces, Jay-Z, the Spin Doctors, Biz Markie, and the voice of Bugs Bunny.

Part of the soundtrack's redeeming charm lies in four remakes. Seal's rendition of the Steve Miller Band's "Fly Like An Eagle" has already received a lot of air play locally. Seal keeps the song true to its nature, even relying on excerpts from Steve Miller's version. However, one almost expects more from a remake. An artist ought to impress a little of himself on the redone track, and Seal leaves the track almost untouched artistically. The only element he adds is to quote from his early hit "Crazy" near the end of the song.

Salt-N-Pepa interpret Diane Ross' 1980 hit "Upside Down." Overall the song is quite danceable and the female rappers make it pleasing to the ear. The piano coming from the background keeps the bass from standing alone.

The final two covers are perhaps the most unexpected. Barry White and Chris Rock team up on Cheech and Chong's

"Basketball Jones." The song sounds tolerable, but somewhat pointless. Rock isn't very funny. He's aggravatingly annoying more than anything, just like in the phone commercials he does. One wonders how Barry White put up with Rock.

The Spin Doctors and rapper Biz Markie form the team that covers "That's The Way (I Like It)." This combination does K.C. and the Sunshine Band proud (kinda' hard to swallow, huh?). This is probably the Spin Doctor's best work since Pocket full of Kryptonite. The doctors provide ripping guitars without allowing them to get out of control, and Todd Horton, Erik Lawrence, and Andrew Lippman deserve kudos for their blasting horns. Overall the song offers a rip-roaring danceable jam.

One track that deserves shredding is Bugs Bunny's "Buggin'." The song conjures up images of the Chicago Bear's "Super Bowl Shuffle" (ugh!). He takes pot shots at Mickey Mouse and accuses those who aren't down with the rabbit as "Buggin'." What? Whatever commercial cliché is available, the rabbit grabs it.

Except for a few tracks this soundtrack is a commercial money pit. Some music lovers will be able to pick through the lack-luster efforts and enjoy the good songs for a long time, but many parents will probably be cajoled into buying this album for pre-teens for all the wrong reasons, i.e. the commercial ones. Expect to see a lot of copies in the used CD section come February.

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## HOOTENANNY

CONTINUED FROM PAGE 17

### Night Two

by Mark Taylor  
Staff Writer

The second night of the student theater arts production "Mask" showcased some more of the talent in the BSU theater department. While some of the pieces stood above the others, there was a consistent quality in the the acting skills demonstrated and the material performed. The dedication from all involved was also apparent to the audience.

The thought-provoking opener was "Tape," dealing with the age-old question: "What will I be held accountable for after death?" The answer, according to this play is the lies one tells. They will be played back to remind us of each of the deceptions created, from the cradle to the grave.

A lighter touch was applied to the comedy "Mistaken Identity." Nick (Ted Wilson) and Julia (Leonora Bernstein) were a young couple who happily celebrated the death of Gary (Eric Wiesemann), Nick's brother and Julia's husband. It was Gary's reappearance that created problems for the diabolical couple. Julia, in her frantic, shallow state, provided many laughs.

The best short performed was "The Problem," a clever tale that slowly unraveled to an unexpected ending. What began as a wife (Juliet Jenkins) sharing the joyous news of pregnancy with her husband (Grant Hetherington), ended with a cerebral game played out between the two, with the "lurid light in his loins" inciting him to carry her off stage. The entertainment that a long married couple devise to spice up their marriage was astounding.

"Springtime" dealt with issues of ambiguous sexuality and the fleeting nature of love.

The jealous tension between Greta (Karen Wennstrom) and Rainbow (Sara Bruner) was truly an expression of fine acting. For a moment, as they battled over some newly discovered photographs, the screaming between them became all too real.

The shows I attended demonstrated that student theater is thriving at Boise State. While technical glitches (which the audience appeared not to notice) marred my enjoyment of "The Proposal" in particular, the showcase otherwise supplied a great night of entertainment.

Wed. Dec. 4	UPSTAIRS	The REBECCA SCOTT DECISION
Thur. Dec. 5	UPSTAIRS	The REBECCA SCOTT DECISION
Friday Dec. 6	DOWNSTAIRS	THE JACK MORMONS
Sat. Dec. 7		Special Appearance <b>FAT PAW</b> from Salt Lake
Sunday Dec. 8	UPSTAIRS	KFXD & Tom Graineys Proudly present RECORDING ARTIST <b>DRIVING BLIND</b> "...is making major inroads at radio stations" - Billboard Magazine
Mon. Dec. 9	UPSTAIRS	Acoustic Jam Session with <b>REBECCA SCOTT</b>
Tue. Dec. 10	UPSTAIRS	The REBECCA SCOTT DECISION
	DOWNSTAIRS	THE JACK MORMONS

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TOM GRAINEY'S

# BSU Sports

## Women's Basketball schedule

Dec. 15	Idaho State University
Dec. 21-22	BSU Holiday Tournament
Dec. 30	Portland State University
Jan. 4	Gonzaga University
Jan. 12	University of Nevada*
Jan. 17	Long Beach State*

(Home games in bold, Big West games are indicated with an \*)

## Women's basketball still in a rut

by Jill Winje  
Sports Writer

Boise State's women's basketball team lost three games last week, one at home, two on the road.

The home game loss was to BYU, 90-83.

In front of 1,767 fans in the Pavilion, the team struggled for a victory.

"We need to have the drive to win for the full 40 minutes of the game," said head coach Trisha Stevens. "Not five here and five there."

Taking care of the ball and transitioning into defense quickly appeared to be the team's main problems.

"We beat ourselves," said starting guard Kellie Lewis.

Lewis netted in 15 points, including two three-pointers, and captured three steals.

Tawnya Gray led the team in points with a game total of 15, along with two blocked shots. Freshman Heidi Umthun scored with an dozen points and forward Reyna Fortenberry brought in another 12.

On defense, Valerie Rainis led the team with four offensive and nine defensive rebounds. Cori Freeman brought down five rebounds.

Boise State's next two games took place at the University of Hawaii-Hilo Tournament. They faced two Pac-10 teams on the islands and came up empty-handed.

In their next match, Boise State fell to Iowa University, 89-34.

Iowa managed to score 47 out of their 89 points during the second half, forced 21 turnovers, and outre-



PHOTO BY KARA BROWN

bounded the Broncos 46-26.

Fortenberry led the team with 12 points and seven rebounds. Alycia Sumlin also helped on offense with two three-pointers, for a total of eight points.

The Broncos ended their Hawaiian excursion with a 44-73 loss to the University of Arkansas, before catching a midnight flight back to the mainland.

As a small change in the starting line-up, Gray came in early in the game and ended up leading the team with 13 points, shooting 11-of-12 from the free throw line.

She also brought in five rebounds.

Freeman netted nine points. And on defense,



PHOTO BY KARA BROWN

Fortenberry and Jenny Hodges each grabbed eight rebounds.

Despite their loss, the Broncos out-rebounded Arkansas, 42-38. The Lady Broncos enter the Christmas break with a record of 0-6.

## Kerry Irwin wins Women's State Powerlifting Championship

by Amy Butler  
Sports Editor

Boise State's gymnast Kerry Irwin, a junior on the squad, also a member of the BSU's Powerlifting Club, recently won the women's state powerlifting championship in Pocatello.

Irwin bench pressed 200 pounds, squatted 240 pounds, and dead-lifted 330 pounds. Her combined total was 770 pounds for the three lifts. She broke three state records in her total, along with her dead lift and her bench press.

Irwin will set aside her powerlifting career and put on her BSU leotard in January, when the Bronco gymnasts start their season on Jan. 11. The annual alumni exhibition will take place at home.

## 1997 Gymnastics Schedule

Jan. 11	#ALUMNI (Exhib. in Bronco Gym)	2 p.m.
Jan. 18	UTAH STATE	7 p.m.
Jan. 26	@ George Wash, Invit. (Wash. D.C.)	12 p.m.
Jan. 31	UC-SANTA BARBARA	7 p.m.
Feb. 8	SAN JOSE, SEATTLE PACIFIC & CAL STATE FULLERTON	
Feb. 14	@ Washington	7 p.m.
Feb. 15	@ Seattle Pacific	7 p.m.
Feb. 21	@ Utah State	7 p.m.
Feb. 28	@ UC-Santa Barbara	7 p.m.
March 2	@ Bruin Classic, (L.A.) Boise State, UCLA, Washington & Cal-State Fullerton	7 p.m.
March 8	ARIZONA STATE	7 p.m.
March 14	CALIFORNIA & WASHINGTON	7 p.m.
March 22	@ Big West Conference Champ. (Fullerton, Calif.)	TBA
April 5	NCAA REGIONAL CHAMP	6 p.m.
April 17-19	NCAA Regional Championships (Gainesville, Fla.)	TBA

#Exhibition Game - \*Big West Conference Game - All times are Mountain Standard - HOME GAMES IN CAPS

The Arbiter is looking for an Opinion Editor and an Outdoors Editor to begin work spring semester. Sports Writers also are needed. BSU's student paper is the perfect place to gain real world experience as a starving writer. Call Kate at 345-8204.



# BSU bids farewell to Bronco seniors

by Amy Butler  
Sports Editor

"We had our ups and downs, but we accomplished a lot and we have a lot to be proud of. We had a lot of great athletes and I'm proud to have played with them."

—Chris Wing

For years, several key figures in Boise State football have dedicated time and effort into making the program a success. As Wing said, they've had their ups and downs.

A struggling, stressfull, upsetting semester concluded the seniors' last season, but these individuals are stronger for having gone through it.

So, we bid adieu to several special players. They will be missed and appreciation is due for the spectacular perfor-

mances they have given us over the last four years.

## #18 Tony Hilde - Quarterback (Pendleton, Ore.)

As senior quarterback, Hilde completed his four-year career surpassing the 10,000 mark in total offensive yards. He holds the all-time Bronco record in seven statistical categories. Against Idaho, Hilde gained 180 yards in total offense to bring his final career total to 10,138.

During his BSU career, Hilde passed for 9,107 yards and rushed for 1,031 yards. In his last game, Hilde rushed for 84 yards to become the first quarterback in BSU history to surpass the 1,000-yard mark for rushing in a career.

## #80 Ryan Ikebe - Wide Receiver (West Linn, Ore.)

During 41 games in his Bronco career,

Ryan Ikebe has established himself as the all-time BSU receiving yards leader. His 27 touchdowns and 162 caught passes, for 2,728 yards, also ranks him second in the BSU record books on both accounts.

Ikebe received two second team All-Big Conference awards for the 1996 season. He was named to the offensive squad as a wide receiver and to the specialist's team as a kick returner.

This season, Ikebe caught 61 passes for 959 yards and nine touchdowns. He returned 32 kickoffs for 695 yards. Ikebe totaled 1,647 yards in 1996 to rank him third in the Big West Conference.

In all-purpose yards, Ikebe completes his career with 3,700 - third best mark at Boise State.

## #57 Chris Wing - Defensive Tackle (Redmond, Wash.)

Throughout his four years at BSU, Chris Wing has made every effort to fulfill his obligations as a strong defensive player. Despite the brace wrapped around his left knee, Chris brought in two more quarterback sacks against Idaho to finish leading the league with 20, for 120 yards lost.

His incredible 1996 season further distinguished him as the only Bronco player to the placed on the first team of the All-Big Conference squad.

Wing was BSU's second leading tackle overall, with 85. Included in those tackles were 13 additional ones behind the line of scrimmage for a lost of another 40 yards. Sixty-six of his tackles were unassisted. Wing also forced four fumbles and broke up two passes.

In addition, Wing finished his career by going down in the Boise State books as the number one record holder for most tackles for a loss, with 33. He also receives note as the third best all-time player for quarterback sacks.

## #45 John Tia - Fullback (Banning, Calif.)

After transferring from an outstanding two-year career at Diablo Valley Junior College, Tia originally signed to play at BSU prior to the 1994 season.

In his second season as a Bronco, Tia gained 84 yards rushing in his 13 total carries. This ranked him fourth on the squad in rushing.

## #25 Andre Horace - Wide Receiver (Stockton, Calif.)

Finishing this season with 29 receptions for 549 receiving yards, and 7 touchdowns, Horace was a key offensive player for the Broncos.

His only kick-off return, running for 104 yards against New Mexico State in the final seconds of the game, helped BSU end a long losing streak.

## #49 Jeremy Haener - Middle Linebacker (Boise)

One of the three retuning starters on defense this season, Haener has been described as one of the hardest workers on the team.

In his senior year, Haener led the Broncos in tackles, with 91; 88 of them unassisted. He aided both on the line and with kickoff returns. His 4 kickoff returns, for 49 yards, ranked him fifth overall on the team.

## #74 Jordan LePlane - Offensive Tackle (Everett, Wash.)

Redshirting his freshman year, LePlane served as a three-year starter for BSU.

LePlane finished his Bronco career receiving offensive honorable mention citations from the Big West Conference team.

## #5 Jimmy Clark - Offensive Linebacker (Bakersfield, Calif.)

Serving as third leading tackler for Boise State, Clark finished with 73 total tackles, 47 unassisted. His performance this season gained him honorable mention honors on the 1996 All-Big West Conference team.

## #40 Cliff Robinson - Linebacker (Las Vegas, Nev.)

As a backup linebacker for the past three years, Robinson brought in 68 total tackles his senior season, 46 unassisted. This ranked him fifth overall on the Bronco squad.

## #19 Walter Reed - Cornerback (Phoenix, Ariz.)

Ending this season with 30 total tackles, 28 unassisted, Reed completes the list of seniors. He earned one touchdown in the bout against Eastern Washington, for 6 yards.

The Broncos lost two seniors this season, due to unexpected circumstances, but these individuals should be recognized for their achievements:

## #1 Greg Thomas (Wide Receiver)

Thomas ended his Bronco season after two games due to ineligibility, but contributed greatly to the offensive. He still holds the school record for the longest pass received, not resulting in a score.

## #98 Sione Fifita (Defensive Tackle)

A powerhouse, Fifita diligently served as a key defensive leader. Upon his dismissal, he was ranked seventh in the Big West Conference for tackles-for-a-loss.

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# Road kill

by Amy Butler  
Sports Editor

On home ground, the Boise State men's basketball found victory over Pepperdine. But last week, the Broncos found out what it was like to play on the road.

BSU took on the Idaho State Bengals in Pocatello, and Weber State Wildcats in Ogden, Utah this past week. The result: a loss in both cities.

## BSU vs. Idaho State University

With three lay-ups, one slam dunk and three offensive rebounds, the Idaho State Bengals opened up the game at 9-0 in the first 2:13 minutes of the game.

When Gerry Washington hit a three-pointer and Roberto Bergersen sank a jumper, the Broncos closed the gap to 10-8 in the first quarter, the closest they would get to the Bengals. ISU won 75-70.

"I don't think we, as a team, took very good care of the basketball," said head coach Rod Jensen. "You're not going to win that many college basketball games when you don't take care of the ball."

True, the Broncos didn't control the ball. Overall, Boise State accumulated nine turnovers, shot for 43 percent, sank 10 of 15 on the three-point line, and only hit 6 of 13 freethrows for 46 percent. It's tough to win with those statistics.

Despite these numbers, the Broncos tried their best. At half time the score read 38-29, Bengals ahead.

With 8:48 remaining in the game, BSU was down 18 points. Then Bronco forwards J.D. Huleen and Mike Hagman hit back to back three-point shots. Sophomore point guard Gerry Washington followed through and sank seven straight points in a row, to trim the lead to eight.

Shortly after, Washington hit another three-pointer to bring the score to 70-64 with 42 seconds remaining.

The Bengals were hot from the free throw line however, and racked in 5 out of 8 shots in the final 36 seconds. Washington's last three-pointer, with five seconds remaining, wasn't enough for BSU to claim the victory.

Joe Wyatt is still out on suspension, but the players managed to bring in several points each despite his absence.

Washington led the team with 17 points, three assists, one blocked shot and two steals. Bergersen brought in 10 more points and four assists. Hagman finished with seven points and five rebounds. Steve Shephard ended with five points, two rebounds.

"We payed the price for not being very smart," Jensen stated. "And maybe now we can learn and get better."

## BSU vs. Weber State

"I think we were better tonight than the last time we took the floor," said Rod Jensen.

Even though they lost to Weber State last week, 84-80, Jensen's words were correct. The Broncos did play better.

Weber State started strong, with a 24-4 lead in the first half. But at the final buzzer the score was 70-70. Both the Wildcats and the Broncos entered overtime.

"We dug ourselves a deep, deep hole," said Jensen.

"But our guys came back and they played hard. They're gutsy guys and they put themselves in the position to win the game."

But guts weren't enough when overtime ended and the Wildcats won 84-80.

"We ran out of bodies in the end," said Jensen.

With basically six players left in the last 20 minutes, BSU's reinforcements were slim.

Weber State's edge came from their three-point shots. They hit 12 of 20, for 56 percent. BSU managed 8 of 20.

Washington and Bergersen led the Broncos with 18 points a piece, career-highs for both players. Justin Lyons finished with three points before fouling out. Mike Tolman came in with 17 points, five rebounds, two assists and a steal.

Huleen brought in the first double-digit figure for rebounds this season, with 10.

The Broncos are 1-3, and will play at the BYU Cougar Classic on December 13th and 14th.

"We're just going to keep getting better," Jensen said proudly.

## Surgery causes Flanagan to miss season

In early November, Boise State's basketball player Shane Flanagan, a junior guard, tore the ligaments in his thumb. Advised to have surgery, Flanagan proceeded.

Undergoing surgery last week left him disabled and unable to play basketball this season.

Flanagan will red-shirt this year and be listed as a junior for the 1997-1998 season. In his 28 games in 1995-1996, he averaged six points and achieved a team high of three assists per game.

## Wrestlers open season with 'win'

by Jason Driever  
Special to The Arbiter

Members of the BSU wrestling team tested themselves in competition on Saturday, Nov. 30, when Boise State hosted the 1996 Bronco Open wrestling tournament.

The contest, held in the Bronco Gym, featured wrestlers from Brigham Young University, Northern Montana, North Idaho College and Boise State. The tournament was open, indicating any wrestler out of high school was eligible to compete.

This included red-shirted freshmen, former college wrestlers and other wrestlers not currently competing at the college level. Many wrestlers participate in the tournament unattached, without any school affiliation. In all, approximately 60 wrestlers showed up to challenge each other.

Five members of the Boise State squad captured championships in their respective weight classes. Winners for BSU were: freshman Dave Molinari at 118, junior Dustin Young at 142, freshman Larry Quisel at 150, and junior Damie Lasater at 177. BSU's red-shirted freshman, Dax McMillan, won the tournament at 167.

Second place finishers were freshman Ry Stone at 158, sophomore Scott Surplus at 167, and freshman Rusty Cook at 190. Also competing for BSU were Josh Bales, Ryan Baumgartner, Casey Eager, Charlie Griggs, Jacob Levinski, Aaron Swisher, Condon Tanaka, Joaquin Valdez and Brian Weiber.

Although team scores are not kept in open tournaments, BSU head coach Mike Young firmly believes Boise State would have won easily if the tabs were marked.

"I think we did great, and we did it mostly with freshman," Young said.

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## CALENDAR

- The dead-line for listings is 5 p.m. Wednesday, one week before desired publication date. Be sure to include the event's time, date and location, as well as a phone number to contact for more information, before faxing or delivering listings.*
- Wednesday, Dec. 11**
- ROSARY at St. Paul's Catholic Student Center, 11:50 a.m., 1915 University Drive (across from the Administration Building), 343-2128.
- WEDNESDAY MASS at St. Paul's Catholic Student Center, noon, 1915 University Drive (across from the Administration Building), 343-2128.
- COMMUNION SERVICE at St. Paul's Catholic Student Center, 12:10 p.m., 1915 University Drive (across from the Administration Building), 343-2128.
- SIGN LANGUAGE SILENT LUNCH, sponsored by BSU Student Special Services, noon to 1:30 p.m., SUB Johnson Room. Bring your own lunch!
- ALECIA BAKER'S DOCTORAL DISSERTATION DEFENSE titled "Teaching Multicultural Literature in Idaho's Secondary Schools: Dimsensions and Obstacles" at SUB Bishop Barnwell Room, 2 p.m.
- RITE OF CHRISTIAN INITIATION OF ADULTS at St. Paul's Catholic Student Center, 7 p.m., 1915 University Drive, 343-2128.
- FEMINIST EMPOWERMENT MEETING, 7 p.m., SUB Ah Fong Room, 386-9487.
- COLLEGE DEMOCRATS MEETING will keep you informed on domestic and international politics and recent news, 7:30 p.m., Papa Joe's.
- CAUSTIN RESIN, GOD-ZOUNDS AND POPTART at Neurolux, 111 N. 11th St., ages 21 and over, \$3, 343-0886.
- Thursday, Dec. 12**
- ROSARY at St. Paul's Catholic Student Center, 11:50 a.m., 1915 University Drive (across from the Administration Building), 343-2128.
- COMMUNION SERVICE at St. Paul's Catholic Student Center, 12:10 p.m., 1915 University Drive (across from the Administration Building), 343-2128.
- ASBSU SENATE MEETING, 4:30 p.m., SUB Senate Forum, 385-1440, open to the public.
- POETRY CIRCLE at Dreamwalker, 7:30 p.m., and AMBIENT NIGHT and smart drink specials starting at 9:30 p.m., 1015 W. Main St., 343-4196.
- "DON'T MENTION MY NAME," comedy directed by Larry Dennis, Stage Coach Theatre, 8:15 p.m., 2000 Kootenai, tickets are \$7.50, 342-2000.
- Friday, Dec. 13**
- LDS INSTITUTE NOON LUNCHEON at the LDS Institute, 11:30 a.m. to 1 p.m., 1929 University Drive, \$1.
- "DON'T MENTION MY NAME," comedy directed by Larry Dennis, Stage Coach Theatre, 8:15 p.m., 2000 Kootenai, tickets are \$7.50, 342-2000.
- THE 9'S (9 to 10:30 p.m.) AND DJ TIM (10:30 to close) at Neurolux, 111 N. 11th St., ages 21 and over, 343-0886.
- ALAN AMES performs slide guitar and dobro at Flying M Espresso and Fine Crafts, 8 to 10:30 p.m., Fifth and Idaho streets, 345-4320.
- AFTER HOURS DANCE PARTY at Dreamwalker, midnight to 4 a.m., 1015 W. Main St., ages 18 and up (bring ID), \$5 cover, 343-4196.
- Saturday, Dec. 14**
- NANCY KELLY performs keyboards and vocals at Flying M Espresso and Fine Crafts, 8 to 10:30 p.m., Fifth and Idaho streets, 345-4320.
- "DON'T MENTION MY NAME," comedy directed by Larry Dennis, Stage Coach Theatre, 8:15 p.m., 2000 Kootenai, tickets are \$7.50, 342-2000.
- ALLEGRO, 3 PIECE #457, AND MY MOTHER THE ICONOCLASTIC at Neurolux, 111 N. 11th St., ages 21 and over, 343-0886.
- AFTER HOURS DANCE PARTY at Dreamwalker, midnight to 4 a.m., 1015 W. Main St., ages 18 and up (bring ID), \$5 cover, 343-4196.
- Sunday, Dec. 15**
- LDS CHURCH SERVICES at 9 a.m. and 11 a.m. at the
- LDS Institute, 1929 University Drive, or BSU Stake Center, 2150 Boise Ave.
- SUNDAY MASS at St. Paul's Catholic Student Center, 7 p.m., 1915 University Drive (across from the Administration Building), 343-2128.
- AN EVENING WITH GRANT OLSEN AND KEVIN HARRISON at Neurolux, 111 N. 11th St., ages 21 and over, free, 343-0886.
- Monday, Dec. 16**
- ROSARY at St. Paul's Catholic Student Center, 11:50 a.m., 1915 University Drive (across from the Administration Building), 343-2128.
- COMMUNION SERVICE at St. Paul's Catholic Student Center, 12:10 p.m., 1915 University Drive (across from the Administration Building), 343-2128.
- BSU VOLUNTEER SERVICES BOARD MEETING, get involved with a service-learning organization that coordinates students with local and regional volunteer projects through agencies and individuals, 3:30 to 5 p.m., SUB Foote Room, 385-4240.
- BAPTIST CAMPUS MINISTRIES JAM SESSION, offers Bible study, praise and worship, 7 p.m., SUB Farnsworth Room.
- DJ SEAN at Neurolux, 111 N. 11th St., ages 21 and over, free, 343-0886.
- Tuesday, Dec. 17**
- ROSARY at St. Paul's Catholic Student Center, 11:50 a.m., 1915 University Drive (across from the Administration Building), 343-2128.
- COMMUNION SERVICE at St. Paul's Catholic Student Center, 12:10 p.m., 1915 University Drive (across from the Administration Building), 343-2128.
- NONTRADITIONAL STUDENT SUPPORT GROUP MEETING features speakers on topics of importance to adult students, 2:30 to 4 p.m., SUB Johnson Dining Room, 385-1583.
- ASBSU SENATE MEETING at 4:30 p.m. in SUB Senate Forum, 385-1440, open to the public.
- NATIVE AMERICAN AA MEETING, 7 to 8 p.m., 1005 S. Michigan St. (Little Red House behind the Women's Center/Arbiter), call Wesley Edmo at 286-9369.
- TUESDAY MASS at St. Paul's Catholic Student Center, 9 p.m., 1915 University Drive (across from the Administration Building), 343-2128.
- OPEN MIC WITH THE PEACHES at Neurolux, 111 N. 11th St., ages 21 and over, 343-0886.

LDS CHURCH SERVICES at 9

# Helpful tips for avoiding holiday stress

by Erin Burden  
Staff Writer

It was Thanksgiving Break—four days of nothing to do, but sleep late, eat leftover turkey, watch T.V., eat leftover turkey, rest and relax, eat leftover turkey—I had it all planned. The problem was that my parents and I did not share the same plan.

Something happened to my parents the day after Thanksgiving. Normally they could be considered sane, mature adults, but the turkey was hardly cold before they put the rush on the Christmas season.

Mom started making candy, pounds and pounds of fudge, divinity and caramels. If anyone makes the slightest move towards her creations, she screams, "Don't eat any of that! It's for company!"

While mom's in the kitchen, Dad starts rounding up the Christmas decorations. When confronted with broken twinkle lights and plastic lawn ornaments, this normally soft-spoken man can raise his voice to 300 decibels and swear fluently in four languages!

When my brother was little I tried to protect him from it as best I could. I told him right off the bat—"Don't offer to help Dad with the lights and stay out of the fudge."

So during my entire school break, I watched my mom as she hummed around the kitchen and sang non-stop Christmas carols until I thought I'd go crazy. I soon became oblivious to the obscenities my father hurled at gigantic twisted balls of broken bulbs and severed wires.

It was a nightmare for the last two days of my much needed vacation. I was awakened every morning by Martha Stewart and Mr. Hyde, not exactly a Norman Rockwell moment.

If this is anything close to your type of holiday, hold on—there's help!

Marty Downey of the Department of Nursing offers

some suggestions to deal with holiday stress and avoid those major conflicts. One sure way to reduce stress is time management, but a person must also learn to be assertive, change their view of life if they feel negative, take time for themselves, learn to relax, exercise, eat correctly and rest.

"Part of the process of stress is how you view it," said Downey. Stressors—stress triggers—can be positive or negative depending on how you look at the holidays, adds Downey.

"Begin a pattern of looking at the good because looking at the negative can have a physical or mental response," said Downey.

Such responses could be an increase in breathing, muscle tension, blood sugar, blood pressure and heart rate, and a decrease in the ability to fight off disease. Mentally, stress can cause irritability, depression, and restlessness which can all be prevented with a positive outlook on the holidays.

Downey points out that "we need to ask ourselves how much is really necessary." A decrease in the amount of gifts a person feels obligated to buy relieves a lot of stress. This can be done by drawing a family member's name out of a hat or merely spending time instead of money with them.

Environmentally friendly gifts are also fun. Dinner, gift certificates for massages, concert or play tickets, or even offering to babysit children for nothing some night, can sometimes be more appreciated than a material item.

Spending time together is one of the most important events of the holiday season so don't waste time with the unimportant, trivial activities the entire family can't enjoy doing together. If you still feel obligated, manage your time to those accomplished in advance, but don't feel guilty if they don't get finished.

As we develop our own ideas and lifestyles, getting along with the relatives can become a trial, so plan ahead and anticipate this.

"Limit the amount of time with people you aren't comfortable with," said Downey, "and plan events to get out of the house."

If there is a conflict Downey suggests pointing out something good about the person first, then slipping in a suggestion of change before closing with a reinforcing statement such as, "I'm sure you can do that." But remember not to raise your voice and get angry about small potatoes.

Students who cannot go home for the holidays can create a small celebration with others who stay behind.

"Most Chinese restaurants are open Christmas Eve," hints Downey.

Or maybe postpone the holidays with the family and have "Christmas in July." It won't be the same but "don't forget to use your sense of humor through all this," said Downey.

Those who may have been forced to sever ties with their family or have bad memories of holiday celebrations should avoid depression at all costs. Join others who can't go home or volunteer your time and help someone else. If you have to make an excuse not to go home don't feel guilty about it, or say you would like to come when there is no pressure.

"When we go and do something we don't want to do, that creates depression," said Downey.

Before taking off for vacation, take some time to gradually slow down because that sudden stop in activity between school and vacation weaken a person and can make them sick.

"Give yourself some goal to meet before leaving," said Downey.

Try avoiding post-holiday depression by lowering your expectations for the holidays. They don't have to be perfect, so go with the flow of the possessiveness around you. Remember, the key to your happiness is taking time out for yourself and having positive perceptions of the holidays ahead.

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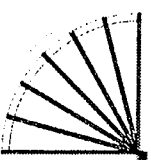
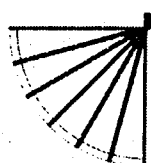
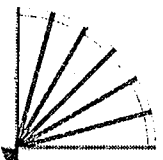
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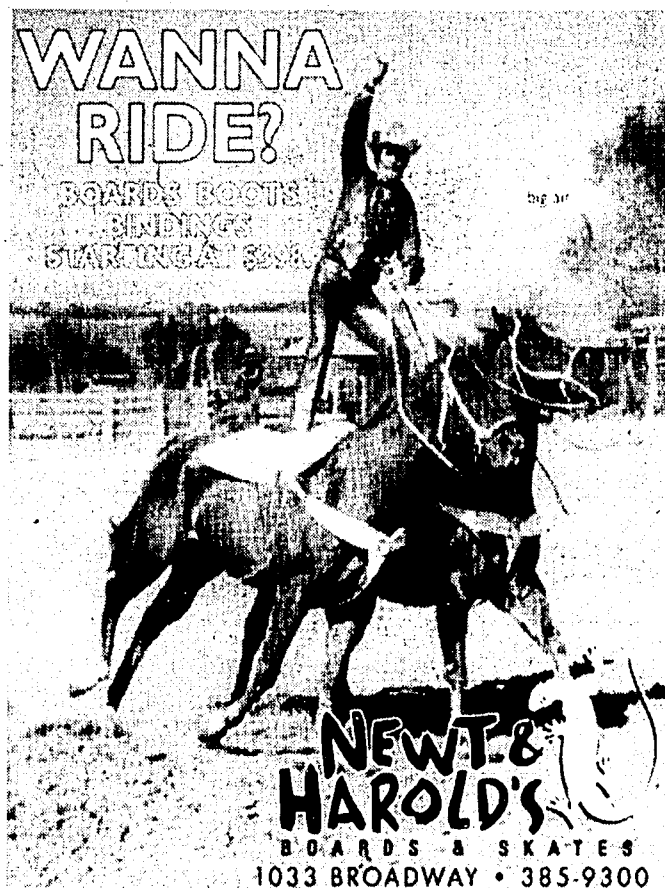
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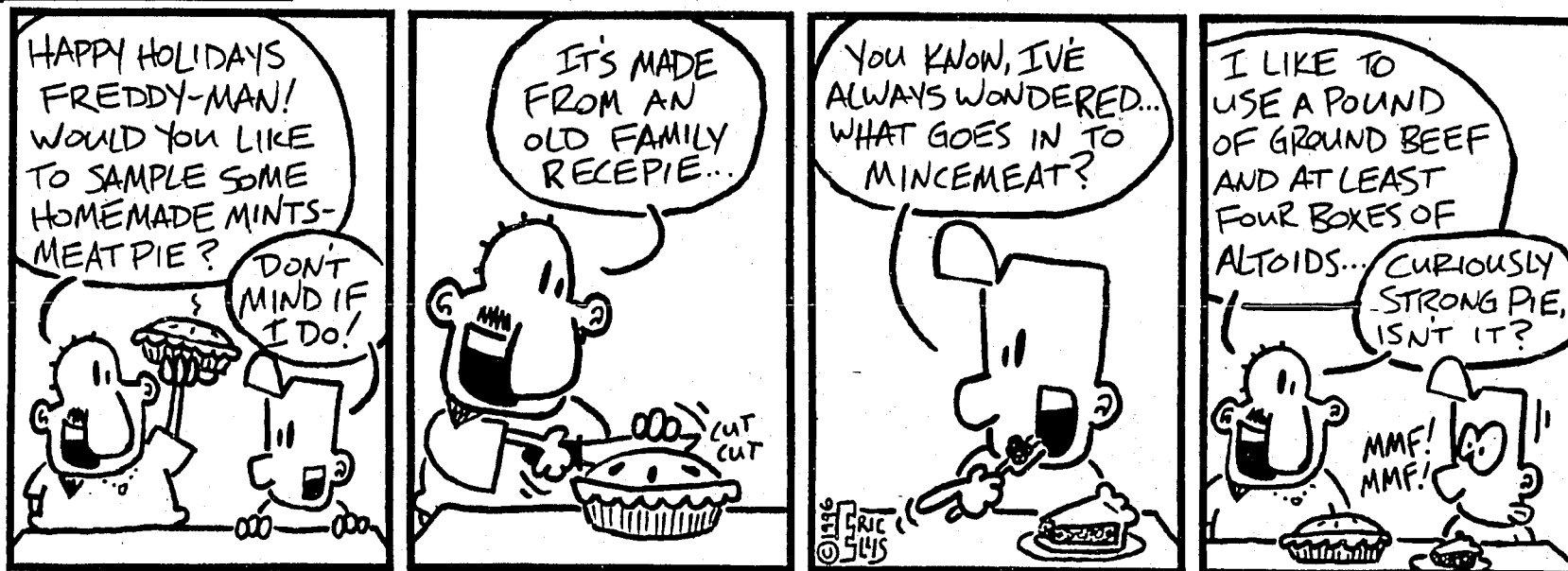
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The Arbiter wishes readers pleasant holidays and good luck with finals.



PHOTO BY KARA BROWN

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