FROM THE EDITORS - Happy St. Valentine's Day

St. Valentine's Day (February 14) is a day set aside as a lover's festival. It has nothing to do with the two Saint Valentines or with known incidents in their lives; but rather with the Roman fertility festival of Lupercalia or with the mating season of birds.

Lupercalia was a non-Christian festival under the supervision of priests called Luperci and began on February 15 with a sacrifice of goats and a dog. Later there was a sacrificial feast, after which the Luperci cut thongs from the skins of the victims and had blood from the sacrifice put on their foreheads. They then ran in two bands around the walls of the old Palatine city inflicting blows on those they came upon so as to cure sterility. This ritual apparently honored no god, but the medieval belief is that at the start of the second fortnight of the second month the birds began to mate.

The celebration of the festival went on until AD 494, when Pope Gelasius I replaced it with the (Christian) Feast of the Purification of the Blessed Virgin Mary. This commemorated the occasion when the Virgin Mary went to Jerusalem both to be purified 40 days after the birth of her son and to present Jesus to God as her firstborn. By the middle of the 5th century the custom of observing the festival with lighted candles had been introduced, and the name Candlemas developed from this custom. In the Western Church, Pope Sergius I (687-701) instituted the festival in Rome. In the East it is primarily a festival of Christ, in the West of the Virgin Mary.

Now, as for those lovely Valentine Cards, they date from the 16th century and were the first of all greeting cards. The custom of sending "valentines" or love-tokens anonymously to your valentine came, again, from the particular time of the year when the foul would choose their mates.

Pat Bowers & Donna Sistrunk

12 GUIDEPOSTS FOR LIVING

I will do more than belong; I will participate.
I will do more than care; I will help.
I will do more than believe; I will practice.
I will do more than be fair; I will be kind.
I will do more than forgive; I will forget.
I will do more than dream; I will work.
I will do more than teach; I will inspire.
I will do more than earn; I will enrich.
I will do more than give; I will serve.
I will do more than live; I will grow.
I will do more than be friendly; I will be a friend.
I will do more than be a citizen; I will be a patriot.

... William Arthur Ward

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LIBRARY

A BSUAOP Library has been set up in the Education Building Room 321. The library will include recent issues of the national magazine, IAEO newsletter, and BSUAOP newsletter, bylaws and constitution. The following books have been donated and are available for checkout.

- Gregg Dictation, Diamond Jubilee Series
- Gregg Dictation Simplified
- Gregg Shorthand for Colleges, Series 90
- Gregg Shorthand for Colleges, Diamond Jubilee Series 2nd ed.
- Gregg Shorthand Dictionary, Diamond Series
- Gregg Typewriting for Colleges
- Stenograph
- Typewriting Techniques and Short Cuts
- Business Filing
- How You Can Have Confidence and Power
- Pulling Your Own Strings
- Secretarial Training for the Changing Office
- See You At the Top
- Unconditional Love
- Your Attitude is Showing: A Primer on Human Relations

Checkout procedure: Come personally to E321 and follow check out procedures on card file or call Jackie Fuller at 1207 and she will check out the item for you and send it in the campus mail.

If you have any books or other items of interest for our library and wish to donate them, please send them to Jackie Fuller, Department of Psychology.

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LUNCHEON MEETING - February

Our luncheon meeting will be on Tuesday, February 8, 1983, in the Nez Perce Room, SUB, from 11:30 - 1:30. This is the first meeting on the second Tuesday of the month and we hope that more of you will be able to participate.

Dr. Virginia Cox, Assistant Professor of Anthropology will be our guest speaker. She will talk and show slides of her recent trip to Micronesia.

The buffet will consist of a Baked Potato bar with hamburger or vegetable sauce, tossed salad, Waldorf salad, chocolate cake, and coffee, tea or milk. The cost is $3.75 and reservations must be made by noon, Monday, February 7, with Bernice Mueller, ext. 3775. Tables will be available for those who bring sack lunches and drinks.

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BRAIN TEASER: Answer

They are all in alphabetical order.

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SWEETHEART PUNCH

- 2 quarts cranberry juice
- 3 cups canned unsweetened pineapple juice
- 2 teaspoons fresh lemon juice
- 1 quart cold ginger ale
- 1 pint raspberry sherbert

Mix the juices in a large pitcher and refrigerate at least 2 hours before serving. Add the ginger ale at serving time. Pour punch into glasses until 3/4 full and top each glass with a small scoop of sherbert. (Makes 12 to 15 servings.)

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