



# Boise State International Insider

## News for International Students

February 2, 2012

International Student Services

### Coming Events & Activities

Every Wednesday, 3:30 - 5:00pm - Coffee & Conversation in the Student Diversity Center. Free refreshments!

Every Thursday, 6:00 to 7:00pm - T.E.A. Time (Thursday English Afternoons). Join us in the Writing Center (LA200) to practice your English skills.

February 11<sup>th</sup>, 7:30am to 6:00pm - ISA Day trip to McCall. See flier and info on pg 3.

February 18<sup>th</sup>, 6:30pm - ISA Food-tasting Party in the Student Diversity Center. *(see announcement below for details.)*

February 16<sup>th</sup> – 19<sup>th</sup>, Yesplus! A FREE workshop to help you reduce stress and anxiety, to increase confidence and clarity, and to create a deep sense of happiness within. *(See flier on pg 4 for details.)*

### Friday is the Last Day!!

If you haven't already come to the ISS office to check-in, you only have Friday, February 3<sup>rd</sup> to check-in before **being charged a \$50.00 fine.**

This check-in is **required** by U.S. Immigration to maintain your legal status as an F-1 or J-1 visa holder. Check-in takes approximately 15 minutes to complete. You must come to the Student Diversity Center (SDC) in the Student Union Building (SUB) between 9:30am and 4:00pm on Friday to comply with this requirement.

*Any student who does not attend the check-in session or checks in late will be fined \$50.00.*

*NOTE: If you are a new international student and attended the orientation January 11 & 12, you are checked-in with immigration. There is no need for you to participate in the check-in session this semester. You will need to attend check-in next semester.*

International Student Association proudly presents

A Food-Tasting Party



It's time to choose the international multicultural cuisine for this year's International Food, Song and Dance Festival. At this food-tasting event, you will have a chance to enjoy many exotically delicious foods from around the world, here at Boise State. What's more? You will help decide which dishes we will feature for this year's Festival.

When: Saturday 2/18/2012, 6:30-8:30 PM

Where: Student Diversity Center

What to bring? Bring that yummy, memorable entrée that signifies your culture. We can hardly wait to find out what food you are!

Everyone is invited! See you there!

*Did you know that international students can study abroad in other countries for a semester or two? Many Boise State international students have done it.*

*If you want to learn more about the study abroad opportunities, be sure to attend the Study Abroad Fair.*

*Wednesday, February 8, 2012*

*10 AM - 2 PM*

*Student Union Atrium*

**We want to match you with an American friendship partner**

We have a really great program called "World Cup of Tea" that matches an international student with an American student. We have a lot of American students who have signed up. We want to invite YOU to sign up too.

This program helps you develop a friendship with an American who wants to learn more about you and your country. He/she will also help you learn more about the US and about Boise and Idaho. Please contact Monk Wells at 426-2684 for more information.

### **A Presentation by the local FBI and Immigration Enforcement Team**

When: **TONIGHT** Thursday, February 2, 6 pm

Location: The SUB Forum

All students are welcome to attend a presentation with our local FBI and Immigration officials. The main topics to be discussed will be an overview of legal rights of international students, crime statistics in Boise, immigration issues for international students, and an overview of the work of the FBI. The date and time have not yet been secured. Watch your emails and newsletter for more details to come.

*Thank you to our Boise State Saudi Club for organizing this event.*



### **Saturn 2004 L300 for Sale**

I want to sell my car because I may leave Boise after 2 weeks. Please call or text Ali at 206-307-6480 if you like it. The price is negotiable.



## ISA Day-trip to McCall

If you are interested in joining us on this adventure, participants need to do the following:

1. Provide your name, BSU ID#, phone number and email address, and emergency contact name and phone number (email this information to [intlstudentsbsu@gmail.com](mailto:intlstudentsbsu@gmail.com))
2. Pay \$17.00 (exact cash or check, only) Note: Non-BSU Students will pay \$25.00.
3. Complete the Field Trip Consent Form at <https://orgsync.com/23254/forms/show/32707>

# A Marvelous & Spiritual Adventure in McCall



**Events:** Snow Tubing in Activity Barns &  
Exploring in McCall Area (Local Towns & Payette Lakes)

**Date:** Saturday, February 11<sup>th</sup>, 2012

**Time:** 7:30 AM~6:00 PM

**Fee:** \$ 17 (lunch not included)

*(Fee may be paid on 2/1 or 2/8 Wed. 4:00 p.m.~5:00 p.m. ;  
2/2 Thur., 2/3 Fri., 2/6 Mon., 2/7 Tue. Noon ~ 1:00 p.m.  
@ Student Diversity Center of Student Union Building)*

**Online Enrollment Required:**

Please click this link to fill out the Field Trip Consent Form  
<https://orgsync.com/23254/forms/show/32707>

**Email:** [intlstudentsbsu@gmail.com](mailto:intlstudentsbsu@gmail.com)

International Student Association

**BOISE STATE**  
UNIVERSITY

# Discover your **ENLIGHTENED** side

We believe everyone has an enlightened side, full of confidence, clarity and a sense of belonging. Our workshop provides tangible tools to free the mind of stress, worry and anxiety while helping people move from *temporary to sustainable happiness* while leading others.

## Info

### WHEN:

Thursday, Feb. 16 - Sunday, Feb. 19.  
Feb. 16 - 17 : 5-8 p.m.  
Feb. 18 - 19 : 10 a.m.- 5p.m.

### WHERE: SUB

### FEE: None

REGISTRATION/QUESTIONS:  
[wellness@boisestate.edu](mailto:wellness@boisestate.edu)

## Benefits of Workshop



IMPROVES YOUR FOCUS



HEALTHY MIND AND BODY



ENERGIZES YOU  
WITHOUT SIDE EFFECTS



ENLIVENS YOU

## WELLNESS SERVICES

(208) 426-5686 • [healthservices.boisestate.edu](http://healthservices.boisestate.edu)



BOISE STATE UNIVERSITY

*Health and Recreation*



The **Boise State International Insider** is a weekly feature of International Student Services, in the Student Diversity Center.

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