Idaho CareLine 2-1-1 Data Analysis and Update to Idaho Legislators

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IDAHO CARELINE 2-1-1
DATA ANALYSIS

Presented By:
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What is Alzheimer’s Disease?

- Alzheimer’s Disease (AD) is an irreversible, progressive brain disease that slowly destroys memory and thinking skills. Another word for these symptoms: *Dementia*

- The greatest risk factor for AD is *advancing age*

- 1 of 8 people 65+ eventually develop some form of dementia

- By age 85 the chance of getting AD increases to almost 50%
The Only Top 10 Leading Cause of Death continually increasing in Prevalence

Alzheimer’s Association
2012 Alzheimer’s Disease Facts and Figures
Research Contributions Compared to Disease Costs to Medicare and Medicaid

NIH research investments in other conditions, shown below, are paying off. This proven approach should be applied to Alzheimer's.

NIH Estimated Research Funding for FY2013.

Medicare and Medicaid spending for those with Alzheimer's compared to scale with:

NIH investment in Alzheimer's research
Why Should Idaho Worry about Alzheimer’s Disease?

- The fastest growing age segment in Idaho are people 85+
- Currently 26,000 people in Idaho with AD (enough to fill Bronco Stadium)
- 76,000 caregivers at an unpaid care cost valued at over $1 billion per year

Alzheimer’s Association 2013 Alzheimer’s Disease Facts and Figures.
How is Idaho Addressing Alzheimer’s?

• Idaho Alzheimer’s Planning Group
• Comprised of:
  • Clinicians
  • Educators
  • Researchers
  • Local and National Organizations
  • Concerned Caregivers and Citizens
• To *increase awareness* about Alzheimer’s Disease and Related Dementias (ADRD)

• Plan recommendations based on input from people representing *all* regions of the state

• Plan recommendations emphasized leveraging *existing resources and public-private partnerships*
PROPOSAL OF A STATE PLAN

• Based on a year-long statewide Community Needs Assessment

• Five Major Recommendations

• Each Recommendation has one or more initiatives
Summary Of State Plan Recommendations

I. Increase Public Awareness and Access to Information

II: Provide ADRD-Specific Training

III. Coordinate ADRD Support Services

IV. Create a Positive Regulatory/Financial Environment

V. Develop an Ongoing Source of Data Collection
2013 Idaho Alzheimer’s Planning Group Actions

- Developed Relationship with Idaho 2-1-1 CareLine
- Developed Strategic Plan to Promote this Existing Resource:
  - Governor’s PSA (June 2013)
  - St. Luke’s 1st Annual Geriatric Conference (May 2013)
  - ISU’s Thomas Geriatric Symposium (October 2013)
  - Alzheimer’s Association & AARP Physician Mailings (August, September, October 2013)
OUR PROJECT

Asked to:

✓ Analyze 2013 data from 2-1-1 CareLine calls regarding Alzheimer’s to detect trends

✓ Assemble an update for legislators on the current progress of the State Plan they had endorsed

✓ Determine a baseline for future research and interventions
What We Did

• Analyzed data from 2013 2-1-1 CareLine calls regarding Alzheimer’s

• Presented an update on the state plan to the Idaho House of Representatives and Senate Health and Welfare committees on 3/4/2014

• Presented an update on the state plan at the Greater Idaho Alzheimer’s Association Legislative Luncheon on 3/4/2014

• Provided support for the 1st annual IAPG Alzheimer’s Documentary and Caregiver Resources Evening 3/4/2014
2-1-1 CareLine Data

- 1st Year of data collection
- 7 of 7 District Health Counties Represented
- Typically new programs take 3-5 years to reflect significant results.

1 ~ Panhandle Health District (7)
2 ~ North Central Health District (3)
3 ~ Southwest Health District (23)
4 ~ Central Health District (89)
5 ~ South Central Health District (9)
6 ~ Southeastern Health District (4)
7 ~ Health District 7 (6)
• Greatest volume of calls from Public Health Districts 3 and 4.

• Strong Epicenter (ADA County) surrounded by a large radii of Counties extended distances from ADA County.
Who’s Calling?

- Highest call volume seen in the 3rd quarter
- Largest number of calls received from Individuals
- Flyers and Brochures are the largest referral source
• 2-1-1 CareLine continues to collect data

• 2-1-1 CareLine will be adding online and text messaging platforms soon

• IAPG anticipates seeing this data increase dramatically over the next couple of years

• Greater Idaho Alzheimer’s Association anticipates introducing legislation for the Idaho State Plan in the 2015 Legislative Session
THANK YOU FOR ATTENDING!

Questions?