Enhancing Access to Cultural Health Assessment Instruments for Refugees in Idaho

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ENHANCING ACCESS TO CULTURAL HEALTH ASSESSMENTS FOR REFUGEES IN IDAHO

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Background Information

- Refugees are fleeing persecution because of race, religion, nationality, and social grouping.
- Upon entering the United States, refugees are required to undergo a medical examination, introducing them to the U.S. healthcare system.
- Refugees will seek healthcare from providers for ongoing health maintenance.

Statement of the Problem

- The process of resettlement is stressful and can impact physical and mental health.
- Providers have expressed the desire for easily accessible information.
- A concise collection of assessment resources for refugee healthcare is currently unavailable.

Description of Innovative Clinical Project

http://culturalhealthassessments.weebly.com

- The purpose of this project was to compile a collection of culturally sensitive assessment instruments that have been used and evaluated in evidenced based practices and adjusted to meet the needs of refugees in Idaho.
- The collected assessment tools were then added to a website for healthcare providers to access.

Implications and Significance

- Assessment instruments on this website offer healthcare providers up to date information for refugee care.
- Easily accessible information informs providers who are less familiar with caring for refugee populations.
- Healthcare providers will increase their expertise, and confidence in providing culturally sensitive care.
- Healthcare providers can tailor their care to specific refugee issues and needs.